

Miko jinmoqiang-018

Miko Shiatsu Foot Massager Machine: User Manual

Model: jinmoqiang-018

INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Miko Shiatsu Foot Massager Machine. This device is designed to provide deep kneading shiatsu massage, air compression, and heat therapy for your feet, ankles, and calves. Please read this manual thoroughly before operation and retain it for future reference.

SAFETY INFORMATION

Always read all instructions before using this appliance. Failure to follow these instructions may result in injury or damage to the device.

- Do not use this massager if you have any medical conditions that may be exacerbated by massage, such as open wounds, skin infections, or severe circulatory problems. Consult a physician before use if you have concerns.
- Keep the device away from water and moisture. Do not use in a bathroom or near a sink.
- Unplug the massager from the power outlet when not in use and before cleaning.
- Do not operate the massager if the cord or plug is damaged, or if the device malfunctions or has been dropped or damaged.
- Keep out of reach of children. This appliance is not intended for use by persons with reduced physical, sensory, or mental capabilities unless supervised.
- Do not stand on the device. Use only while seated.
- Avoid prolonged use on one area. Move the massager periodically to prevent excessive stimulation.
- The heat function is intended for comfort and should not be used as a medical treatment. If you experience discomfort, discontinue use.

PRODUCT OVERVIEW

The Miko Shiatsu Foot Massager Machine features multiple functions to provide a comprehensive massage experience.

- **Deep Kneading Shiatsu Massage:** Utilizes rotation balls and rolling sticks to target pressure points.
- **Heat Therapy:** Provides gentle warmth to enhance relaxation.
- **Air Compression:** Inflatable airbags apply pressure to feet, ankles, and calves.
- **Adjustable Bar:** Allows for positioning to massage feet, ankles, legs, and calves.
- **Wireless Remote Control:** For convenient adjustment of settings.

- **LCD Touch Screen:** Integrated control panel on the device.
- **Auto Shut-off Timer:** Ensures safe usage duration.



Image: The Miko Shiatsu Foot Massager Machine, showing its main unit and wireless remote control.

Designed By Expert Masseuses

Customize Your Massage With Multiple Settings

Air Compression

Fully Adjustable Air Pressure With Sway Function

Shiatsu Rolling & Vibration

Adjustable Rolling With Vibration Increases Blood Flow & Recovery

Image: A user operating the Miko Foot Massager, demonstrating its use for foot massage while relaxing on a sofa.

SETUP

1. **Unpacking:** Carefully remove the massager and all accessories from the packaging. Ensure all components are present: the main massager unit and the wireless remote control.
2. **Placement:** Place the massager on a flat, stable surface in a comfortable seating area. Ensure there is enough space around the unit for proper ventilation and to adjust the angle.
3. **Power Connection:** Plug the power cord into a standard electrical outlet. The device is corded electric.
4. **Initial Use:** The device is ready for use once plugged in. No charging is required before first use.

THE
MAS II

Designed by Masseuses.
Made For You.



Weight
9 kg / 20 Lbs



Ankle



Foot



Adjust the angle.
Upgrade your massage

Image: The Miko Foot Massager adjusted to an upright position for calf massage, illustrating its versatility.

OPERATING INSTRUCTIONS

1. **Positioning:** Sit comfortably and place your feet into the foot massager, ensuring they are properly positioned within the foot chambers. For calf or ankle massage, adjust the integrated bar to your preferred angle.
2. **Power On:** Press the Power button on the control panel or the wireless remote to turn on the device. The LCD screen will illuminate.
3. **Select Massage Mode:** Use the 'Mode' button on the control panel or remote to cycle through the available massage modes (e.g., Rolling + Air Pressure, Rolling + Vibration, Air Pressure only).
4. **Adjust Air Pressure Intensity:** Use the 'Air Pressure Intensity' buttons (up/down arrows) to select from 5 pressure settings (P1 being lowest, P5 highest).
5. **Activate Heat Therapy:** Press the 'Heat' button to turn the heat function on or off.
6. **Activate Vibration:** Press the 'Vibration' button to turn vibration on or off, or to select low/high intensity if available.
7. **Sway Function:** The device includes a sway function. Refer to the control panel or remote for its activation.

8. **Recommended Use:** Begin with pressure level 1 for approximately 15 minutes per day. Gradually increase intensity as you become accustomed to the massage experience. A slight soreness after initial uses is normal.
9. **Automatic Shut-off:** The massager is equipped with an automatic shut-off timer, typically set for 20 minutes, to prevent overuse.
10. **Power Off:** Press the Power button again to turn off the massager when finished. Unplug the device from the power outlet.



Image: Detailed diagram of the wireless remote control, indicating buttons for Heat, Power, Air Pressure Intensity, Vibration, and Mode selection.

