

Real Relax B02292K01

Real Relax 2025 Full Body Massage Chair (Model B02292K01) Instruction Manual

Your guide to setting up, operating, and maintaining your massage chair.

1. ABOUT REAL RELAX

Real Relax has over 10 years of experience in researching and developing massage chairs, with products sold in 40 countries. Our commitment is to provide comfortable and affordable massage solutions, turning massage products into household necessities for physical and mental relaxation. We offer 24-hour online customer service for any assistance you may need.

2. IMPORTANT SAFETY INFORMATION

Please read and understand all safety instructions before using the massage chair. Failure to do so may result in injury or damage to the product.

- This product must be connected to a grounded circuit.
- Do not open the power supply. There is a risk of electric shock. In case of malfunction, the chair must be serviced by qualified repair personnel.
- Please ensure that persons with disabilities who may need assistance are supervised for their safety.
- To prevent accidents or injury, do not allow children to use this chair or its accessories without supervision.

3. PRODUCT OVERVIEW & FEATURES

The Real Relax 2025 Full Body Massage Chair is designed to provide a comprehensive and relaxing massage experience. Key features include:

- **Dual-Core S Track:** Enhanced neck and back rollers with adjustable strength for effective massage.
- **Dual-Screen Control:** Upgraded LCD screen and mobile APP for easy operation in any environment.
- **6 Massage Techniques:** Kneading, Shiatsu, Tapping, Tlapping, Kneading & Tapping, Kneading & Tlapping.
- **6 Auto Modes & Manual Programs:** Preset modes for various needs, plus customizable options.
- **Full Body Airbags:** Adjustable 3-level intensity for shoulders, arms, hips, and calves.
- **Zero Gravity Function:** One-touch recline to a weightless position for ultimate relaxation.

- **Foot Roller & Calf Massage:** Dedicated massage for feet and calves.
- **Bluetooth Connectivity:** Connect your mobile device for music during massage.
- **Breathing Light:** Ambient lighting feature.



Image: The Real Relax 2025 Full Body Massage Chair in blue and khaki, showcasing its modern design and comfortable seating.

4. SETUP AND INSTALLATION

The Real Relax massage chair is designed for easy setup. It typically ships in two boxes. Please wait patiently if you receive only one box initially.

1. **Unpacking:** Carefully remove all components from the two packages.
2. **Assembly:** Follow the detailed instructions in the included user manual for assembling the main body, armrests, cushions, and accessories.
3. **Power Connection:** Connect the power cord to the chair and then to a grounded electrical outlet. Ensure the main power switch (usually located at the back or base of the chair) is in the "ON" position.

Massage Chair Packaging Size

2 boxes shipped, please wait patiently for the second box to arrive



Image: Diagram illustrating the packaging dimensions of the massage chair, indicating that it ships in two boxes.

Your browser does not support the video tag.

Video: This video demonstrates the installation method for the Real Relax APP on Android devices, guiding users through downloading and connecting the app to the massage chair.

Your browser does not support the video tag.

Video: This video demonstrates the installation method for the Real Relax APP on Apple devices, guiding users through downloading and connecting the app to the massage chair.

5. OPERATING INSTRUCTIONS

Your massage chair can be operated using the integrated LCD control screen or the Real Relax Smart mobile application.

5.1. Control Panel Overview

The LCD control screen provides intuitive access to all massage functions. Buttons are clearly labeled for auto modes, specific massage techniques, intensity adjustments, and special features like heating and zero gravity.

Dual-core S track massage

Neck roller with 3 levels of strength adjustment
Back and waist roller with 3 levels of strength adjustment

