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› Philips Avent Electric Breast Pump - Single - SCF395/11 User Manual

Philips Avent SCF395/11

Philips Avent Single Electric Breast Pump User Manual

Model: SCF395/11

1. PRODUCT OVERVIEW

The Philips Avent Single Electric Breast Pump is designed to help mothers express milk efficiently and comfortably. It features Natural Motion technology, which combines suction and nipple stimulation to mimic a baby's natural feeding rhythm, promoting optimal milk flow. The pump is designed for ease of use, cleaning, and assembly, with a quiet motor and a compact design for discreet pumping anywhere.



This image displays the complete Philips Avent Single Electric Breast Pump system, including the main pump unit, a collection bottle, the compact motor unit, and a set of disposable breast pads. It provides an overview of all components included in the package.

2. Box CONTENTS

Upon unboxing your Philips Avent Single Electric Breast Pump, verify that all the following components are present:

- 1 x Electric Breast Pump (main unit)
- 1 x Motor Unit
- 1 x 118 ml Bottle
- 1 x Micro-USB Cable
- 1 x Disposable Breast Pad

3. KEY FEATURES

- **Natural Motion Technology:** Combines gentle stimulation and suction for a faster milk flow, mimicking a baby's natural suckling.

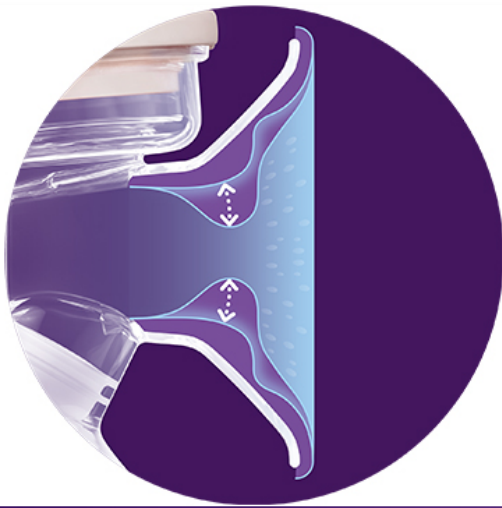
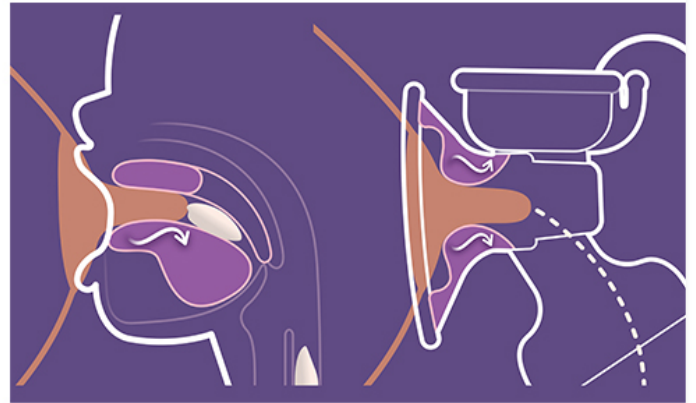
- **Adaptive Silicone Cushion:** The soft silicone cushion flexes and adapts to nipple sizes up to 30 mm, ensuring comfort and a proper fit for most users.
- **Customizable Settings:** Offers 8 stimulation levels and 16 expression levels for a personalized and comfortable pumping experience.
- **Upright Pumping Position:** Designed to allow comfortable pumping while sitting upright, eliminating the need to lean forward.
- **Quiet Operation:** Features a quiet motor for discreet pumping at any time and location.
- **Easy Cleaning & Assembly:** The closed pumping system prevents milk from entering the tubing, and fewer parts simplify cleaning and reassembly.
- **Memory Function:** Automatically remembers your last used settings for quick and convenient start-ups.



Effectief, natuurgetrouw kolven met **Natural Motion-technologie**



A user is shown holding the Philips AVENT breast pump, demonstrating its ergonomic design during use. The image highlights the Natural Motion technology, which mimics a baby's natural suckling rhythm for efficient milk expression.



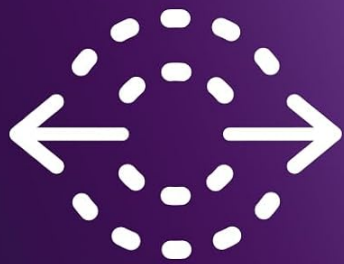
Snelle melkafgifte*

Kolf meer melk in minder tijd* met een kussen dat naadloos overschakelt van stimuleren naar kolven. Op basis van de duur voordat de melk begint te stromen (de MER: Milk Ejection Reflex).*

Past op de tepel

Omdat geen twee mensen hetzelfde zijn, vormt het silicone kussen zich naar de tepel. Het past op tepels van maximaal 30 mm.

A detailed diagram explaining the Natural Motion technology. It visually represents how the silicone cushion gently stimulates the nipple and applies suction to efficiently express milk, mimicking a baby's feeding action.



**Zacht
siliconen
kussen past
zich aan jou
aan**



A close-up view of the breast pump's soft silicone cushion, demonstrating its flexible design that gently adapts to various nipple sizes for comfortable and efficient pumping.



An icon illustrating the versatility of the breast pump with 8 stimulation levels and 16 expression levels, allowing for a personalized pumping experience.

4. SETUP

Before first use, sterilize all parts that come into contact with breast milk. Refer to the 'Maintenance and Cleaning' section for detailed instructions.

