

leikefitness K22607

leikefitness K22607 Fan Exercise Air Bike User Manual

Model: K22607

1. INTRODUCTION

Thank you for choosing the leikefitness K22607 Fan Exercise Air Bike. This manual provides essential information for the safe assembly, operation, and maintenance of your new exercise equipment. Please read this manual thoroughly before using the product to ensure proper function and to maximize your workout experience.

The leikefitness K22607 is an upright stationary bicycle designed for indoor cardio workouts. It features an unlimited air resistance system, heart rate compatibility, and a tablet holder for convenience during exercise.

2. SAFETY INFORMATION

Before beginning any exercise program, consult with your physician. This is especially important for individuals over the age of 35 or those with pre-existing health conditions.

- Always place the exercise bike on a flat, stable surface.
- Ensure adequate space around the bike for safe operation and movement.
- Keep children and pets away from the equipment during use.
- Inspect the bike for loose or damaged parts before each use. Do not use if any components are compromised.
- Wear appropriate athletic footwear and clothing.
- Do not exceed the maximum weight capacity of 400 pounds (approximately 181 kg).
- Stop exercising immediately if you feel faint, dizzy, or experience pain.
- Keep hands and feet clear of all moving parts, especially the fan and pedals.

3. ASSEMBLY INSTRUCTIONS

The main frame of the leikefitness K22607 Fan Exercise Air Bike comes pre-assembled. Follow these general steps for final assembly. Refer to the included assembly diagram for detailed visual guidance.

1. **Unpacking:** Carefully remove all components from the packaging. Ensure all parts are present according to the parts list.
2. **Stabilizer Installation:** Attach the front and rear stabilizers to the main frame using the provided bolts and washers. Ensure they are securely tightened.
3. **Pedal Attachment:** Attach the left and right pedals to their respective crank arms. Note that the left pedal typically tightens counter-clockwise. Ensure pedals are fully threaded and tightened to prevent stripping.
4. **Seat and Handlebar Assembly:** Install the seat post and seat, then attach the handlebars to the upright post. Adjust to a comfortable position as described in the 'Operating Instructions' section.
5. **Console Installation:** Mount the digital monitor console to its designated bracket and connect any necessary sensor cables.



Image: Overview of the leikefitness K22607 Fan Exercise Air Bike with key components labeled, including the comfortable seat, adjustable seat mechanism, professional pedal, protection handrail, convenient holder, water holder, and convenient wheel.



Image: Side view of the leikefitness K22607 Fan Exercise Air Bike illustrating its dimensions (50 inches height, 24.02 inches width, 51.77 inches length) and maximum weight capacity of 280 lbs.

4. OPERATING INSTRUCTIONS

4.1. Adjusting the Seat and Handlebars

Proper adjustment of the seat and handlebars is crucial for comfort and effective exercise.

- **Seat Height:** The seat offers 9-way height adjustment. Loosen the adjustment knob on the seat post, slide the seat to the desired height, and securely tighten the knob.
- **Seat Position:** The seat can be adjusted 11-ways front-to-back. Loosen the knob beneath the seat, slide the seat forward or backward, and then firmly tighten the knob.
- **Handlebars:** The handlebars are designed for a comfortable grip. Ensure your grip is firm and stable during your workout.



ADJUSTABLE & FIT PEOPLE WITH DIFFERENT HEIGHT

11-Way Front-Back
Adjustable Bike Seat

Image: Detailed view of the bike seat adjustment mechanism, highlighting the 11-way front-back adjustment capability for optimal user positioning.



9-Way Height
Adjustable Bike Seat

Image: Detailed view of the bike seat adjustment mechanism, highlighting the 9-way height adjustment capability for optimal user positioning.

4.2. Digital Monitor Functions

The digital monitor tracks various workout data to help you achieve your fitness goals.

