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› Eleeeels X1T Percussion Massage Gun User Manual

Eleeeels X1T

Eleeeels X1T Percussion Massage Gun User Manual

Model: X1T

IMPORTANT SAFETY INFORMATION

Always use the massage gun on the body only, avoiding sensitive areas and bones. Do not apply excessive pressure or use for longer than recommended. Keep the device dry and store it properly to prevent electrical hazards. Consult a healthcare professional before use if you have any medical conditions or injuries. Always unplug the device when not in use.

PRODUCT OVERVIEW

The Eleeeels X1T Percussion Massage Gun is designed to provide deep tissue muscle massage for pain relief and improved circulation. It features powerful percussion technology to effectively target muscle soreness and tension.

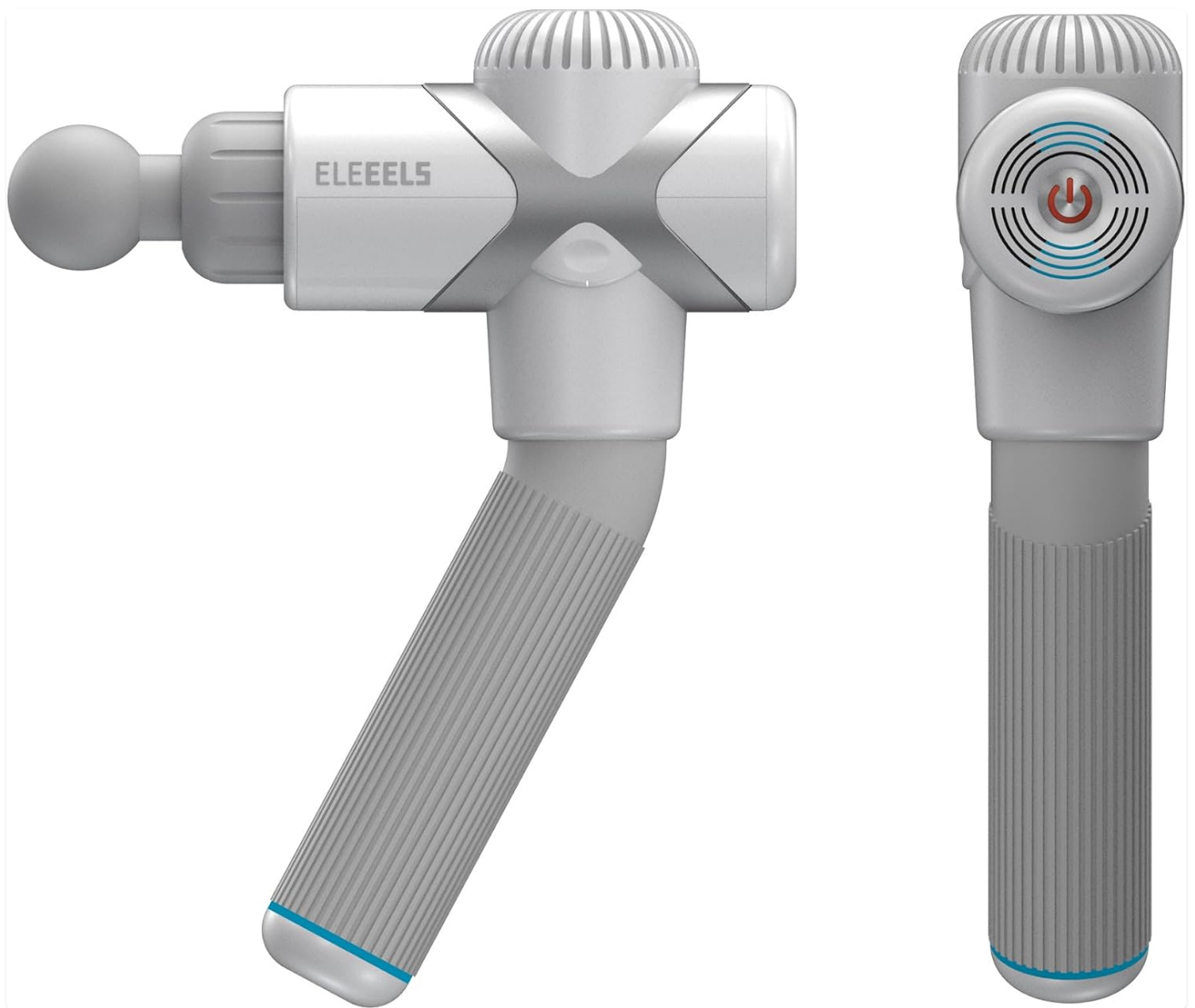


Image: The Eleeeels X1T Percussion Massage Gun in Pearl White, showcasing its sleek design.

