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Bob's Red Mill P101097

Bob's Red Mill White Popcorn Instruction Manual

Model: P101097

1. Product Overview

Bob's Red Mill White Popcorn consists of whole grain white corn kernels. These kernels are suitable for various popping methods and are a source of dietary fiber. The product is Non-GMO, Whole Grain, Vegan, and Kosher.



Image 1.1: Bob's Red Mill White Popcorn product packaging, featuring a resealable bag of unpopped kernels and a branded box.

2. Preparation Methods

2.1. Stovetop Popping

1. Place 1/4 cup of white popcorn kernels and 1 tablespoon of oil into a heavy pot.
2. Cover the pot with a tight-fitting lid.
3. Heat over medium-high heat.
4. Shake the pot frequently until the popping sounds cease.
5. Approximately 4 cups of popped popcorn will result.



Image 2.1: Unpopped white popcorn kernels, ready for preparation.

2.2. Microwave Popping

1. Place approximately one-third cup of unpopped kernels into a brown paper bag.
2. Fold the top of the bag down to secure it.
3. Microwave for one to three minutes, or until the popping slows to about 3 seconds between pops.

4. This method also yields approximately 4 cups of popped popcorn.

3. Nutritional Information

The primary ingredient in this product is Whole Grain White Corn. For detailed nutritional values, refer to the nutrition facts panel provided on the product packaging.



Image 3.1: Nutrition Facts panel from the product packaging.

Ingredient: Whole Grain White Corn.

4. Storage and Handling

Store Bob's Red Mill White Popcorn in a cool, dry place. The resealable packaging helps maintain freshness after opening.

5. Troubleshooting

5.1. Unpopped Kernels

If a significant number of kernels remain unpopped, consider the following:

- **Heat Level:** Ensure the heat source is consistent and adequate. Too low heat may result in fewer popped kernels, while excessively high heat can burn kernels before they pop.
- **Oil Quantity (Stovetop):** Use the recommended amount of oil to ensure even heat distribution.
- **Moisture Content:** Popcorn kernels require a specific moisture content to pop. Storing in a cool, dry place helps preserve this.

6. Product Specifications

Brand	Bob's Red Mill
Model Number	P101097
UPC	039978022950
Item Weight	120 Ounces (7.5 Pounds)
Product Dimensions	9.5 x 4 x 8 inches
Specialty	Gluten Free, Non-GMO
Allergen Information	Milk Free, Sesame Seeds, Soy, Tree Nuts, Wheat Free

7. Warranty and Support

Specific warranty information for this food product is not provided. For product inquiries or support, please visit the official Bob's Red Mill website or contact their customer service directly.



Image 7.1: Freshly popped white popcorn, ready for consumption.

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