ResMed AirFit N30

ResMed AirFit N30 Frame System User Manual

For Nasal CPAP Mask - Replacement CPAP Accessories

1. Product Overview

The ResMed AirFit N30 Frame System is designed to optimize your CPAP therapy experience. This system includes a sturdy frame, a nasal cradle cushion, and a short tube. It is engineered for comfort, minimizing facial contact during therapy to enhance sleep quality and breathing. Please note that this replacement system does not include the headgear.



Image 1: Complete ResMed AirFit N30 Frame System (headgear shown for illustration, not included with this product).



Image 2: AirFit N30 Frame System highlighting its sleek design for minimal facial contact.

2. Setup and Assembly

The AirFit N30 Frame System is designed for simple and hassle-free assembly. Follow these steps to prepare your mask for use.

1. **Attach the Nasal Cradle Cushion:** Align the nasal pillow's openings with the frame and press until it clicks securely into place.
2. **Connect the Short Tube:** Ensure the short tube is firmly attached to the frame's elbow connector.
3. **Assemble Headgear (if applicable):** If you are attaching new headgear (not included with this frame system), thread the headgear straps through the designated slots on the frame.

Watch the video below for a visual guide on assembling the mask components.

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Video 1: Assembly instructions for the CPAP mask, showing how to attach the nasal pillow and headgear to the frame.

For detailed headgear assembly, refer to the following video:

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Video 2: Guide on assembling replacement headgear with the mask frame system.



Image 3: Exploded view of the AirFit N30 Frame System components, including the frame, nasal cushion, short tube, and headgear.

3. Operating Instructions

Once assembled, the AirFit N30 Frame System is ready for use. Place the nasal cradle cushion gently under your nose, ensuring a comfortable seal without overtightening the headgear (if used). The minimalist design aims to provide effective therapy with minimal facial contact.