Key features include:

- **Powerful Percussion Technology:** Penetrates deep into muscles to relieve pain, reduce soreness, and improve blood circulation.
- **Multiple Attachment Heads:** Allows for a customized massage experience, enabling precise targeting of specific muscle groups.
- **Ultra-Quiet Operation:** Operates at a whisper-quiet level (35dB - 60dB), ensuring a peaceful and discreet massage session.
- **Ergonomic Design:** Easy to hold and maneuver, even in hard-to-reach areas, with intuitive controls and an LCD screen for settings adjustment.
- **Long-Lasting Rechargeable Battery:** Provides extended massage sessions for on-the-go pain relief and relaxation.

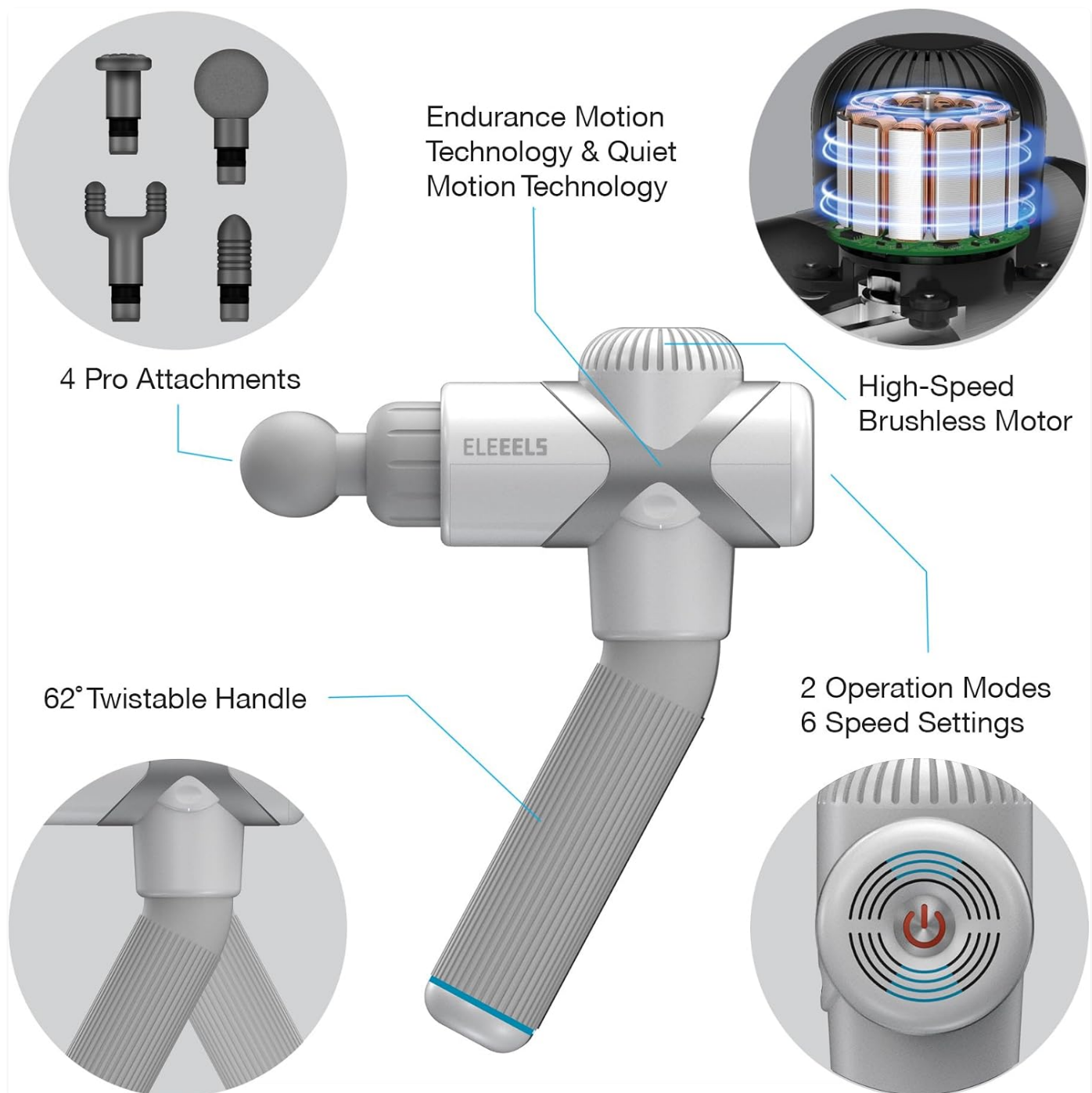


Image: A detailed diagram highlighting the Eleeeels X1T's key features, including its four professional attachments, 62-degree twistable handle, advanced motion technologies, high-speed brushless motor, two operation modes, and six speed settings.

