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› HAYLOU LS05 Smartwatch User Manual

HAYLOU XUS3831986232504QA

HAYLOU LS05 Smartwatch User Manual

Model: LS05 (XUS3831986232504QA)

Brand: HAYLOU

INTRODUCTION

The HAYLOU LS05 Smartwatch is a versatile wearable device designed to assist you in monitoring your health and fitness activities. It features a 1.28-inch TFT display, IP68 water resistance, an optical heart rate sensor, and supports 12 sports modes. This manual provides essential information for setting up, operating, and maintaining your smartwatch.

PRODUCT OVERVIEW



This image displays the HAYLOU LS05 Smartwatch. It features a round black watch face with a digital display showing the time as 10:00. Below the time, icons and numbers indicate heart rate (90 bpm), steps (5184), and distance (3.24 km). The top left of the display shows a weather icon with 20 degrees Celsius. The watch has a black silicone strap with a metal buckle. A single button is visible on the right side of the watch casing.

Key Features:

- 1.28-inch TFT Display with 240 x 240 resolution
- IP68 Water Resistance
- Optical Heart Rate Sensor
- 12 Sports Modes
- Up to 30 days of battery life

- Bluetooth Connectivity
- Compatible with Android and iOS smartphones

SETUP GUIDE

1. Charging the Smartwatch

Before first use, fully charge your HAYLOU LS05 Smartwatch. Connect the charging cable (included in the box) to the charging contacts on the back of the watch and a USB power source. The watch display will indicate charging status. A full charge can provide up to 30 days of battery life depending on usage.

2. Installing the Companion App

To unlock the full functionality of your smartwatch, download and install the "Haylou Fun" app on your smartphone. The app is available for both Android and iOS devices. Search for "Haylou Fun" in your device's app store.

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "Haylou Fun" app and create an account or log in.
3. Follow the in-app instructions to add your device. The app will search for nearby HAYLOU LS05 devices.
4. Select your smartwatch from the list and confirm the pairing request on both your phone and the watch.
5. Once paired, the watch will synchronize time and data with your phone.

OPERATING INSTRUCTIONS

Basic Navigation:

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and functions. Tap to select an option.
- **Side Button:** Press the side button to return to the main watch face or to turn the screen on/off.

Key Functions:

- **Heart Rate Monitoring:** The watch continuously monitors your heart rate. View real-time data on the watch or detailed historical data in the Haylou Fun app.
- **Sports Modes:** Select from 12 different sports modes (e.g., running, walking, cycling) to track specific workout data such as duration, calories burned, distance, and heart rate.
- **Notifications:** Receive call, message, and app notifications directly on your wrist. Manage notification settings via the Haylou Fun app.
- **Sleep Tracking:** Automatically monitors your sleep patterns, including deep sleep, light sleep, and wake-up times. View detailed sleep analysis in the app.
- **Weather Forecast:** Get real-time weather updates on your watch (requires connection to the Haylou Fun app and internet access on your phone).
- **Alarm Clock:** Set alarms through the app, and the watch will vibrate to alert you.
- **Sedentary Reminder:** The watch can remind you to move if you have been inactive for too long.
- **Music Control:** Control music playback on your smartphone directly from the watch (play, pause,

skip tracks).

MAINTENANCE

Cleaning:

Regularly clean your smartwatch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid using harsh chemicals or abrasive materials.

Water Resistance (IP68):

The HAYLOU LS05 is IP68 rated, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. However, it is not recommended for swimming, showering with hot water, or diving, as steam and high water pressure can compromise the seal.

Charging Precautions:

- Use only the provided charging cable.
- Ensure the charging contacts on the watch and cable are clean and dry before charging.
- Do not charge the watch in wet conditions.

TROUBLESHOOTING

Connectivity Issues:

- **Watch not connecting to app:** Ensure Bluetooth is on, the watch is charged, and the Haylou Fun app is open. Try restarting both the watch and your phone.
- **Frequent disconnections:** Ensure the Haylou Fun app is running in the background and not being closed by your phone's power-saving settings.

Inaccurate Data:

- **Heart Rate/Sleep:** Ensure the watch is worn snugly on your wrist, not too loose or too tight.
- **Steps/Distance:** Arm movements can sometimes affect step count. For more accurate distance tracking during outdoor activities, ensure your phone's GPS is active and connected to the app, as the watch itself does not have built-in GPS.

Battery Life:

- If battery life is shorter than expected, check if continuous heart rate monitoring or frequent notifications are enabled. Adjust settings in the app to optimize battery usage.

Watch Not Turning On:

- Ensure the watch is sufficiently charged. If the battery is completely depleted, it may take a few minutes of charging before the watch responds.

SPECIFICATIONS

Brand	HAYLOU
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Model Number	XUS3831986232504QA
Display Size	1.28 Inches
Display Resolution	240 x 240
Water Resistance	IP68
Special Feature	Heart Rate Monitor
Battery Capacity	340 mAh
Battery Type	Lithium-ion
Connectivity Technology	Bluetooth
Operating System	Android, iOS
GPS	No built-in GPS (uses phone's GPS)
Shape	Round

WHAT'S IN THE BOX

- HAYLOU LS05 Smartwatch
- Charging Cable
- User Manual (this document)

WARRANTY AND SUPPORT

Specific warranty information for the HAYLOU LS05 Smartwatch is not provided in this document. Please refer to the product packaging or the official HAYLOU website for detailed warranty terms and conditions. For technical support or further assistance, please contact HAYLOU customer service through their official channels.