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› WalkingPad R2 Treadmill User Manual

WALKINGPAD R2

WalkingPad R2 Treadmill User Manual

Model: R2 | Brand: WALKINGPAD

INTRODUCTION

The WalkingPad R2 Treadmill is designed to provide a versatile and convenient fitness solution for both walking and running. Its innovative foldable design allows for easy storage, making it ideal for home or office use. This manual provides essential information for the safe and effective operation and maintenance of your WalkingPad R2.

SAFETY PRECAUTIONS

- Always read the entire manual before operating the treadmill.
- Ensure the safety clip is properly attached to your clothing before starting any exercise.
- Place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not use the treadmill if it is damaged or malfunctioning.
- Maximum weight recommendation: 110 Kilograms (242 lbs).

SETUP

Unfolding the Treadmill

The WalkingPad R2 features a double folding design for compact storage. Follow these steps to unfold the treadmill for use:

1. Carefully lift the main body of the treadmill from its folded position.
2. Extend the running deck until it lies flat on the floor. Ensure it locks securely into place.
3. Raise the front handle to its upright position. Secure the handle using the locking mechanisms on both sides.



Image: The WalkingPad R2 Treadmill fully unfolded and ready for use. The handle is upright, and the running deck is flat.

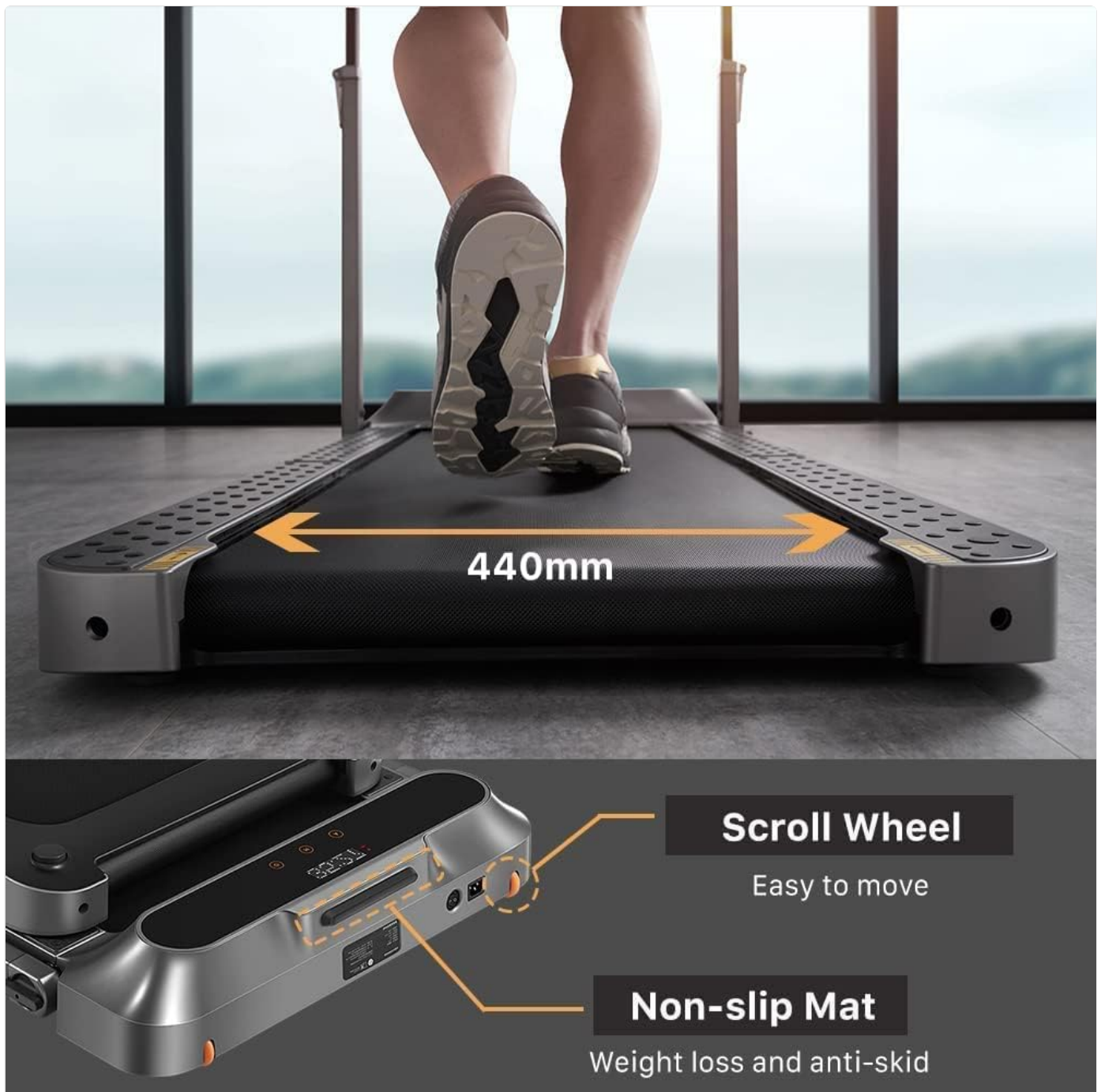


Image: Illustration showing the 180-degree folding design of the WalkingPad R2, highlighting its compact storage capability.

Connecting Power

Connect the power cord to the treadmill's power input and then to a suitable electrical outlet. Ensure the power switch is in the 'On' position.

OPERATING THE TREADMILL

Control Methods

The WalkingPad R2 offers multiple control options:

- **Remote Control:** Use the included remote to start/stop the treadmill and adjust speed in manual mode.
- **KS Fit APP:** Download the KS Fit app to your smartphone or tablet for advanced control and tracking of your workout data.
- **Automatic Mode (Foot Control):** In automatic mode, the treadmill's speed can be adjusted by stepping on different zones of the running belt (front for speed up, middle for constant speed, back for slow down).

