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› Mount-It! Single Monitor Arm Wall Mount Workstation MI-7991 Instruction Manual

Mount-It! MI-7991

Mount-It! Single Monitor Arm Wall Mount Workstation Instruction Manual

Model: MI-7991

INTRODUCTION

This manual provides detailed instructions for the safe and efficient installation, operation, and maintenance of your Mount-It! Single Monitor Arm Wall Mount Workstation. Please read this manual thoroughly before installation and retain it for future reference.

SAFETY INFORMATION

Important: Improper installation or use of this product can result in serious injury or damage. Always follow these safety guidelines:

- Read all instructions carefully before assembly and installation.
- Ensure the mounting surface (wall) can safely support the combined weight of the workstation, monitor, and CPU. This product is designed for installation on wood studs or solid concrete walls only.
- Do not exceed the maximum weight capacities for the monitor arm (17.6 lbs) and CPU holder (22 lbs).
- This workstation is designed for standard flat computer displays (17-32 inches). It is not intended for oversized or ultrawide monitors.
- Use only the hardware provided or specified by the manufacturer.
- If you have any doubts about the installation, consult a qualified professional.
- Keep children and pets away during installation.

PACKAGE CONTENTS

Verify that all components are present and undamaged before proceeding with installation. If any parts are missing or damaged, contact Mount-It! customer support.

SIT OR STAND



Image: Overview of all workstation components, including the main pole, monitor arm, keyboard tray, and CPU holder.

- Mounting Pole
- Monitor Arm (Gas Spring)
- Foldable Keyboard Tray
- Adjustable CPU Holder
- Base Support Bracket
- Top Support Bracket
- Cable Management Clips
- VESA Plate
- Installation Hardware (screws, washers, drywall anchors)
- Allen Wrenches for adjustment

SPECIFICATIONS

Feature	Specification
Model Number	MI-7991
Monitor Screen Size Compatibility	17" - 32"
VESA Compatibility	75x75mm, 100x100mm
Monitor Weight Capacity	2.2 - 17.6 lbs (1 - 8 kg)
Keyboard Tray Dimensions	26" x 9.5"
CPU Holder Width Adjustment	4.8" - 8.3"
CPU Holder Weight Capacity	Up to 22 lbs
Height Adjustment Range	28 inches (Gas Spring)
Tilt Range	±35°
Swivel Range	180°
Rotation	180° (Portrait to Landscape)
Material	Alloy Steel
Mounting Type	Wall Mount (Wood Studs or Concrete)

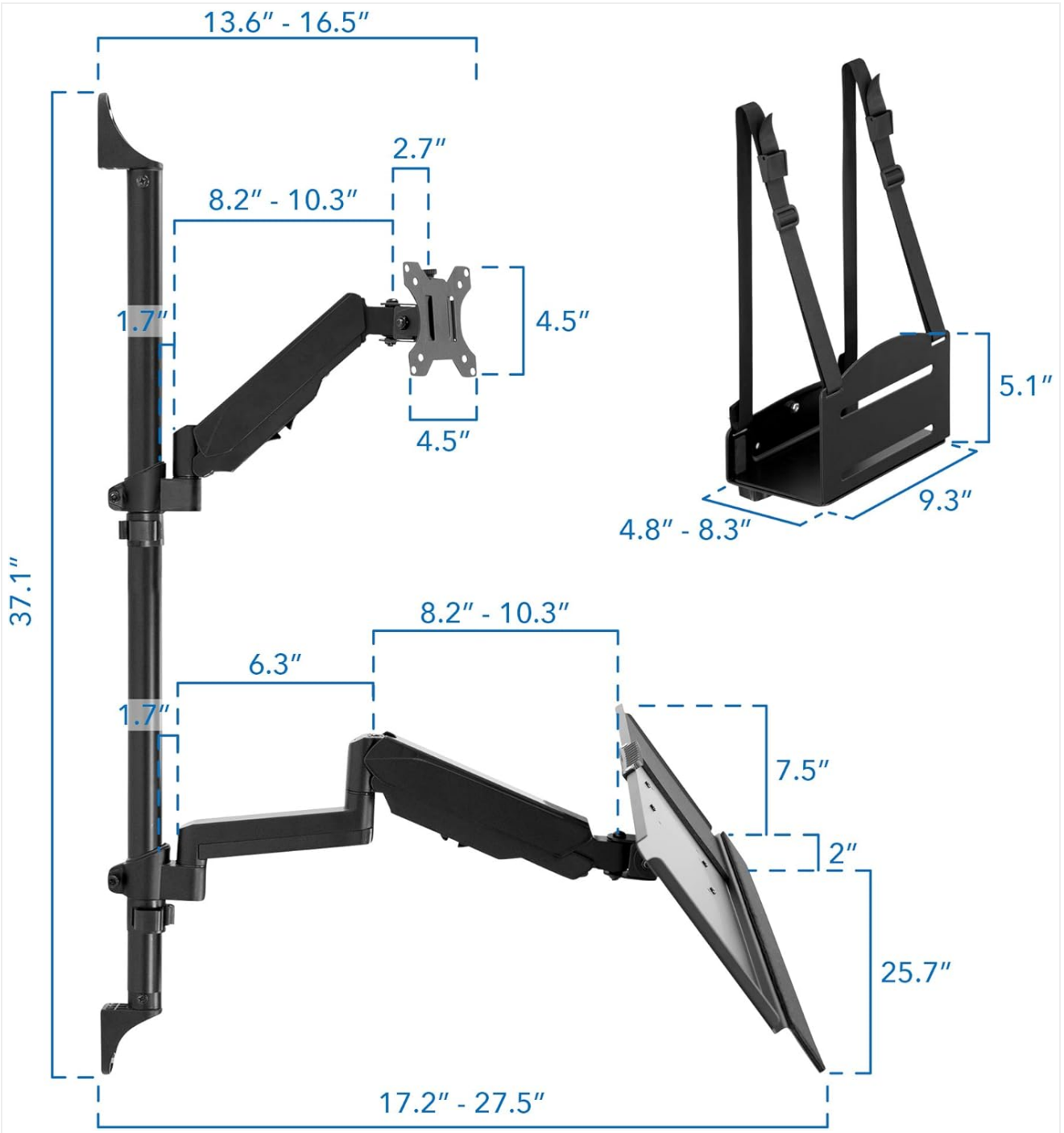
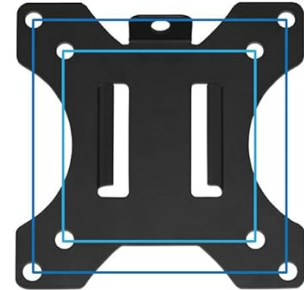


