

Prestige 12297

Prestige Eco Non-Stick Frying Pan 20cm User Manual

Model: 12297

INTRODUCTION

Thank you for choosing the Prestige Eco Non-Stick Frying Pan. This 20cm frying pan is designed for efficient and healthy cooking, featuring a plant-based non-stick coating and constructed from recycled, recyclable materials. It is suitable for all hob types, including induction, and is oven safe up to 150°C. This manual provides essential information for the safe and effective use and maintenance of your new frying pan.



Eco friendly, recyclable & recycled cookware. Our greenest ever non-stick!

Image: Prestige Eco Frying Pan with food, emphasizing its 5-year guarantee and recycled/recyclable nature.

SAFETY INSTRUCTIONS

- Always use appropriate heat settings. Overheating can damage the non-stick coating and cause food to burn.
- Do not leave the pan unattended on a hot hob.
- Use oven mitts when handling the pan after cooking, especially if it has been in the oven, as the handle can become hot.
- Avoid using metal utensils on the non-stick surface to prevent scratches. Silicone, wooden, or plastic utensils are recommended.
- Ensure the pan is stable on the hob before cooking.
- Keep out of reach of children when hot.

SETUP

1. **Unpacking:** Carefully remove all packaging materials and labels from the frying pan.
2. **Initial Cleaning:** Before first use, wash the pan thoroughly with warm soapy water and a soft sponge. Rinse and dry completely.

3. **Light Seasoning (Optional but Recommended):** For optimal non-stick performance and longevity, lightly rub a small amount of cooking oil (e.g., vegetable or canola oil) over the entire non-stick surface with a paper towel. Heat the pan over low heat for 30 seconds, then remove from heat and let it cool. Wipe off any excess oil. This step helps condition the surface.

OPERATING INSTRUCTIONS

Hob Compatibility

This frying pan is suitable for all hob types, including gas, electric, ceramic, and induction. Ensure the pan's base is centered on the heat source for even cooking.



Image: The 20cm Prestige Eco Frying Pan, illustrating its compatibility with all hob types and oven use up to 150°C.

Cooking with your Pan

- **Heat Settings:** Due to its efficient heat distribution, medium to low heat settings are often sufficient. High heat should only be used for short periods, such as searing.
- **Oil Usage:** The advanced non-stick coating allows for cooking with minimal or no oil, promoting healthier meals.
- **Even Heat Distribution:** The pan is designed to prevent hot spots, ensuring food cooks evenly across the

surface.

- **Oven Use:** The pan is oven safe up to 150°C (300°F). This allows for versatile cooking, from hob to oven.
- **Recommended Uses:** Ideal for sautéing, searing, griddling, and frying various foods.



The world's friendliest plant based non-stick

Image: Prestige Eco Frying Pan containing cooked food, highlighting the plant-based non-stick coating.

MAINTENANCE AND CLEANING

- **Cool Down:** Always allow the pan to cool completely before washing to prevent warping.
- **Dishwasher Safe:** The pan is dishwasher safe for convenience.
- **Hand Washing (Recommended for Longevity):** For best results and to prolong the life of the non-stick coating, hand wash with warm soapy water and a soft sponge or cloth. Avoid abrasive cleaners, scouring pads, or steel wool, as these can damage the non-stick surface.
- **Stubborn Food:** If food is stuck, soak the pan in warm soapy water for a few minutes before cleaning.
- **Storage:** When storing, place a soft cloth or pan protector between pans if stacking to prevent scratches to the non-stick surface.

TROUBLESHOOTING

- **Food Sticking:** Ensure the pan is clean and free of residue. Re-apply a light coating of oil if necessary. Avoid using excessively high heat, which can degrade the non-stick properties over time.

- **Pan Not Heating on Induction Hob:** Verify that your induction hob is compatible with the pan's base size. Ensure the pan is centered on the induction zone. Some induction hobs require a minimum pan diameter to activate.
- **Discoloration:** Minor discoloration can occur over time due to high heat or certain foods. This typically does not affect the pan's performance.
- **Warping:** Rapid temperature changes (e.g., placing a hot pan under cold water) can cause warping. Always allow the pan to cool naturally.

SPECIFICATIONS

Brand	Prestige
Model Name	Prestige - Eco Non Stick Frying Pan - Plant Based Non Stick - Recycled and Recyclable - PFOA Free - Induction - 20cm
Item Model Number	12297
Material	Aluminium (with Steel handle)
Diameter	20 Centimeters
Capacity	1 Liters
Color	Green
Special Features	Induction Stovetop Compatible, Non Stick, Recycled and Recyclable
Compatible Devices	Gas, Electric, Ceramic, Induction
Product Care Instructions	Dishwasher Safe
Maximum Temperature	150 Degrees Celsius (Oven Safe)
Item Weight	1.1 pounds
Manufacturer	Meyer Group Ltd

WARRANTY AND SUPPORT

Your Prestige Eco Non-Stick Frying Pan comes with a **5-year guarantee**, reflecting the manufacturer's confidence in its durability and performance. This guarantee covers manufacturing defects under normal household use. For warranty claims, product support, or inquiries regarding spare parts, please contact Prestige customer service. The EU spare part availability duration is 1 year. Please retain your proof of purchase for any warranty claims.