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> Sony WF-SP800N Truly Wireless Sports in-Ear Noise Canceling Headphones User Manual

Sony WFSP800N/D

Sony WF-SP800N Truly Wireless Sports Headphones User Manual

MODEL: WFSP800N/D

Brand: Sony

PRODUCT OVERVIEW

The Sony WF-SP800N are truly wireless sports in-ear noise canceling headphones designed for active lifestyles. They feature IP55 sweat and splash resistance, long battery life, and powerful EXTRA BASS sound. These earbuds are equipped with smart features for seamless daily use, including touch controls and voice assistant compatibility.

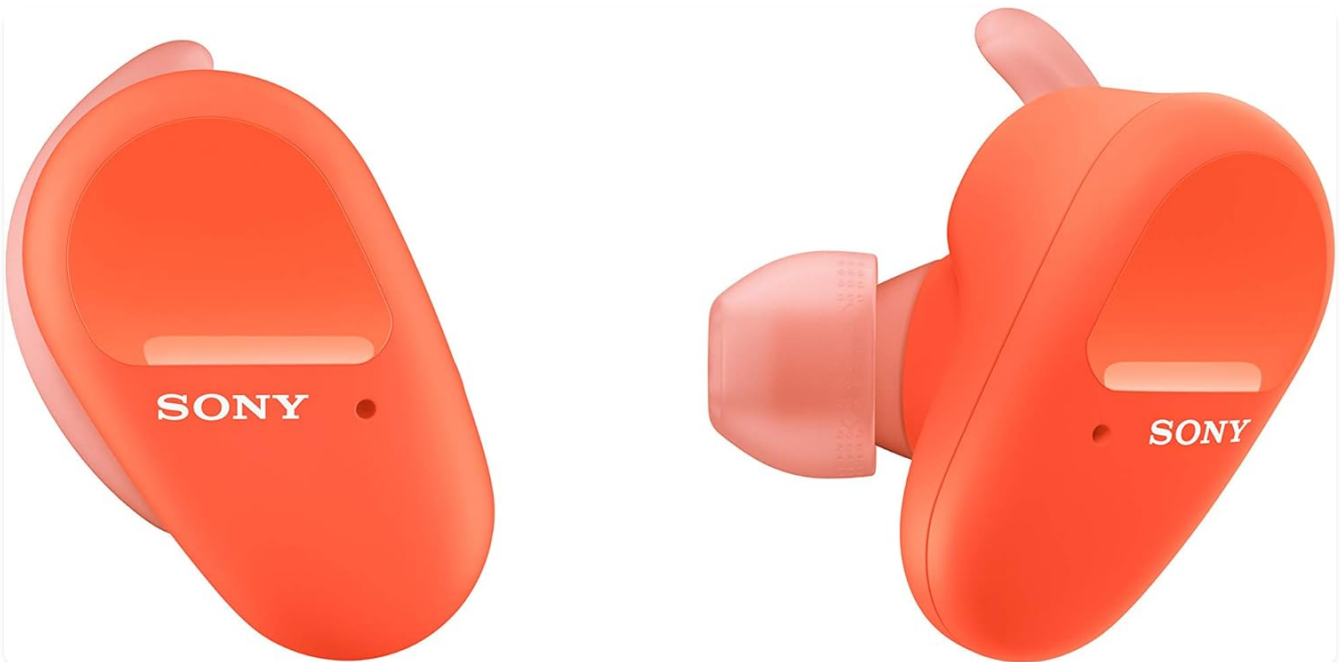


Image: Sony WF-SP800N Truly Wireless Sports Headphones in orange, showcasing their compact and ergonomic design.

SETUP

Package Contents

Your Sony WF-SP800N package includes the truly wireless earbuds, a charging case, a USB Type-C cable, and various sizes of earbud tips and arc supporters to ensure a comfortable and secure fit.

BATTERY LIFE

Up to 13 hours,
up to 26 hours with
charging case.



Image: The contents of the product box, including the earbuds, charging case, USB Type-C cable, and different sizes of earbud tips and arc supporters.

Fitting the Earbuds

For optimal sound quality and comfort, select the earbud tips and arc supporters that best fit your ears. The earbuds are designed to provide a secure fit, especially during physical activity. Experiment with different sizes to find the best seal for noise cancellation and audio performance.

Your browser does not support the video tag.

Video: Demonstrates how to properly fit the WF-SP800N earbuds into your ears for a secure and comfortable experience, including selecting the correct earpiece size.

