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tectake 400601-NL

tectake Luxe Shiatsu Massage Mat with Jade Stone Heating Mat

Model: 400601-NL

Introduction

Thank you for choosing the tectake Luxe Shiatsu Massage Mat. This product is designed to provide an intensive Shiatsu massage experience, featuring deep kneading and circular movements to help relax your back and muscles, and reduce stress. This manual provides essential information for the safe and effective use of your massage mat.

Safety Information

Please read all safety warnings and instructions carefully before using this product.

- This product is intended for adult use only. Keep out of reach of children.
- Use the product strictly according to the instructions provided in this manual.
- Ensure all components are correctly assembled before use. Only use original parts supplied with the product.
- Do not use the massage mat if you have any medical conditions that may be aggravated by massage or heat therapy. Consult a physician if unsure.
- Do not use the product in wet environments or near water.
- Unplug the device from the power outlet when not in use or before cleaning.
- Do not attempt to repair or modify the product yourself. Contact customer support for assistance.

Package Contents

Verify that all items listed below are included in your package:

- 1x Massage Mat with wired remote control
- 1x 230V Power Supply
- 1x Jade Stone Heating Mat
- 1x Backrest
- 1x Carry Bag
- 1x User Manual

Setup

1. **Unpack the Mat:** Carefully remove the massage mat and all accessories from the packaging.
2. **Unfold the Mat:** Place the mat on a flat, stable surface such as a bed, sofa, or floor. Ensure there is enough space around the mat for comfortable use.
3. **Position the Headrest and Backrest:** The ergonomic headrest is integrated. Position the separate backrest as desired for additional support.
4. **Connect Power:** Connect the power supply to the massage mat and then plug it into a standard 230V electrical outlet. Ensure the connection is secure.
5. **Remote Control:** The wired remote control is attached to the mat. It can be stored in the side pocket when not in use.

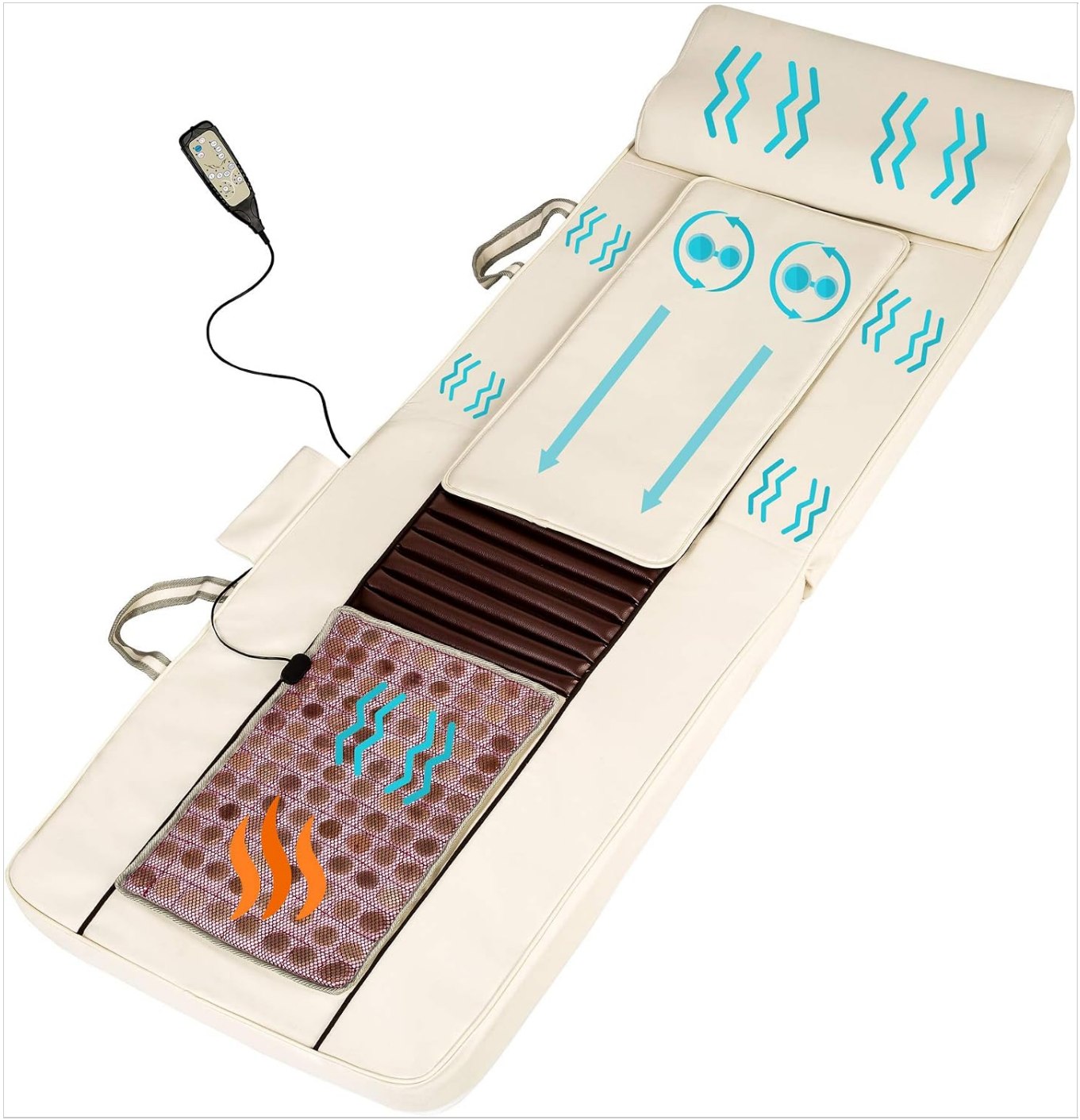


Image: The tectake Shiatsu Massage Mat laid out, showing the integrated remote control and the jade stone heating area.



