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Velpeau VP0306-XXL

VELPEAU Arm Sling Shoulder Immobilizer (Comfort Version) - Instruction Manual

Model: VP0306-XXL

1. Product Overview

The VELPEAU Arm Sling Shoulder Immobilizer (Comfort Version) is designed to provide stable support and protection for individuals recovering from various arm, shoulder, clavicle, and elbow injuries. Its innovative design aims to reduce pressure on the neck and prevent secondary injury caused by arm swings, promoting a comfortable and effective recovery.

2. Sizing and Fit

To ensure the best fit, please measure your underbust circumference and forearm length. Refer to the size chart below:

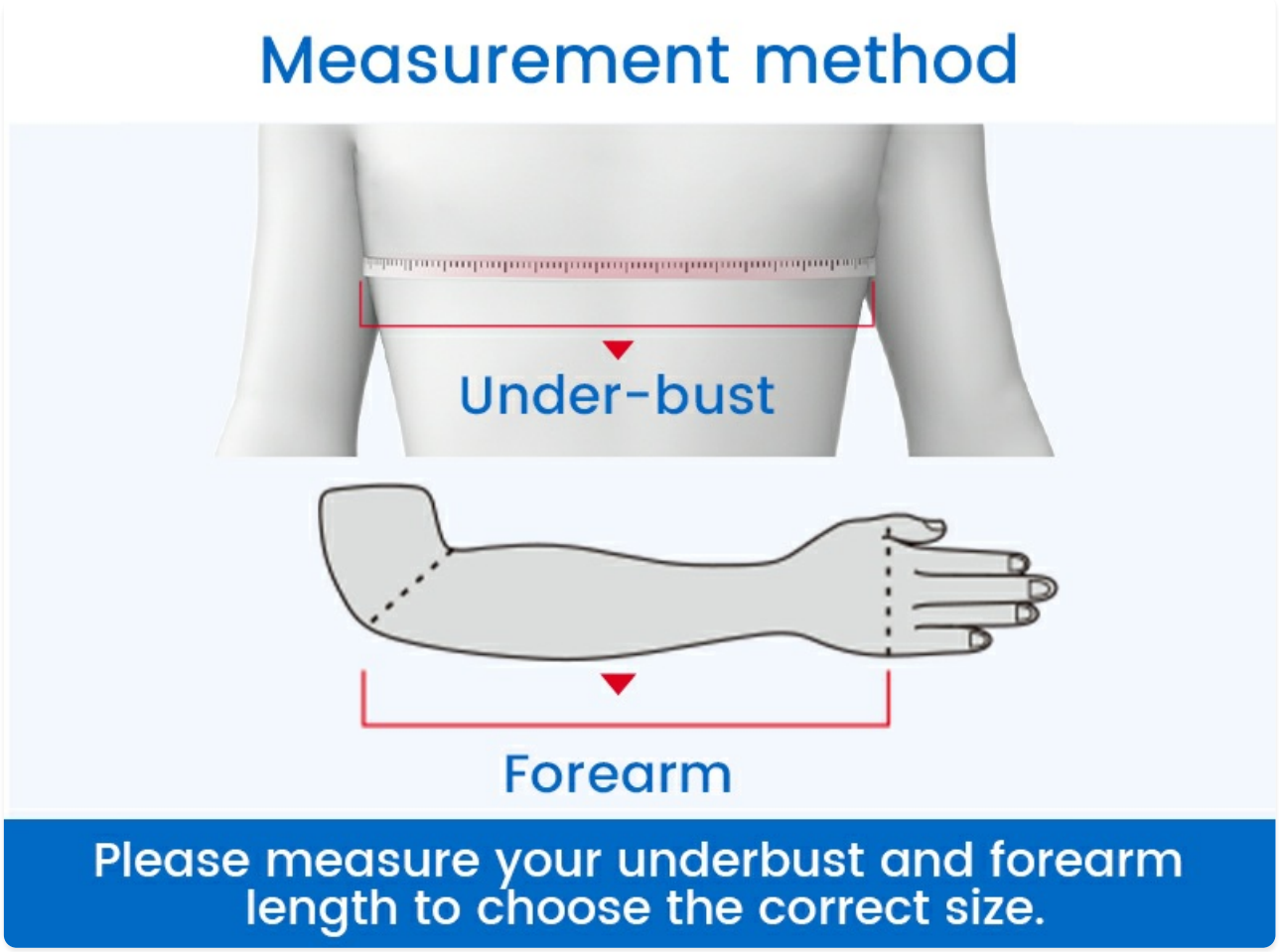


Image 2.1: Measurement method for the arm sling. The image illustrates measuring the underbust circumference and forearm length to determine the correct size.

Size Chart

Size	Underbust	Forearm Length
Small	24"-29.5"	<11.8"
Medium	29.5"-33.5"	<13"
Large	33.5"-41"	<13.8"
X-Large	41"-47"	<15"
XX-Large	47"-53"	<16"

If you are between two sizes, please choose the larger size for optimal comfort and support.

