HUAWEI 55026636

HUAWEI Band 6 User Manual

Model: 55026636

1. Introduction

Thank you for choosing the HUAWEI Band 6. This fitness tracker smartwatch is designed to help you monitor your health and fitness activities with its advanced features, including a large AMOLED display, comprehensive health monitoring, and long battery life. This manual will guide you through the setup, operation, and maintenance of your device.



Image: The HUAWEI Band 6 smartwatch featuring an orange strap and a rectangular display showing time and battery percentage.

2. What's in the Box

Upon unboxing your HUAWEI Band 6, please ensure all the following items are present:

- HUAWEI Band 6 Device
- Charging Cable
- User Manual (this document)
- Watch Band

3. Setup

3.1 Initial Charging

Before first use, fully charge your HUAWEI Band 6. Connect the magnetic charging cable to the charging port on the back of the device and plug the other end into a USB power adapter (not included) or a computer's USB port.

3.2 Pairing with Your Smartphone

1. Download and install the **Huawei Health** app from your smartphone's app store (Google Play Store or Apple App Store).
2. Open the Huawei Health app and log in with your HUAWEI ID, or register if you don't have one.
3. Go to the 'Devices' tab in the app and tap 'Add device'.
4. Select 'Smart Bands' and then choose 'HUAWEI Band 6'.
5. Follow the on-screen instructions in the app to complete the pairing process. Ensure Bluetooth is enabled on your smartphone.

4. Operating Your HUAWEI Band 6

4.1 Basic Navigation

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions like heart rate, weather, or music control.
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to wake the screen, return to the home screen, or open the app list.

4.2 Customizing Watch Faces

The HUAWEI Band 6 allows for extensive watch face customization to match your style. You can change your watch face directly on the band or through the Huawei Health app.



Image: The HUAWEI Band 6 displaying a customizable watch face with a unique red line button design.

5. Health Monitoring Features

5.1 All-Day SpO2 Monitoring

The band continuously monitors your blood oxygen saturation (SpO2) levels. Low blood oxygen can indicate potential health issues. The HUAWEI Band 6 combines optimized optical hardware and software algorithms for precise detection.



Image: The HUAWEI Band 6 display showing a graph of SpO2 levels over time, indicating 97% saturation.

5.2 Intelligent 24-Hour Heart Rate Monitor

Equipped with TruSeen™ 4.0 technology, the band provides continuous 24-hour heart rate monitoring. It can detect abnormal heart rates and provide alerts, helping you stay informed about your cardiovascular health.

5.3 TruSleep™ 2.0 Sleep Tracking

The HUAWEI Band 6 accurately tracks your sleep stages, including deep sleep, light sleep, REM sleep, and awake times. It provides detailed analysis and personalized suggestions to improve your sleep quality.

