

RENPHO RP-SNM061

RENPHO Shiatsu Neck and Shoulder Massager with Heat (Model RP-SNM061)

Instruction Manual

INTRODUCTION

Thank you for choosing the RENPHO Shiatsu Neck and Shoulder Massager with Heat. This manual provides essential information for the safe and effective use of your device. Please read it thoroughly before operation and retain it for future reference.

This massager is designed to provide deep tissue kneading massage with optional heat therapy for the neck, shoulders, back, waist, legs, calves, arms, and feet, promoting relaxation and temporary relief from muscle tension.

IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before use.

- Always use the original equipped AC adapter (100-240V) or car adapter (12V DC) to power the massager. Using an incompatible power supply may cause abnormal operation or damage.
- Do not use the product for extended periods to prevent overheating. The device features a 15-minute intelligent auto-off timer and an overheat protection system for safety.
- Avoid leaning your full body weight onto the massager during use to ensure optimal comfort and prevent excessive pressure on the massage nodes.
- Consult a physician before using this massager if you are pregnant, have a pacemaker, suffer from diabetes, phlebitis, thrombosis, or are at an increased risk of developing blood clots.
- Do not use on swollen, inflamed, or injured areas of the skin.
- Keep out of reach of children.
- This product is not intended for medical use. It is designed to provide a relaxing massage.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. (Note: This disclaimer was provided in the product data and is included for completeness, though typically applies to ingestible products.)

PRODUCT OVERVIEW

The RENPHO Shiatsu Neck and Shoulder Massager features 8 deep-tissue kneading nodes and buffer massage heads designed to move 0.2 inches left and right, preventing direct muscle squeezing for enhanced comfort. It offers 3 kneading intensities and optional soothing heat therapy.



Image: Overall view of the RENPHO Shiatsu Neck and Shoulder Massager.

SETUP INSTRUCTIONS

1. **Unboxing:** Carefully remove the massager and all accessories from the packaging. Inspect the device for any signs of damage.
2. **Power Connection:**
 - For home or office use, connect the AC adapter to the massager's power port and then plug it into a standard electrical outlet (100-240V).
 - For in-car use, connect the car adapter to the massager's power port and then plug it into your vehicle's 12V DC outlet.



Image: The massager shown with its included AC and car power adapters.

3. **Positioning:** Place the massager around your neck and shoulders, or on the desired body area. Use the arm straps to adjust the position and apply gentle pressure.

OPERATING INSTRUCTIONS

The massager features an intuitive control panel for easy operation.



Image: Close-up of the control panel with Power, Direction, Speed, and Heat buttons.

1. **Power On/Off:** Press the **Power button** (symbol:) to turn the massager on or off. The device will start in a default massage mode.
2. **Adjust Massage Direction:** Press the **Direction button** (symbol: ↻) to switch the rotation direction of the massage nodes. The massager automatically changes direction every few minutes for a varied massage experience.
3. **Select Intensity:** Press the **Speed button** (symbol:) to cycle through 3 kneading intensity levels: Low (L), Medium (M), and High (H).

4. **Activate Heat Function:** Press the **Heat button** (symbol:) to turn the soothing heat therapy on or off. The heat function provides warmth to improve circulation and enhance relaxation.



Image: A woman enjoying the heated massage feature of the RENPHO massager.

5. **Automatic Shut-off:** The massager is equipped with a 15-minute intelligent auto-off timer to prevent overuse and ensure safety. It will automatically power off after 15 minutes of continuous use. You can restart it if desired.
6. **Buffer Massage Heads:** The unique buffer massage heads move slightly (0.2 inches) to the left and right, providing a gentler massage experience without directly squeezing muscles.