- **Display:** The LCD screen displays Time, Distance, Calories, Watts, Speed, and RPM.
- **Set Mode:** Utilize the set mode to define specific fitness goals for your workout sessions.
- **Tablet Holder:** A convenient holder is integrated to secure your phone or tablet during exercise.



Image: A user on the leikefitness K22607 Fan Exercise Air Bike, with an overlay highlighting the multi-functional digital LCD monitor and its tracked metrics: Time, Watts, Speed, Calories, Distance, and RPM. Also shows the protection handrail and convenient phone/pad holder.

4.3. Air Resistance System

The K22607 features an unlimited air resistance system. Resistance is generated by the large fan flywheel, increasing as you pedal and push the handlebars harder. This system allows for a full-body workout.

- **Upper Body Workout:** Place your feet on the stationary pegs to focus solely on upper body movements with the handlebars.
- **Full Body Workout:** Engage both pedals and handlebars for a comprehensive cardio and strength workout.
- **Drive System:** The bike utilizes a joint chain and belt drive mechanism for smooth movement.

7 LARGE FAN AIR-RESISTANCE FLYWHEEL



27IN LARGE FAN
STRONG AIR RESISTANCE
FLYWHEEL



SAFETY PROTECTION
STEEL PROTECTIVE
COVER

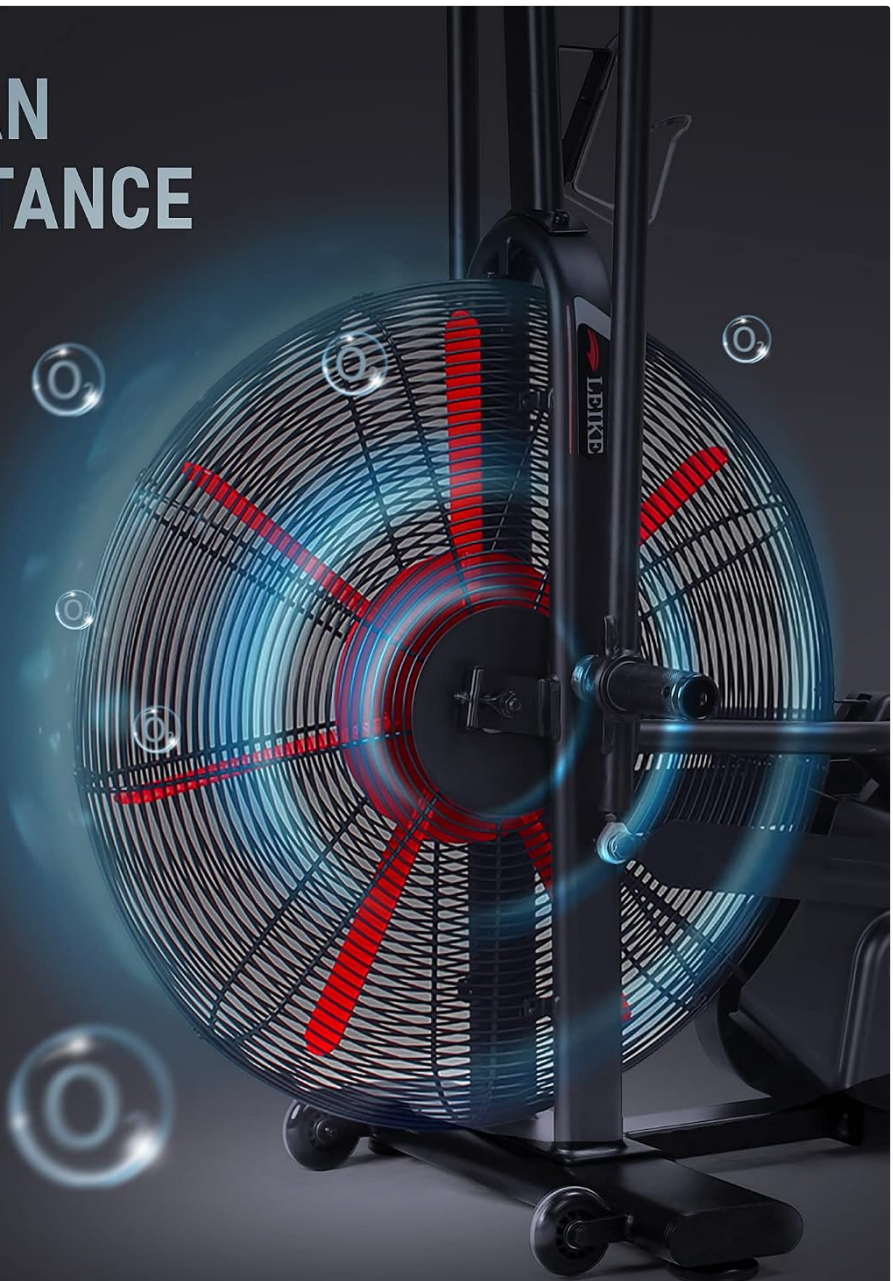


Image: Close-up of the 27-inch large fan air-resistance flywheel, emphasizing its strong air resistance and the steel protective cover for safety.

DOUBLE TORQUE DRIVE **9:1 LARGE-TORQUE** **DRIVE SYSTEM**

PS: Think of a variable speed bike. When you go up the hill, the big wheel turns the small wheel, which is quite laborious, but the speed is faster.



Image: Illustration of the Double Torque Drive System, a 9:1 large-torque drive system, explaining how it functions like a variable speed bike where the big wheel turns the small wheel for faster speed with less effort.

5. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your leikefitness K22607 Air Bike.

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Inspection:** Periodically check all bolts, nuts, and moving parts for tightness. Tighten any loose fasteners.
