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› Hooga Charge Red Light Therapy Device (660nm & 850nm) User Manual

Hooga Hooga Charge

Hooga Charge Red Light Therapy Device (660nm & 850nm) User Manual

Model: Hooga Charge Rechargeable Portable Device

1. INTRODUCTION

The Hooga Charge Red Light Therapy Device is designed to deliver targeted red (660nm) and near-infrared (850nm) light wavelengths. This portable and rechargeable device supports various wellness applications by providing specific light frequencies to the body. It is intended for general wellness and fitness purposes.

2. SAFETY INFORMATION

Important Safeguards

- Consult with a healthcare professional before using this device, especially if you have pre-existing medical conditions, are pregnant, or are taking medications.
- Always use appropriate eye protection (not included) when operating the device to shield your eyes from direct light exposure.
- Do not use the device on broken skin or open wounds.
- Maintain a recommended distance from the device during use to prevent excessive heat exposure.
- Keep out of reach of children.

Legal Disclaimer

The statements in this manual have not been evaluated by the FDA. The information provided is not intended to diagnose, treat, cure, or prevent any disease and should not be construed as medical advice. This product is a low-risk, general wellness/fitness device that does not require FDA clearance, in accordance with the "General Wellness: Policy on Low Risk Devices" draft released January 20, 2015.

3. WHAT'S INCLUDED

Your Hooga Charge Red Light Therapy Device package includes the following items:

- Hooga Charge Red Light Therapy Device
- Informative User Manual
- Power Adapter
- USB Type C Charging Cable
- Sturdy, Zippered Carrying Case with compartment



Image: The included sturdy, zippered carrying case for your Hooga Charge device and accessories.

4. SETUP

Charging the Device

1. Connect the USB Type C charging cable to the device's charging port.
2. Plug the power adapter into a standard electrical outlet.
3. The device will indicate charging status (e.g., LED indicators). A full charge provides approximately 8 ten-minute sessions.

Device Placement

The Hooga Charge is designed for portable use and comes with a stand for tabletop placement. Ensure the device is placed on a stable, flat surface during use.



Image: The Hooga Charge device positioned on its stand for tabletop use.

5. OPERATING INSTRUCTIONS

Powering On/Off

The device features separate switches for Red (660nm) and Near-Infrared (850nm) light. Use these switches to activate the desired light spectrum or both simultaneously.

Treatment Guidelines

- **Wavelengths:** The device emits 660nm (Red) and 850nm (Near-Infrared) light. Red light is generally suitable for superficial skin treatments, while Near-Infrared light penetrates deeper for tissue treatments.
- **Irradiance:** The Hooga Charge delivers an irradiance higher than 100 mW/cm² at the surface. This high irradiance allows for effective treatment times.
- **Distance and Coverage:** For optimal results, position the device at a distance that provides adequate coverage for the target area. The beam angle of the LEDs is 60 degrees. Refer to the irradiance and coverage chart below for guidance.
- **Session Duration:** Recommended session duration is typically 10 minutes per area.
- **Frequency:** Use the device regularly as part of your wellness routine.

