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Mobiclinic Foldable Massage Table User Manual

Model: 1

INTRODUCTION

This manual provides essential information for the safe and effective use of your Mobiclinic Cream Aluminum Foldable Massage Table. Please read these instructions carefully before assembly and operation. This massage table is designed for professional use in spas, clinics, or for personal use at home, offering comfort and convenience with its robust aluminum and faux leather construction.

SAFETY INFORMATION

To ensure safe operation and prevent injury, please observe the following safety guidelines:

- **Weight Capacity:** Do not exceed the maximum weight capacity of 250 kg (approximately 550 lbs). Overloading can cause damage to the table and potential injury.
- **Stable Surface:** Always set up the massage table on a flat, stable, and non-slip surface. Uneven surfaces can lead to instability and tipping.
- **Assembly:** Ensure all components are correctly assembled and securely locked in place before use. Refer to the setup instructions.
- **Adjustments:** When adjusting the table height or accessories, ensure the user is not on the table. Adjustments should be made slowly and carefully to prevent pinching or sudden movements.
- **Maintenance:** Regularly inspect the table for any signs of wear, damage, or loose parts. Do not use the table if any damage is detected.
- **Children and Pets:** Keep children and pets away from the table during setup, adjustment, and use.
- **Cleaning:** Use only recommended cleaning methods to avoid damage to the faux leather upholstery and aluminum frame.

COMPONENTS AND PARTS LIST

Your Mobiclinic Foldable Massage Table package includes the following components:

- Foldable Massage Table (main unit)

- Adjustable Face Pad / Headrest
- Side Armrests (2 units)
- Carry Bag with Handle



Image: The Mobiclinic Foldable Massage Table shown both in its unfolded state ready for use and folded into its compact, portable form next to it.



Image: A person carrying the folded massage table in its included black carry bag, demonstrating its portability and ease of transport.

SETUP INSTRUCTIONS

Follow these steps to set up your massage table:

1. **Unpack:** Remove the massage table from its carry bag. Place the folded table on a flat, open surface.
2. **Unfold:** Release the latches on the side of the folded table. Gently open the table like a suitcase until it lies flat. The legs will automatically extend.
3. **Secure Legs:** Ensure all four legs are fully extended and locked into their upright position. The support cables should be taut.
4. **Adjust Height:** To adjust the height, locate the adjustment knobs on each leg. Loosen the knobs, extend or retract the leg to the desired height (between 55 cm and 80 cm), and then securely tighten the knobs. Ensure all four legs are adjusted to the same height for stability.
5. **Attach Accessories:**
 - **Face Pad:** Insert the support rods of the adjustable face pad into the designated holes at one end of the table. Adjust the angle for comfort.
 - **Side Armrests:** Insert the armrest rods into the holes on the sides of the table, near the face pad end.



Image: An underside view of the massage table, illustrating the robust aluminum frame and the folding mechanism that allows for compact storage and transport.



Image: A detailed view of the adjustable face pad and side armrests, highlighting their attachment points and ergonomic design for user comfort.

OPERATING INSTRUCTIONS

Once assembled, the Mobiclinic massage table is ready for use. Ensure the client is positioned comfortably and safely on the table.

- **Client Positioning:** Guide the client to lie down on the table. For face-down positions, ensure the face is comfortably placed in the adjustable face pad.
- **Armrest Use:** The side armrests provide additional comfort and support for the client's arms. They can be removed if not needed.
- **Height Adjustment (during use):** While the table features a slow height adjustment mechanism, it is recommended to adjust the height when the table is unoccupied to prevent sudden movements or discomfort for the client.



Image: The massage table in a professional setting, demonstrating its use with a client and a therapist, highlighting its stability and ergonomic design.



Image: The massage table adapted for a tattoo session, showcasing its versatility and robust design suitable for various professional applications.

MAINTENANCE AND CARE

Proper maintenance will extend the life of your massage table:

- **Cleaning:** For daily cleaning, simply wipe the faux leather upholstery and aluminum frame with a damp or dry cloth. For deeper cleaning, use a mild soap solution and a soft cloth, then wipe dry immediately. Avoid abrasive cleaners, solvents, or harsh chemicals, as these can damage the materials.
- **Inspection:** Periodically check all bolts, screws, and adjustment knobs to ensure they are tight. Inspect the support cables for any fraying or damage.
- **Storage:** When not in use, fold the table and store it in its carry bag in a cool, dry place away from direct sunlight and extreme temperatures.



Image: A close-up view of the table's faux leather upholstery, demonstrating its soft yet durable texture, which is easy to clean and maintain.

TROUBLESHOOTING

If you encounter any issues with your massage table, refer to the following common solutions:

Problem	Possible Cause	Solution
Table feels unstable or wobbly.	Legs not fully extended or locked; uneven surface; loose adjustment knobs.	Ensure all legs are fully extended and locked. Move table to a flat, stable surface. Tighten all height adjustment knobs securely.
Difficulty folding/unfolding the table.	Latches not fully released; components obstructing the fold.	Ensure both latches are completely disengaged. Check for any accessories (face pad, armrests) that might be preventing the fold.
Accessories (face pad/armrests) do not fit.	Incorrect orientation; debris in holes.	Ensure accessories are oriented correctly. Check and clear any debris from the insertion holes.

SPECIFICATIONS

- **Model:** Mobiclinic Foldable Massage Table
- **Material:** Aluminum frame, Faux Leather upholstery
- **Color:** Cream
- **Dimensions (Unfolded):** 186 cm (L) x 60 cm (W) x 55-80 cm (H) / 73.23 in (L) x 23.62 in (W) x 21.65-31.5 in (H)
- **Dimensions (Folded):** 93 cm (L) x 17.5 cm (W) x 60 cm (H) / 36.61 in (L) x 6.89 in (W) x 23.62 in (H)
- **Weight Capacity:** Up to 250 kg (550 lbs)
- **Item Weight:** Approximately 12 kg (26.4 pounds)
- **Included Accessories:** Adjustable face pad, 2 side armrests, carry bag

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the Mobiclinic official website or contact their customer service directly. Keep your purchase receipt as proof of purchase.

Mobiclinic Official Store: Visit Mobiclinic Store on Amazon

