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› **Ksix Fitness Band GPS with Heart Rate Monitor - User Manual BXBZGPS01**

## Ksix BXBZGPS01

# Ksix Fitness Band GPS with Heart Rate Monitor - User Manual

Model: BXBZGPS01

## INTRODUCTION

Thank you for choosing the Ksix Fitness Band GPS. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your fitness band.

The Ksix Fitness Band GPS is designed to monitor your physical activity comprehensively, featuring integrated GPS for route tracking, a dynamic 24-hour heart rate monitor, and a multi-sport mode to enhance your training sessions.

## PRODUCT OVERVIEW

The Ksix Fitness Band GPS is a versatile smartband equipped with advanced features to support your fitness journey. Its lightweight design and 1.3-inch TFT color screen offer a comfortable and clear user experience.

- **Integrated GPS:** Records your route during outdoor activities.
- **24-Hour Dynamic Heart Rate Monitor:** Continuously tracks your heart rate.
- **Multi-Sport Mode:** Monitors various types of workouts.
- **Water Resistance:** IP68 rated, waterproof up to 3 meters for 1 hour.
- **Connectivity:** Bluetooth 4.0 for seamless connection with your smartphone.
- **Compatibility:** Works with Android 4.4 and later, and iOS 8.0 and later.
- **Battery Life:** Up to 7-8 hours with GPS and real-time heart rate monitoring, and up to 30 days in standby mode.



*Image 1: Ksix Fitness Band GPS displaying time and date.*

## **SETUP GUIDE**

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### **1. Charging the Device**

Before first use, fully charge your Ksix Fitness Band GPS. Connect the charging cable to the designated port on the device and a USB power source. The screen will indicate charging status.

### **2. Installing the Hi Move App**

1. Search for "Hi Move" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).
2. Download and install the application.
3. Open the app and follow the on-screen instructions to create an account and set up your profile.

### **3. Pairing with Your Smartphone**

1. Ensure Bluetooth is enabled on your smartphone.

2. Open the Hi Move app.
3. Navigate to the device pairing section within the app.
4. The app will search for available devices. Select "Ksix Fitness Band GPS" from the list.
5. Confirm the pairing request on both your smartphone and the fitness band, if prompted.
6. Once paired, the time and date on your fitness band will synchronize with your phone.



*Image 2: Ksix Fitness Band GPS connected to a smartphone displaying a GPS-tracked route.*

## OPERATING INSTRUCTIONS

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### Navigating the Interface

The fitness band features a touch-sensitive screen. Swipe left/right or up/down to navigate through different functions and menus. Tap to select an option or confirm an action.

### GPS Tracking

For accurate GPS tracking, ensure you are in an open outdoor area with a clear view of the sky. Start your activity from the multi-sport mode, and the device will automatically attempt to acquire a GPS signal. Your route will be recorded and can be viewed in the Hi Move app after synchronization.

### Heart Rate Monitoring

The fitness band continuously monitors your heart rate. Wear the band snugly on your wrist, about one finger's width above your wrist bone, for accurate readings. You can view your current heart rate on the device and detailed historical data in the Hi Move app.

### Multi-Sport Mode

Access the multi-sport mode from the main menu to select specific activities such as running, walking, cycling, etc. Selecting an activity will initiate tracking of relevant metrics like duration, distance, calories burned, and heart rate. End the activity when finished to save the data.

# Monitorización completa de tu actividad física



Image 3: Ksix Fitness Band GPS showing a person running, highlighting features like pedometer, multi-sport mode, heart rate monitoring, and distance tracking.

## MAINTENANCE

### Cleaning

Regularly clean your fitness band and strap to prevent skin irritation and maintain device hygiene. Use a soft, damp cloth to wipe the device. Avoid using harsh chemicals or abrasive materials.

### Water Resistance

The device is IP68 waterproof, meaning it can withstand immersion in water up to 3 meters deep for a maximum of 1 hour. It is suitable for swimming in shallow water but not recommended for diving, high-pressure water activities, or prolonged immersion. Ensure the charging port is dry before charging.

### Storage

When not in use for extended periods, store the fitness band in a cool, dry place. Avoid extreme temperatures and direct sunlight.

## TROUBLESHOOTING

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- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger and wait a few minutes.
- **Cannot pair with smartphone:**
  - Ensure Bluetooth is enabled on your phone.
  - Make sure the fitness band is within Bluetooth range of your phone.
  - Restart both your phone and the fitness band.
  - Try unpairing and re-pairing the device through the Hi Move app.
- **Inaccurate heart rate readings:**
  - Ensure the band is worn snugly on your wrist, not too loose or too tight.
  - Clean the sensor on the back of the device.
  - Avoid excessive movement during measurement.
- **GPS not acquiring signal:**
  - Ensure you are in an open outdoor area with a clear view of the sky.
  - Wait a few minutes for the device to acquire a signal.
  - Ensure the device's firmware is up to date via the Hi Move app.
- **Data not syncing to app:**
  - Ensure the fitness band is connected to your phone via Bluetooth.
  - Open the Hi Move app and manually initiate a sync if available.
  - Check your phone's internet connection.

## SPECIFICATIONS

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<b>Model Number</b>	BXBZGPS01
<b>Brand</b>	Ksix
<b>Screen Size</b>	1.3 Inches
<b>Screen Type</b>	TFT Color
<b>Battery Capacity</b>	230 mAh (Lithium-ion)
<b>Battery Life (GPS + HR)</b>	7-8 hours
<b>Battery Life (Standby)</b>	Up to 30 days
<b>Water Resistance</b>	IP68 (up to 3 meters for 1 hour)
<b>Connectivity</b>	Bluetooth 4.0
<b>Compatibility</b>	Android 4.4+ / iOS 8.0+
<b>Weight</b>	38 grams
<b>Material</b>	Plastic, PVC
<b>Color</b>	Black

## WARRANTY AND SUPPORT

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For warranty information and technical support, please refer to the documentation provided with your purchase or visit the official Ksix website. Keep your proof of purchase for warranty claims.

**Manufacturer:** KSIX

**Contact:** Please refer to the Ksix official website for customer service contact details.

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