3. Key Features

- **T-Shaped Design:** Features an innovative T-shaped strap that wraps around the waist, securely holding the arm close to the body and preventing swinging, effectively stabilizing the shoulder.
- **Comfortable Material:** Made of sponge material with air holes, making it lightweight, soft, ventilated, and breathable. It absorbs sweat quickly, providing comfort without feeling stuffy.
- **Sponge Strap without Neck Constriction:** The shoulder strap is filled with a soft sponge, ensuring a lightweight and comfortable experience even during extended wear. It eliminates the risk of strangling the neck, maintaining proper blood circulation, and effectively reducing pressure on the shoulders and neck.

- **Reversible Design:** This versatile sling fits both left and right arms.
- **Anti-slip Support:** Built-in anti-slip support strap helps prevent the arm from sliding out of the sleeve.



Image 3.1: Back Strap Design. This image highlights the back strap that securely holds the arm close to the body, preventing unwanted movement.



Image 3.2: T-shaped Strap Design. This image illustrates how the T-shaped strap reduces pressure on the neck and shoulders.



Image 3.3: Ventilation Hole Sponge Fabric. A close-up view of the soft, lightweight, breathable, and sweat-absorbing material.



Image 3.4: Fits Both Left and Right Arms. This image demonstrates the sling's adaptability for either arm, indicated by color-coded markers.

4. Setup and Wearing Instructions

Follow these steps to properly wear your VELPEAU Arm Sling. If your injury is severe, seek assistance for application.

4.1 Self-Application Instructions (Right Arm Default)

1. **Prepare the Sling:** For right arm wear, ensure both green markers on the straps are facing outward.
2. **Position the Sling:** Place the sling over your left shoulder.
3. **Insert Arm:** Detach the arm strap and gently place your injured arm into the arm sleeve. The built-in anti-slip support strap will help prevent your arm from sliding out. Adjust the arm sleeve so your entire arm rests comfortably inside.
4. **Secure Arm Strap:** Secure the arm strap around your arm. You may pull down the Hook-Loop fastener to adjust its position on the arm sleeve to make the arm comfortable and find the most supportive angle.

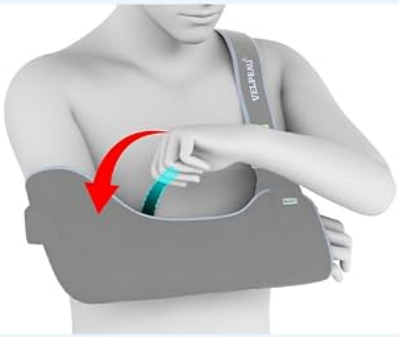
5. **Secure Waist Strap:** Pull the back strap over the waist to the front and attach its hook-loop fasteners to the arm sleeve.
6. **Thumb Loop:** Place your thumb in the thumb loop for added comfort and stability.

How to wear it ?

STEP 1

Hang on shoulder, pull sling up to enclose arm.



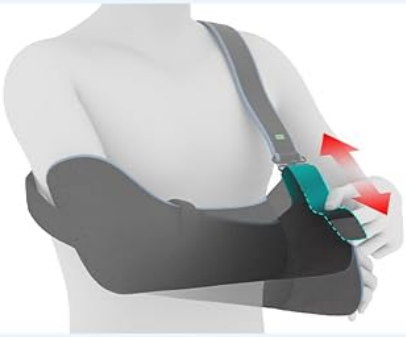


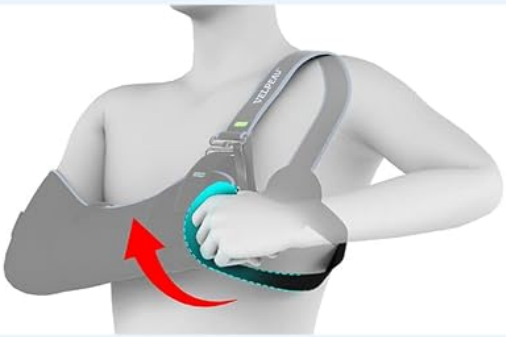
STEP 2

Fasten the arm strap.

STEP 3

Adjustable fastener up or down for optimal arm comfort and angle.



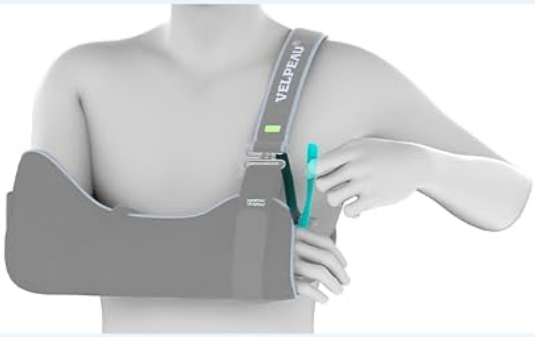


STEP 4

Pull back strap to front, secure to prevent arm swinging.

