

[Manuals.plus](#) /

› [Blackview](#) /

› Blackview R30 Fitness Tracker Smartwatch User Manual

Blackview R30

Blackview Fitness Tracker Smartwatch User Manual

Model: R30

INTRODUCTION

Thank you for choosing the Blackview R30 Fitness Tracker Smartwatch. This device is designed to help you monitor your health and fitness activities, providing convenient access to notifications and controls directly from your wrist. This manual provides detailed instructions on how to set up, operate, and maintain your smartwatch to ensure optimal performance and longevity.

WHAT'S IN THE BOX

- Blackview Smart Watch x1
- Straps x2 (one silicone, one woven)
- Magnetic Charger x1
- User Manual x1

SETUP GUIDE

1. Charging the Smartwatch

Before first use, fully charge your Blackview R30 smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes about 2.5 hours. Once charged, the watch can provide up to 10 days of working time and 30-45 days of standby time, depending on usage.



Image: The Blackview R30 Smartwatch connected to its magnetic charger, indicating a charging battery. This illustrates the charging process and the watch's battery life capabilities.

2. App Installation and Pairing

1. **Download the App:** Search for and download the 'Glory Fit' app from your smartphone's app store (compatible with iOS 9.0 & Android 6.0 or higher).
2. **Register/Login:** Open the Glory Fit app and follow the on-screen instructions to create an account or log in.
3. **Pair the Device:** Ensure your smartwatch is charged and Bluetooth is enabled on your phone. In the Glory Fit app, navigate to the 'Device' section and select 'Add Device'. Choose 'Blackview R30' from the list of available devices. Confirm the pairing request on both your phone and the smartwatch.

3. Attaching the Straps

Your Blackview R30 comes with two interchangeable straps (silicone and woven). To attach a strap, align the spring bar with the lug holes on the watch body and push the pin inward to secure it. Ensure both ends of the spring bar are firmly seated in the lug holes before wearing.

OPERATING INSTRUCTIONS

Basic Navigation

The Blackview R30 features a 1.85-inch full touch TFT screen for intuitive navigation. Swipe left, right, up, or down to access different functions and menus. Tap to select an option or confirm an action. The side button typically serves as a back button or to return to the home screen.

Key Features

- **Custom Dials:** Personalize your watch face. The Glory Fit app offers a variety of online dials, and you can also upload your own photos as a custom dial.

Monitor Your 
Blood Oxygen



Image: The Blackview R30 Smartwatch showcasing multiple digital and analog watch face options, along with an illustration of how users can upload their own images to customize the watch dial via the companion app.

- **Activity Tracking:** Monitor your daily activities including steps taken, calories burned, and distance covered. The watch supports over 20 sports modes such as Walking, Running, Cycling, Fitness, Hiking, Mountaineering, Treadmill, Dynamic Cycling, Yoga, Basketball, Badminton, and Jumping Jack.



	12530 steps		10.2 Km		1206 Kcal
	Walking		Running		Bicycle
	Hiking		Climbing		Fitness
	Spinning		Yoga		

Image: The Blackview R30 Smartwatch screen showing a summary of activity data including steps, distance, and calories. Below the watch, icons represent various supported sports modes like walking, running, cycling, and yoga, indicating its comprehensive activity tracking capabilities.

- **Health Monitoring:** Equipped with a high-performance motion sensor, the watch provides 24-hour continuous monitoring of heart rate and blood oxygen (SpO2) levels. It also automatically monitors and analyzes your sleep quality.

24/7 Heart Rate Tracking



Sleep better, live better



Image: A Blackview R30 Smartwatch on a person's wrist, displaying heart rate data. The image also shows a person exercising, highlighting the watch's 24/7 heart rate tracking capability.

Call & SNS REMINDERS

Get notifications about calls, text, and apps when your phone connects to the watch. You can even hang up incoming calls from your wrist.



Image: The Blackview R30 Smartwatch screen showing a 98% SpO2 (blood oxygen saturation) reading, indicating its ability to monitor blood oxygen levels.