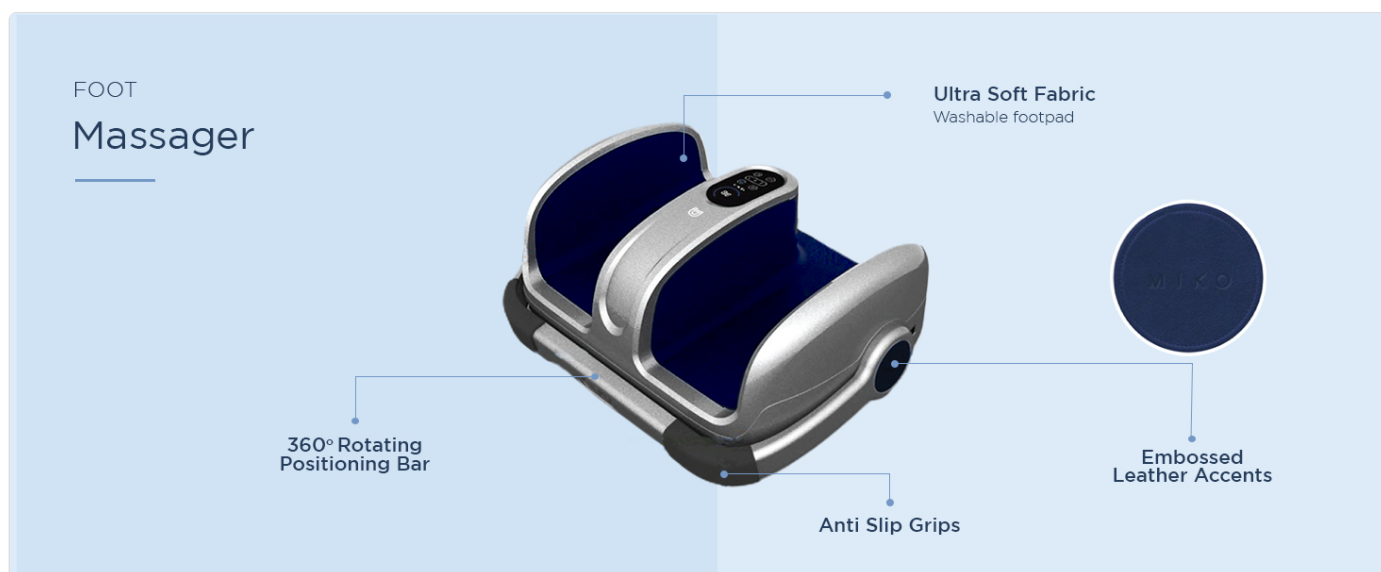


Image: Detailed diagram of the touch screen control panel on the massager, showing the LCD timer, Power, Heat, Air Pressure Intensity, Vibration, and Mode buttons.

MAINTENANCE

- **Cleaning:** Always unplug the massager before cleaning. Wipe the exterior with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Foot Pads:** The internal foot pads are removable and washable. Gently remove them, hand wash with mild soap, and allow them to air dry completely before reinserting.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures. Avoid placing heavy objects on top of the unit.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; power outlet issue; power button not pressed.	Ensure power cord is securely plugged into a working outlet. Press the power button firmly.
No heat or weak heat.	Heat function not activated; device not warmed up yet.	Press the heat button. Allow a few minutes for the heating elements to warm up.
Massage feels too intense or too weak.	Incorrect intensity setting; improper foot positioning.	Adjust the air pressure intensity settings. Reposition your feet for optimal comfort.
Remote control not working.	Battery depleted; obstruction between remote and unit.	Replace remote control batteries. Ensure no objects are blocking the signal path.
Device shuts off unexpectedly.	Automatic shut-off timer activated; overheating protection.	This is normal operation for the 20-minute timer. If it shuts off sooner, unplug and allow to cool for 30 minutes before restarting.

SPECIFICATIONS

- **Model Number:** jinmoqiang-018
- **Brand:** Miko
- **Dimensions:** 53 cm (L) x 43 cm (W) x 25 cm (H)
- **Weight:** 9.07 kg (20 lbs)
- **Power Source:** Corded Electric
- **Material:** Leather, Nylon
- **Special Feature:** Heat Therapy
- **Certifications:** UL, FCC, RoHS, CE, WERCsmart

