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› NEHOO Universal Cold Therapy Replacement Pad Instruction Manual

NEHOO NEHOO-UP001

NEHOO Universal Cold Therapy Replacement Pad Instruction Manual

Model: NEHOO-UP001 | Brand: NEHOO

INTRODUCTION

This manual provides detailed instructions for the NEHOO Universal Cold Therapy Replacement Pad. This pad is designed to deliver targeted cold therapy for pain relief across various body parts, including the knee, shoulder, lumbar, ankle, cervical, back, leg, and hip. For optimal performance and safety, please read and understand all instructions before use.

The NEHOO Universal Cold Therapy Pad is constructed from flexible, clear polyether TPU for the main part, with an insulating sponge cloth on the back. It features male quick connectors with internal stoppers to prevent leaks when disconnected. Each package includes one therapy pad, three elastic straps, and one nonwoven liner.



The NEHOO Universal Cold Therapy Pad, shown with three elastic straps and a nonwoven liner, is designed for various body areas.

SETUP INSTRUCTIONS

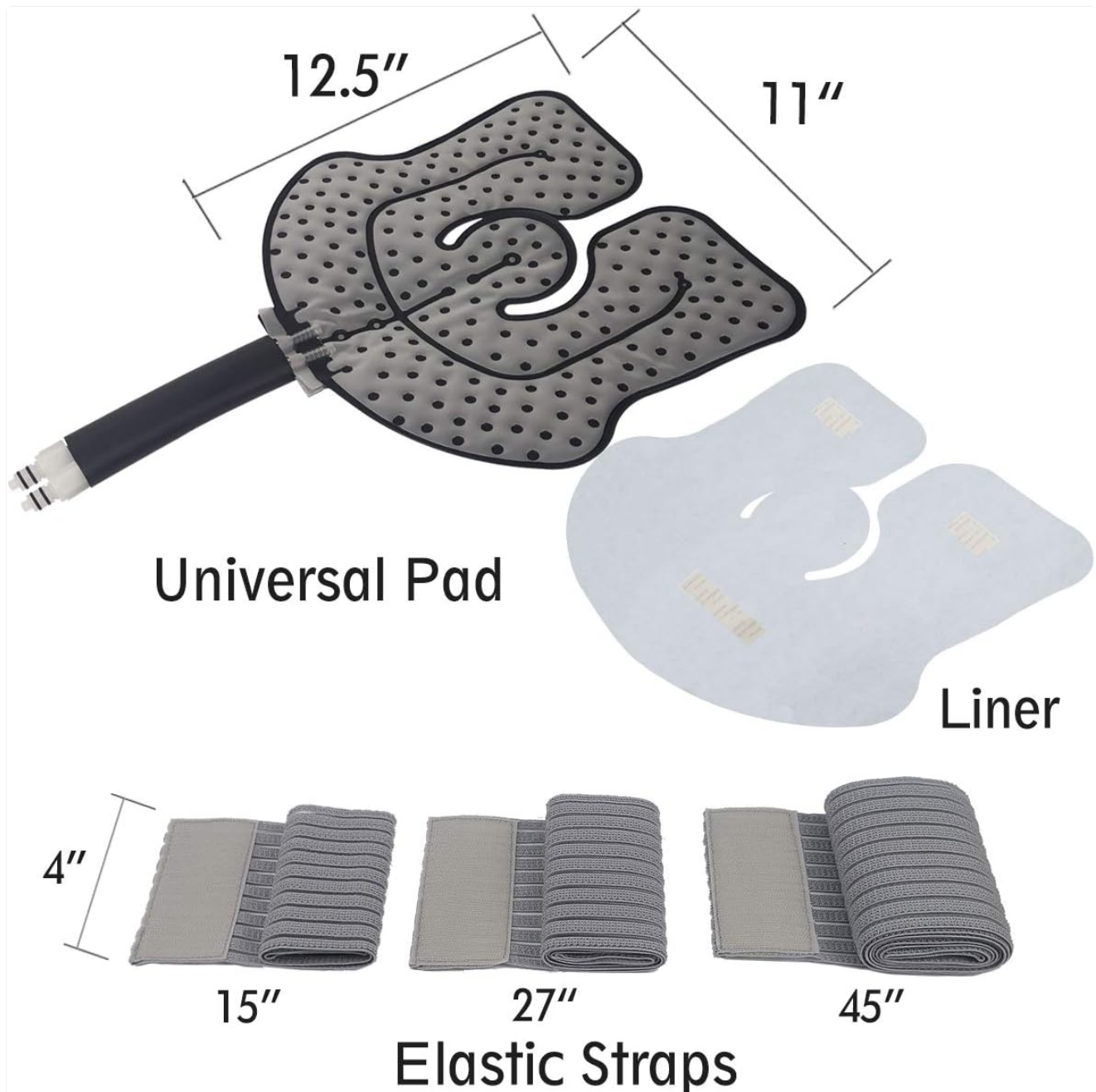
Before attaching the NEHOO Universal Cold Therapy Pad, it is crucial to verify the compatibility of your cold therapy machine's connectors. This pad is specifically designed for NEHOO cold therapy machines. In some cases, if your original machine's connectors are still functional and the hose is 1/4 inch, you may be able to replace the connectors on the pad with your original ones.