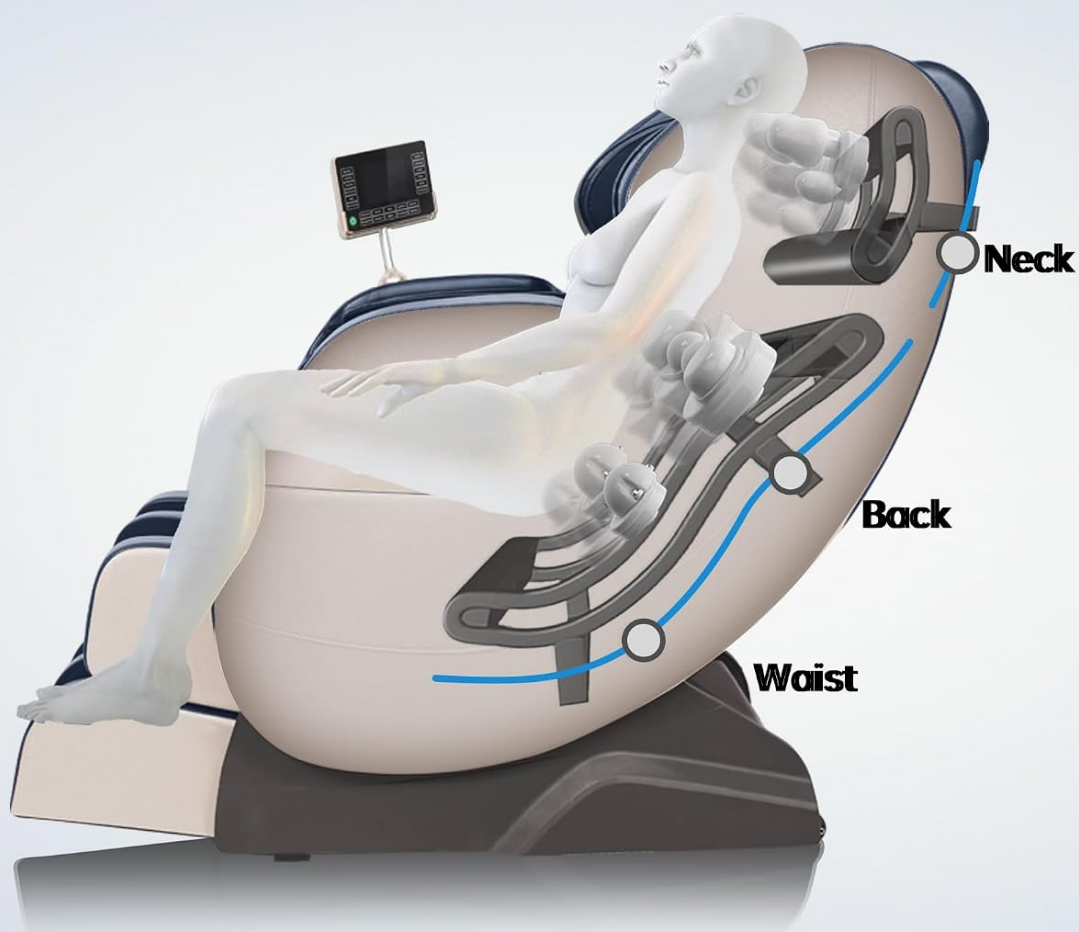


Image: The Real Relax massage chair's LCD control panel, showing various buttons for different massage modes and settings.

5.2. Auto Massage Modes

The chair offers 6 preset auto modes to cater to different relaxation needs. Simply press the "Auto Mode" button on the control panel or select your desired mode from the app.

- **Relax:** Gentle and soothing massage.
- **Sleep:** Designed for deep relaxation and promoting sleep.
- **Neck:** Focuses on neck massage.
- **Waist:** Targets the waist area.
- **Stretch:** Full body stretching program.
- **Strong:** Intense massage for deep tissue relief.

