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arena SAR-0123

arena TOUGHSUIT Men's SAR-0123 Short Box Training Swimsuit User Manual

Model: SAR-0123

INTRODUCTION

This manual provides essential information for the proper use and care of your arena TOUGHSUIT Men's SAR-0123 Short Box Training Swimsuit. Designed for durability and performance, this swimsuit is ideal for regular practice and intensive training sessions. Please read these instructions carefully to ensure the longevity and optimal performance of your product.

PRODUCT FEATURES

- **Material:** Constructed from Toughskin D/Toughskin, a blend of Polyester and composite fiber (polyester), engineered for high durability.
- **Chlorine Resistance:** The TOUGHSUIT series offers excellent resistance to chlorine, making it suitable for frequent use in chlorinated pools.
- **Design:** Features a short box cut with an inseam of approximately 1.2 inches (3 cm). The design incorporates a checkered flag motif, symbolizing speed and victory.
- **Longevity:** Built to withstand the rigors of intense training, ensuring a long-lasting product life.



Image: Back view of the arena TOUGHSUIT SAR-0123 swimsuit, showcasing its design and fit.

SIZING INFORMATION

To ensure the best fit, please refer to the following size chart. Measurements are approximate and intended as a guide.

Size	Chest (cm / inches)	Waist (cm / inches)
S	82 - 86 cm / 32.3 - 33.9 inches	68 - 72 cm / 26.8 - 28.3 inches
S	86 - 90 cm / 33.9 - 35.4 inches	72 - 76 cm / 28.3 - 29.9 inches
M	90 - 94 cm / 35.4 - 37.0 inches	76 - 80 cm / 29.9 - 31.5 inches

Note: If your measurements fall between sizes, consider your preference for a tighter or looser fit.

PPL



TRC



BLU



MLT



Image: Various color options for the arena TOUGHSUIT SAR-0123 swimsuit, including PPL, TRC, BLU, and MLT.

USAGE INSTRUCTIONS

The arena TOUGHSUIT SAR-0123 is designed for competitive swimming training and regular practice. Ensure the swimsuit fits snugly but comfortably to allow for full range of motion in the water. The durable fabric is built to withstand the demands of frequent swimming.

CARE AND MAINTENANCE

Proper care will extend the life of your swimsuit and maintain its performance characteristics.

- **Rinse Immediately:** After each use, rinse your swimsuit thoroughly with cool, clean water to remove chlorine, salt, and body oils.
- **Hand Wash:** Hand wash with a mild soap or specialized swimwear detergent. Avoid harsh detergents.
- **Do Not Bleach:** Bleach can damage the fabric and fade colors.

- **Do Not Wring:** Gently squeeze out excess water. Wringing can stretch and damage the fabric.
- **Dry Flat:** Lay the swimsuit flat on a clean towel in a shaded, well-ventilated area. Avoid direct sunlight, which can degrade fabric elasticity and color.
- **Avoid Heat:** Do not tumble dry, iron, or expose to high heat sources, as this can damage the material.
- **Storage:** Store your dry swimsuit in a cool, dry place.

TROUBLESHOOTING

Most issues with swimwear can be prevented with proper care. If you encounter problems, consider the following:

- **Premature Fading/Degradation:** This is often due to insufficient rinsing after chlorine exposure or improper drying (e.g., direct sunlight, high heat). Ensure you follow the care instructions diligently.
- **Poor Fit:** Refer to the sizing chart. A swimsuit that is too small can cause discomfort and accelerate wear. A swimsuit that is too large may not provide adequate support.
- **Stretching/Loss of Elasticity:** Excessive heat, harsh chemicals, or improper storage can lead to loss of elasticity. Always air dry and avoid wringing.

SPECIFICATIONS

Attribute	Detail
Model Number	SAR-0123
Department	Men
Material	Toughskin D/Toughskin (Polyester, composite fiber)
Inseam	Approx. 1.2 inches (3 cm)
Package Dimensions	17.4 x 9.6 x 4.8 cm
Item Weight	80 g
ASIN	B082337122
Date First Available	7 December 2023

ABOUT TOUGHSUIT TECHNOLOGY

The arena TOUGHSUIT series is engineered for superior durability, making it an excellent choice for swimmers who engage in rigorous training. The fabric is designed to withstand the harsh effects of chlorine and frequent use, maintaining its shape and color over time. This focus on resilience ensures a long-lasting product that supports consistent performance.

アリーナの練習水着は選ぶ時代へ。

TOUGHSUIT

TOUGH

耐久性



ハードな練習を耐え抜く
長持ち水着

練習量目安	耐久性	伸縮性	はっ水
練習1回につき、3,000m以上 週4回以上	◎	○	—

TOUGHSUIT-FLEX

FLEX

伸縮性



長時間の練習でも
快適水着

練習量目安	耐久性	伸縮性	はっ水
練習1回につき、1,000m～3,000m 週1～3回以上	○	◎	○

Which do you prefer ?

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ARENASPORT.COM



Image: Visual representation comparing arena's TOUGH (durability) and FLEX (stretch) swimsuit technologies. The TOUGHSUIT SAR-0123 falls under the TOUGH category.

For more information on arena's swimwear technology, please visit the official website: [arena Sport Asia](https://asia.arenasport.com/ja-JP/)

WARRANTY AND SUPPORT

arena products are manufactured to high-quality standards. For specific warranty information or support inquiries, please refer to the official arena website or contact your local retailer. Keep your purchase receipt as proof of purchase.

Official arena website: <https://asia.arenasport.com/ja-JP/>