Irradiance & Coverage

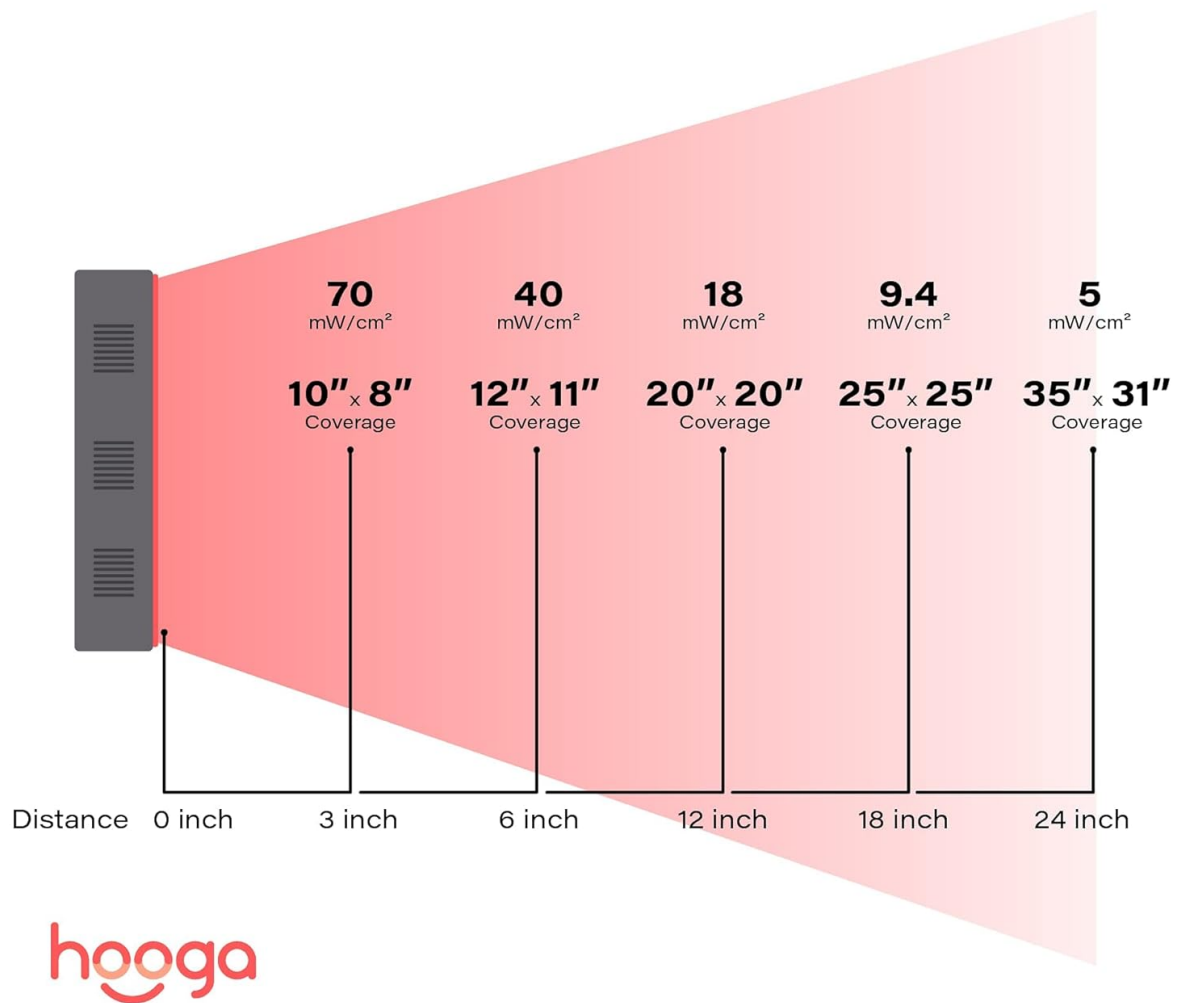


Image: Irradiance and coverage measurements at various distances from the device.



Image: Example of a user applying the Hooga Charge device to the shoulder area.

