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Citizen JR4068-01E

Citizen Promaster Sailhawk Eco-Drive Watch User Manual

Model: JR4068-01E

1. INTRODUCTION

This manual provides essential instructions for the proper setup, operation, and maintenance of your Citizen Promaster Sailhawk Eco-Drive Watch, Model JR4068-01E. Please read this manual thoroughly to ensure correct usage and to maximize the lifespan of your timepiece.

The Citizen Promaster Sailhawk is an advanced timepiece featuring Eco-Drive technology, eliminating the need for battery replacement by converting light into energy. It includes a yacht racing timer, chronograph, dual-time display, and multiple alarm functions.



Figure 1: Front view of the Citizen Promaster Sailhawk Eco-Drive Watch with blue strap.

2. SETUP

2.1 Initial Charging

Your Eco-Drive watch is powered by light. Before initial use, expose the watch dial to bright light (natural or artificial) for several hours to ensure it is fully charged. A low charge may affect watch functions or cause it to stop.

2.2 Time and Date Setting

The Promaster Sailhawk features both analog and digital time displays, along with world time functions for 30 cities. Detailed instructions for setting the analog time, digital time, date, and home city are provided in the comprehensive PDF user guide. Refer to the official PDF manual for step-by-step procedures.



Figure 2: Watch dial with labeled components for setup and operation.

2.3 Hand Alignment Correction

If the analog hands do not align correctly with the digital time, a hand alignment correction may be necessary. This procedure is detailed in the full user guide.

3. OPERATING INSTRUCTIONS

The Promaster Sailhawk offers multiple modes and functions accessible via the crown and pushers. Familiarize yourself with the watch's controls as shown in Figure 2.

3.1 Mode Selection

Rotate the crown or use specific pushers to cycle through the watch's various modes, which typically

include:

- **Time Mode:** Displays current time and date.
- **Chronograph Mode:** For measuring elapsed time, including split lap time.
- **Yacht Racing Timer Mode:** Specialized countdown timer for yacht races.
- **Countdown Timer Mode:** A 99-minute countdown timer.
- **Alarm Mode:** Set and activate two independent alarms.
- **World Time Mode:** View time in 30 different cities.

3.2 Using the Chronograph

To activate the chronograph, switch to Chronograph Mode. Use the pushers to start, stop, and reset the timer. The watch supports split lap time measurements.

3.3 Yacht Racing Timer

The yacht racing timer provides a countdown sequence essential for competitive sailing. Consult the detailed PDF manual for specific setup and operation of this feature.

3.4 Water Resistance

This watch is water resistant to 200 meters (20 ATM). It is suitable for professional marine activity and serious surface water sports, but not for saturation diving. Ensure the crown is pushed in completely before exposing the watch to water.



Figure 3: Side view of the watch, illustrating the crown and pushers.

4. MAINTENANCE

4.1 Charging the Eco-Drive

To maintain optimal performance, regularly expose your watch to light. Avoid prolonged storage in dark places, as this can lead to a complete discharge and require a longer recharge period. A full charge can last for several months in darkness, but consistent light exposure is recommended.

4.2 Cleaning

Wipe the watch case and crystal with a soft, dry cloth. For the polyurethane strap, use a mild soap solution

and rinse thoroughly with fresh water, then dry completely. Avoid harsh chemicals or abrasive materials.

4.3 Water Resistance Check

To maintain the 200-meter water resistance, it is recommended to have the watch's gaskets checked by an authorized service center every 2-3 years, or after any impact to the watch.



Figure 4: Rear view of the watch, showing the Eco-Drive case back.

5. TROUBLESHOOTING

- **Watch Not Running:** Ensure the watch has received sufficient light exposure. Place it under bright light for several hours.

- **Incorrect Time/Date:** Refer to the 'Time and Date Setting' section in the full PDF manual for adjustment procedures.
- **Hands Not Aligning:** Perform the hand alignment correction procedure as outlined in the detailed user guide.
- **Digital Display Issues:** Check the charge level. If problems persist, a full reset may be required (refer to the PDF manual).

For more complex issues, consult the comprehensive user guide or contact Citizen customer support.

6. SPECIFICATIONS

- **Model Number:** JR4068-01E
- **Movement:** Eco-Drive (Solar Powered)
- **Case Material:** Stainless Steel
- **Strap Material:** Polyurethane
- **Crystal:** Mineral
- **Water Resistance:** 200 Meters (20 ATM)
- **Functions:** Yacht Racing Timer, Chronograph, Split Lap Time, 99-Minute Countdown Timer, Dual-Time (Analog/Digital), World Time (30 Cities), Two Alarms, Luminous Hands and Markers.

7. WARRANTY

The Citizen Promaster Sailhawk Eco-Drive Watch, Model JR4068-01E, comes with a 5-Year Limited Warranty. This warranty covers manufacturing defects under normal use. For complete details regarding warranty coverage, terms, and conditions, please refer to the warranty card included with your purchase or visit the official Citizen website.

8. SUPPORT

For further assistance, detailed instructions, or to download the complete user guide, please use the resources below:

- **Official User Guide (PDF):** Download PDF Manual
- **Citizen Official Website:** Visit Citizen Watch Global



Figure 5: Protective case for the Citizen Promaster Sailhawk watch.