- **Smart Notifications:** Receive notifications for calls, SMS, and app messages (e.g., Facebook, Twitter, WhatsApp, LinkedIn, Instagram) directly on your watch when connected to your smartphone. Note: The watch cannot make or respond to calls/messages.

Customized Your Dials

More dials can be download in the dials center of the App.

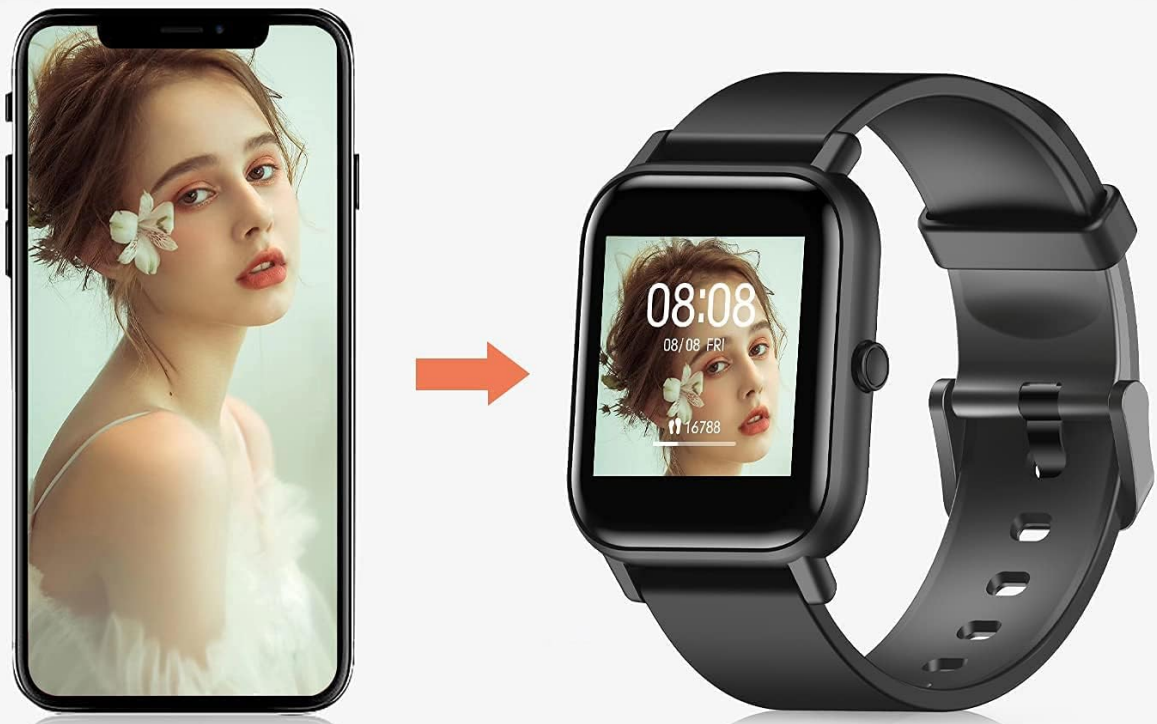


Image: A Blackview R30 Smartwatch on a wrist, with a laptop in the background displaying icons for various social media and messaging apps (Facebook, Twitter, Instagram, WhatsApp), illustrating the watch's capability to receive call and SNS reminders.

- **Music Control:** Control music playback on your connected smartphone directly from your smartwatch. You can play, pause, skip tracks, and adjust volume.

Control Your Music

Tap your watch to control your music you like



Image: The Blackview R30 Smartwatch screen showing a music control interface with play/pause and skip buttons. A smartphone is positioned below the watch, indicating the watch's ability to control music playback on the phone.

Additional Features

- **Breathe Training:** A guided breathing exercise to help you relax.
- **Sedentary Alert:** Vibrates to remind you to move after periods of inactivity.
- **Alarm:** Set up to 10 alarms through the app.
- **Wrist Sensor Switch:** Lift your wrist to automatically wake up the screen.
- **Stopwatch and Timer:** Built-in tools for timing activities.

