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› Nalwort Teen Girls Period Underwear Instruction Manual

## Nalwort Teen Girls Period Underwear

# Nalwort Teen Girls Period Underwear Instruction Manual

Brand: Nalwort

## 1. PRODUCT OVERVIEW

Nalwort Teen Girls Period Underwear is designed to provide extra protection against leaks during menstrual periods. These briefs are crafted with comfort and security in mind, helping to prevent embarrassing accidents and offer peace of mind throughout the day and night. They are an essential addition to be used in conjunction with other menstrual products like pads, cups, or tampons.



Image: A pack of six Nalwort Teen Girls Period Underwear, showcasing different colors and the brand's waistband.

## 2. SETUP AND FIRST USE

Before the first use, it is recommended to wash the period underwear. This helps to prepare the fabric for optimal absorbency and ensures hygiene.

### Initial Washing Instructions:

- Hand wash only.
- Use cold water.
- Do not use bleach or fabric softeners, as these can reduce the effectiveness of the leak-proof layer.
- Air dry or tumble dry on low heat.

Image: A visual representation of hand washing the period underwear.

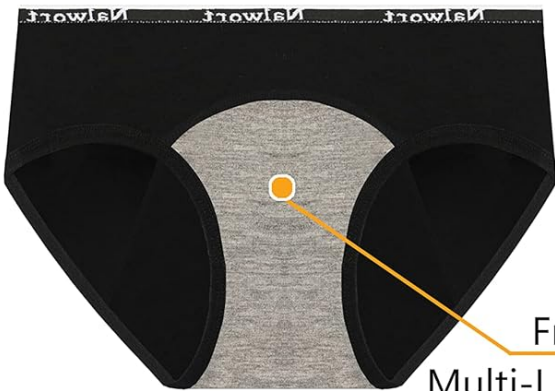
### 3. USAGE AND PROTECTION

Nalwort Period Underwear is designed to provide an additional layer of security against leaks. It is crucial to understand that these briefs are not a standalone replacement for primary menstrual products. They must be used in conjunction with sanitary pads, menstrual cups, or tampons to achieve full leak-proof protection.

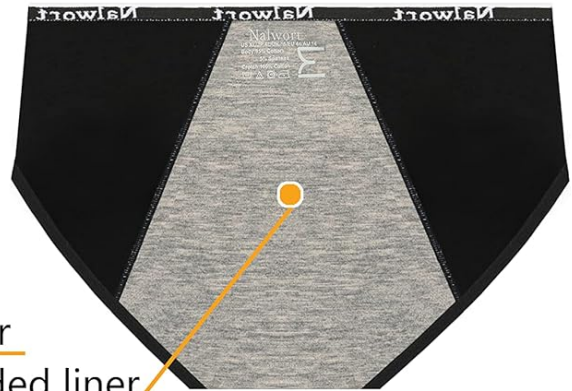
The underwear features an extended multi-layer lining that covers both the front and back, offering comprehensive coverage where it's needed most. This design helps to contain any overflow, preventing stains on clothing or bedding.

#### Multi-Layer protection

##### Inner front



##### Inner back



Front to Rear  
Multi-Layer extended liner

#### Must Use Together with Menstrual Pads/Cups/Tampons



Image: Diagram illustrating the multi-layer extended liner in the inner front and back of the underwear.

