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## Snailax 232A-N

# Snailax Neck Back Massager with Heat

**MODEL: 232A-N**

Brand: Snailax

## Introduction

This manual provides essential information for the safe and effective use of your Snailax Neck Back Massager with Heat. Please read all instructions carefully before operation and retain this manual for future reference.
The Snailax massage chair pad features a height-adjustable mechanism for shiatsu neck massage, designed to conform to various head and neck positions. It includes four flexible kneading massage nodes for the back, which are engineered to adapt to body curves, promoting circulation and assisting in the alleviation of back discomfort. The unit also offers adjustable compression, rolling, and shiatsu massage functions, along with optional heat and vibration for a comprehensive massage experience.

## Safety Information

- Allow your body rest periods between massage sessions.
- Do not exceed a continuous massage duration of 15 minutes.
- Always adhere to the built-in timer function to prevent overheating of the device.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use the massager in damp environments or near water.
- Keep out of reach of children.

## Product Features




**Deep Kneading Shiatsu Massage:** Features height-adjustable shiatsu neck massage rollers and four flexible kneading nodes for the back, designed to relieve muscle tension and improve circulation.




**Compression Massage:** Delivers a comfortable squeezing massage to the back, hips, and thighs with three adjustable pressure intensities.




**Soothing Heat Function:** Optional heating on the neck and back provides gentle warmth to relax tense muscles. Heat can be activated independently.




Note: If the neck rollers still can't reach neck, you can place a seat cushion or a pillow on the sitting part.

**Adjustable Neck Massage:** The neck massage mechanism can be adjusted in height to suit users from 5'2" to 6'2". A cushion can be used for shorter individuals.




**Premium Materials and Design:** Constructed with durable PU leather, featuring a detachable PU flap for softer massage, a washable neck cover, remote holder, and mounting straps for secure placement.




**Full Body Relaxation:** Targets neck, shoulders, back, waist, and thighs to reduce fatigue and stress.

## Setup Instructions

1. **Unpack the Massager:** Carefully remove the massage cushion from its packaging. Ensure all components, including the power adapter and remote control, are present.
2. **Position the Cushion:** Place the massage cushion on a suitable chair or sofa. For optimal experience, use on a chair with a firm backrest.
3. **Secure the Cushion:** Utilize the integrated mounting straps on the back of the cushion to secure it to your chair, preventing

slippage during use.

4. **Connect Power:** Plug the UL home adapter into the power port on the massage cushion, then plug the adapter into a standard electrical outlet.
5. **Prepare for Use:** Ensure the remote control is easily accessible. The remote can be stored in the side pocket of the cushion when not in use.



Image: Snailax massager, power adapter, and instruction manual, ready for setup.

## Operating Instructions

The Snailax Neck Back Massager is controlled via a wired remote. Familiarize yourself with the buttons and their functions:

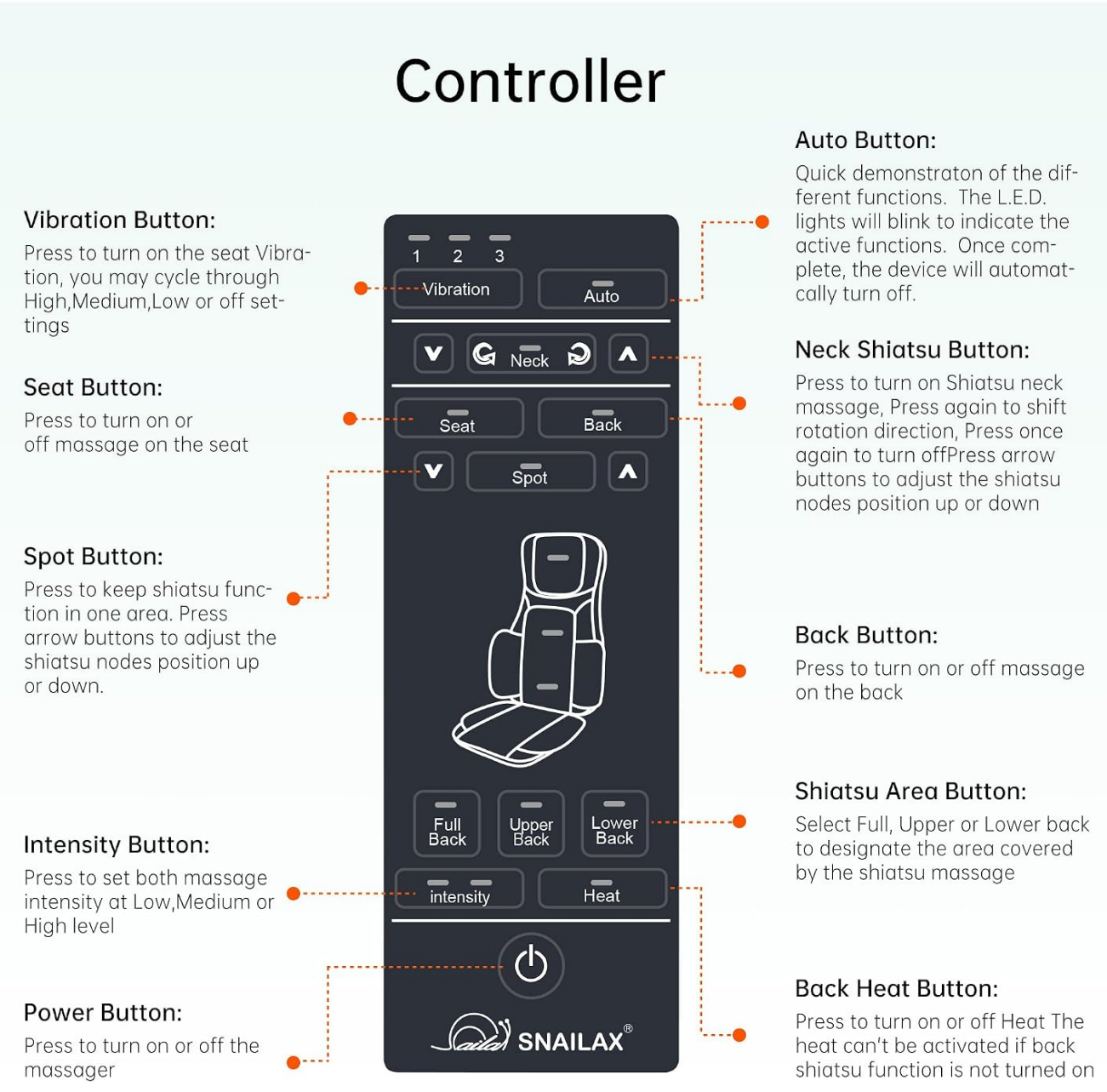



Image: Detailed view of the remote control with labels for each function button.

- **Power Button:** Press to turn the massager on or off.
- **Vibration Button:** Cycles through Low, Medium, High vibration intensities for the seat, or turns vibration off.
- **Auto Button:** Initiates a quick demonstration of various functions. LED lights will indicate active functions. The device automatically turns off upon completion.
- **Neck Shiatsu Button:** Activates or deactivates the shiatsu neck massage. Press again to change rotation direction. Use the arrow buttons (**Up**/**Down**) to adjust the height of the neck massage nodes.
- **Seat Button:** Toggles the massage function on the seat on or off.
- **Back Button:** Toggles the massage function on the back on or off.
- **Spot Button:** When back shiatsu is active, press this button to target and concentrate the massage on a specific area. Use the arrow buttons (**Up**/**Down**) to adjust the shiatsu node position.
- **Shiatsu Area Button:** Selects the massage zone for the back shiatsu: Full Back, Upper Back, or Lower Back.
- **Intensity Button:** Sets the overall massage intensity to Low, Medium, or High levels.
- **Back Heat Button:** Turns the heat function for the back on or off. Note: The heat function cannot be activated if the back shiatsu function is not turned on.

## Maintenance

- **Cleaning:** Always unplug the massager before cleaning. Wipe the surface with a soft, slightly damp cloth. Do not use abrasive cleaners or harsh chemicals. The neck cover is washable; refer to its label for specific washing instructions.
- **Storage:** When not in use, store the massager in a cool, dry place, away from direct sunlight. Avoid placing heavy objects on top of the massager. The unit can be folded for compact storage.
- **Care:** Do not attempt to repair the massager yourself. Contact customer support for any issues requiring service.

## Troubleshooting

| Problem | Possible Cause | Solution |
|---|---|---|
| Massager does not turn on. | Power cord not properly connected; power outlet malfunction. | Ensure power cord is securely plugged into both the massager and a working electrical outlet. Check the power button on the remote. |
| Heat function is not working. | Back shiatsu massage is not active. | Activate the back shiatsu massage function before attempting to turn on the heat. |
| Massage feels too intense/weak. | Intensity setting is not adjusted; detachable flap is in place/removed. | Adjust the intensity level using the remote control. For a softer massage, ensure the detachable flap is in place. Remove it for a more intense massage. |
| Neck massage rollers are not reaching the desired area. | Neck roller height needs adjustment; user height. | Use the neck roller height adjustment buttons on the remote. For shorter users, place a cushion or pillow on the seat part to raise your position. |

## Specifications

**Product Dimensions:** 32.28 x 7.68 x 20.08 inches

**Item Weight:** 21.3 Pounds

**Model Number:** SL-236-UK

**Power Source:** Corded Electric

**Material:** Faux Leather

**Use For:** Whole Body (Neck, Back, Hips, Thighs)

**Manufacturer:** Snailax

**First Available:** May 19, 2020

## Warranty and Support

Snailax offers various protection plans for your product. Please refer to the details below for available options:

- **2-Year Protection Plan:** Available for purchase.
- **3-Year Protection Plan:** Available for purchase.
- **Complete Protect Plan:** A monthly subscription plan covering eligible past and future purchases.

For technical support, warranty claims, or further assistance, please contact Snailax customer service. Contact information can typically be found on the manufacturer's website or through your purchase platform.


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