Image: Detailed dimensions for the mounting pole, monitor arm, keyboard tray, and CPU holder.

FITS SCREENS UP TO 32"



VESA COMPATIBLE:

75x75
100x100



Max Monitor Weight

Image: Illustration showing compatible monitor sizes (up to 32 inches), VESA patterns (75x75, 100x100), and maximum monitor weight capacity (17.6 lbs).

SETUP AND INSTALLATION

Follow these steps for proper installation of your workstation. It is recommended to have a second person assist during certain stages of installation.

1. Wall Mounting the Pole

- 1. Choose Location:** Select a suitable wall location. The workstation must be mounted to wood studs or solid concrete.
- 2. Install Base Bracket:** Use a level to position the base support bracket. Mark the drill points. Drill pilot holes and insert drywall anchors if applicable (for concrete, use appropriate anchors). Secure the base bracket with screws and washers.
- 3. Attach Mounting Pole:** Attach the main mounting pole to the secured base support bracket.
- 4. Install Top Bracket:** Insert the top support bracket onto the pole. Use a level to ensure it is straight. Mark and drill pilot holes, then secure with screws and washers.

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Video: Detailed installation guide for the Mount-It! Wall Mounted Workstation, demonstrating each step from mounting the pole to attaching components and adjusting.

2. Attaching Components

5. **Attach Arms:** Slide the cable management clips, keyboard arm, and monitor arm onto the main pole in the desired order.
6. **Attach Keyboard Tray:** Secure the foldable keyboard tray to the keyboard arm using the provided screws.
7. **Prepare Monitor:** Attach the VESA plate to the back of your monitor using the appropriate screws.
8. **Mount Monitor:** Carefully attach the monitor (with VESA plate) to the monitor arm. Hand-tighten to ensure it is secure.



Image: The complete workstation assembly, showing the monitor arm, keyboard tray, and CPU holder mounted on a wall pole.

3. Installing CPU Holder

9. **Position CPU Holder:** Place the CPU holder on the wall at your desired height and mark the pilot holes.

10. **Secure CPU Holder:** Drill pilot holes, insert drywall anchors (if applicable), and secure the CPU holder to the wall using screws and washers.
11. **Mount CPU:** Place your CPU into the holder and secure it with the provided safety straps.



Image: Close-up of the CPU wall mount, illustrating its adjustable width and safety straps for securing the computer.

4. Cable Management

Route all monitor, keyboard, mouse, and CPU cables through the integrated cable management clips on the arms and pole to maintain a tidy workspace.



Image: The workstation in use, highlighting the cable management system that keeps wires organized along the arm and pole.

OPERATING INSTRUCTIONS

The Mount-It! workstation offers full motion and height adjustment for optimal ergonomic positioning.

