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› NuBest Tall 10+ Premium Bone Strength Formula: User Manual for Ages 10+

NuBest 1-82008

NuBest Tall 10+ Premium Bone Strength Formula: User Manual

Model: 1-82008

1. INTRODUCTION

The NuBest Tall 10+ Premium Bone Strength Formula is a dietary supplement formulated to support bone health, immunity, and overall wellness for individuals aged 10 and above. This product contains a blend of essential nutrients including Calcium, Collagen, Vitamin D3, Vitamin K2, and a proprietary herbal blend.



Image 1.1: NuBest Tall 10+ product bottle and capsules.

Key benefits include:

- **Bone Strength:** Contains Calcium, Collagen, Vitamin D3, and Vitamin K2 to support bone development.
- **Enhanced Immunity:** Features a proprietary herbal blend designed to promote immune function.
- **Overall Wellness:** Provides vital nutrients for general health in children and teenagers.



Image 1.2: Visual representation of the formula's benefits for bone health.

2. SAFETY INFORMATION

Always read the label before use. Avoid use if you have any sensitivities or intolerances to any of the listed ingredients. The expiration date of this product is embossed on the bottom of the bottle.

- Keep out of reach of children and pets.
- If the safety seal has been damaged or broken, do not use the product and contact customer support immediately.
- Do not exceed the recommended dose.
- Consult with your doctor before starting any new supplement, especially if you have existing health conditions or are taking other medications.

3. INGREDIENTS

NuBest Tall 10+ contains a carefully selected blend of vitamins, minerals, and herbal extracts. The primary ingredients include:

- **Calcium:** Essential for bone structure and strength.
- **Collagen Hydrolysate:** Supports bone matrix and collagen formation.
- **Vitamin D3 (as Cholecalciferol):** Enhances calcium absorption in the body.
- **Vitamin K2 (as Menaquinone-7):** Directs calcium to the bones and away from arteries.
- **NuBest Proprietary Blend:** Includes Poria Mycelium Powder, Eucommia Bark Extract, Motherwort Leaf Powder, Polygonatum Root Powder, Sichuan Lovage Rhizome Powder, Ginkgo Biloba Leaf Extract, and other beneficial herbs.



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Calcium (as Tricalcium Phosphate)	220 mg	17%
Phosphorus (as Tricalcium Phosphate)	129 mg	10%
NuBest® Proprietary Blend	140 mg	†
Eucommia Bark Extract, Motherwort Leaf Powder, Polygonatum Root Powder, Sichuan Lovage Rhizome Powder, Poria Mycelium 10:1 Extract, <i>Ginkgo Biloba</i> Leaf Extract, Gamma-Aminobutyric Acid (GABA)		
Collagen Hydrolysate (Bovine)	100 mg	†
Vitamin K2 (as Menaquinone-7)	60 mcg	†
† Daily Value not established.		

Other Ingredients: Vegetarian Capsule.

Image 3.1: Detailed Supplement Facts label.

Image 3.2: Key ingredients and their sources.

4. SETUP

No specific setup is required for this dietary supplement. Ensure the product is received with an intact safety seal. Before first use, verify the expiration date on the bottom of the bottle.

5. OPERATING INSTRUCTIONS (DIRECTIONS FOR USE)

This product is intended for use by children and teenagers from 10 years old and older. It is particularly effective during puberty.

Dosage:

Take **one (1) capsule twice daily** after meals.

Administration:

- Swallow capsules whole with water.
- If your child has difficulty swallowing capsules, you may open the capsule and mix the powder content with milk, juice, smoothies, or liquid foods such as porridge or soup.



The image is a visual guide for the administration of NuBest capsules. It features a large purple circle on the right side containing the text 'DIRECTIONS' in white, followed by 'Ages 10+: Take 1 capsule twice daily after meals'. To the left of this circle, a hand is shown holding several white, oval-shaped capsules. In the bottom left corner, there is a cartoon illustration of two children, a boy and a girl, standing on a purple patch of ground. The background of the entire image shows a blurred kitchen scene with a basket of fruit and a bowl of soup. The NuBest logo is located in the bottom right corner.

DIRECTIONS

Ages 10+:
**Take 1 capsule
twice daily
after meals**

Capsules can be opened & mixed
with liquid foods or drinks.

NuBest®

Image 5.1: Visual guide for daily dosage and administration.

CAPSULES SIZE



Size 00



Length (mm): 23.3 – 23.4
Outer diameter (mm): ~8.53 – 8.56

Size 0



Length (mm): 21.6–21.7
Outer diameter (mm): ~7.64–7.65

Size 1



Length (mm): 19.4–19.4
Outer diameter (mm): ~6.96–6.91

Size 2



Length (mm): 17.6–18
Outer diameter (mm): ~6.39–6.35



NOTE

- **Size 00** is the most commonly used in dietary supplements (such as vitamins, herbs, probiotics, etc.) as it provides sufficient capacity to hold the standard amount of vitamins and nutrients required per serving.
- We always recommend selecting the product that best suits the user's age. If swallowing capsules is difficult, the capsules can be opened and the powder mixed into food or drinks. For children, simply mix the contents with milk, juice, smoothies, or soft foods like porridge or soup.*
- Alternatively, you may consider trying our **NuBest Tall Gummies** or **NuBest Tall Chewable Tablets**, which are easier to consume.

Image 5.2: Capsule size reference and alternative consumption methods.

6. MAINTENANCE

Store the product in a cool, dry place, away from direct sunlight and moisture. Ensure the lid is tightly closed after each use to maintain freshness and potency. Keep out of reach of children and pets.

7. TROUBLESHOOTING

If you experience any adverse reactions or discomfort after taking NuBest Tall 10+, discontinue use immediately and consult a healthcare professional. If the product appears tampered with or damaged upon arrival, do not use it and contact customer support.

8. SPECIFICATIONS

Feature	Detail
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Product Dimensions	2.22 x 2.22 x 4.9 inches
Item Weight	3.3 Ounces
Item Model Number	1-82008
Unit Count	60 Count
Item Form	Capsule
Flavor	Natural Herbs
Diet Type	Gluten Free
Manufacturer	NuBest, Inc.

9. WARRANTY

No specific warranty information is provided in the product details. For any concerns regarding product quality or defects, please refer to the manufacturer's contact information in the Support section.

10. SUPPORT

For further assistance, questions, or concerns regarding your NuBest Tall 10+ product, please contact the manufacturer:

- **Manufacturer:** NuBest, Inc.
- **Website:** www.nubest.com
- **Email:** support@nubest.com

You can also visit the official NuBest Store on Amazon for more information [NuBest Amazon Store](#)

11. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration (FDA) and are not intended to diagnose, treat, cure, or prevent any disease or health condition.