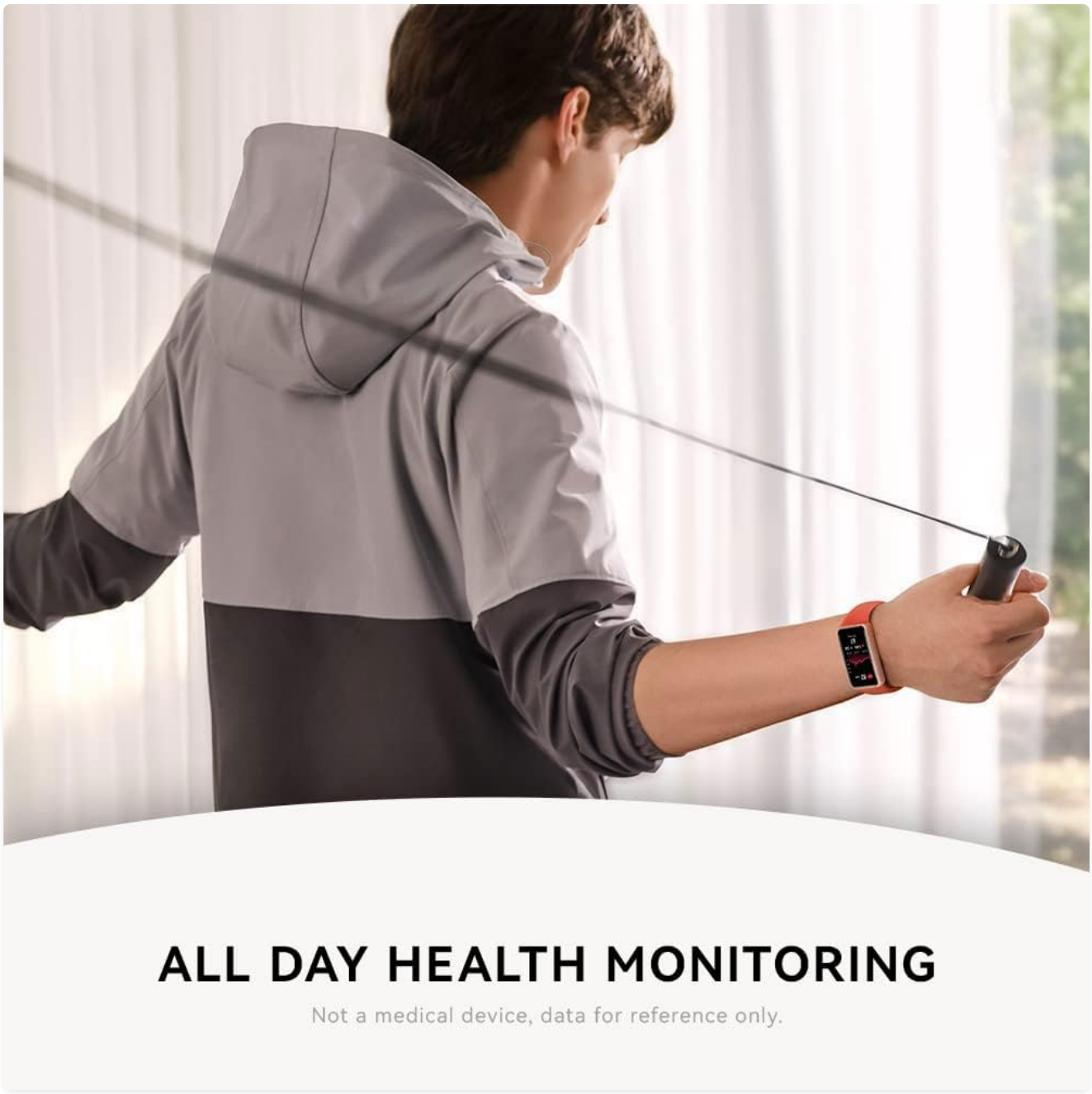


Image: A person wearing the HUAWEI Band 6 while sleeping, illustrating the sleep tracking feature.

6. Exercise Modes

The HUAWEI Band 6 supports 96 different exercise modes, covering a wide range of activities from running and cycling to swimming and yoga. It tracks various metrics specific to each activity, providing comprehensive data for your workouts.



Image: An illustrative graphic depicting various icons representing the 96 different exercise modes available on the band.

7. Battery Life and Charging

The HUAWEI Band 6 offers an impressive battery life of up to 2 weeks under typical usage conditions. It features magnetic fast charging, allowing for quick power-ups when needed.



Image: A graphic highlighting the HUAWEI Band 6's battery life, indicating up to 2 weeks of usage.

8. Specifications

Feature	Detail
Model Name	55026636
Brand	HUAWEI
Screen Size	1.47 Inches AMOLED
Product Dimensions	1.69 x 1 x 0.45 inches
Item Weight	0.635 ounces (18 Grams)
Battery	1 Lithium Polymer battery (included)
Water Resistance	5ATM (up to 50 meters)

Feature	Detail
Connectivity	Bluetooth
Special Features	Heart Rate Monitor, SpO2 Monitor
Operating System	Android compatible
First Available Date	April 7, 2021

9. Maintenance

9.1 Cleaning Your Band

Regularly clean your HUAWEI Band 6 and its strap to prevent skin irritation and maintain optimal performance. Use a soft, damp cloth to wipe the device. Avoid using harsh chemicals or abrasive materials.

9.2 Water Resistance

The HUAWEI Band 6 is 5ATM water-resistant, meaning it can withstand pressures equivalent to a depth of 50 meters. It is suitable for shallow-water activities like swimming in a pool or ocean. However, it is not suitable for diving, hot showers, saunas, or high-speed water sports.

10. Troubleshooting

10.1 Band Not Turning On

- Ensure the band is fully charged. Connect it to the charger for at least 10 minutes.
- Press and hold the side button for several seconds to attempt a forced restart.

10.2 Unable to Pair with Smartphone

- Make sure Bluetooth is enabled on your smartphone and the band is within range.
- Restart both your smartphone and the HUAWEI Band 6.
- Ensure the Huawei Health app is updated to the latest version.
- If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the Huawei Health app.

10.3 Inaccurate Health Readings

- Ensure the band is worn snugly on your wrist, about one finger's width above your wrist bone.
- Clean the sensors on the back of the band.
- Avoid excessive movement during measurements, especially for SpO2.

11. Warranty and Support

Your HUAWEI Band 6 comes with a two-year warranty against factory defects. For warranty claims or technical support, please contact HUAWEI customer service or visit the official HUAWEI support website. Keep your proof of purchase for warranty validation.
For further assistance, please refer to the official HUAWEI support channels:

- **HUAWEI Official Website:** consumer.huawei.com/en/support/

- **Customer Service Hotline:** Refer to your regional HUAWEI support page for local contact numbers.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question