

Bestqool Pro200

BestQool Pro200 Red Light Therapy Device Instruction Manual

Model: Pro200 | Brand: Bestqool

INTRODUCTION

The BestQool Pro200 Red Light Therapy Device is designed to provide effective red and near-infrared light therapy for body and face. Featuring 4 wavelengths and dual-chip 200 elite grade LEDs, this high-power panel offers reliable and consistent results for your home wellness routine. It delivers 340W output and over 111mW/cm² irradiance at 3 inches, allowing for faster results in less time. This device targets both surface and deep skin layers, making it versatile for comprehensive results across your back, face, legs, and other full body areas. Its design prioritizes user convenience with options for free-standing placement, wall-mounting, and compatibility with mobile stands. The modular system also allows for connecting multiple devices to expand coverage as needed.

IMPORTANT SAFETY INFORMATION

- **Eye Protection:** Always wear the provided protective goggles when using the device to shield your eyes from intense light.
- **Consult a Physician:** Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult with a healthcare professional before starting any new therapy, especially if you have pre-existing medical conditions or are taking medications.
- **Skin Sensitivity:** Monitor your skin for any adverse reactions. Discontinue use if irritation or discomfort occurs.
- **Power Off Before Maintenance:** Always turn off the power and unplug the device before performing any repairs or maintenance to ensure safety.
- **Heat Output:** The device has low heat output, but ensure proper ventilation during use.

- **EMF:** The Pro200 is designed with zero EMF at 6 inches for secure and comfortable use.

PACKAGE CONTENTS

Your BestQool Pro200 Red Light Therapy Device package includes the following items:

- BestQool Pro200 Red Light Therapy Panel
- User Manual
- Splicing Sheet (for connecting multiple devices)
- Braided Steel Cables (for hanging)
- Protective Glasses
- Adjustable Rope
- Door Hook
- Power Cord

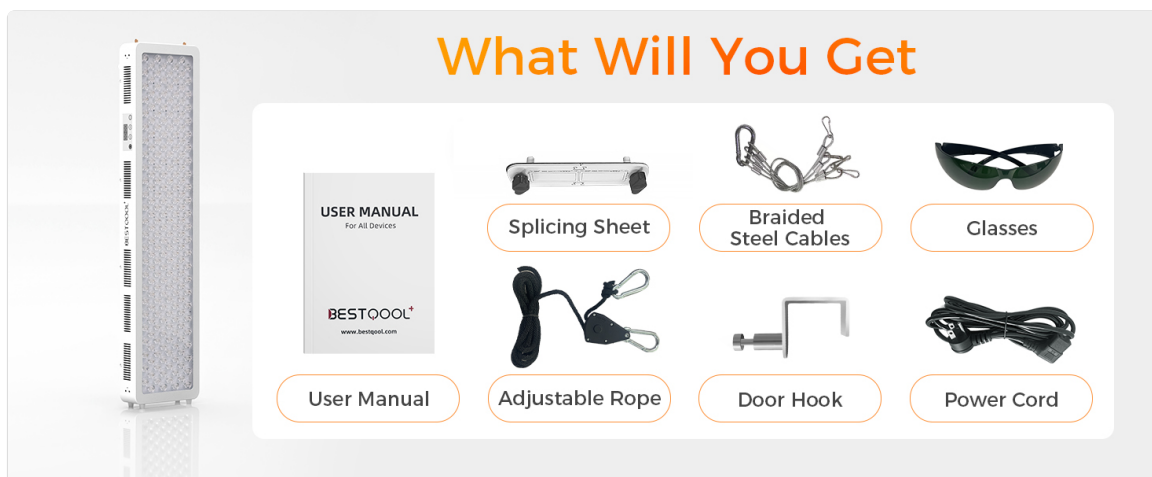


Image: Contents of the BestQool Pro200 package, showing the therapy panel and all included accessories.

SETUP INSTRUCTIONS

Mounting Options

The BestQool Pro200 offers flexible setup options to suit your space and preferences:

- **Wall-Mounting:** Use the provided braided steel cables and door hook to hang the device securely on a door or wall. Ensure the mounting surface can support the device's weight (13.2 lbs / 6 kg).
- **Free-Standing:** The panel can be placed on a flat surface for free-standing use. For enhanced stability and adjustability, consider using a compatible mobile stand (sold separately).
- **Modular System:** For expanded coverage, multiple Pro200 devices can be connected using the splicing sheet (included) and a compatible stand (sold separately).

Connecting to Power

Connect the power cord to the device's power input port and then plug it into a standard electrical outlet. It is recommended to use a small plug-in surge protector to protect your device from uneven

electrical flow.

Powerful Performance You Can See



Stronger Results
111 mW/cm² high irradiance

More Precise Comfort
4 wavelengths for deeper coverage

Clinically Trusted Safety
Class II & Low EMF

Use How You Want
Linkable, hangable & stand-compatible

Image: The BestQool Pro200 device shown hanging on a door, illustrating a common setup method.

OPERATING INSTRUCTIONS

The BestQool Pro200 features intuitive controls for a customized therapy experience.

Powering On/Off

- Press the **Power button** () on the side panel to turn the device on or off.

Selecting Light Modes

The device offers different light modes to suit your needs:

- Press the **RED button** to activate only the red light (630nm, 660nm) for surface skin benefits.
- Press the **NIR button** to activate only the near-infrared light (850nm, 940nm) for deeper tissue penetration.
- Press both **RED and NIR buttons** to activate a combination of both wavelengths for comprehensive therapy.

