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Igia CIGTHOYA

Igia Body Electric Massager Instruction Manual

Model: CIGTHOYA

1. INTRODUCTION

Welcome to the instruction manual for your Igia Body Electric Massager. This unique device is designed to provide deep tissue massage with micro-vibrations and infrared heat, offering relief for various muscle groups across your entire body. Its versatile design makes it an ideal tool for post-exercise recovery and general muscle relaxation.



Figure 1: The Igia Body Electric Massager in Grey and Blue.

2. SAFETY INFORMATION

Please read all safety warnings and instructions carefully before using the Igia Body Electric Massager to ensure safe operation and prevent injury.

- **Hand Placement:** It is advised NOT to put your hand in the gap between the roller and the body during use to avoid injury.
- **Hair Entanglement:** Be careful not to get long hair caught in the moving parts of the massager.
- **Automatic Shut-off:** For safety concerns and to prevent overheating, the device will automatically shut off after 30 minutes of continuous use.
- **Bony Areas:** Avoid rolling the massager directly over bony areas of the body. Focus on muscle tissue.
- **Medical Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult a healthcare professional if you have pre-existing medical conditions or concerns.

3. PRODUCT OVERVIEW

Familiarize yourself with the components of your Igia Body Electric Massager.



Figure 2: Key components of the Igia Body Electric Massager.

Massager Roller: The central part with multiple rollers designed for deep tissue massage.

Handle: Ergonomically designed handles for comfortable grip and control during use.

Control Pad: Located on the handle, this pad allows you to adjust settings.

Charger Input: Port for connecting the charging adapter.

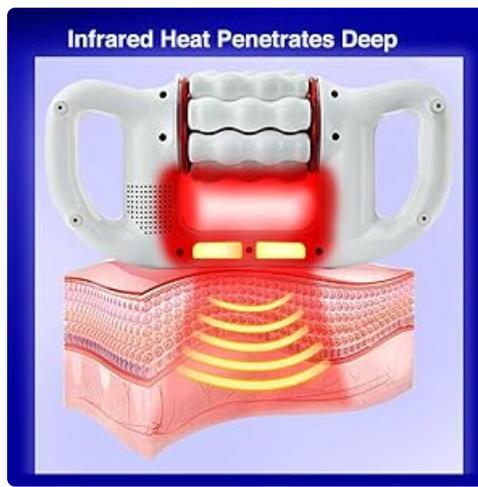


Figure 3: Detailed view of the control pad functions.

Speed Up Button: Increases the massage intensity.

Speed Down Button: Decreases the massage intensity.

Infrared Switch: Activates or deactivates the infrared heat function.

Power Switch: Turns the device on or off.

Speed Indicator: Lights indicating the current speed setting.

Battery Indicator: Lights indicating the remaining battery charge.

Red Light: Indicator for the infrared heat function.

4. SETUP

4.1 Charging the Device

The Igia Body Electric Massager is cordless and rechargeable. Before first use, or when the battery indicator shows low charge, fully charge the device.

1. Locate the charger input port on the massager.
2. Connect the provided charger to the massager's charger input.
3. Plug the charger into a standard electrical outlet.
4. The battery indicator lights on the control pad will show the charging status. A full charge typically lasts up to 40 minutes of continuous use.
5. Once fully charged, disconnect the charger from both the massager and the power outlet.

5. OPERATING INSTRUCTIONS

5.1 Basic Operation

1. Ensure the massager is fully charged.
2. Press the **Power Switch** button on the control pad to turn on the device.
3. Select your desired speed setting using the **Speed Up** and **Speed Down** buttons. There are five speed/power settings available.
 - Lower settings are suitable for very sore muscles.
 - Higher settings are effective for tight but less tender muscles.
4. To activate the infrared heat function, press the **Infrared Switch** button. The red light indicator will illuminate.

5. Apply the massager to the desired body area.
6. Move the massager slowly and steadily over the muscle groups.
7. The device will automatically shut off after 30 minutes of continuous use. You can manually turn it off by pressing the **Power Switch** again.

5.2 Recommended Usage Areas

The Igia Body Electric Massager is designed for whole-body use.



Figure 4: Versatile application on various body parts.

- **Neck and Shoulders:** For tension relief.
- **Back:** To soothe back muscles.
- **Arms and Legs:** Ideal for post-workout recovery.
- **Abdomen and Thighs:** For general relaxation and muscle stimulation.



Figure 5: User demonstrating application on the back.

5.3 Infrared Heat Function

The infrared heat function provides additional therapeutic benefits by penetrating deep into the muscles, promoting blood circulation and enhancing relaxation.