COMPONENTS AND ATTACHMENTS

The Eleeeels X1T Percussion Massage Gun comes with the following components:



Image: The Eleeeels X1T massage gun displayed alongside its various attachments and charging cable.

- Eleeeels X1T Percussion Massage Gun unit
- Power Adapter
- Four Pro Attachments:
 - Round Head (soft tennis ball type feel, for general use on large muscle groups)
 - Acupuncture Head (more aggressive, for precise targeting)
 - Fork Head (for specific areas like the spine, use with caution)
 - Flat Head (for broader, less intense application)
- Spare Rubber O-rings (for attachment heads)

SETUP AND CHARGING

1. **Initial Charge:** Before first use, fully charge the device using the provided power adapter. The device contains a Lithium Ion battery.
2. **Attaching Heads:** Select the desired massage head and firmly insert it into the opening at the front of the massage gun. Ensure it is securely seated.

OPERATING INSTRUCTIONS

The Eleeeels X1T offers two main operation modes: Comfort Mode and Sports Mode, each with three speed settings.

Pioneer

2 Operation Modes

6 Speed Settings

Sports Mode

(Relief + Robustness + Recovery)

Level 1: 1800rpm

Level 2: 2400rpm

Level 3: 3200rpm

Comfort Mode

(Relief + Relax + Rest)

Level 1: 900rpm

Level 2: 1200rpm

Level 3: 1500rpm

One Device for Everyone



Image: The control panel of the Eleels X1T, illustrating the different speed settings for both Comfort and Sports modes.

1. Power On/Off:

- To activate **Sports Mode** (more intense): Press the power button briefly. The device will start at Level 1 (1800rpm). Subsequent brief presses will cycle through Level 2 (2400rpm), Level 3 (3200rpm), and then turn off.
- To activate **Comfort Mode** (gentler): Press and hold the power button for approximately 2 seconds. The device will start at Level 1 (900rpm). Subsequent brief presses will cycle through Level 2 (1200rpm), Level 3 (1500rpm), and then turn off.

2. **Adjusting Speed:** Once powered on, briefly press the power button to cycle through the available speed levels within the current mode.

3. **Switching Modes:** To switch between Sports Mode and Comfort Mode, you must first turn the device off and then power it on using the method for your desired mode.

USAGE GUIDELINES

The Eleeeels X1T is versatile for various muscle groups. The 62° twistable handle allows for easier self-application to hard-to-reach areas like the back and neck.



Image: A woman demonstrating the use of the Eleeeels X1T massage gun on her gluteal muscles, highlighting its ergonomic design for self-application.

- Apply the massage gun to large muscle groups such as the neck, back, shoulders, arms, glutes, and calves.
- Avoid direct contact with bones, joints, and sensitive areas like the spine or carotid artery.
- Start with the lowest speed setting and gradually increase as comfortable.
- Move the massage gun slowly across the muscle, applying gentle pressure. Do not hold it in one spot for too long.
- Limit each massage session to 5-10 minutes per muscle group to prevent over-stimulation or bruising.

MAINTENANCE AND CARE

- Clean the device with a slightly damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Ensure the device is completely dry before storing.
- Store in a cool, dry place away from direct sunlight and extreme temperatures.
- Regularly check the attachment heads and O-rings for wear and tear. Replace spare O-rings as needed to maintain secure attachment.

TROUBLESHOOTING

- **Device not turning on:** Ensure the battery is fully charged. Press and hold the power button for the correct duration to activate the desired mode.
- **Attachments not staying in place:** Check if the rubber O-rings on the attachment heads are worn. Replace them with the provided spare O-rings if necessary.
- **Unusual noise or vibration:** Turn off the device immediately. Check for any obstructions or loose parts. If the issue persists, contact customer support.
- **Discomfort during use:** Reduce the speed setting or switch to Comfort Mode. Ensure you are not applying excessive pressure or using the device on bones or sensitive areas.

SPECIFICATIONS

- **Product Dimensions:** 2.56 x 9.84 x 11.81 inches
- **Item Model Number:** X1T
- **Batteries:** 1 Lithium Ion battery (included)
- **Item Weight:** 1100 Grams (2.43 Pounds)
- **Color:** Pearl White
- **Power Source:** Battery Powered

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or technical support, please refer to the warranty card included with your purchase or visit the official Eleels website. Please retain your proof of purchase for any warranty claims.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question