Height Adjustment (Gas Spring)

The gas spring arm allows for smooth vertical movement. To adjust the height, gently push or pull the monitor arm to the desired position. The arm will hold its position once released.

Adjusting Gas Spring Tension: If the monitor arm is too stiff or too loose (monitor drops), adjust the gas spring tension using the provided Allen wrench. Turn counter-clockwise for heavier monitors (to increase tension) and clockwise for lighter monitors (to decrease tension).

ADJUST TO YOUR MONITOR

IF MONITOR IS DROPPING:

Tighten arm tension using allen wrench.



Turn **counter-clockwise**
for **heavier** monitors.



Turn **clockwise** for
lighter monitors.

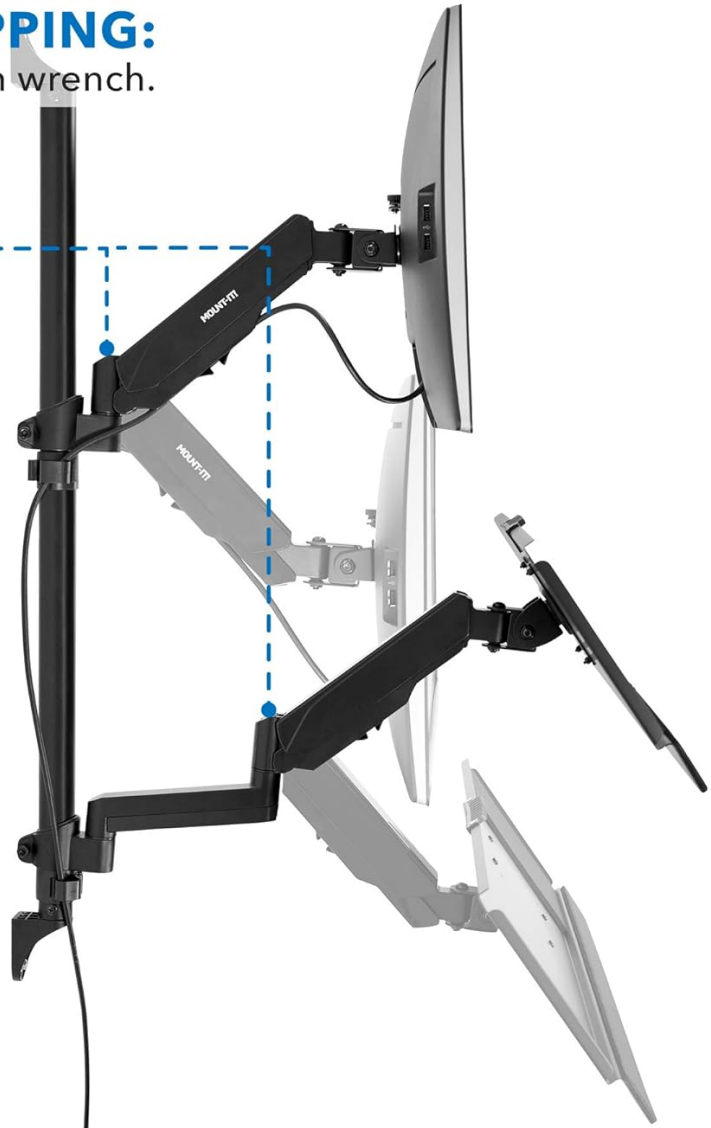


Image: Visual guide on how to adjust the gas spring tension for the monitor arm to support different monitor weights.

Monitor Positioning (Tilt, Swivel, Rotation)

- **Tilt:** The monitor can be tilted $\pm 35^\circ$ to reduce glare and optimize viewing angles.
- **Swivel:** Swivel the monitor 180° horizontally to share your screen or adjust your viewing position.
- **Rotation:** Rotate the monitor 180° to switch between landscape and portrait orientation as needed.

