

Tilcare TCNI-001

Tilcare Nasal Irrigation System User Manual

Model: TCNI-001 | Brand: Tilcare

INTRODUCTION

The Tilcare Nasal Irrigation System (Model TCNI-001) is designed to provide effective relief from nasal congestion, allergies, and sinus issues through a gentle saline rinse. This electric device helps cleanse nasal passages, washing away irritants and promoting clearer breathing. Please read this manual thoroughly before first use to ensure proper operation and maintenance.

IMPORTANT SAFETY INFORMATION

WARNING: Failure to follow these safety instructions may result in injury or damage to the device.

- Always use distilled, sterile, or previously boiled and cooled water for nasal irrigation. Tap water is not safe for nasal rinsing unless sterilized.
- Do not use if your nasal passages are completely blocked or if you have an ear infection.
- Consult a healthcare professional before use if you have had ear surgery or have any concerns about your nasal health.
- Keep out of reach of children.
- Do not immerse the main unit in water beyond its waterproof rating.
- Use only the provided salt packets or a medically approved saline solution.

PACKAGE CONTENTS

Your Tilcare Nasal Irrigation System package includes:

- 1 x Rechargeable Electric Nasal Irrigator (Model TCNI-001)
- 2 x Replacement Nasal Tips
- 30 x Pre-measured Saline Salt Packets
- 1 x Soft Microfiber Towel
- 1 x Charging Cable (USB)



Image: Complete kit contents of the Tilcare Nasal Irrigation System.

PRODUCT FEATURES

- **Three Pressure Modes:** Choose between Soft, Normal, and Pulse settings for personalized comfort and effectiveness.
- **Rechargeable Battery:** Equipped with a Lithium Ion rechargeable battery for cordless operation.
- **Generous Reservoir Capacity:** 300 mL tank allows for a thorough rinse without frequent refilling.
- **Effective Pressure Range:** Delivers 30-100 PSI for efficient nasal cleansing.
- **IPX7 Waterproof Rating:** Designed for safe use in wet environments and easy cleaning.
- **Drug-Free Relief:** Provides natural sinus and allergy relief without medication.

3 DIFFERENT PRESURE MODES

Giving you the option to choose between soft, normal and pulsating, to best suit your needs



LITHIUM ION
RECHARGEABLE
BATTERY INSIDE



RESERVOIR
CAPACITY



CLEANS
EASILY



IPX7 WATER
PROOF

Image: Key features of the Tilcare Nasal Irrigation System.

SETUP

1. Charging the Device

1. Before first use, fully charge the device. Connect the charging cable to the charging port on the device and to a USB power adapter (not included).
2. The charging indicator light will show the charging status. Once fully charged, disconnect the cable.

2. Preparing the Saline Solution

1. Ensure you have distilled, sterile, or previously boiled and cooled water. The water should be lukewarm, not hot or cold.
2. Open one pre-measured saline salt packet.
3. Open the small sealable hatch on the side of the reservoir.
4. Pour the entire contents of one salt packet into the reservoir.
5. Fill the reservoir with the prepared lukewarm water up to the 300 mL mark.
6. Close the reservoir hatch securely.



**30 SALT
PACKETS
ADDED**

**Will give you
the perfect
Saline solution***

***always use
preboiled or
sterile distilled
water**

Image: Adding a saline salt packet to the device reservoir.

3. Attaching the Nasal Tip

1. Select one of the nasal tips.
2. Firmly snap the nasal tip onto the top of the main unit until it clicks into place. Ensure it is securely attached to prevent leaks.

OPERATING INSTRUCTIONS

1. Selecting a Pressure Mode

1. Press the 'ON/OFF' button to turn on the device.
2. Press the 'MODE' button to cycle through the three pressure settings: Soft, Normal, and Pulse. An indicator light will show the selected mode.
3. Start with the 'Soft' mode, especially for first-time users or if you have sensitive nasal passages. Adjust to 'Normal' or 'Pulse' as desired for a more thorough cleaning.

2. Performing the Nasal Rinse

1. Stand over a sink with your head tilted slightly forward and to one side.
2. Insert the nasal tip gently into one nostril, ensuring a comfortable seal.

3. Press the 'ON/OFF' button to start the flow. Breathe through your mouth and avoid swallowing.
4. Allow the saline solution to flow into one nostril and drain out the other. Use approximately half of the solution for one nostril.
5. Press the 'ON/OFF' button to stop the flow.
6. Gently blow your nose to clear any remaining solution and mucus.
7. Repeat the process for the other nostril with the remaining solution.
8. After rinsing both nostrils, gently blow your nose again to ensure all solution is cleared.

MAINTENANCE AND CLEANING

Proper cleaning after each use is essential for hygiene and device longevity.

1. **Empty Reservoir:** After each use, empty any remaining saline solution from the reservoir.
2. **Disassemble:** Detach the nasal tip from the main unit.
3. **Hand Wash Components:** Hand wash the reservoir and nasal tip with warm water and mild soap. Rinse thoroughly to remove all soap residue.
4. **Clean Main Unit:** Wipe the exterior of the main unit with a damp cloth. Do not submerge the main unit in water.
5. **Dry Thoroughly:** Allow all components to air dry completely before reassembling or storing. The microfiber towel can be used to dry the exterior.
6. **Storage:** Store the device in a clean, dry place away from direct sunlight.



MICROFIBRE TOWEL ADDED EXTRA TO MAKE CLEANUP A BREEZE

Image: Microfiber towel included for cleanup.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device not turning on	Low battery	Charge the device fully.
Water leaking from connection point	Nasal tip not securely attached or gasket issue	Ensure the nasal tip is firmly snapped into place. Check the blue gasket for proper seating and damage. If damaged, contact support for replacement tips.
Nasal tip breaks off in machine	Improper removal or wear and tear	Always press the release button (if applicable) and pull the tip straight out. If a part breaks off, carefully remove it. Contact customer support for replacement tips.
Weak water flow	Low battery, clogged nozzle, or air in pump	Recharge the device. Clean the nasal tip. Ensure the reservoir is adequately filled and the suction tube is not blocked.

Problem	Possible Cause	Solution
Water not flowing through both nostrils	Severe nasal congestion	Try the 'Normal' or 'Pulse' mode. If congestion persists, consult a healthcare professional. Do not force the flow.

SPECIFICATIONS

- **Model Name:** TCNI-001
- **Manufacturer:** Tilcare
- **Power Source:** Battery Powered (1 Lithium Ion battery included)
- **Reservoir Capacity:** 300 mL
- **Pressure Range:** 30-100 PSI
- **Water Resistance Level:** IPX7 Waterproof
- **Material Type:** Rubber, Silicone
- **Product Care Instructions:** Hand Wash Only
- **Color:** White
- **Age Range Description:** Adult
- **Package Dimensions:** 9.25 x 4.21 x 3.62 inches
- **Weight:** 1.17 Pounds

WARRANTY AND SUPPORT

Tilcare stands behind the quality of its products.

- **30-Day Manufacturer Guarantee:** If you are not satisfied with your purchase, you may be eligible for a return or refund within 30 days.
- **1-Year Free Repair Manufacturer Guarantee:** The device is covered by a 1-year free repair guarantee from the manufacturer against defects in materials and workmanship.

For warranty claims, technical assistance, or any questions regarding your Tilcare Nasal Irrigation System, please contact Tilcare customer support. Refer to the packaging or the official Tilcare website for current contact information.



**30 DAY MONEY-BACK
AND 1-YEAR FREE-REPAIR
MANUFACTURER GUARANTEE**

Tilcare 

Image: Warranty information on the product packaging.