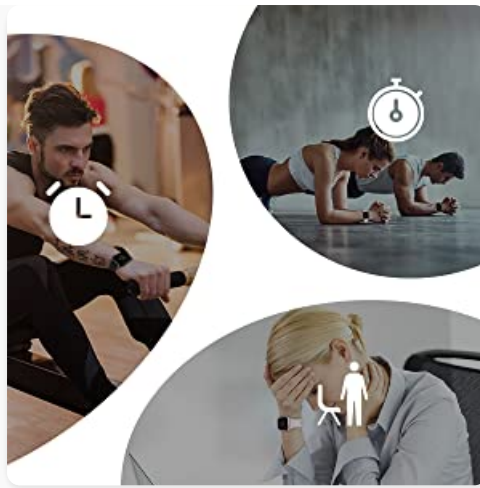


Image: Three circular icons depicting a stopwatch, people exercising, and a person sitting at a desk, representing the smartwatch's stopwatch, exercise tracking, and sedentary reminder functions.

MAINTENANCE

Water Resistance

The Blackview R30 smartwatch has an IP68 waterproof rating, meaning it is water-resistant up to 50 meters. You can wear it while showering or swimming in a pool. However, it is important to note that it should **not** be used in water hotter than 100.4°F (40°C), such as in hot showers, saunas, or hot springs, as this can damage the device.

Cleaning and Care

- Regularly clean the watch screen and straps with a soft, dry cloth.
- If the watch or straps get wet, dry them thoroughly before wearing or charging.
- Avoid exposing the watch to extreme temperatures or direct sunlight for prolonged periods.

Battery Care

- Charge the watch regularly, even if not in frequent use, to maintain battery health.
- Avoid completely draining the battery frequently.

TROUBLESHOOTING

Issue	Possible Cause	Solution
App crashes frequently	Software bug in the Glory Fit app; outdated app version.	Ensure the Glory Fit app is updated to the latest version. Try reinstalling the app. Check for phone OS updates.
Notifications not arriving	Bluetooth disconnection; app permissions not granted; specific message types (MMS, group texts) not supported.	Verify Bluetooth connection. Check app notification permissions in your phone settings. Ensure the app is running in the background. Note that MMS or group texts may not always be supported.

Issue	Possible Cause	Solution
Screen lag or doesn't light up with wrist raise	Sensor sensitivity setting; temporary software glitch.	Check the 'Wrist Sensor Switch' setting in the app. Try restarting the watch. Ensure the watch firmware is up to date.
Inaccurate health readings (HR, SpO2)	Improper fit; sensor obstruction; not a medical device.	Ensure the watch is worn snugly but comfortably on your wrist. Clean the sensor on the back of the watch. Note that this device is for general fitness and wellness purposes and should not be used for medical diagnosis or treatment. Consult a healthcare professional for medical concerns.

SPECIFICATIONS

Feature	Detail
Model Name	R30
Product Dimensions	4.52 x 3.15 x 1.21 inches
Item Weight	1.23 ounces
Display Size	1.85 Inches
Display Technology	TFT-LCD
Human Interface Input	Touchscreen
Operating System Compatibility	Android 6.0+, iOS 9.0+
Wireless Communication	Bluetooth
Battery Type	Lithium Ion (included)
Battery Power Rating	210 Milliamp Hours
Water Resistance Rating	IP68 (up to 50M)

Feature	Detail
Special Features	Accelerometer, Activity Tracker, Alarm Clock, Blood Oxygen Monitor, Heart Rate Monitor, Music Player, Notifications, Sleep Monitor, Text Messaging, Time Display, Voice Control

WARRANTY AND SUPPORT

For any product inquiries, technical support, or warranty claims, please contact Blackview customer service directly.

Customer Service Email: smartwatch.vip@hotmail.com

Please provide your product model (R30) and a detailed description of your issue when contacting support to ensure a prompt resolution.

