Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

Mroobest Neck Massager-02

Mroobest Neck Massager User Manual

Model: Neck Massager-02

1. Introduction

The Mroobest Smart Neck Massager is designed to provide targeted relief and relaxation for the cervical spine and surrounding muscles. Utilizing advanced technology, it promotes local blood circulation and helps alleviate discomfort, offering benefits such as anti-inflammatory effects, detumescence, and pain relief. Its ergonomic design conforms to the neck curve, ensuring a comfortable and effective massage experience.



Image: The Mroobest Neck Massager in use, highlighting its wrap-around design.

2. Important Safety Information

To ensure safe operation and prevent injury or damage to the device, please read and adhere to the following safety guidelines:

- Use only on dry skin. Avoid contact with water or other liquids.
- Do not use the massager while sleeping or lying down.
- Keep the power cord away from heat sources and sharp objects to prevent damage.
- Always unplug the massager from the power source when not in use or before cleaning.
- Consult a healthcare professional before using this product if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use the massager on broken skin, open wounds, or areas with inflammation, swelling, or severe pain.

- Do not use the product for more than 30 minutes per day. The device has an automatic shut-off feature after 15 minutes of continuous operation.
- Do not attempt to disassemble, repair, or modify the device yourself. Contact qualified service personnel if repairs are needed.
- Keep out of reach of children.

3. Package Contents

Upon opening the package, please verify that all the following items are included:

- Mroobest Neck Massager Unit
- Remote Control
- External Electrode Pads (with connecting cable)
- USB Charging Cable
- User Manual (this document)

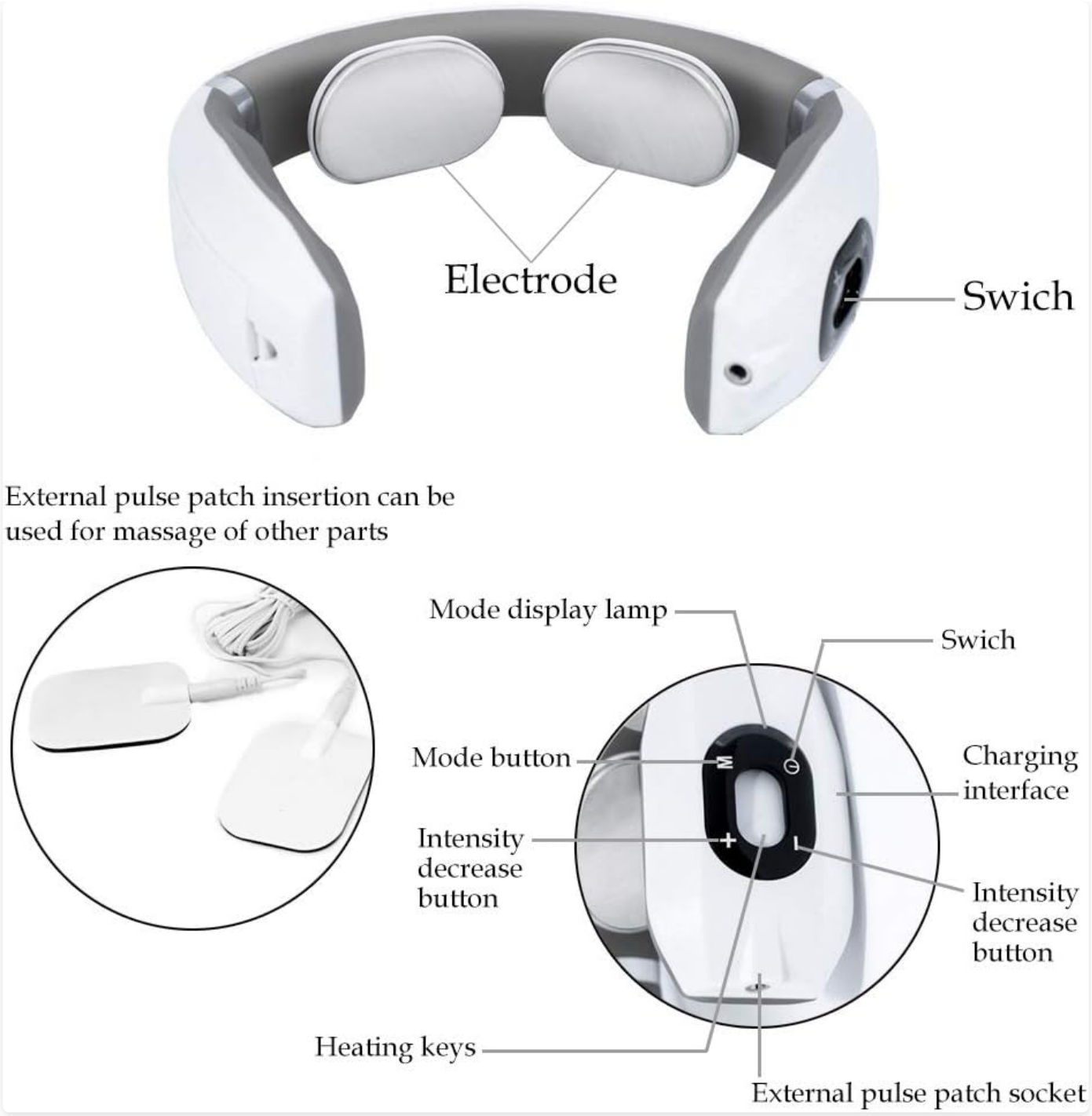


Image: Detailed view of the massager's components and control panel.

