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XLC CB-R07

XLC Men's Cycling Road Winter Shoes CB-R07 Instruction Manual

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1. INTRODUCTION

Thank you for choosing the XLC Men's Cycling Road Winter Shoes CB-R07. These shoes are engineered to provide warmth, protection, and performance during cold weather cycling. Designed for road use, they feature advanced materials and construction to keep your feet comfortable and dry in challenging conditions. Please read this manual thoroughly to ensure proper use, maintenance, and longevity of your cycling shoes.



Image: XLC Men's Cycling Road Winter Shoes CB-R07, showcasing the design and features.

2. KEY FEATURES

The XLC CB-R07 winter cycling shoes incorporate several design elements for optimal performance:

- **Outer Material:** Constructed from Lycra, Super Roubaix, and waterproof coated PU with a fleece insert for superior weather protection and warmth.
- **Inner Shoe:** Features a terry fabric lining, padded for optimal insulation, and made with waterproof PU.
- **Reinforced Structure:** Heels are reinforced with structured PVC, and the toe area is made of high-density PU for durability.
- **Zipper Closure:** Equipped with a YKK zipper, including a sealing lip at the end for enhanced water resistance.
- **Inner Lacing System:** The inner shoe utilizes a quick lace-up closure for a secure and adjustable fit.
- **Sole:** A durable nylon/fiberglass sole with a slip-proof profile ensures efficient power transfer and grip.
- **Cleat Compatibility:** Designed to be suitable for the SPD system, allowing for easy cleat installation.
- **Thermal Insole:** Includes a specialized thermal insole for added warmth.

- **Visibility:** Integrated reflector stripes enhance visibility in low-light conditions.

3. SETUP AND INITIAL USE

3.1 Unpacking and Inspection

Upon receiving your XLC CB-R07 shoes, carefully remove them from the packaging. Inspect both shoes for any signs of damage or manufacturing defects. Ensure all components, including the thermal insoles, are present.

3.2 Cleat Installation (SPD System)

These shoes are compatible with the SPD cleat system. Follow the instructions provided with your SPD cleats for proper installation. Ensure the cleats are securely fastened to the sole using the provided screws and washers. Adjust the cleat position to your preferred riding style for optimal power transfer and comfort. It is recommended to apply a small amount of grease to the cleat bolts to prevent seizing.

3.3 Initial Fitting

Wear your usual cycling socks. Open the outer YKK zipper and loosen the inner quick lace-up closure. Insert your foot, ensuring your heel is seated correctly. Tighten the inner laces evenly for a snug, comfortable fit without excessive pressure points. Close the outer YKK zipper completely. The fit should be secure but allow for natural foot movement without pinching or rubbing.

4. OPERATING INSTRUCTIONS

4.1 Wearing and Adjusting

Before each ride, ensure the inner laces are properly tightened and the outer zipper is fully closed. The sealing lip on the zipper helps prevent water ingress, so ensure it is correctly positioned. The snug fit provided by the inner lacing system is crucial for efficient pedaling and warmth retention.

4.2 Cold Weather Performance

The XLC CB-R07 shoes are designed for winter conditions. The combination of the waterproof outer material, insulated inner shoe, and thermal insole works to keep your feet warm and dry. For extreme cold, consider using thicker winter cycling socks. The reflector stripes enhance your visibility to others, especially during shorter daylight hours.

5. CARE AND MAINTENANCE

5.1 Cleaning

- **Outer Surface:** Wipe down the outer surface with a damp cloth after each ride, especially if exposed to mud or road grime. For stubborn dirt, use a mild soap solution and a soft brush. Rinse thoroughly with clean water.
- **Inner Shoe:** The inner shoe can be gently wiped with a damp cloth. Avoid submerging the entire shoe in water.
- **Zipper:** Keep the YKK zipper clean and free of debris to ensure smooth operation. Periodically apply a silicone-based lubricant to the zipper teeth if it becomes stiff.
- **Cleats:** Regularly clean dirt and debris from around the cleats to ensure proper engagement with pedals.

5.2 Drying

After cleaning or if the shoes become wet, allow them to air dry naturally at room temperature. Do not use direct heat sources such as radiators, hairdryers, or direct sunlight, as this can damage the materials and adhesives. Stuffing the shoes with newspaper can help absorb moisture and maintain their shape.

5.3 Storage

Store your XLC CB-R07 shoes in a cool, dry, and well-ventilated place away from direct sunlight and extreme temperatures. Ensure they are clean and completely dry before storing for extended periods.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Feet feel cold	Inadequate socks; extreme cold; improper fit.	Use thicker, insulated cycling socks. Ensure inner laces are snug. Check for air gaps.
Feet feel wet	Zipper not fully closed; sealing lip misaligned; prolonged exposure to heavy rain.	Ensure YKK zipper is fully closed and sealing lip is correctly positioned. While waterproof, extreme conditions can challenge any footwear.
Discomfort or hot spots	Inner laces too tight/loose; incorrect cleat position; wrong shoe size.	Adjust inner laces for even pressure. Re-evaluate cleat position. Ensure correct shoe size was purchased (consider sizing up for winter shoes).
Difficulty engaging/disengaging cleats	Cleats dirty or worn; pedal mechanism dirty or worn.	Clean cleats and pedal mechanism. Inspect cleats for wear and replace if necessary.
Zipper sticking	Dirt/debris in zipper teeth; lack of lubrication.	Clean zipper thoroughly. Apply a silicone-based lubricant to the zipper teeth.

7. PRODUCT SPECIFICATIONS

Specification	Detail
Brand	XLC
Model Name	Cycling (CB-R07)
Department	Men's
Outer Material	Lycra, Superroubaix, Waterproof Coated PU, Fleece-insert (Synthetic)
Inner Material	Terry fabric, Padded PU
Sole Material	Nylon/Fiberglass, Ethylene Vinyl Acetate (EVA)
Insole Material	Rubber (Thermal Insole Included)
Shaft Height	Ankle

Specification	Detail
Closure Type	YKK Zipper, Quick Lace-up (Inner Shoe)
Water Resistance Level	Waterproof
Cleat Compatibility	SPD System
Item Weight	Approximately 500 Grams (per shoe, varies by size)
Seasons	Autumn/Winter

8. WARRANTY AND SUPPORT

For information regarding warranty coverage, product support, or to address any issues not covered in this manual, please contact XLC customer service or refer to the official XLC website. Keep your proof of purchase for any warranty claims.