# Instructions for leak-proof protection

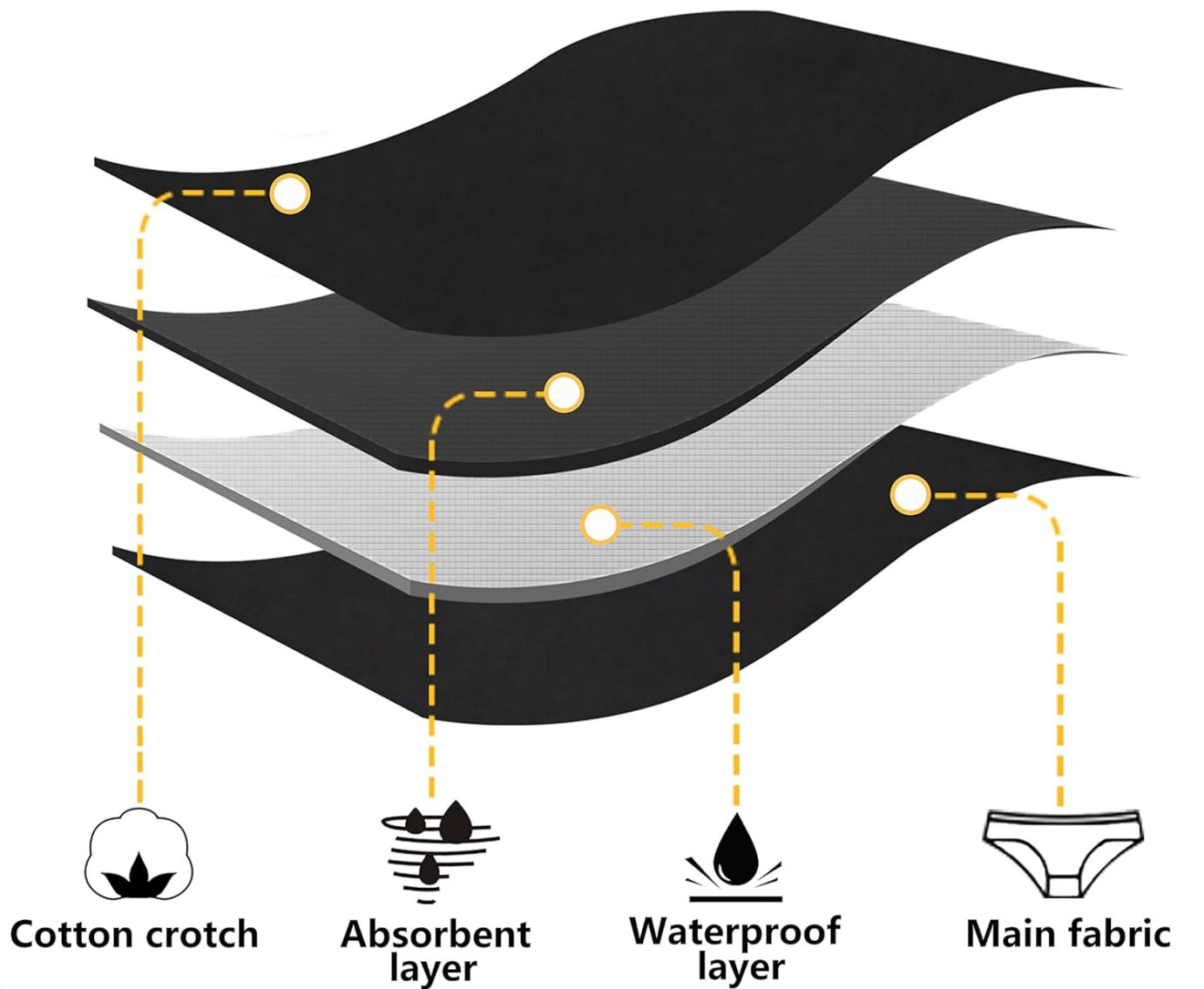


Image: Detailed illustration of the four protective layers: cotton crotch, absorbent layer, waterproof layer, and main fabric.



Image: Visual reminder that the period underwear should be used with pads, cups, or tampons for complete protection.

## 4. MAINTENANCE AND CARE

Proper care of your Nalwort Period Underwear will ensure its longevity and continued effectiveness.

### Washing Instructions:

1. Rinse immediately after use in cold water until the water runs clear.
2. Hand wash with a mild detergent. Avoid harsh chemicals, bleach, or fabric softeners.
3. Do not iron.
4. Hang to dry or lay flat. Avoid high heat drying as it can damage the waterproof layer.



Image: A visual guide to hand washing the underwear.

## 5. SIZING GUIDE

To ensure the best fit and optimal protection, please refer to the sizing chart below. Measurements are approximate and may vary slightly.

### US TEEN GIRLS PERIOD UNDERWEAR

Brand Size	US Size	Age	Weight	Hip (in)
6 - 8 Years	Small	6 - 8Y	30 - 49lb	26 - 27.5
8 - 10 Years	Medium	8 - 10Y	50 - 65lb	28 - 29.5
10 - 12 Years	Large	10 - 12Y	65 - 79lb	30 - 31.5
12 - 14 Years	X-Large	12 - 14Y	80 - 105lb	32 - 33.5
14 - 16 Years	XX-Large	14 - 16Y	105 - 130lb	34 - 35.5

Table: Detailed sizing guide for Nalwort Teen Girls Period Underwear, including age, weight, and hip measurements.