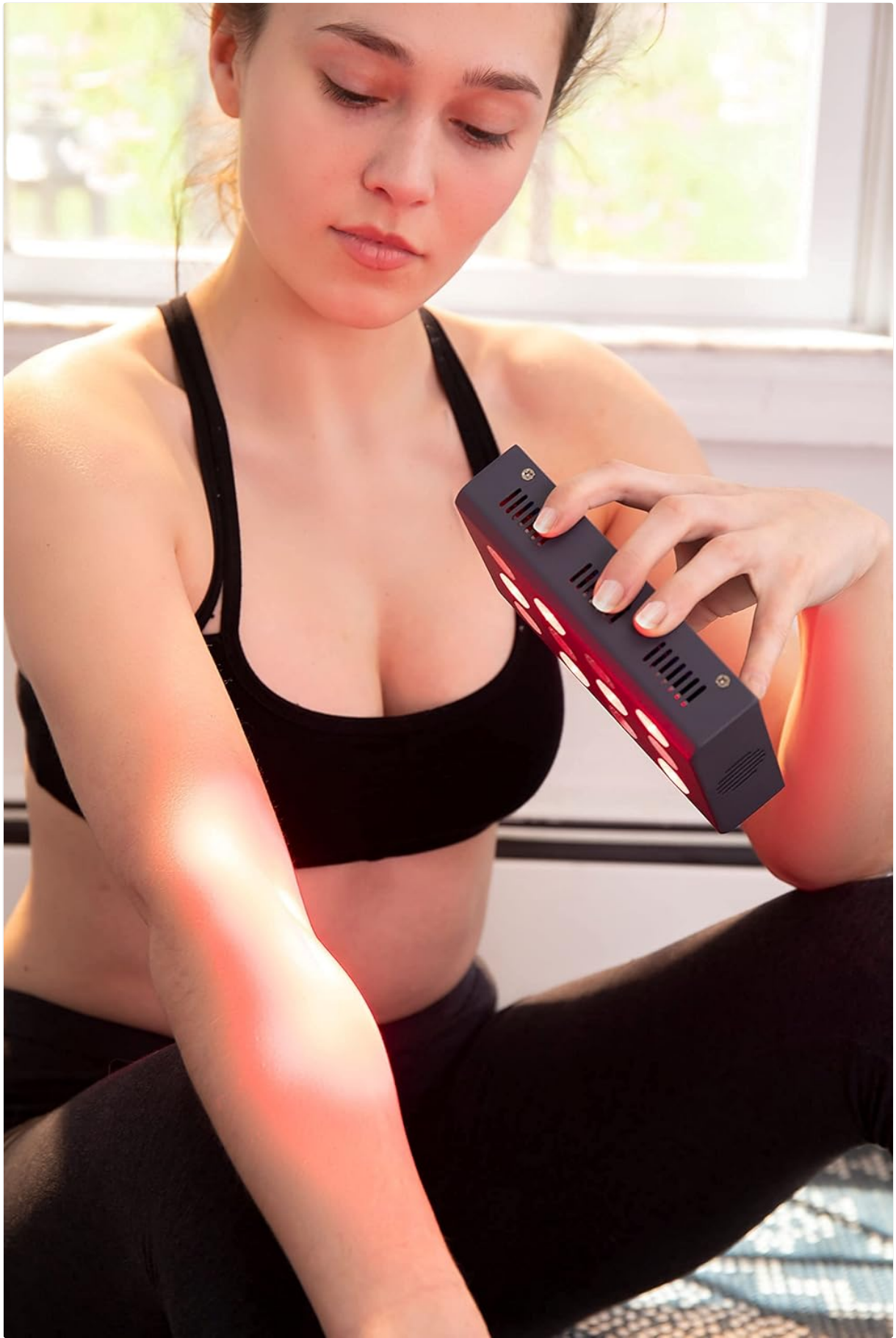


Image: Example of a user applying the Hooga Charge device to the arm area.

General Red Light Therapy Overview

Your browser does not support the video tag.

Video: A general overview of Red Light Therapy and Hooga Health products. This video provides background information on the benefits and science behind red light therapy.

6. MAINTENANCE

Cleaning

To clean the device, ensure it is powered off and unplugged. Gently wipe the surface with a soft, dry, or slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.

Storage

Store the device in its carrying case in a cool, dry place away from direct sunlight and extreme temperatures. Protect the device from impacts and drops.

7. TROUBLESHOOTING

- **Device Not Turning On:** Ensure the device is fully charged or connected to a power source. Check that the power adapter is securely plugged into both the device and the wall outlet. Verify that the individual light switches (Red/NIR) are in the 'ON' position.
- **Lights Not Emitting:** Confirm that the device is powered on and the specific Red or Near-Infrared switches are activated. If only one type of light is not working, try activating the other to isolate the issue.
- **Unusual Noises or Malfunctions:** If you experience any unusual noises, overheating, or other unexpected behavior, immediately discontinue use and contact Hooga Health customer support.

8. SPECIFICATIONS

Product Dimensions	5.9 x 3.9 x 1.3 inches
Weight	2.18 Pounds
Batteries	1 Lithium Ion battery (included)
Wavelengths	660nm (Red) & 850nm (Near-Infrared)
Irradiance	Higher than 100 mW/cm ² at surface
Beam Angle	60 degrees
Manufacturer	Hooga Health

9. WARRANTY AND SUPPORT

Warranty Information

The Hooga Charge Red Light Therapy device comes with a **Two-Year (24-month) Warranty**. This warranty covers any issues that may arise with the panel that are not a result of misuse. Hooga Health will happily replace or repair the panel if covered under warranty.

Return Policy

If you are unsatisfied with your Hooga Charge device, you are welcome to return it within **30 days** of purchase.

Customer Support

For any questions, technical assistance, or warranty claims, please contact Hooga Health customer support. Refer to the contact information provided with your purchase or visit the official Hooga Health website.