6 Auto Massage Modes

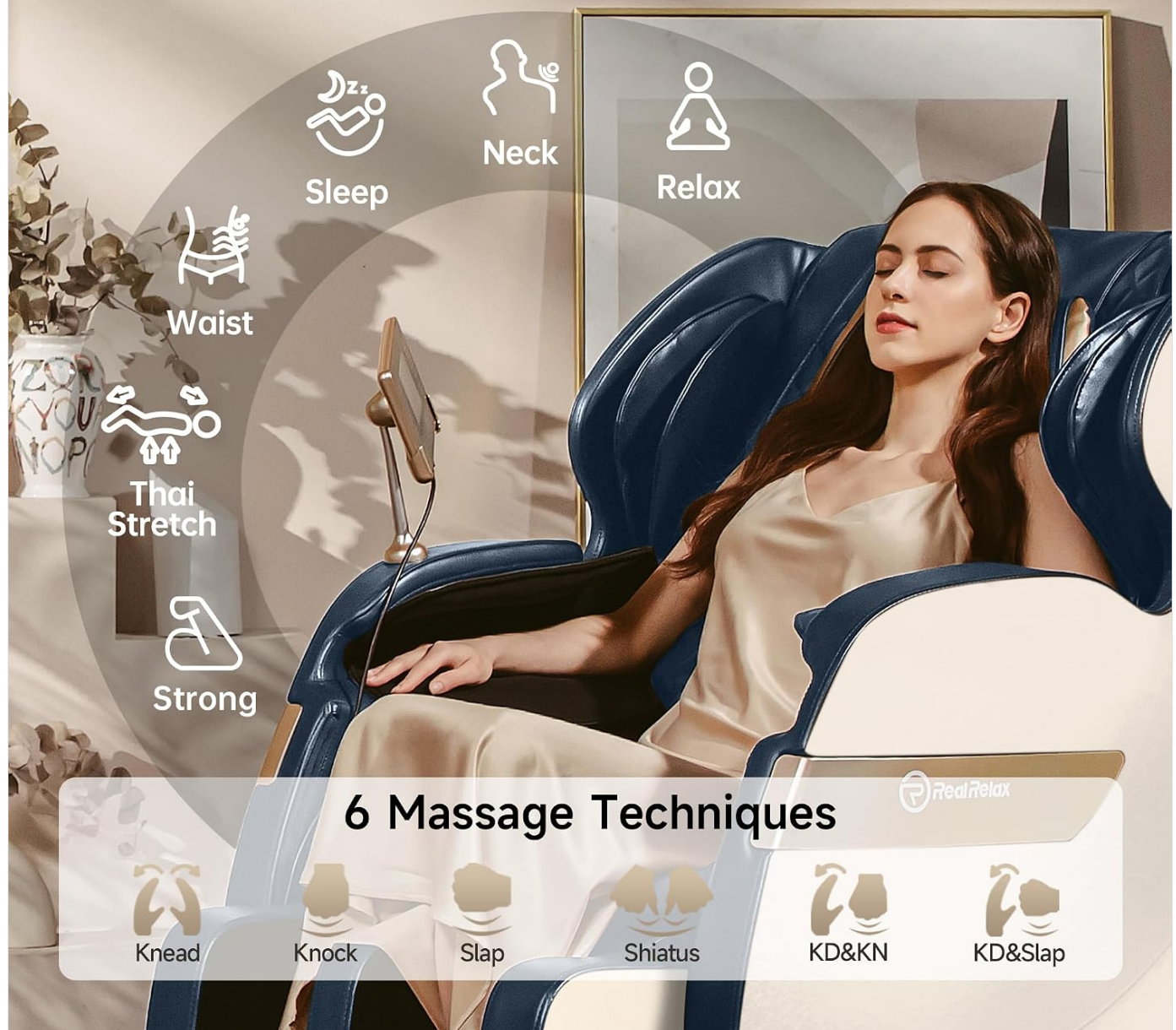


Image: Visual representation of the six auto massage modes (Sleep, Neck, Relax, Waist, Thai Stretch, Strong) and six massage techniques (Knead, Knock, Slap, Shiatsu, KD&KN, KD&Slap).

5.3. Manual Programs & Techniques

For a personalized experience, you can customize your massage by selecting specific techniques and targeting particular body parts. The chair offers 6 distinct massage techniques:

- Kneading
- Shiatsu
- Tapping
- Tlapping
- Kneading & Tapping
- Kneading & Tlapping

You can also adjust the intensity of back and neck rollers, as well as the airbag pressure, to your preference.

Ideal Gift Choice



Image: Detailed illustrations of the six distinct massage techniques available on the chair.

5.4. Zero Gravity Function

Activate the Zero Gravity mode with a single touch to recline the chair into a position that minimizes the strain of gravity on your body, enhancing relaxation and massage effectiveness. There are multiple zero gravity positions available.



Image: Visual explanation of the One Touch Zero Gravity feature, detailing the Initial, Comfort, and Deep Zero Gravity recline positions.

5.5. Bluetooth Connectivity

Connect your smartphone or other Bluetooth-enabled devices to the chair's integrated speakers to enjoy your favorite music or ambient sounds during your massage session. Refer to the user manual for detailed pairing instructions.

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Video: A tutorial demonstrating the usage of the "Real Relax Smart" App for the Favor 03 ADV massage chair, including how to connect and control various functions via the app.

6. MAINTENANCE

To ensure the longevity and optimal performance of your Real Relax massage chair, follow these maintenance guidelines:

- **Cleaning:** Wipe clean with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Storage:** When not in use for extended periods, store the chair in a cool, dry place away from direct sunlight.
- **Inspection:** Regularly check the power cord and all connections for any signs of damage.

7. TROUBLESHOOTING

If you encounter any issues with your massage chair, please refer to the following common troubleshooting tips:

- **Chair not powering on:** Ensure the power cord is securely plugged into a grounded outlet and the main power switch is in the "ON" position.
- **Massage rollers not moving:** Check if an auto mode is selected or if manual massage settings are active. Ensure no obstructions are present.
- **Bluetooth connection issues:** Verify Bluetooth is enabled on your device and the chair. Try restarting both devices. Long press the "Foot Roller" button for 5 seconds to clear the Bluetooth connection on the remote control.
- **Unusual noises:** Discontinue use and contact customer service if you hear any abnormal sounds.

For further assistance, please contact Real Relax customer service.

8. SPECIFICATIONS

Brand	Real Relax
Model Name	Real Relax Dual Core S Track Massage Chair, Shiatsu Massage Recliner of Zero Gravity
Model Number	B02292K01
Color	Blue and Khaki
Product Dimensions	52"D x 27.6"W x 43.3"H
Item Weight	135.2 pounds
Maximum Weight Recommendation	300 Pounds
Material	Faux Leather, Foam
Operating Voltage	110V, 100W
Special Features	APP Control, Breathing Light, Dual Core S Track

9. WARRANTY AND SUPPORT

Real Relax is dedicated to customer satisfaction. We offer 24-hour online customer service to assist with any questions or concerns regarding your massage chair. Please refer to your purchase documentation for specific warranty details. For support, you can visit the official Real Relax store or contact our customer service team directly.

Full Body Airbags

Can be used for specific parts or full body airbag massage



3 level airbag
intensity adjustable



Independent
airbag control

AUTO

Airbag auto
mode



Air Shoulder



Air Arm



Air Hip



Air Calf

Image: A Real Relax customer service representative, symbolizing the brand's 24-hour online support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question