STEP 5

Slip thumb into loop for a snug fit.



For detailed instructions, click to watch the video.

Image 4.1: How to Wear It. A visual guide demonstrating the five steps for self-application of the arm sling.

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Video 4.1: VELPEAU Arm Sling - Wearing Instructions (Self-Application). This video provides a detailed visual guide on how to correctly apply the arm sling by yourself.

4.2 Switching from Right to Left Arm

The default setup fits the right arm. To wear it on the left arm, you need to adjust the strap orientation:

1. **Flip the Sling:** Flip the entire sling over.
2. **Detach Hook-Loop Strap:** Detach the hook-loop fasteners strap from the plastic rings.
3. **Reverse Direction:** Reverse the direction of the hook-loop fasteners strap and thread it back through the plastic rings.
4. **Align Marks:** Line up the two orange marks and secure the hook-loop fasteners. The conversion is now complete, and you can wear the product on your left arm.

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Video 4.2: VELPEAU Arm Sling - Instructions to Switch from Right to Left. This video demonstrates the steps required to convert the arm sling for use on the left arm.



Image 4.2: Right Arm Configuration. The green markers indicate the sling is set for the right arm.



Image 4.3: Left Arm Configuration. The orange markers indicate the sling is set for the left arm.

5. Operating and Adjustments

The VELPEAU Arm Sling is designed for ease of use and adjustability to maximize comfort and support.

- **Elbow Flexion Angle:** The fastener on the arm sleeve can be adjusted up and down to achieve the most comfortable elbow flexion angle.
- **Back Strap Trimming:** If the back strap is too long, the fastener patch is detachable, allowing the strap to be trimmed along the dotted line for a customized fit. Reattach the fastener after trimming.
- **Sleeping Comfort:** The sling's additional waist strap ensures your arm remains comfortably in a secure position, making it ideal for sleeping.



Image 5.1: Adjustable Elbow Flexion Angle. This image shows how the fastener can be moved to adjust the elbow position.

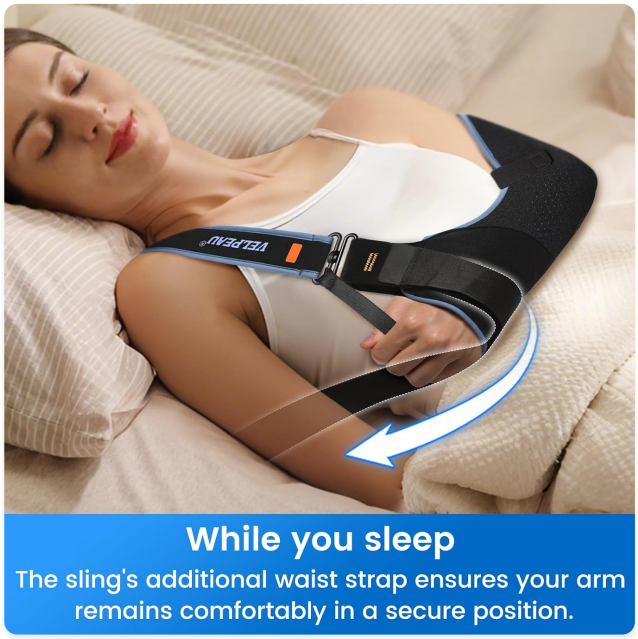


Image 5.2: Sleeping Comfort. The waist strap keeps the arm secure and comfortable during sleep.



Image 5.3: Trimmable Back Strap. This image illustrates how the back strap can be shortened for a custom fit.

6. Care and Maintenance

To maintain the longevity and hygiene of your arm sling, please follow these care instructions:

- **Hand Wash Only:** Hand wash the sling with mild soap and cold water.
- **Air Dry:** Do not machine wash or tumble dry. Air dry completely before re-use.
- **Avoid Bleach:** Do not use bleach or harsh detergents, as this may damage the material.

7. Specifications

Specification	Detail
Brand	Velpeau
Model Name	VELPEAU Arm Sling
Model Number	VP0306-XXL
Size	2X-Large (Pack of 1)
Specific Uses	Dislocation, Fracture, Post-Surgical Support, Shoulder, Rotator Cuff, Clavicle, Elbow Injury
Target Body Part	Arm, Collar Bone, Elbows, Hand, Shoulder
Material	Foam, Nylon, Polyester
Item Weight	0.15 Kilograms
Item Dimensions	9.84 x 7.87 x 2.17 inches
Special Features	Adjustable, Breathable, Comfortable, Lightweight, Takes pressure off the neck
Closure Type	Hook & Loop
Product Care	Hand Wash Only

8. Troubleshooting

No specific troubleshooting information is provided for this product. If you encounter any issues, please refer to the wearing instructions or contact customer support.

9. Warranty and Support

Specific warranty details are not provided in the product information. For warranty claims or customer support, please refer to the contact information provided with your product packaging or visit the official Velpeau website.

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