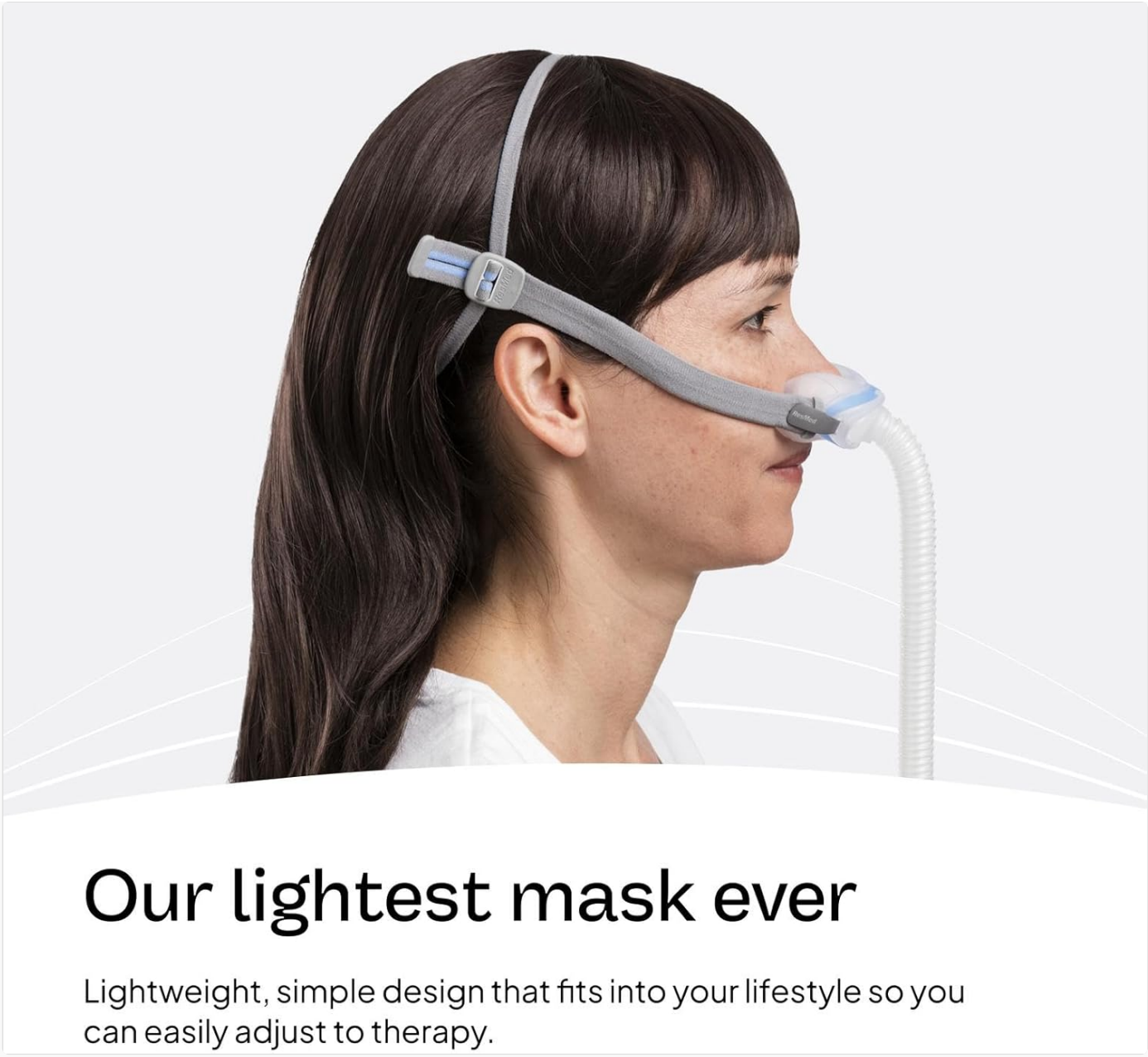


Image 4: A user demonstrating the proper placement of the ResMed AirFit N30 nasal CPAP mask.

For a demonstration of how to wear the mask, please see the video below.

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Video 3: Demonstration of how to properly wear the CPAP mask for effective therapy.

4. Maintenance and Care

Regular cleaning and timely replacement of components are crucial for optimal performance and hygiene of your AirFit N30 Frame System.

Daily Care Instructions:

- Replace at signs of deterioration.
- If required, wipe the outside of the foam with CPAP wipes or similar alcohol-free wipes.
- Lay flat on towel to air dry.

Important Warnings:

- Do not expose to direct sunlight.

- Do not put in dishwasher or washing machine.
- Do not use alcohol or bleach to clean.