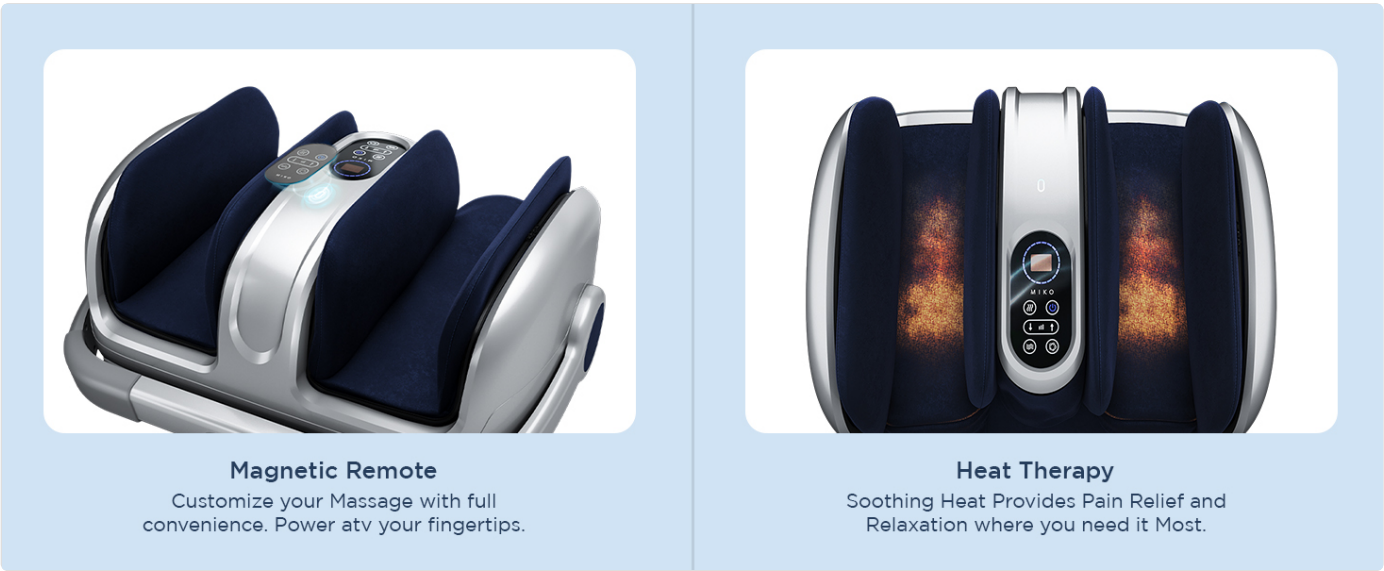


Image: Diagram illustrating the product dimensions and key specifications of the Miko Foot Massager.

WARRANTY AND SUPPORT

Miko is committed to providing quality products and customer satisfaction. For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official Miko website. Our customer service team is available to assist with any questions or concerns you may have.

Note: The manufacturer emphasizes direct customer support for any questions or concerns.

LEGAL DISCLAIMER



Actual product packaging and materials may contain more and different information than what is presented in this manual. It is recommended that users do not rely solely on the information presented here and always read labels, warnings, and directions provided with the physical product before using or consuming any product.



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Related Documents - jinmoqiang-018

	<p>MIKO MAS II Foot Massager User Guide - Model MMF-03SB</p> <p>Comprehensive user guide for the MIKO MAS II Foot Massager (Model MMF-03SB), detailing features, technical specifications, control panel instructions, magnetic remote functions, care, storage, and important safety information for safe and effective use.</p>
	<p>MIKO Y2 Foot Massager User Manual - Safety, Operation, and Care Guide</p> <p>Comprehensive user manual for the MIKO Y2 Foot Massager (MMF-01C, MMF-01S). Includes essential safety instructions, operating procedures, feature descriptions, and care/storage guidelines for optimal use.</p>
	<p>MIKO KUMO Deep Percussion & Shiatsu Pillow User Manual - MMB-02</p> <p>Comprehensive user manual for the MIKO KUMO Deep Percussion & Shiatsu Pillow (Model MMB-02). Includes safety warnings, operating instructions, troubleshooting guide, cleaning and maintenance tips, and product specifications for optimal use.</p>
	<p>MIKO Kumo Mini 3D Shiatsu Pillow User Manual</p> <p>User manual for the MIKO Kumo Mini 3D Shiatsu Pillow (MMB-01), providing detailed instructions, safety warnings, troubleshooting guidance, and maintenance information for this personal massage device.</p>

 <p>The image shows the cover of the MIKO YOISHO Foot Massager User Manual. It features the MIKO logo at the top, followed by 'YOISHO Foot Massager' and 'User Manual'. Below the text is a line drawing of a foot massager device. The cover is framed by a thin black border with small corner marks.</p>	<p>MIKO YOISHO Foot Massager User Manual - Safety, Usage, and Care Instructions</p> <p>Comprehensive user manual for the MIKO YOISHO Foot Massager (Models MMF-01C, MMF-01S, MMF-01W, MMF-01B, MMF-01BL). Includes important safety instructions, operating procedures, control panel guide, and care/storage recommendations.</p>
 <p>The image shows the cover of the MIKO GAZE Eye Massager User Manual. It features the MIKO logo at the top, followed by 'GAZE EYE MASSAGER' and 'User Manual'. Below the text is a line drawing of an eye massager device. The cover is framed by a thin black border with small corner marks.</p>	<p>MIKO Gaze Eye Massager User Manual - MMO-01WS</p> <p>Official user manual for the MIKO Gaze Eye Massager (Model MMO-01WS). Learn about features, operation, charging, maintenance, safety precautions, and troubleshooting for this personal health care device.</p>