Infrared Heat Penetrates Deep

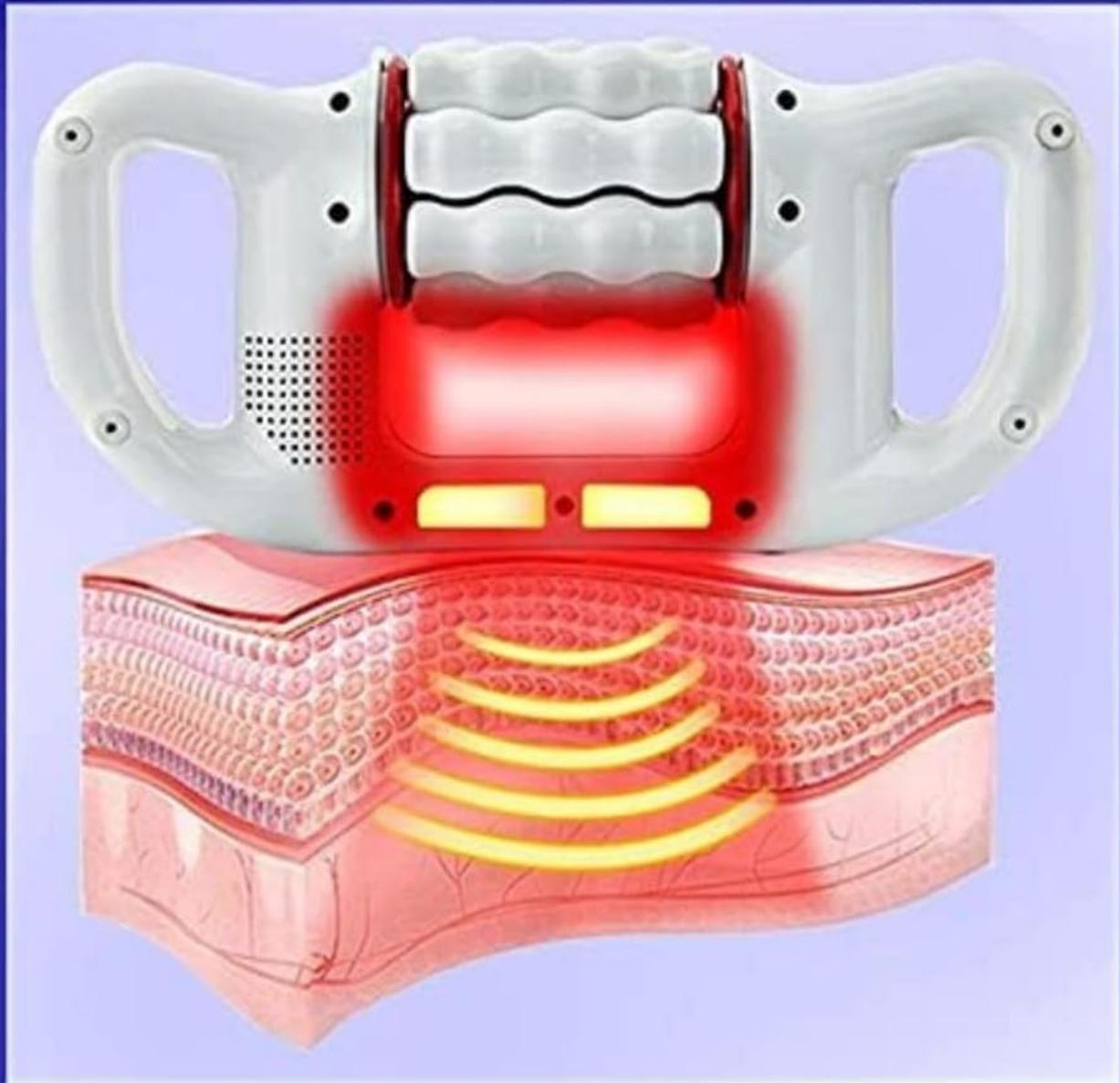


Figure 6: Infrared heat penetration diagram.

6. MAINTENANCE

6.1 Cleaning

- Before cleaning, ensure the massager is turned off and unplugged from any power source.
- Wipe the surface of the massager with a soft, damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals, as these may damage the device.
- Do not immerse the massager in water or any other liquid.

6.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep out of reach of children and pets.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is depleted.	Charge the device fully using the provided charger.
Massager stops during use.	Automatic shut-off activated (after 30 minutes).	This is a safety feature. Wait a few minutes before restarting if desired.
Infrared heat not working.	Infrared function not activated.	Press the Infrared Switch button on the control pad. Ensure the red light indicator is on.
Reduced massage intensity.	Low battery or incorrect speed setting.	Recharge the device. Adjust the speed setting using the Speed Up button.

8. SPECIFICATIONS

Feature	Detail
Product Dimensions	16.93 x 6.69 x 9.45 inches
Item Weight	5 Pounds
Model Number	CIGTHOYA
Batteries	2 Lithium Ion batteries (included)
Power Source	Battery Powered
Material	Ceramic (for roller components)
Manufacturer	IGIA
First Available	January 1, 2020
Usage	Whole Body



Figure 7: Product dimensions overview.

9. WARRANTY & SUPPORT

9.1 Warranty Information

The Igia Body Electric Massager comes with a **1-year limited warranty**. Additionally, a **30-day free return** policy is offered. Please retain your proof of purchase for warranty claims.

9.2 Customer Support

For any questions, concerns, or technical assistance regarding your Igia Body Electric Massager, please contact the manufacturer or seller through the platform where you purchased the product.

Manufacturer: IGIA



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This manual is for informational purposes only. Product specifications are subject to change without notice.