Left: This image illustrates connector types that are not compatible with the NEHOO cold therapy system. Please ensure your machine's connectors match the required specifications. Right: This image provides precise measurements (0.22" / 5.8mm and 0.42" / 10.8mm) for the male quick connectors, crucial for ensuring compatibility with your cold therapy machine.

To set up the pad:

1. Ensure your cold therapy machine is turned off and disconnected from power.
2. Carefully align the male quick connectors of the NEHOO therapy pad with the corresponding ports on your cold therapy machine.
3. Push firmly until you hear a click, indicating a secure connection. The inner stoppers within the male quick connectors are designed to prevent leaks.
4. Once connected, you can proceed to fill your cold therapy machine with ice and water as per its specific instructions.



A detailed view of the quick connectors on the NEHOO cold therapy pad, designed for easy and secure attachment to compatible cold therapy machines.

OPERATING INSTRUCTIONS

The NEHOO Universal Cold Therapy Pad is designed for versatile application across various body parts. To use the pad effectively:

1. After connecting the pad to your cold therapy machine, position the pad directly on the affected area requiring pain relief. This includes the knee, shoulder, lumbar, ankle, cervical, back, leg, or hip.
2. Utilize the provided elastic straps to comfortably and securely wrap the pad around the body part. The three elastic straps come in varying lengths (15", 27", and 45") and are 4" wide, allowing for a snug fit on different body sizes and areas.
3. Once the pad is securely in place, activate your cold therapy machine according to its operating instructions.
4. The duration of therapy is typically a few minutes to an hour, consistent with common cold therapy practices. Always follow the recommendations of your healthcare professional regarding therapy duration and frequency.



Shoulder



Lumbar



Ankle



Knee

The universal pad is versatile and can be applied to multiple areas for targeted cold therapy, including the shoulder, lower back (lumbar), ankle, and knee.



This image displays the universal pad with its approximate dimensions (12.5" x 11") and the three included elastic straps (15", 27", 45" in length, 4" wide) for secure attachment.

MAINTENANCE

To ensure the longevity and hygienic use of your NEHOO Universal Cold Therapy Pad, follow these simple maintenance guidelines:

- After each use, disconnect the pad from the cold therapy machine and drain any remaining water.
- Wipe down the exterior of the pad with a soft, damp cloth and mild soap if necessary. The flexible, clear polyether TPU material is easy to clean.
- Allow the pad to air dry completely before storing.
- Store the pad in a clean, dry place away from direct sunlight and extreme temperatures.
- Regularly inspect the pad and connectors for any signs of wear, damage, or leaks. While the male quick connectors have inner stoppers to prevent leaks, routine checks are recommended.



The reverse side of the universal pad features an insulating sponge cloth material for comfort and thermal efficiency.

TROUBLESHOOTING

This section addresses common issues you might encounter with your NEHOO Universal Cold Therapy Pad.

- **Issue: Pad is not receiving cold water or flow is restricted.**

Solution: Ensure the quick connectors are fully engaged and securely attached to the cold therapy machine. Check the hoses for any kinks or blockages. Verify that the cold therapy machine itself is operating correctly and circulating water.

- **Issue: Leaking at the connection point.**

Solution: Double-check that the quick connectors are properly seated and fully pushed in. The male quick connectors are designed with inner stoppers to prevent leaks when disconnected, but a loose connection can still cause issues. If the leak persists, inspect the O-rings on the connectors for damage or wear.

- **Issue: Pad does not fit my cold therapy machine.**

Solution: This pad is designed for NEHOO cold therapy machines. As noted in the setup section, compatibility with other brands is not guaranteed. Refer to the connector dimension image in the Setup section to compare with your machine's connectors. If your original connectors are 1/4 inch, you may be able to replace the pad's

connectors with your original ones.

SPECIFICATIONS

Brand	NEHOO
Model Number	NEHOO-UP001
Package Dimensions	13.23 x 8.98 x 2.04 inches
Item Weight	8.78 ounces
Material (Main Part)	Flexible, clear polyether TPU
Material (Back)	Insulating sponge cloth
Special Features	Flexible, Leak Proof (due to inner stoppers in connectors)
Included Components	1 Therapy Pad, 3 Elastic Straps, 1 Nonwoven Liner

WARRANTY INFORMATION

Specific warranty information for the NEHOO Universal Cold Therapy Replacement Pad is not provided in the available product details. Please refer to the product packaging or contact NEHOO customer service for details regarding warranty coverage.

CUSTOMER SUPPORT

Specific customer support contact information for NEHOO is not provided in the available product details. For assistance, please refer to the contact information on the product packaging or visit the official NEHOO website.