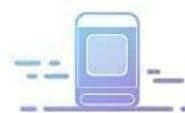
Hard technology to support walking and running freely



No installation



Double over
at the treadmill



wall-absorption
storage



Image: The WalkingPad R2's LCD display showing workout metrics and the remote control for manual operation.



Image: Visual representation of the Automatic Mode on the WalkingPad R2, showing the "Slow Down Area," "Constant Speed," and "Speed Up Area" for foot control.

Modes of Operation

- **Walking Mode:** Speed range from 0.5 MPH to 3.7 MPH (0.5 km/h to 6 km/h). Ideal for casual walking or under-desk use.
- **Running Mode:** Speed range from 3.7 MPH to 7.5 MPH (6 km/h to 10 km/h). Requires the handle to be in the upright position for safety.

Your browser does not support the video tag.

Video: Official product video demonstrating the WalkingPad R2 Treadmill's features, including its folding mechanism, ease of movement, and different operating modes.

Your browser does not support the video tag.

Video: A short preview video showcasing the WalkingPad R2 Treadmill's quick setup and transition between walking and running modes.

MAINTENANCE

Belt Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity. Use the provided silicone oil and follow the instructions in the KS Fit app or contact customer service for guidance.

Cleaning

Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners.

Belt Adjustment

If the running belt becomes misaligned, adjust it according to the instructions in the KS Fit app or contact customer service. Proper belt alignment ensures smooth operation and prevents wear.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Treadmill not starting	Power not connected, safety clip not attached, remote battery low.	Check power connection, ensure safety clip is in place, replace remote battery (CR 2032).
Belt not moving smoothly	Lack of lubrication, belt misalignment.	Lubricate the belt with silicone oil, adjust belt alignment.
Unusual noise during operation	Loose components, motor issue.	Check for loose screws, contact customer support if noise persists.
Speed control issues in Automatic Mode	Incorrect foot placement, sensor obstruction.	Ensure proper foot placement on designated zones, clear any obstructions from sensors.

For further assistance, please refer to the [WALKINGPAD Store](#) or contact customer service directly.