Setting the Timer

- Press the **Timer button** () to set your desired session duration. The timer can typically be set in 5-minute increments (e.g., 5, 10, 15, 20, 30, 45 minutes).
- The digital display will show the remaining time. The device will automatically turn off once the timer expires.

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Video: A user demonstrates the control panel of the BestQool Red Light Therapy device, showing how to power it on, select red or near-infrared light, and set the timer for a session.

USAGE GUIDELINES

Recommended Session Duration and Frequency

- For optimal results, use the device for **15-30 minutes per session**.
- Perform sessions at least **4 times per week**. Consistent use is key to achieving desired benefits.
- The Pro200's high irradiance allows for effective therapy in shorter durations; 10 minutes with this device can be equivalent to 20 minutes with standard devices.

Optimal Distance from Device

Position the light about **3 to 6 inches** from the area of your body or skin that you wish to treat. This distance ensures effective light penetration while maintaining comfort and safety.

Direct Skin Contact

For maximum light absorption, it is recommended to use the device on bare skin. Avoid using it over clothing, as fabric can significantly reduce light absorption.

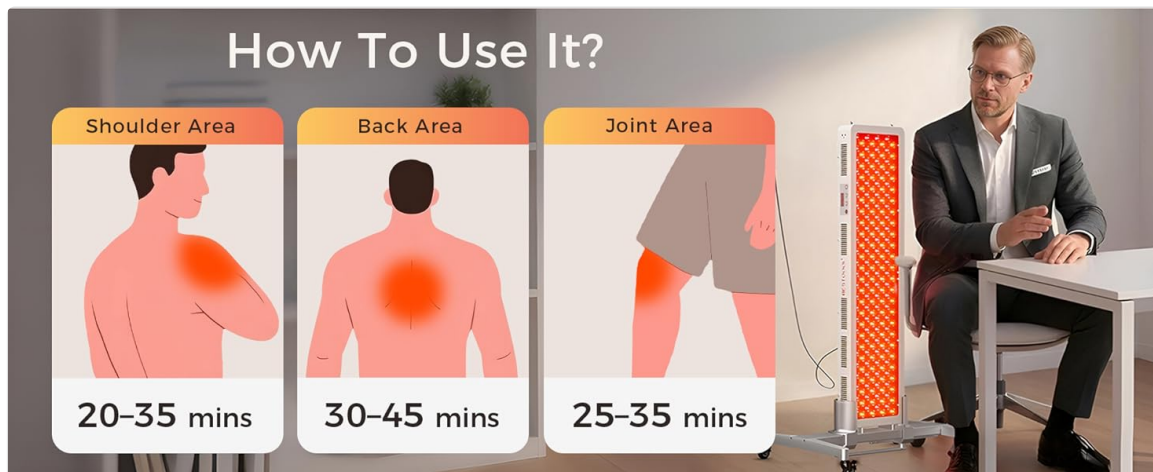


Image: Visual guide for using the BestQool Pro200, demonstrating recommended distances and durations for different body parts like shoulder, back, and joint areas.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your BestQool Pro200

device.

Cleaning

- Ensure the device is powered off and unplugged before cleaning.
- Wipe the surface of the device with a soft, dry cloth. Do not use abrasive cleaners or solvents.
- Keep the ventilation grilles clear of dust and debris to maintain proper airflow for the internal fans.

Fixing Loose or Fallen Lamp Beads

If any LED lamp beads become loose or fall out, they can be reattached. Always ensure the power is turned off before attempting any repairs.

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Video: A step-by-step guide on how to safely fix loose or fallen LED lamp beads on the BestQool Pro Series device, emphasizing the importance of powering off the device first.

TROUBLESHOOTING

If you encounter any issues with your BestQool Pro200 device, please refer to the following common troubleshooting tips:

- **Device Not Turning On:**
 - Ensure the power cord is securely plugged into both the device and a working electrical outlet.
 - Check if the power outlet is functional by plugging in another appliance.
- **Lights Not Activating:**
 - Verify that the device is powered on.
 - Press the RED or NIR buttons to activate the respective light modes.
- **Timer Malfunction:**
 - Ensure the timer is set correctly. If the issue persists, try resetting the device by unplugging it for a few minutes and then reconnecting.
- **Unusual Noise:**
 - The device has internal fans for cooling, which produce a low operating sound. If the noise is excessive or unusual, ensure the fan vents are not obstructed.

If these steps do not resolve the issue, please contact BestQool customer service for further assistance.

SPECIFICATIONS

Feature	Detail
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Feature	Detail
Model Number	Pro200
Product Dimensions (L x W x H)	40.5" x 8.26" x 2.6"
Item Weight	13.2 Pounds (6 kg)
Light Source Type	Light Emitting Diode (LED)
Wavelengths	630nm, 660nm (Red Light); 850nm, 940nm (Near-Infrared Light)
Light Output Maximum	340 Lumens
Light Source Wattage	340 Watts
Irradiance (at 3 inches)	Over 111mW/cm ²
EMF	Zero EMF at 6 inches
Power Source	Corded Electric
Material Type	Metal
Special Features	Adjustable Modes, Smart Control

WARRANTY AND SUPPORT

Return Policy

The BestQool Pro200 comes with a **30-day testing period**, offering a refund or replacement if you are not satisfied with your purchase. Please refer to the specific terms and conditions of your retailer for full details.

Customer Support

For any questions, technical assistance, or support regarding your BestQool Pro200 Red Light Therapy Device, please contact BestQool customer service. You can find contact information on the BestQool official website or through your purchase platform.