Initial Pairing

To pair your earbuds with a device for the first time, ensure both earbuds are in the charging case. Open the case, then remove the earbuds. They will automatically enter pairing mode. Select "WF-SP800N" from your device's Bluetooth settings. For secondary device pairing, long-press both earbuds simultaneously until the indicator lights flash, then select them from your new device's Bluetooth menu.

OPERATING THE EARBUDS

Touch Controls

The WF-SP800N earbuds feature intuitive touch controls on each earbud. These controls allow you to manage music playback, answer calls, and activate your voice assistant without reaching for your connected device. The functions are customizable via the Sony Headphones Connect app.

WATER RESISTANT

Go hard with IP55 protection against sweat.



Image: A detailed diagram illustrating the touch control functions for both the left and right earbuds, including single tap for Noise Cancelling/Ambient mode, long press for Quick Attention, and various taps for playback and voice assistant.

Your browser does not support the video tag.

Video: Demonstrates the touch controls of the WF-SP800N, showing how to use single taps, double taps, and long presses for various functions like play/pause, track skipping, and activating voice assistants.

Noise Cancellation and Ambient Sound Mode

Experience immersive audio with digital noise cancellation, or stay aware of your surroundings with Ambient Sound Mode. These modes can be toggled via the touch controls or the Sony Headphones Connect app, allowing you to adapt to your environment.

NOISE CANCELING

Cut out noise and get deep in the zone.



Image: A woman wearing the earbuds, highlighting the noise-canceling feature that helps cut out distractions for focused listening.

Battery Life

The earbuds offer up to 9 hours of battery life with Noise Canceling enabled, and up to 13 hours with Noise Canceling disabled. The included charging case provides an additional 9 hours of charge, extending total listening time to 18 hours (or 26 hours without Noise Canceling). A quick 10-minute charge can provide up to 60 minutes of playback.



Image: A hand holding the compact charging case, which provides additional battery life for the earbuds and ensures they are ready for extended use.

MAINTENANCE

Water and Dust Resistance

The WF-SP800N earbuds feature an IP55 rating, making them sweat and splash-proof. This allows for worry-free use during workouts and easy cleaning after use. To maintain their performance, ensure the charging port and earbuds are completely dry before placing them back in the charging case or connecting to power.

IN THE BOX

- USB Type-C Cable
- Charging Case
- Different sized earbuds
- Different sized arc supporters



Image: The earbuds shown with water splashes, illustrating their IP55 water-resistant design suitable for sports and active use.

TROUBLESHOOTING

Common Issues

- **No Sound:** Ensure earbuds are charged and properly paired with your device. Check volume levels on both the earbuds and the connected device.
- **Poor Fit/Sound Quality:** Experiment with different sizes of earbud tips and arc supporters to achieve a secure seal and optimal audio performance. A good fit is crucial for effective noise cancellation.
- **Pairing Problems:** Reset the earbuds by placing them in the charging case, closing the lid, and then reopening. Ensure Bluetooth is enabled on your device and try re-pairing.
- **Noise Cancellation Ineffective:** Verify that Noise Cancellation mode is active. A proper fit of the earbuds in your ears is essential for effective noise cancellation.

For more detailed troubleshooting steps and solutions, please refer to the complete user manual.

SPECIFICATIONS

Feature	Detail
Model Name	WFSP800N/D
Connectivity Technology	Bluetooth, NFC
Wireless Communication Technology	NFC
Included Components	charging case, WFSP800N/D
Material	6mm (Dome Type), Neodymium
Specific Uses For Product	Sports and Exercise
Control Type	Voice Control
Cable Feature	Without Cable
Frequency Range	2.4GHz band(2.4000GHz-2.4835GHz)
Control Method	Touch, Voice
Battery Life (Earbuds)	9 Hours (with NC) / 13 Hours (without NC)
Audio Driver Type	Dynamic Driver
Bluetooth Range	10 Meters
Bluetooth Version	5.0
Carrying Case Battery Average Life	18 Hours (total with earbuds)
Manufacturer	Sony
Product Dimensions	2 x 4.75 x 7.5 inches
Item Weight	9.1 ounces
Noise Control	Active Noise Cancellation

WARRANTY AND SUPPORT

For detailed warranty information, technical support, and frequently asked questions, please refer to the official Sony website or the complete user manual provided with your product.

You can also download the full user manual in PDF format [Download User Manual \(PDF\)](#)