4. Product Features

The Mroobest Neck Massager is equipped with several features to enhance your massage experience:

- **6 Massage Modes:** Offers a variety of massage experiences including Scarping, Pulse, Acupuncture, Cupping, Finger Massage, and Kneading.
- **15 Intensity Levels:** Adjustable intensity from gentle (Level 0-5) to strong (Level 10-15) to suit individual preferences and needs.
- **Heating Function:** Provides soothing heat with 3 adjustable temperature levels to further relax muscles and promote circulation.
- **External Electrode Pads:** Includes additional pads that can be connected to the main unit for targeted massage on other body parts like the back or shoulders.

- **Portable Design:** Lightweight and compact, making it easy to carry and use anywhere.
- **Remote Control:** Conveniently adjust settings without removing the device.
- **Automatic Shut-off:** Device automatically turns off after 15 minutes of operation for safety and energy saving.

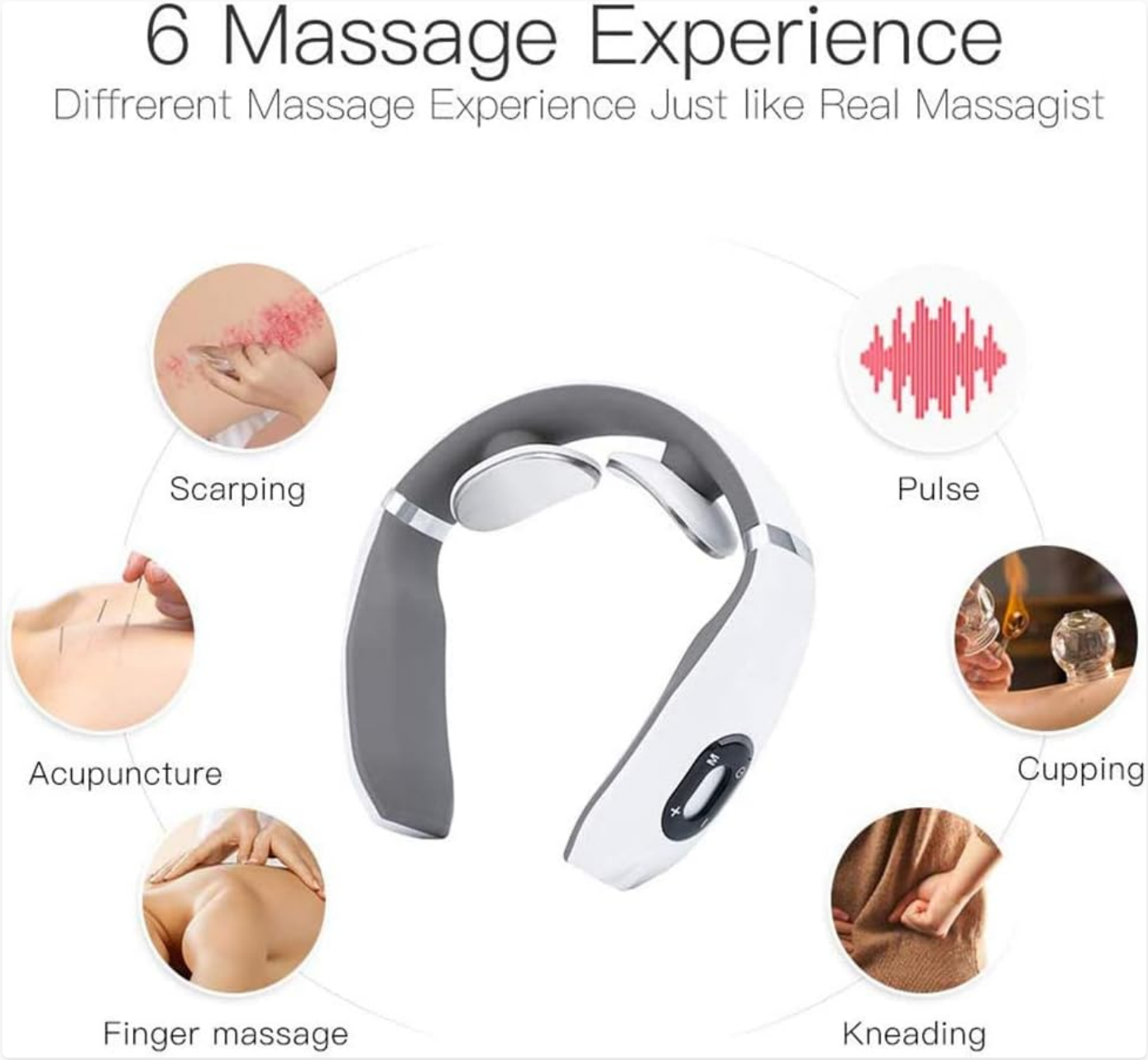


Image: Visual representation of the 6 distinct massage experiences.