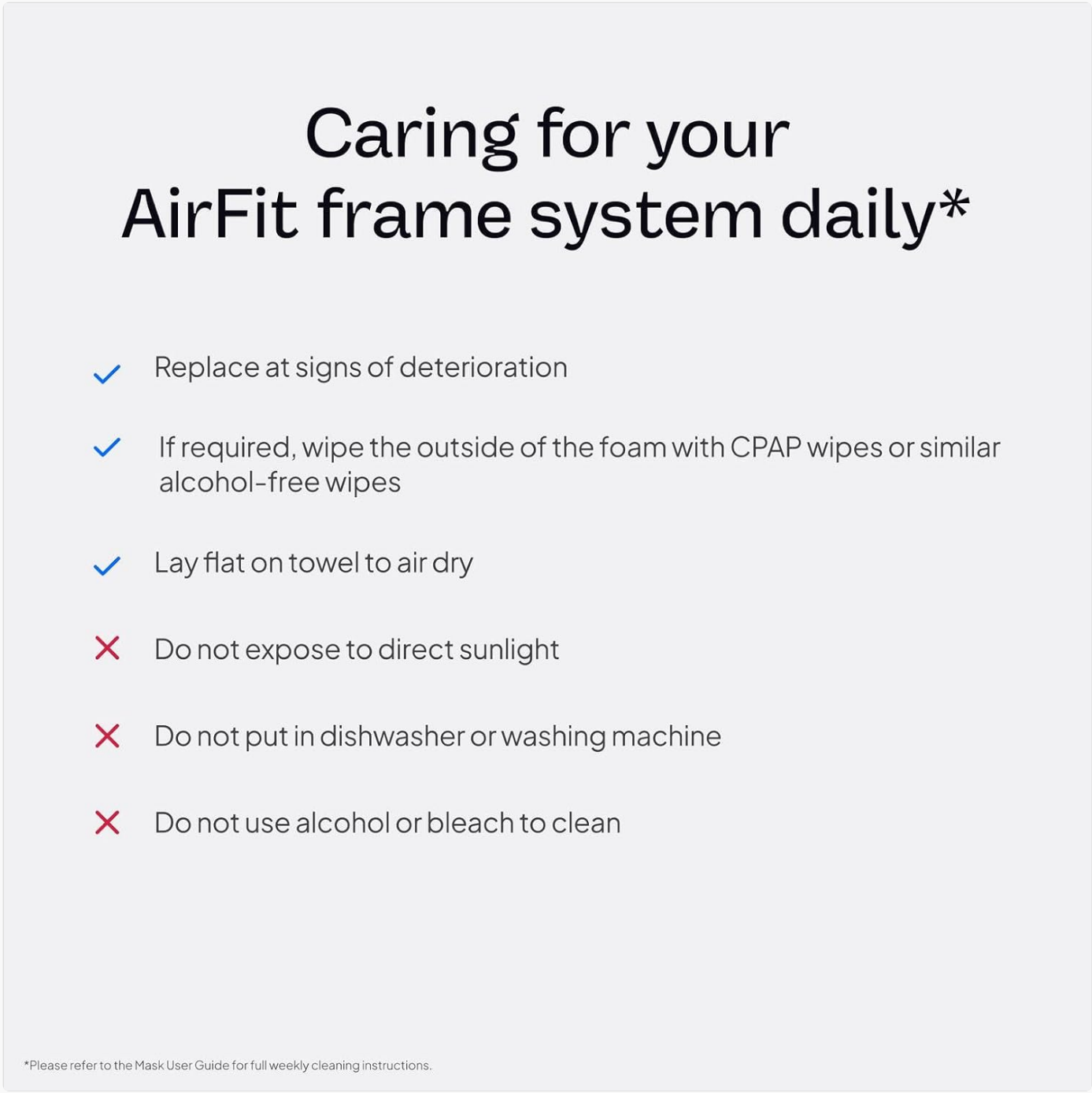


Image 5: Visual summary of daily care instructions and warnings for the AirFit frame system.

Replacement Tip:

We recommend replacing your frame system every three months. Signs it might be time to replace your frame system include:

- You are experiencing excessive leaks.
- Your therapy feels less effective than usual.
- Your frame system starts to show wear and tear.