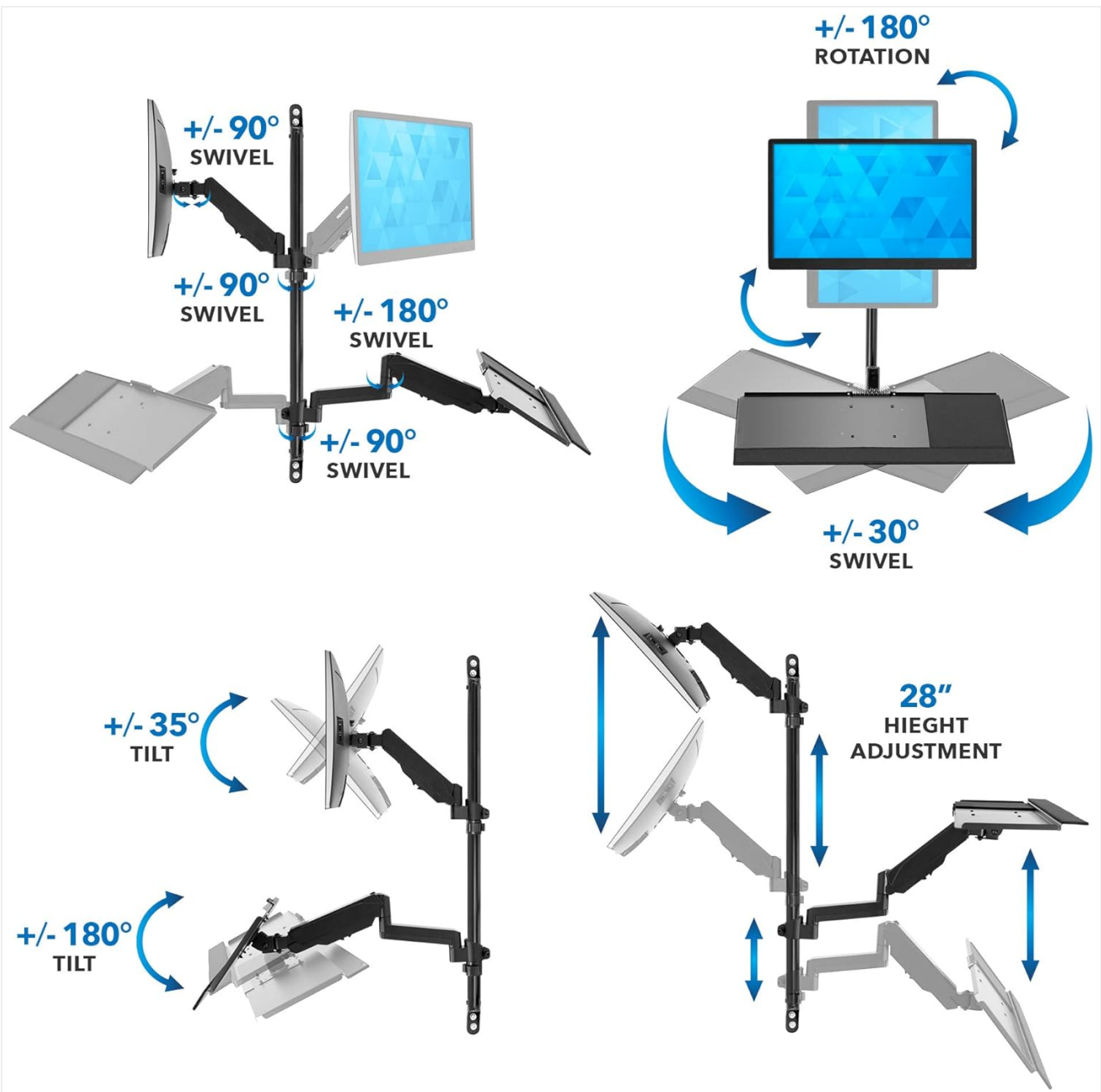


Image: Demonstrates the extensive range of motion for the monitor and keyboard tray, including tilt, swivel, and full 28-inch height adjustment.

Keyboard Tray Usage

The keyboard tray can be folded upward when not in use to save space. Simply lift the tray until it locks into its vertical position. To lower, release the locking mechanism and gently pull down.

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Video: Overview of the Mount-It! Height Adjustable Wall Mount Workstation, showcasing its features like gas spring adjustment, full motion design, and height/angle adjustments for the keyboard tray.

MAINTENANCE

- **Cleaning:** Wipe surfaces with a soft, damp cloth. Avoid abrasive cleaners.
- **Periodic Checks:** Regularly check all screws and connections to ensure they remain tight and secure.
- **Gas Spring Adjustment:** Re-adjust the gas spring tension if you notice the monitor arm sagging or becoming too difficult to move.

TROUBLESHOOTING

Problem	Solution
Monitor arm sags or does not hold position.	The gas spring tension needs adjustment. Use the provided Allen wrench to turn counter-clockwise to increase tension for heavier monitors.
Monitor arm is too stiff to move.	The gas spring tension is too high. Use the provided Allen wrench to turn clockwise to decrease tension for lighter monitors.
Workstation feels unstable on the wall.	Ensure the mounting pole and brackets are securely fastened to wood studs or solid concrete. Re-check all screws and anchors. Do not exceed weight limits.
Cables are messy or getting caught.	Utilize the integrated cable management clips along the arms and pole to route and secure all cables.

WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please contact Mount-It! customer service or visit their official website. Keep your purchase receipt for warranty claims.

Brand: Mount-It!

Website: Visit the Mount-It! Store on Amazon