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> [Domyos](#) /

> [Domyos Energy Fitness Jacket 109895 User Manual](#)

Domyos 109895

Domyos Energy Fitness Jacket 109895 User Manual

Model: 109895

1. INTRODUCTION

The Domyos Energy Fitness Jacket 109895 is designed for fitness activities, offering comfort and performance. This manual provides instructions for proper use, care, and maintenance to ensure the longevity and effectiveness of your jacket.



This image shows the Domyos Energy Fitness Jacket in black, highlighting its design and fit.

Key Features:

- **Moisture Management:** Fabric actively wicks away perspiration to keep you feeling dry during your workout.
- **Composition:** Made from 100% Polyester (PES) for the main fabric, yoke, and lining, ensuring

durability and comfort.

2. SETUP AND WEARING

The Domyos Energy Fitness Jacket is designed for ease of use. Follow these simple steps to wear your jacket:

1. Unzip the jacket fully.
2. Insert your arms into the sleeves.
3. Adjust the fit around your shoulders and torso for comfort.
4. Zip up the front to your desired level of closure.
5. Ensure freedom of movement for your intended activity.

3. OPERATING (USAGE)

This jacket is suitable for various fitness activities. Its moisture-wicking properties help manage perspiration, making it ideal for:

- Indoor and outdoor training
- Warm-up and cool-down sessions
- Light to moderate intensity workouts

Wear it as an outer layer or mid-layer depending on weather conditions and personal preference.

4. MAINTENANCE AND CARE

Proper care will extend the life of your Domyos Energy Fitness Jacket. Follow these instructions:

- **Washing:** Machine wash at 30°C (86°F). Use a gentle cycle with similar colors.
- **Drying:** Air dry. Do not tumble dry.
- **Ironing:** No need to iron. If necessary, iron at a very low temperature and avoid direct contact with any printed logos.
- **Bleaching:** Do not bleach.
- **Dry Cleaning:** Do not dry clean.

Always refer to the care label inside the garment for specific instructions.

5. TROUBLESHOOTING

Most issues with fitness apparel relate to fit or care. Here are some common points:

Fit Issues:

- If the jacket feels too tight or too loose, ensure you have selected the correct size. Refer to Domyos sizing guides if available.
- Ensure full range of motion is maintained during your activity.

Material Care Questions:

- **Odor Retention:** If odors persist after washing, ensure the jacket is thoroughly air-dried. Avoid

leaving damp clothing in confined spaces.

- **Fabric Damage:** Avoid contact with rough surfaces or sharp objects that could snag or tear the polyester fabric.

For further assistance, contact Domyos customer support.

6. SPECIFICATIONS

Attribute	Detail
Model Number	109895
Brand	Domyos
Manufacturer	Decathlon
Main Fabric Composition	100% Polyester (PES)
Yoke Composition	100% Polyester (PES)
Lining Composition	100% Polyester (PES)
Item Weight	320 g
Generic Name	Exercise & Fitness Apparel

7. WARRANTY AND SUPPORT

The Domyos Energy Fitness Jacket 109895 comes with a **2-year guarantee** from the date of purchase. This guarantee covers manufacturing defects under normal use and care as outlined in this manual. For warranty claims, product support, or further inquiries, please contact Decathlon customer service or visit their official website. Keep your proof of purchase for warranty validation.

Manufacturer: Decathlon