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› TOLOCO Massage Gun EM26 - Instruction Manual

## TOLOCO EM26

# TOLOCO Massage Gun EM26 - Instruction Manual

## 1. INTRODUCTION

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Thank you for choosing the TOLOCO Deep Tissue Massage Gun EM26. This percussion massager is designed to help relieve muscle fatigue and pain, promoting relaxation and recovery. This manual provides essential information for safe and effective use, setup, operation, and maintenance of your device.



Figure 1: TOLOCO Massage Gun EM26 and its accessories.

## 2. SAFETY INFORMATION

**WARNING: Please read all safety warnings and instructions carefully before use. Failure to follow the warnings and instructions may result in electric shock, fire, and/or serious injury.**

- Although massage guns are beneficial for muscle relaxation and recovery, certain individuals should avoid or use caution. These include pregnant women, young children, osteoporosis patients, individuals with heart disease, blood clots, or neurological diseases. Consult a healthcare professional before use if you have any pre-existing medical conditions.
- Do not immerse the device in water or use it in wet environments.
- Keep out of reach of children.
- Do not operate the device if it has been damaged or dropped.
- Use only the provided charging cable.
- Do not use on open wounds, swollen areas, or inflamed skin.

- Limit usage to 1-2 minutes per area to avoid over-stimulation.

### 3. PRODUCT FEATURES

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- **Quick Pain Relief:** High penetration force of 12mm, up to 3200 rpm, effectively relieving muscle fatigue and pain.
- **Long Battery Life:** Equipped with a USB-C charging port and a battery that can run for up to 6 hours (depending on selected speed).
- **10 Professional Massage Heads:** Includes 10 replaceable massage heads for various body parts, easy to disassemble and clean.
- **Quieter Operation:** High-quality quiet motor with a working decibel of only 40dB-50dB.
- **Smart LED Touch Screen:** Intelligent LED touch screen design with battery display for easy speed adjustment and battery monitoring.
- **Adjustable Speed Level Design:** Multiple speed levels from low to high to address different muscle soreness problems.

### 4. COMPONENTS AND ACCESSORIES

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Your TOLOCO Massage Gun EM26 comes with the main unit and 10 specialized massage heads, each designed for specific muscle groups and massage types.

# QUICKLY RELIEVE MUSCLE SORENES



Figure 2: The 10 replaceable massage heads.

## Massage Head Descriptions

Head Type	Suitable For
Round Head	Thighs, calves, back
Flat Head	All body parts
Y-shaped Head	Arm and leg muscles
Fork Head	Neck, spine, and Achilles tendon
Elbow Head	Palm, sole massage
Convex Head	Quads, gluteal
Shovel Head	Abdominal muscles and low back
Wedge Head	Larger muscles around legs, chest, and back
Bulge Head	Abdominal muscles

Head Type	Suitable For
Thumb Head	Palm, foot bottom

## 5. SETUP

### 5.1 Charging the Device

Before first use, fully charge the massage gun. Connect the USB-C charging cable (charging plug not included) to the port at the bottom of the handle. The LED display will indicate the battery level. A full charge can provide up to 6 hours of use, depending on the speed setting.



Figure 3: Charging the TOLOCO Massage Gun.

### 5.2 Attaching Massage Heads

Ensure the device is turned off before attaching or detaching any massage head. Simply insert the desired massage head into the opening at the front of the gun until it is securely in place. To remove, gently pull the head out.

## 6. OPERATING INSTRUCTIONS

### 6.1 Power On/Off

Locate the ON/OFF switch at the bottom of the handle. Slide the switch to the 'ON' position. The intelligent LED touch screen will light up, displaying the current speed level (initially 0) and battery status.



Figure 4: LED Touch Screen Interface.

### 6.2 Adjusting Speed Levels

Once powered on, press the fingerprint icon on the LED touch screen to start the massage. Use the '+' and '-' buttons to adjust the speed level. The device offers multiple speed levels (1-7) to customize your massage intensity. The display will show the current speed.

### 6.3 Usage Guidelines

Gently glide the massage gun over the desired muscle area. Apply light to moderate pressure. For different muscle soreness problems, you can find the appropriate amplitude to alleviate all muscle soreness problems. The device has a 12mm massage stroke depth for deep tissue relief.



Figure 5: Massage Amplitude for Deep Tissue Relief.

It is recommended to use the massage gun for 1-2 minutes per muscle group. The device may have an automatic shut-off feature after 10 minutes of continuous use to prevent overheating and ensure user safety.

## 7. MAINTENANCE

- **Cleaning:** Wipe the device with a slightly damp cloth. Do not use abrasive cleaners or immerse the device in water. Massage heads can be removed and cleaned separately with mild soap and water, then air-dried.
- **Storage:** Store the massage gun and its accessories in the provided carrying case in a cool, dry place away from direct sunlight and extreme temperatures.

## 8. TROUBLESHOOTING

- **Device not turning on:** Ensure the ON/OFF switch at the bottom is in the 'ON' position. Check the battery level on the LED screen and charge the device if the battery is low.
- **No percussive/weak percussive:** Ensure the massage head is properly attached. If the battery is low, charge the device.

- **Unusual noise:** Turn off the device and check if any foreign objects are obstructing the massage head. If the issue persists, contact customer support.

## 9. SPECIFICATIONS

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### TOLOCO Massage Gun EM26 Specifications

Feature	Detail
Model Number	EM26
Product Dimensions	9.8 x 3.94 x 7.87 inches
Item Weight	1.95 Pounds
Power Source	Battery Powered
Batteries	2 AAA batteries required (for display/internal components, not main power)
Material	Plastic
Manufacturer	TOLOCO
Country of Origin	China

## 10. WARRANTY AND SUPPORT

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For warranty information and customer support, please refer to the documentation included in your product packaging or visit the official TOLOCO website. Keep your purchase receipt for warranty claims.