SPECIFICATIONS

- **Brand:** WALKINGPAD
- **Model:** R2
- **Product Dimensions:** 57"D x 28.4"W x 51.2"H (unfolded)
- **Folding Dimensions:** 39.3"D x 28.3"W x 6.3"H (approx. 100cm x 72cm x 16.2cm)
- **Item Weight:** 33 Kilograms (72.75 lbs)
- **Maximum Weight Recommendation:** 110 Kilograms (242 lbs)
- **Material:** Aluminum, Ethylene Vinyl Acetate
- **Maximum Speed:** 6.5 Miles per Hour (10 km/h)
- **Minimum Speed:** 0.5 Miles per Hour (0.5 km/h)
- **Motor Horsepower:** 2 Horsepower
- **Display Type:** LCD
- **Special Feature:** Foldable, Compact Design
- **Assembly Required:** No

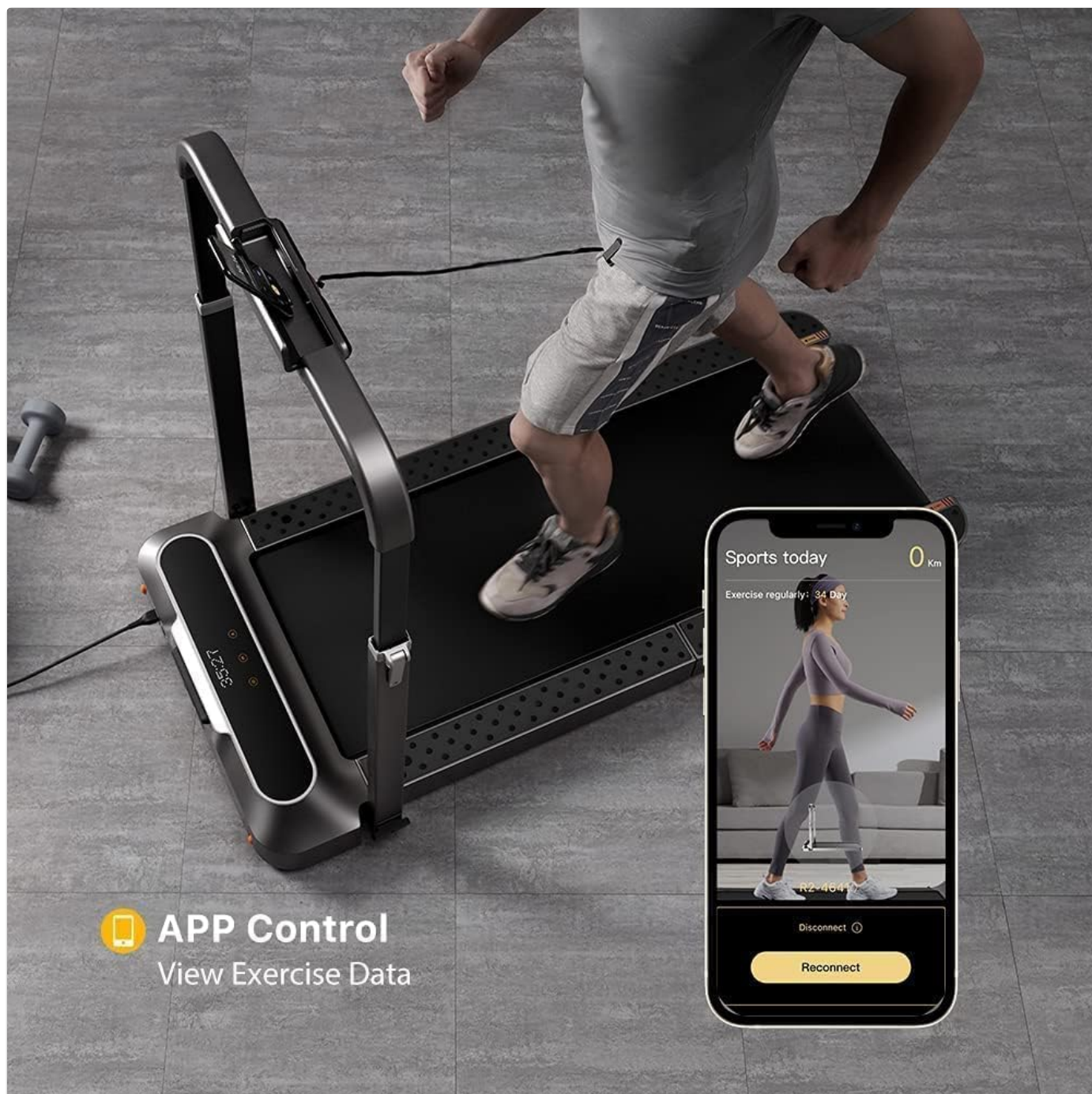


Image: Detailed diagram showing the dimensions of the WalkingPad R2 in both its folded and unfolded configurations.