Image: Breakdown of the 15 intensity levels.

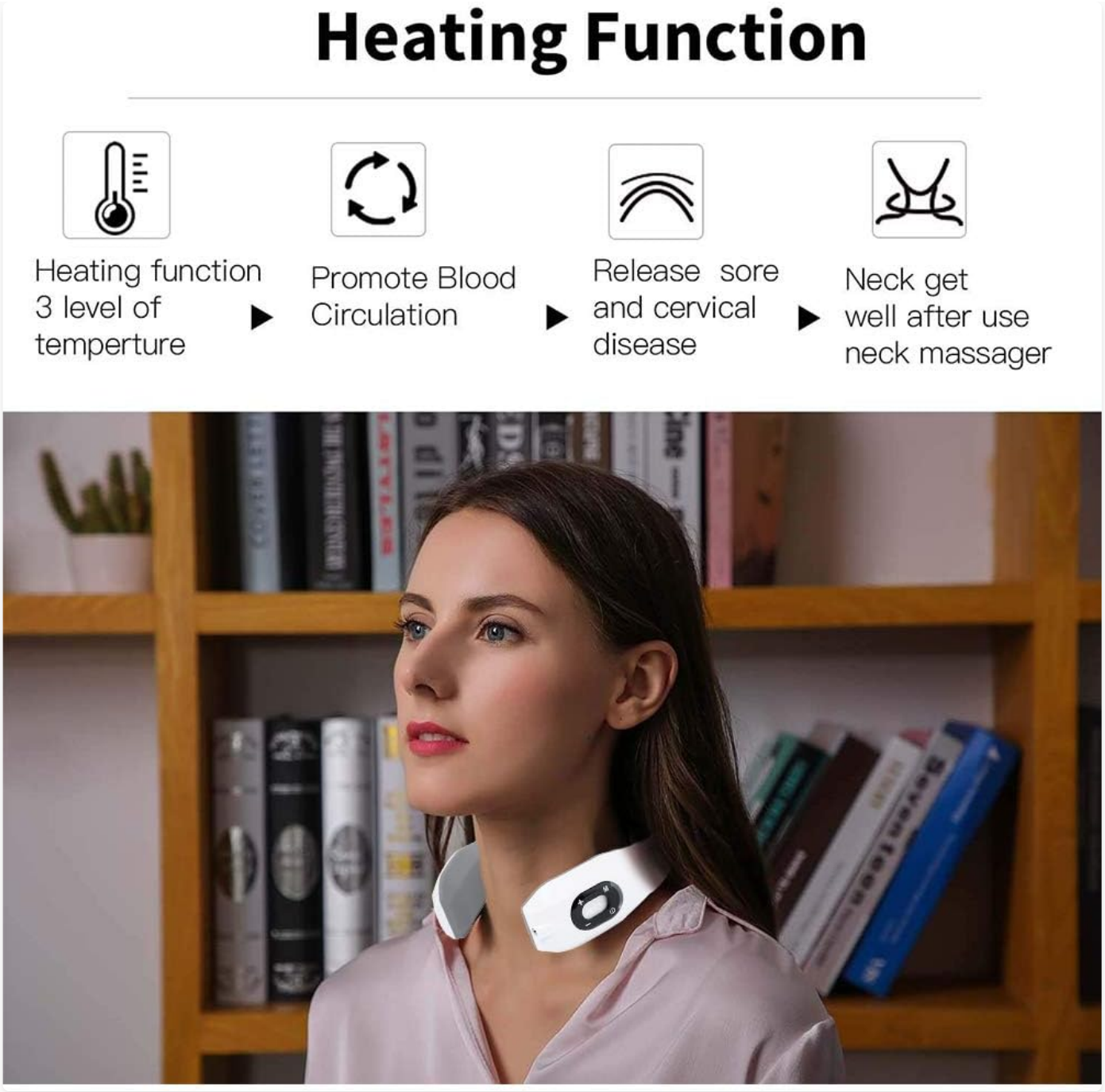


Image: Illustration of the heating function and its benefits.

5. Setup

5.1 Charging the Device

Before first use, ensure the device is fully charged. Connect the USB charging cable to the charging interface on the massager and plug the other end into a compatible USB power source (e.g., computer, wall adapter). The indicator light will show charging status and turn off when fully charged.

5.2 Preparing for Use

1. Before placing the massager on your neck, lightly wet the skin of your cervical spine area with a wet towel. This helps improve conductivity for the massage electrodes.
2. Place the massager around your neck, ensuring the electrodes are in close contact with the skin of your cervical spine. Adjust the position for optimal comfort and contact.

6. Operating Instructions

The massager can be operated using the buttons on the device or the included remote control.

6.1 Power On/Off

- Press and hold the Power button () on the device or remote control to turn the massager on. You will hear a

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B088R29VWB

More documents and user manuals: **https://manuals.plus/**