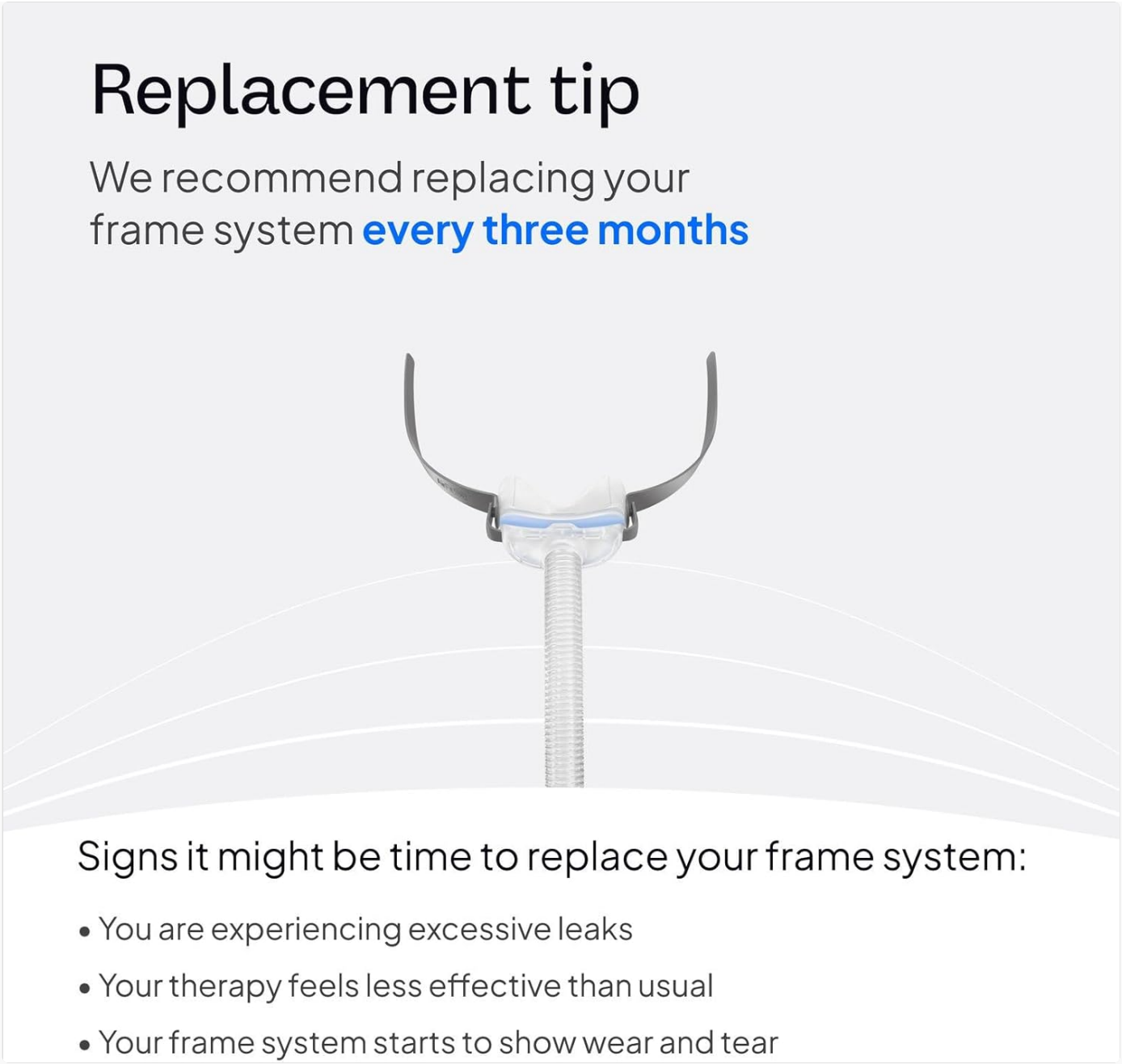


Image 6: Information on when to replace your AirFit frame system.

5. Troubleshooting

If you encounter issues with your AirFit N30 Frame System, consider the following:

- **Leaks:** Check that the nasal cradle cushion is correctly seated and not worn. Ensure the headgear (if used) is adjusted for a snug, but not overly tight, fit.
- **Discomfort:** Adjust the headgear to relieve pressure points. Ensure the nasal cushion size is appropriate for your anatomy.
- **Reduced Therapy Effectiveness:** This could indicate a worn-out cushion or frame, or improper fit. Refer to the replacement tips in Section 4.

6. Specifications

- **Product Dimensions:** 6.14 x 5.08 x 1.46 inches
- **Product Weight:** 1.13 ounces

- **Manufacturer:** ResMed
- **Model:** AirFit N30 Frame System

7. Important Information

Statements regarding medical devices have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Always consult with a healthcare professional for medical advice.

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