Folding Size

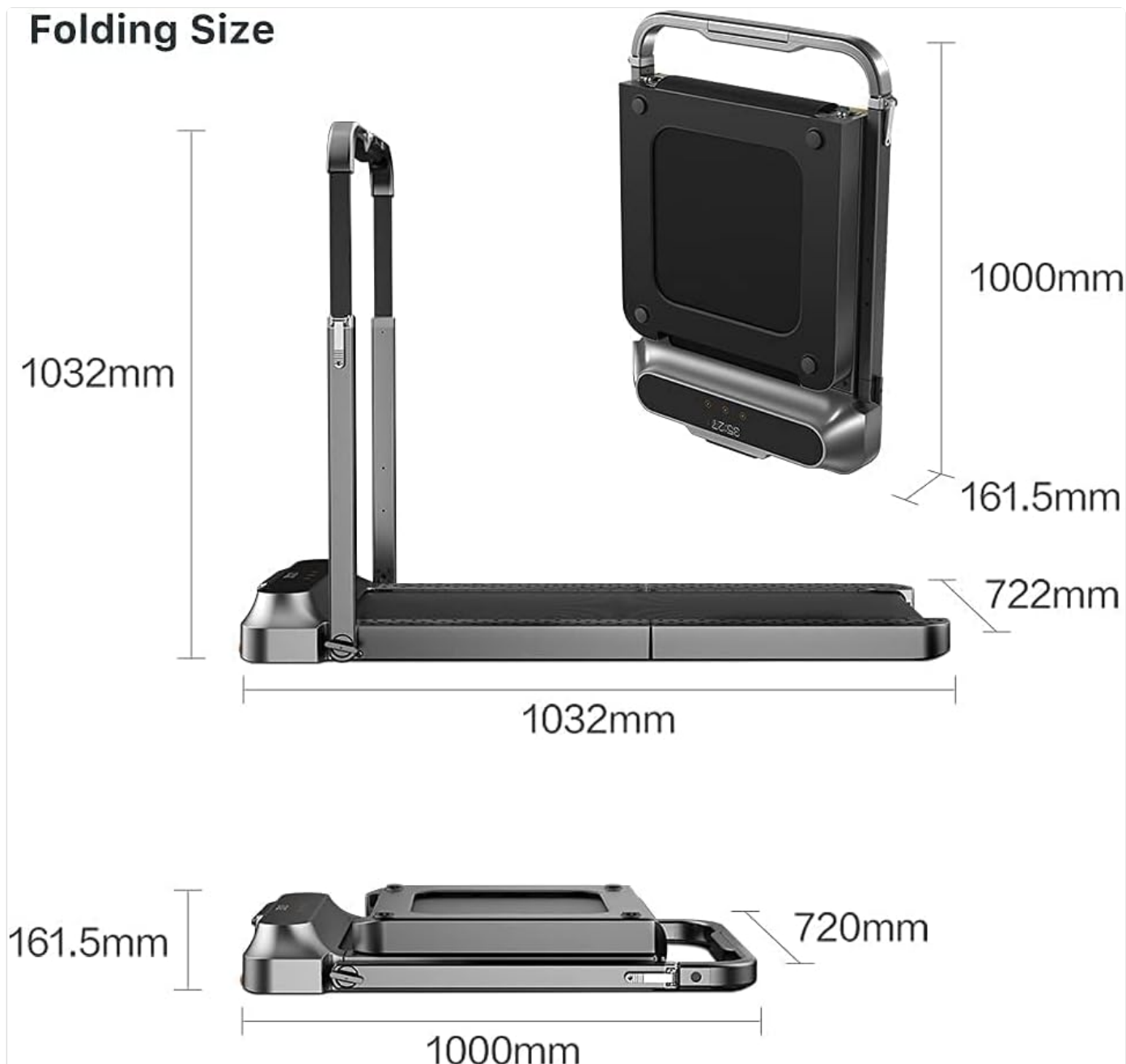


Image: Cross-section view illustrating the four-layer running belt for shock and noise reduction, and the brushless motor (1.25HP, 65dB) of the WalkingPad R2.

WARRANTY AND SUPPORT

For warranty information, customer support, or to purchase replacement parts, please visit the official [WALKINGPAD Store on Amazon](#) or contact their customer service directly.

You can also find helpful resources and FAQs on the WALKINGPAD brand store page.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question