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> [VIVO Electric Stand Up Desk Frame Workstation User Manual](#)

VIVO DESK-V100EW

VIVO Electric Stand Up Desk Frame Workstation User Manual

Model: DESK-V100EW | Brand: VIVO

PRODUCT OVERVIEW

The VIVO Electric Stand Up Desk Frame Workstation (Model DESK-V100EW) is designed to provide a height-adjustable base for DIY tabletops, promoting an ergonomic and active workspace. This frame features a single motor for smooth height adjustments and a simple 2-button controller for ease of use.

- **Active Workstation Legs:** Designed for DIY tables, this ergonomic standing desk frame gives you the height adjustment you want with customization options (table top must be purchased separately).
- **Compatibility:** Recommended Tabletop Sizes - Length of 37" to 80", Width of 23" to 43", and a thickness of 3/4" and greater (Actual Frame Length: 36.8" to 59.7", Frame Height: 27.6" to 45.7").
- **Solid 154 lbs Support:** All-steel construction and a sturdy 2-part column support system hold weights up to 154 lbs, so you can rest easy knowing that your workstation is safe and secure. Leveling feet adapt to nearly any floor surface.
- **Electric Lift System:** Strong, 2-piece telescopic legs create precise height adjustment, allowing you to go from sitting to standing in seconds. The powerful single motor features 0.8" per second lift speed.
- **2-Button Controller:** This simple controller is easy-to-use so you can quickly find your desired height setting.

SAFETY INFORMATION

Please read and understand all instructions before use. Failure to follow these instructions may result in injury or damage to the product. Keep this manual for future reference.

- Do not exceed the maximum weight capacity of 154 lbs (70 kg).
- Ensure all screws and bolts are securely tightened before and during use.
- Keep children and pets away from the desk during operation.
- Avoid placing objects that could fall or be damaged during height adjustments.
- Do not operate the desk if any cables are damaged or frayed.
- If the desk makes unusual noises or movements, discontinue use and consult the troubleshooting section or contact customer support.

SETUP AND ASSEMBLY

Follow these steps to assemble your VIVO Electric Stand Up Desk Frame Workstation. It is recommended to have two people for assembly.



Figure 1: Overview of the VIVO Electric Stand Up Desk Frame Workstation components.

Recommended Table Top Sizes

Length : 37" - 80" (94cm - 203cm)

Width: 23" - 43" (58cm - 109cm)

Thickness: 3/4" and greater (2cm)

Solid, Steel Build



Figure 2: Key dimensions and solid steel construction of the desk frame.



Figure 3: Detailed view of the 2-tier leg design, highlighting the telescopic mechanism.

Assembly Video Guide

For a visual guide on assembly, please watch the official VIVO assembly video:

Your browser does not support the video tag.

Video: DESK-V100EB Assembly | Electric Single Motor Desk Frame. This video provides step-by-step instructions for assembling your desk frame.

General Assembly Steps (Refer to video for details)

1. **Assemble Crossbars to Legs:** Attach the left and right crossbars to the leg columns using the provided hardware.
2. **Secure Side Brackets:** Fasten the side brackets to the legs, ensuring they are aligned correctly.
3. **Assemble Feet to Legs:** Attach the feet to the bottom of each leg column.
4. **Insert Center Crossbar:** Slide the center crossbar into the left and right crossbars and secure it.
5. **Attach Sync Rod:** Connect the sync rod to the desk assembly, ensuring smooth operation between the legs.
6. **Apply Anti-Vibration Pads:** Place the anti-vibration pads on the top of the desk frame where the desktop will

rest.

7. **Attach Desktop:** Carefully place your chosen desktop onto the assembled frame and secure it using appropriate screws (desktop sold separately).
8. **Attach Control Panel and Organize Cables:** Mount the 2-button control panel to the underside of the desktop and organize all cables using the provided cable management accessories.

OPERATING INSTRUCTIONS

Your VIVO Electric Stand Up Desk Frame is equipped with a simple 2-button controller for easy height adjustments.



Figure 4: The 2-button control panel for raising and lowering the desk.

- **Raise Desk:** Press and hold the **UP** arrow button to raise the desk to your desired standing height.
- **Lower Desk:** Press and hold the **DOWN** arrow button to lower the desk to your desired sitting height.
- Release the button at any point to stop the desk at the current height.

MAINTENANCE

Regular maintenance helps ensure the longevity and smooth operation of your desk frame.

