



[Manuals.plus](#) /

> [Lunix](#) /

> Lunix 4pcs Orthopedic Bed Wedge Pillow Set User Manual

## Lunix LX5

# Lunix 4pcs Orthopedic Bed Wedge Pillow Set User Manual

Model: LX5 | Brand: Lunix

## PRODUCT OVERVIEW

---

The Lunix LX5 4-piece Orthopedic Bed Wedge Pillow Set is designed to provide versatile support and comfort for various needs, including post-surgery recovery, pain relief, and enhanced relaxation. This set features premium 45D memory foam that conforms to your body, along with a unique head pillow with a Velcro strap to prevent slipping. It aims to offer a natural upright spine alignment, alleviating discomfort in the neck, lower back, and hips. The set also includes a reusable hot/cold gel pack for targeted therapy.



Image: The complete Lunix 4-piece Orthopedic Bed Wedge Pillow Set, showing a user comfortably reclined with the pillows supporting their back and legs. The set includes a main back wedge, a head pillow, a knee/leg wedge, and a hot/cold pack.

## SETUP AND INITIAL USE

---

Upon receiving your Lunix LX5 pillow set, it will be compressed for shipping efficiency. Follow these steps for initial setup:

1. **Unpack:** Carefully remove all pillow components from their packaging. The memory foam will expand to its full size within 24-48 hours.
2. **Allow Expansion:** Place the pillows on a flat surface in a well-ventilated area to allow them to fully decompress and air out any new product scent.
3. **Assemble (Optional):** The set is designed for versatile configurations. The head pillow features a Velcro strap for secure attachment to the main back wedge, preventing slippage during use.



Image: A visual guide demonstrating the process of compressing the pillow set into vacuum bags for convenient storage. This process can be reversed for initial setup.

## OPERATING AND CONFIGURATIONS

---

The Lunix LX5 pillow set offers a 15-in-1 multi-positional system, allowing for various configurations to suit your comfort and support needs. The adjustable design can be set from 20° to 80° angles.

### Common Configurations:

- **Reclining Back Support:** Use the main back wedge for comfortable upright or reclined seating in bed or on a couch. Ideal for reading, watching TV, or general relaxation.
- **Leg Elevation:** Position the knee/leg wedge under your legs to elevate them, which can help reduce swelling, improve circulation, and alleviate leg pain.
- **Full Body Support:** Combine the back wedge and leg wedge for comprehensive support, promoting proper spinal alignment and reducing pressure points. This is particularly beneficial for post-surgery recovery or managing acid reflux/GERD.
- **Lumbar Support:** The back pillow can be flipped to provide more or less lumbar support, adapting to your specific needs.
- **Head and Neck Comfort:** The thinned head pillow (2.9 inches) is designed to release neck pressure and can be attached securely to the main wedge using its Velcro strap.

# Your Wellness Is Our Priority

And your Safety too

**OEKO-TEX®**  
CONFIDENCE IN TEXTILES  
**STANDARD 100**

*It is one of the world's best-known labels for textiles tested for harmful substances. Every component of this article has been tested for harmful substances and is harmless for human health.*



## Lunix



Tested for Harmful  
Substances



Chemical  
Free



## Other Brands



NOT Tested for  
Harmful Substances



May contain  
Chemicals



Image: A comprehensive diagram illustrating 15 different ways to configure the Lunix bed wedge pillow set for various support and comfort needs, including low lumbar support, reclining back support, leg elevation, and upright seated positions.

# 15-in-1 Design

## Multi - Positional System



Image: A man comfortably using the Lunix pillow set on a couch for relaxation and in bed for support while using a laptop, demonstrating the multipurpose nature of the product.

### Hot & Cold Gel Pack Usage:

The included reusable hot/cold gel pack can be used independently for targeted pain relief.

- **Cold Therapy:** Place the gel pack in the freezer for at least 2 hours. Apply to sore muscles, swelling, or areas requiring cold compression.

- **Heat Therapy:** Heat the gel pack in a microwave according to package instructions (typically short intervals, checking temperature). Apply to stiff joints, muscle spasms, or for soothing warmth.



Image: A woman applying the blue hot/cold gel pack to her shoulder, demonstrating its use for targeted pain relief.

## MAINTENANCE AND CARE

Proper care will extend the life and maintain the quality of your Lunix LX5 pillow set.

- **Cover Care:** The pillow covers are machine washable. Remove the covers from the foam inserts before washing. Use a gentle cycle with cold water and mild detergent. Tumble dry on low heat or air dry.
- **Foam Care:** The memory foam inserts are not washable. To clean surface stains, wipe gently with a dry cloth. If liquid penetrates the foam, press with a dry cloth or gently tap it out. Allow the foam to air dry completely in a cool, shaded area, away from direct sunlight.
- **Storage:** For hassle-free storage, the pillows can be compressed using the included vacuum bags. Ensure the pillows are clean and dry before storing.

## TROUBLESHOOTING

This section addresses common concerns and provides solutions for your Lunix LX5 pillow set.

Problem	Solution
Pillows feel too firm or uncomfortable.	Allow up to 48 hours for the memory foam to fully expand and adapt to room temperature. The 45D memory foam is designed to be medium-firm, offering optimal support while conforming to your body. Continued use will allow the foam to soften slightly.
Pillows slide down during use.	Ensure the head pillow's unique Velcro strap is securely fastened to the main back wedge. For general stability, ensure the pillows are placed on a stable surface (e.g., a bed with a fitted sheet, or a non-slip couch).
New product scent.	This is normal for new memory foam products. Allow the pillows to air out in a well-ventilated room for 24-48 hours. The scent will dissipate naturally.

For more detailed troubleshooting or issues not listed here, please refer to the official [Troubleshooting Guide \(PDF\)](#) available online or contact Lunix customer support.

## SPECIFICATIONS

---

Feature	Detail
Brand	Lunix
Model Name	LX5 Navy
Item Model Number	LX5
Color	White Navy
Number of Pieces	4
Fill Material	45D Memory Foam
Fabric Type	60% Polyester, 40% Rayon Made from Bamboo
Item Firmness	Medium Firm
Product Dimensions	28.5"L x 23.6"W (main components)
Item Weight	9.6 Pounds
Special Features	Adjustable, Breathable, Washable Cover, OEKO-TEX Certified, Compressible, Cooling, Removable Cover
Age Range (Description)	12-90 Years Old
UPC	860005421329

## WARRANTY INFORMATION

---

The Lunix LX5 4pcs Orthopedic Bed Wedge Pillow Set comes with **aone-year warranty**. This warranty covers manufacturing defects and ensures the product meets the quality standards expected. For warranty claims or detailed terms and conditions, please contact Lunix customer support.

## CUSTOMER SUPPORT

---

Lunix is committed to providing amazing U.S.-based customer support. If you have any questions, concerns, or require assistance with your product, please do not hesitate to reach out.

- **Phone Support:** (307) 461-9622
- **Online Resources:** You can find additional information and resources on the official Lunix store page [Lunix Amazon Store](#).
- **Official Documents:**
  - User Manual (PDF): [Download Here](#)
  - Troubleshooting Guide (PDF): [Download Here](#)



Image: A graphic indicating "US Based Customer Support" with the phone number (307) 461-9622, emphasizing the availability of direct assistance.