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› Fulex FULH01 Wireless Sleep Headphones Headband User Manual

Fulex FULH01

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Model: FULH01

1. INTRODUCTION

The Fulex FULH01 Wireless Sleep Headphones Headband is designed to provide a comfortable audio experience for various activities, including sleeping, sports, meditation, and travel. This versatile device combines a soft headband with integrated Bluetooth speakers, allowing users to listen to music, audiobooks, or podcasts without the discomfort of traditional headphones. It also features a built-in microphone for hands-free calls.



Figure 1: Fulext FULH01 Headband in use for sleep.

2. PACKAGE CONTENTS

Please check the package for the following items:

- Fulext FULH01 Wireless Sleep Headphones Headband
- USB Charging Cable
- User Manual

3. PRODUCT FEATURES

- **Multi-functional Design:** Functions as sleep headphones, a sleep mask, and a sports headband.
- **Comfortable and Breathable Material:** Made from a soft, quick-drying fabric with a breathable mesh lining, suitable for extended wear and physical activities. The material is designed to be moisture-wicking.

BEST COOLING FABRIC

- ✓ Moisture wicking
- ✓ Breathable
- ✓ Quick Dry



Figure 2: Headband fabric detail, showing external and internal layers.

- **Ultra-Thin HD Stereo Speakers:** Features 0.65 cm thin speakers, providing high-fidelity stereo sound. The slim design ensures comfort, especially for side sleepers.



Immersive Stereo Sound

Deliver heart-pounding bass and audio

Powerfull Bass

Deliver powerfull bass,tight and thumping for immersive audioexperience

Figure 3: Exploded view of the speaker components.

- **Bluetooth 5.0 Connectivity:** Ensures stable and efficient wireless connection with compatible devices up to 13 meters (43 feet).
- **Integrated Microphone:** Allows for clear, hands-free calling.
- **Long Battery Life:** Provides up to 9 hours of playback on a single charge.

- **Washable Design:** Electronic components are removable for easy cleaning of the headband.
- **Universal Fit:** Designed to fit most head sizes comfortably.

One Size Fits All

Fit for Both Men and Women

height: 3.93inch

width: 9.85inch



Lightweight

Convenient and Portable



Figure 4: Headband flexibility and dimensions.

4. SETUP INSTRUCTIONS

4.1 Charging the Headband

1. Locate the charging port on the control panel of the headband.
2. Connect the provided USB charging cable to the headband's charging port.
3. Plug the other end of the USB cable into a standard USB power adapter (not included) or a computer's USB port.
4. The indicator light on the control panel will illuminate during charging and turn off when fully charged.

A full charge takes approximately 2.5 hours and provides up to 9 hours of playback time.



ADVANCED BATTERY
Powerful Upgraded Battery & Fast Charging

 **2 Hour** Charging
sleeping whole night

 **10 Hour** Charging
charging time playing time

Figure 5: Charging and battery life indication.

4.2 Bluetooth Pairing

1. Ensure the headband is charged.
2. Press and hold the Power button on the control panel until the indicator light flashes blue and red, indicating pairing

mode.

3. On your device (smartphone, tablet, laptop), enable Bluetooth and search for available devices.
4. Select "FULH01" (or similar name) from the list of devices.
5. Once connected, the indicator light will turn solid blue or flash blue slowly.

The headband will automatically attempt to reconnect to the last paired device when powered on.



Figure 6: Wireless Bluetooth connectivity.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

- **Power On:** Press and hold the Power button for 3 seconds.
- **Power Off:** Press and hold the Power button for 3 seconds.

5.2 Music Playback

- **Play/Pause:** Press the Power button once.
- **Next Track:** Press the "+" button once.
- **Previous Track:** Press the "-" button once.

5.3 Volume Control

- **Volume Up:** Press and hold the "+" button.
- **Volume Down:** Press and hold the "-" button.

5.4 Call Management

- **Answer/End Call:** Press the Power button once.
- **Reject Call:** Press and hold the Power button for 2 seconds.
- **Redial Last Number:** Double-press the Power button.

Ultra-clear Call

Advanced microphones



Figure 7: Using the headband for hands-free calls.

6. MAINTENANCE

The Fulex FULH01 headband is designed for easy cleaning. Follow these steps to wash your headband:

1. **Step 1:** Gently push the control panel and speakers out of their pockets within the headband.
2. **Step 2:** Carefully pull the speakers and control panel completely out from the separated stitching of the headband.
3. **Step 3:** Remove all electronic components (control panel and speakers) and set them aside separately.
4. **Step 4:** The fabric headband can now be machine washed or hand washed. Ensure it is completely dry before reinserting the electronic components.

EASY TO REMOVE BEFORE WASHING

STEP-1



Push devices control panel with
Speaker out of its pocket

STEP-2



Pull speaker and devices panel out
from separated stitching of the
headband

STEP-3



Take out and put them separately

STEP-4



Machine washable / hand wash

Figure 8: Step-by-step guide for washing the headband.

Important: Do not wash the electronic components. Only wash the fabric headband.

7. TROUBLESHOOTING

- **No Power:** Ensure the headband is fully charged. Connect it to a power source using the USB cable.
- **Cannot Pair:** Make sure the headband is in pairing mode (flashing blue and red light). Ensure Bluetooth is enabled on your device and it is within the 13-meter range. Try turning off and on both the headband and your device's Bluetooth.
- **No Sound:** Check the volume level on both the headband and your connected device. Ensure the headband is successfully paired and connected.
- **Poor Sound Quality:** Ensure there are no obstructions between the headband and your device. Move closer to your device to improve signal strength.

8. SPECIFICATIONS

Feature	Specification
Model Number	FULH01
Bluetooth Version	5.0
Bluetooth Range	Up to 13 meters (43 feet)
Battery Life	Up to 9 hours
Charging Time	Approximately 2.5 hours
Speaker Thickness	0.65 cm
Control Type	Push Button (Volume Control)
Microphone	Included
Water Resistance	Sweatproof
Material	Fabric
Dimensions (L x W x H)	25.4 x 10.16 x 1.19 cm
Weight	91 grams
UPC	747966753396

9. WARRANTY AND SUPPORT

Fulext products are designed for reliability and performance. For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official Fulext website. Keep your proof of purchase for any warranty claims.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question