- **Cleaning:** Wipe down the frame with a soft, damp cloth. Avoid abrasive cleaners or solvents.
- **Cable Management:** Periodically check that all cables are securely organized and not pinched or tangled.
- **Fasteners:** Every few months, check all screws and bolts to ensure they are tight. Retighten if necessary.
- **Weight Capacity:** Do not overload the desk beyond its 154 lbs (70 kg) weight capacity.

TROUBLESHOOTING

If you encounter any issues with your desk frame, refer to the common problems and solutions below.

Problem	Possible Cause	Solution
Desk does not move.	Power cable disconnected or power outage.	Check power connections and ensure power outlet is functional.
Desk moves unevenly or makes unusual noises.	Loose fasteners or obstruction.	Check and tighten all screws and bolts. Ensure no objects are obstructing the legs.
Desk stops mid-movement.	Overload protection activated.	Reduce weight on the desk. Wait a few minutes for the motor to cool down before attempting to operate again.

SPECIFICATIONS

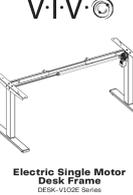
Feature	Detail
Brand	VIVO
Model Number	DESK-V100EW
Product Dimensions	23.6"D x 36.8"W x 27.6"H
Color	White
Style	Modern
Base Material	Alloy Steel
Special Feature	Electric
Maximum Height	45.7 Inches
Minimum Height	28.6 Inches
Maximum Weight Recommendation	154 Pounds
Required Assembly	Yes
Included Components	White Electric Single Motor Desk Frame
Manufacturer Warranty	3 year limited warranty

WARRANTY AND SUPPORT

The VIVO Electric Stand Up Desk Frame Workstation (Model DESK-V100EW) comes with a 3-year limited warranty from the manufacturer. For any product inquiries, technical assistance, or warranty claims, please contact VIVO customer support.

You can find additional support and contact information on the official VIVO website or through your retailer.

Related Documents - DESK-V100EW

 <p>Electric Single Motor Desk Frame DESK-V100EB Series Individual Product Specs</p>	<p>VIVO Electric Single Motor Desk Frame Assembly Manual (DESK-V100EB Series)</p> <p>Assembly manual for the VIVO DESK-V100EB Series Electric Single Motor Desk Frame. Includes package contents, hardware, tools, step-by-step assembly instructions, and controller operation.</p>
 <p>Electric Single Motor Desk Frame DESK-V102E Series Individual Product Specs</p>	<p>VIVO DESK-V102E Series Electric Single Motor Desk Frame Assembly Manual</p> <p>Step-by-step assembly guide and user manual for the VIVO DESK-V102E Series electric single motor desk frame, including control panel operation, troubleshooting, and safety information.</p>
 <p>Black Electric Single Motor Desk Frame DESK-V100EBY Individual Product Specs</p>	<p>VIVO DESK-V100EBY Black Electric Single Motor Desk Frame Assembly and Operation Manual</p> <p>This manual provides detailed instructions for assembling and operating the VIVO DESK-V100EBY Black Electric Single Motor Desk Frame. It includes a parts list, assembly steps with diagrams, operating instructions for the controller, and troubleshooting tips.</p>
 <p>White Electric Single Motor Desk Frame DESK-V100EWY Individual Product Specs</p>	<p>VIVO DESK-V100EWY White Electric Single Motor Desk Frame Assembly Manual</p> <p>Comprehensive instruction manual for assembling the VIVO DESK-V100EWY White Electric Single Motor Desk Frame. Includes pre-assembly safety warnings, parts list, step-by-step assembly instructions, controller operation, and troubleshooting.</p>
 <p>Black Electric Single Motor Desk Frame Instruction Manual DESK-V100EBY</p>	<p>VIVO DESK-V100EBY Black Electric Single Motor Standing Desk Frame - Assembly Manual</p> <p>Assembly instructions for the VIVO DESK-V100EBY Black Electric Single Motor Standing Desk Frame. Learn how to assemble your adjustable desk with step-by-step guidance, safety warnings, and part lists.</p>



Black Electric Single Motor Desk Frame
VIVO DESK-V102E



ASSEMBLY VIDEO AVAILABLE!
Scan the QR code to watch the assembly video for this product. For more information, visit www.vivo.com

sales@vivo.com | 800-232-8228 | www.vivo.com

[VIVO DESK-V102E Black Electric Single Motor Desk Frame Assembly and Operation Manual](#)

Comprehensive assembly and operation guide for the VIVO DESK-V102E Black Electric Single Motor Desk Frame. Includes step-by-step instructions, controller functions, safety warnings, troubleshooting, and contact information for VIVO support.