## Nalwort Period Underwear for Teen Girls

**1**

Pour a little water onto lining

**2**

The lining totally absorbs the water

**3**

Cut open from the middle

**4**

The outside still stays dry

### FIND YOUR FIT!

SIZE	S	M	L	XL	2XL
AGE(years)	6-8	8-10	10-12	12-14	14-16
HIP(inch)	26-27.5	28-29.5	30-31.5	32-33.5	34-35.5
Weight(lbs)	30-49	50-65	65-79	80-105	105-130

The sizes are manually measured with error from 0.2 to 0.8 inches.

Image: Visual representation of the underwear's absorbency and a size chart for reference.

## 6. FEATURES AND BENEFITS

- **Enhanced Protection:** Features a higher front lining and extended back for increased coverage, effectively preventing leaks and providing peace of mind.
- **Premium Cotton Lining:** The surface is made with premium cotton, which can absorb some liquid, contributing to a comfortable and secure feeling.
- **Optimal Partner:** Designed to work seamlessly with pads, cups, or tampons, offering an essential secondary layer of defense against menstrual leaks.
- **Comfortable Fit:** Made with 95% cotton and 5% other fibers, ensuring a soft, elastic, and breathable fit for daily wear.
- **High Liner Design:** Crotch linings are extended for superior protection, and the variety of vibrant colors can help maintain a positive mood.



## Elastic Waistband

Very elastic and comfortable to wear

## Excellent Workmanship

Woven with fine yarn for added softness



## Full Cotton Crotch

Breathable  
Cleaner and healthier



Image: Details highlighting the elastic waistband, quality workmanship, and breathable cotton crotch.



Image: Display of various colored underwear with icons representing softness, cotton material, breathability, and elasticity.

## 7. TROUBLESHOOTING

While Nalwort Period Underwear provides excellent secondary protection, occasional issues may arise. Here are some common concerns and solutions:

- **Unexpected Leaks:** Ensure the underwear is used with a primary menstrual product (pad, cup, or tampon). For heavy flow days, consider changing primary products more frequently.
- **Discomfort/Bulkiness:** Verify that the correct size has been chosen using the sizing guide. The underwear is designed to be thin and discreet, but an incorrect size can affect comfort.
- **Odor:** Rinse immediately after use. Follow proper washing instructions, ensuring thorough cleaning with mild detergent. Air drying completely is essential to prevent odors.
- **Stains on Underwear:** While designed to prevent leaks, heavy flow can still cause stains on the inner lining. Prompt rinsing and washing can help minimize staining.



Image: A visual example of a leak on clothing, highlighting the need for protective underwear.

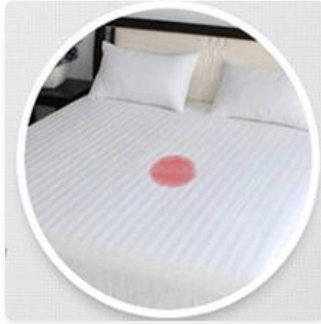


Image: A visual example of a leak on bedding, emphasizing night-time protection.

## 8. SPECIFICATIONS

Feature	Detail
Department	Girls
Date First Available	October 31, 2019
ASIN	B07ZTZ94TP
Fabric Type	95% Cotton, 5% Other Fibers
Care Instructions	Hand Wash Only

## 9. SUPPORT AND CONTACT

For any questions regarding sizing, color, style, or other product-related inquiries, the Nalwort after-sales team is available 24 hours online to assist you. Please refer to your purchase platform for direct contact methods or visit the official Nalwort brand page for support information.

## 10. OFFICIAL PRODUCT VIDEOS

Watch the official product video from the seller for a visual guide on the features and benefits of Nalwort Teen Girls Period Underwear.

Your browser does not support the video tag.

Video: "Teen Girls Period Underwear" by Nalwort (Seller). This video demonstrates the product's features, including its leak-proof capabilities and various styles.



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