1. **Assemble the Pump Unit:** Carefully connect the silicone cushion to the pump body, ensuring a secure fit. Attach the valve to the pump body.

2. **Attach the Bottle:** Screw the collection bottle onto the bottom of the pump body until it is firmly attached.
3. **Connect the Tubing:** Connect one end of the silicone tubing to the pump body and the other end to the motor unit. Ensure both connections are snug.
4. **Power Connection:** Connect the Micro-USB cable to the motor unit and plug the other end into a suitable power adapter (not included) or a USB power source.



Eenvoudig
schoonmaken,
snel in elkaar
zetten



This image illustrates the ease of assembly and disassembly of the Philips Avent breast pump, emphasizing its user-friendly design for quick cleaning and preparation.

5. OPERATION

Follow these steps for effective and comfortable milk expression:

1. **Positioning:** Sit comfortably in an upright position. Place the assembled breast pump on your breast, ensuring your nipple is centered in the silicone cushion. The design allows you to pump without leaning forward.
2. **Power On:** Press the power button on the motor unit to turn on the pump. It will automatically start in stimulation mode.

3. **Stimulation Mode:** The pump begins with a gentle stimulation rhythm to encourage milk let-down. You can adjust the stimulation intensity using the '+' and '-' buttons (8 levels available).
4. **Expression Mode:** Once milk starts flowing, the pump will automatically switch to expression mode. You can also manually switch to expression mode by pressing the mode button. Adjust the expression suction level using the '+' and '-' buttons (16 levels available).
5. **Pause/Resume:** Press the start/pause button to temporarily stop or resume pumping at any time.
6. **Memory Function:** The pump remembers your last used settings for both stimulation and expression modes, allowing for quick recall in subsequent sessions.
7. **Completion:** When you have finished pumping, press the power button to turn off the pump. Carefully remove the pump from your breast.



**Kolf comfortabeler
zonder voorover te
leunen**

This image shows a user comfortably pumping in an upright position, illustrating the pump's design that eliminates the need to lean forward, promoting a more relaxed and natural posture during expression.



Motorunit met ziekenhuissterkte

An overhead perspective shows the breast pump in operation, focusing on the compact motor unit. This unit provides hospital-strength suction for effective and reliable milk expression.

6. MAINTENANCE AND CLEANING

Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump. All parts that come into contact with breast milk are BPA-free.

1. **Disassembly:** Disassemble all parts that came into contact with breast milk (silicone cushion, pump body, valve, bottle). Do not wash the motor unit or tubing.
2. **Rinsing:** Rinse all disassembled parts under cold running water immediately after use to remove any residual milk.
3. **Cleaning:** Wash the parts in warm soapy water using a soft brush. Ensure all milk residue is removed. Alternatively, most parts are dishwasher safe (top rack only).
4. **Sterilization:** Sterilize the cleaned parts by boiling them in water for 5 minutes, using a steam sterilizer, or a microwave sterilizer.
5. **Drying:** Allow all parts to air dry completely on a clean surface or use a clean cloth. Store in a clean, dry place.

6. **Tubing:** The tubing does not require cleaning as the closed system prevents milk from entering it. If condensation appears in the tubing, disconnect it from the pump body and motor unit, and run the pump for a few minutes to air dry the tubing.



An icon showing a faucet and a checkmark, indicating the breast pump's design for easy cleaning and quick reassembly due to fewer parts and a closed system.

7. TROUBLESHOOTING

If you encounter issues with your breast pump, refer to the following common solutions:

- **No Suction or Weak Suction:**
 - Ensure all pump parts are correctly assembled and securely connected.
 - Check that the silicone cushion forms a tight seal around your breast.
 - Inspect the valve for any tears or damage. A damaged valve can significantly reduce suction. Replace if necessary.
 - Verify that the tubing is not kinked, blocked, or disconnected.
- **Pump Not Turning On:**
 - Ensure the Micro-USB cable is securely connected to both the motor unit and the power source.
 - Try a different power outlet or USB adapter.
- **Discomfort During Pumping:**
 - Adjust the stimulation or expression level to a more comfortable setting.
 - Ensure your nipple is centered in the silicone cushion and that the cushion size is appropriate for your nipple.
 - Try different pumping positions to find what is most comfortable for you.
- **Milk Not Flowing:**
 - Ensure you are adequately hydrated and relaxed.
 - Start with stimulation mode until milk let-down occurs before switching to expression mode.
 - Massage your breast gently before or during pumping.

8. SPECIFICATIONS

Model Number	SCF395/11
Product Dimensions	10 x 20 x 27 cm
Weight	595 g
Material Type	Silicone (BPA-free)
Power Source	Electric Corded (Micro-USB)
Pumping Modes	8 Stimulation Levels, 16 Expression Levels
Bottle Capacity	118 ml

Dishwasher Safe	Yes (parts that contact milk)
Manufacturer	Philips Consumer Lifestyle B.V.

9. WARRANTY AND SUPPORT

For warranty information, please refer to the warranty card included with your product or visit the official Philips Avent website. Keep your proof of purchase for warranty claims.

If you require further assistance, have questions about your product, or need to report a defect, please contact Philips Avent customer support. Contact details can typically be found on the product packaging or the official Philips website.

Online Support: Visit www.philips.com/avent for FAQs, product registration, and support resources.

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