- **Lubrication:** Apply a small amount of silicone-based lubricant to moving joints and pivot points as needed to ensure smooth operation.
- **Battery Replacement:** The digital monitor requires 2 AA batteries. Replace them when the display becomes dim or unresponsive.

6. TROUBLESHOOTING

If you encounter issues with your air bike, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Bike wobbles during use	Loose fasteners; uneven floor	Check and tighten all assembly bolts. Adjust the leveling feet on the stabilizers to compensate for uneven surfaces.
Digital monitor is blank or not working	Dead batteries; loose cable connection	Replace the 2 AA batteries. Ensure all cables connecting to the monitor are securely plugged in.
Monitor turns off too quickly	Automatic power-saving feature	This is a standard power-saving feature. To continue tracking, resume pedaling or press a button to reactivate the display. Note that some monitors reset data after a short period of inactivity.
Squeaking or grinding noise	Lack of lubrication; loose parts	Apply lubricant to moving joints. Inspect for any loose components and tighten as necessary.

7. SPECIFICATIONS

- **Model:** K22607
- **Product Dimensions:** 61.01 x 131.5 x 127 cm (24.02 x 51.77 x 50 inches)
- **Item Weight:** 54 kg (119 lbs)
- **Maximum Weight Capacity:** 181 kg (400 lbs)
- **Material:** Aluminum (frame components)
- **Colour:** Black
- **Display Type:** LCD
- **Drive System:** Chain and Belt
- **Resistance Mechanism:** Air
- **Power Source:** Battery Powered (2 AA batteries, included)
- **Special Features:** Adjustable Seat, Heavy Duty construction

- **Meter Functions:** Calories Burned, Distance, Heart Rate, Speed, Time, RPM, Watts

8. WARRANTY AND SUPPORT

leikefitness provides a one-year warranty for free replacement parts for brand new products. For any questions or to request replacement parts, please contact customer support.

To Contact Support:

1. Log in to your Amazon account.
2. Navigate to "Your Orders".
3. Find the order ID for your leikefitness K22607 Fan Exercise Air Bike.
4. Click on "Contact Seller" to reach leikefitness customer service.