Buffer Nodes for Enhanced Comfort

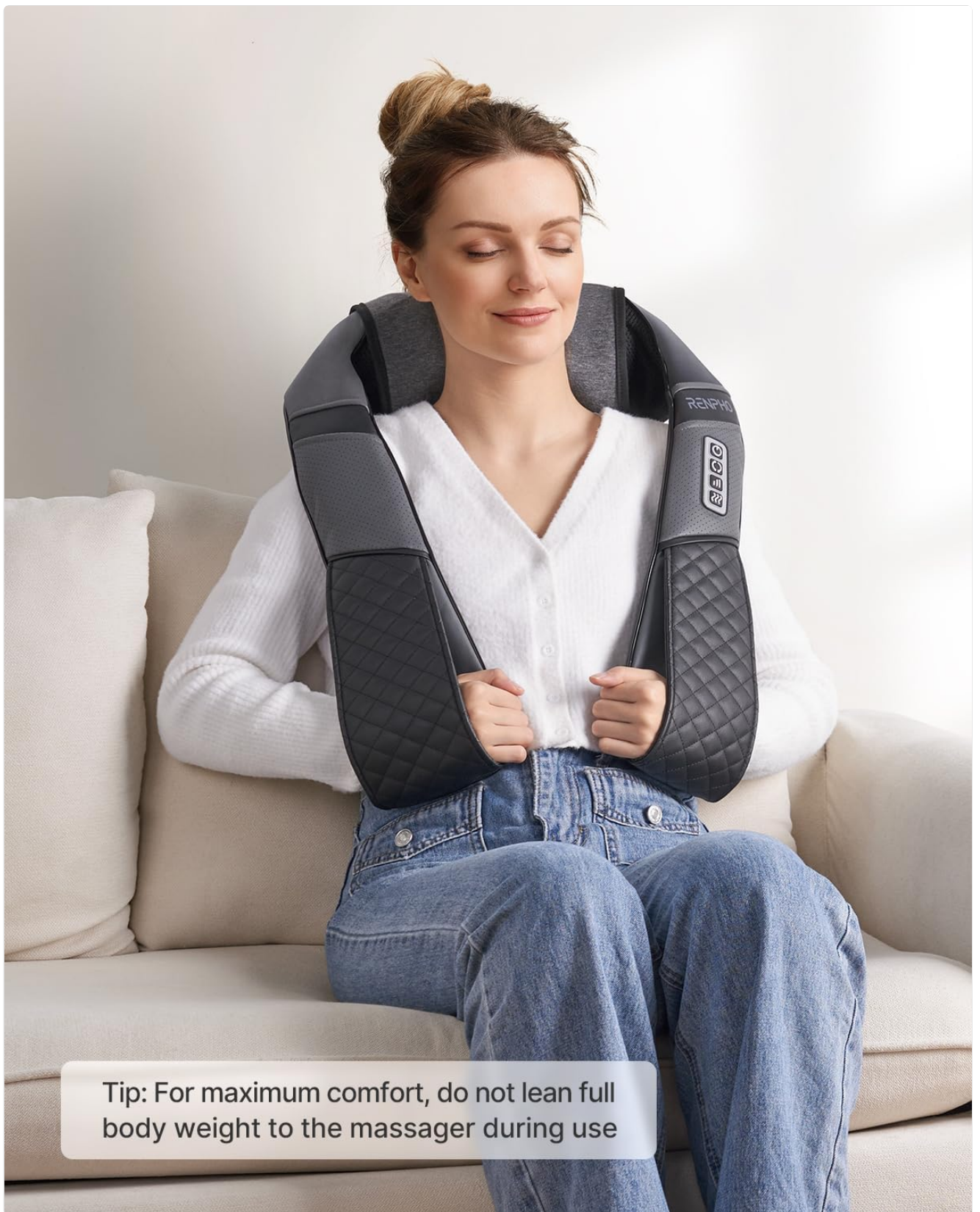
Minimize direct pressure, elevating massage comfort by up to 30%



Image: Illustration of the buffer massage nodes designed for enhanced comfort.

7. Usage Tips:

- For maximum comfort, avoid leaning your full body weight onto the massager during use. Adjust pressure by gently pulling the arm straps.
- The massager can be used on various body parts including the neck, shoulders, back, waist, legs, calves, arms, and feet.



Tip: For maximum comfort, do not lean full body weight to the massager during use

Image: A user demonstrating proper posture with the massager, emphasizing not to lean full body weight.

Flexible Massage Solution



Image: A collage demonstrating the flexible application of the massager on different body areas: back, thigh, calf, and shoulder.

Shiatsu Back Massager

Seamlessly eases your back stress and tension while seated



Image: A man using the RENPHO massager on his back while seated at a desk, illustrating its use for back stress and tension.

CARE AND MAINTENANCE

- **Cleaning:** The massager is made with luxury PU leather and breathable mesh, making it durable and easy to clean. Disconnect the power adapter before cleaning. Wipe the surface with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Avoid placing heavy objects on the massager.
- **Material Durability:** The combination of PU leather and breathable mesh ensures longevity and ease of

maintenance.



Image: Detailed view highlighting the PU Leather, breathable mesh fabric, and pure brass motor components of the massager.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Power adapter not properly connected or incompatible.	Ensure the original power adapter is securely connected to both the massager and a working power outlet. Verify voltage (12V, 24W).
Massage feels weak or stops unexpectedly.	Overheat protection activated or 15-minute auto-off timer.	Allow the device to cool down for 15-30 minutes if it feels hot. The massager automatically turns off after 15 minutes; simply restart it if desired. Avoid applying excessive pressure.
Heat function is not noticeable.	Heat may take a few minutes to become apparent.	Ensure the heat function is activated. Allow a few minutes for the heat to build up. The heat is designed to be soothing, not intense.

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	RENPHO
Model Number	RP-SNM061
Product Dimensions	18.8 x 7.87 x 6.7 inches
Item Weight	3.24 Pounds
Power Source	Corded Electric (AC adapter 100-240V, Car adapter 12V DC)
Rated Voltage	12V
Rated Power	24W
Material	Polyurethane (PU Leather and Breathable Mesh)
Massage Features	Shiatsu kneading, 8 deep tissue nodes, Buffer massage heads, 3 intensity levels, Optional heat therapy, Bi-directional movement, 15-minute auto-off

WARRANTY AND SUPPORT

For information regarding product warranty, please refer to the warranty card included with your purchase or visit the official RENPHO website. If you encounter any issues or have questions about your RENPHO Shiatsu Neck and Shoulder Massager, please contact RENPHO customer support for assistance.

You can often find support contact details on the product packaging, the official RENPHO website, or through your purchase platform.

PRODUCT VIDEOS

No official product videos from the seller were available for embedding based on the provided data.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question