Image: A close-up view of the wired remote control neatly tucked into a side pocket of the massage mat.

Operating Instructions

The tectake Shiatsu Massage Mat offers a personalized massage experience with various settings controlled by the wired remote.

Remote Control Functions:





Image: A detailed view of the wired remote control, displaying various buttons for power, heat, programs, intensity, and massage zones.

- **Power Button:** Press to turn the massage mat ON or OFF.
- **Heat Function:** Activate the soothing heat function, which includes the integrated jade stone mat, to promote blood circulation and relax tense muscles. Look for the button with a heat icon (e.g., three wavy lines).
- **Massage Programs (P):** Select from 6 automatic massage programs. Each program offers a unique sequence of massage types and intensities.
- **Massage Intensities (M):** Adjust the massage intensity to one of 4 levels, from gentle relaxation to a firm deep tissue massage.

- **Massage Zones:** Target specific areas of your body. Choose from 4 massage zones: Full back, Upper back, Lower back, or Neck.
- **Vibration Motors:** The mat features 10 vibration motors for an enhanced massage experience. These typically operate in conjunction with selected programs or intensities.
- **Timer Function:** The mat includes a timer function for automatic shut-off, ensuring safe and controlled usage durations. Refer to the remote for specific timer settings (e.g., 15, 30, 60 minutes).

Using the Massage Mat:

1. Lie down comfortably on the massage mat, ensuring your body is properly aligned with the massage zones.
2. Press the Power button on the remote control to turn on the mat.
3. Select your desired massage program (P) and intensity level (M).
4. Choose a specific massage zone (Full, Upper, Lower, Neck) if you wish to focus on a particular area.
5. Activate the heat function if desired.
6. Relax and enjoy your massage. The mat will automatically shut off after the set timer duration.

Maintenance

Proper care and maintenance will extend the life of your tectake Shiatsu Massage Mat.

- **Cleaning:** Disconnect the power cord before cleaning. Wipe the surface of the mat with a soft, damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals. Do not immerse the mat in water.
- **Storage:** When not in use, ensure the mat is clean and dry. Fold the mat carefully and store it in the provided carry bag in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly inspect the power cord and remote control for any signs of damage. If any damage is found, discontinue use and contact customer support.



Image: The massage mat folded into a compact form, ready for storage or transport.



Image: The grey carry bag designed for convenient storage and portability of the tectake massage mat.

Troubleshooting

If you encounter any issues with your massage mat, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Mat does not turn on.	Not plugged in; power outlet issue; remote control not connected.	Ensure power cord is securely plugged into mat and outlet. Test outlet with another device. Check remote control connection.
Massage function is weak or inconsistent.	Low intensity setting; incorrect program selected.	Increase massage intensity using the remote. Try different massage programs.
Heat function is not working.	Heat function not activated; internal fault.	Ensure the heat button on the remote is pressed. If still not working, contact customer support.
Remote control is unresponsive.	Loose connection; damaged cable.	Check the connection of the remote control cable to the mat. If the cable is damaged, discontinue use and contact customer support.

Specifications

Detailed technical specifications for the tectake Luxe Shiatsu Massage Mat:

Feature	Detail
Brand	tectake
Model Number	400601-NL
Color	Beige
Product Dimensions (L x W x H)	186.5 x 60 x 11 cm (73.4 x 23.6 x 4.3 inches)
Folded Dimensions (L x W x H)	Approx. 95 x 60 x 30 cm (37.4 x 23.6 x 11.8 inches)
Headrest Dimensions	Approx. 60 x 32 x 20 cm (23.6 x 12.6 x 7.9 inches)
Jade Mat Dimensions	Approx. 50 x 30 x 2 cm (19.7 x 11.8 x 0.8 inches)
Backrest Dimensions	Approx. 73 x 32 x 2 cm (28.7 x 12.6 x 0.8 inches)
Item Weight	11 kg (24.25 lbs)
Material Type (Seating)	Foam
Massage Zones	4 (Full, Upper, Middle, Lower Back)
Massage Programs	6 Automatic Programs
Massage Intensities	4 Levels
Vibration Motors	10
Heat Function	Yes, with integrated Jade Stone Mat
Control Type	Wired Remote Control
Timer Function	Yes
Usage Environment	Indoor
Assembly Required	No (minor setup of accessories)

Warranty and Support

For warranty information, please refer to the documentation provided at the time of purchase or contact your retailer. If you require technical support, have questions about product operation, or need to report a defect, please contact tectake customer service through their official website or the contact information provided with your product.

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