

Orient RA-AA0C

Orient RA-AA0C Automatic Sports Watch User Manual

Model: RA-AA0C Series

INTRODUCTION

This manual provides comprehensive instructions for the proper setup, operation, and maintenance of your Orient RA-AA0C Automatic Sports Watch. Please read this manual thoroughly to ensure optimal performance and longevity of your timepiece.

The Orient RA-AA0C is a Japanese automatic and hand-winding sports watch, featuring an in-house Orient caliber F6922 movement. It is designed for daily wear with a focus on readability and durability.



Image: Front view of the Orient RA-AA0C Automatic Sports Watch, showcasing its blue dial, silver-tone case, and blue leather strap. The watch displays the time and date.

SETUP

1. Initial Winding

Your Orient RA-AA0C watch is powered by an automatic movement, which means it winds itself through the motion of your wrist. However, for initial setup or if the watch has stopped, manual winding is recommended.

1. **Unscrew the Crown:** If your watch has a screw-down crown, gently turn it counter-clockwise until it releases.
2. **Wind the Watch:** With the crown in its normal, pushed-in position (or unscrewed if it's a screw-down crown), turn the crown clockwise approximately 30-40 times. This will build up a sufficient power reserve.
3. **Secure the Crown:** If it's a screw-down crown, push it in and turn clockwise to screw it back down securely. This ensures water resistance.

2. Setting the Time and Date

1. **Pull out the Crown:** Gently pull the crown out to the second click position. The second hand will stop (hacking feature).
2. **Set the Time:** Turn the crown to move the hands clockwise until the correct time is displayed. Ensure you differentiate between AM and PM when setting the date. To avoid damaging the movement, do not set the date between 9:00 PM and 3:00 AM.
3. **Set the Date and Day:** Pull the crown out to the first click position. Turn the crown clockwise to set the date and counter-clockwise to set the day.
4. **Push in the Crown:** Once the time, date, and day are set, push the crown back into its normal, pushed-in position. If it's a screw-down crown, screw it back down securely.

OPERATING INSTRUCTIONS

Automatic Winding

The Orient RA-AA0C features an automatic movement. When worn regularly, the natural motion of your arm will keep the mainspring wound, eliminating the need for manual winding. For optimal performance, wear the watch for at least 8-10 hours daily.

Power Reserve

A fully wound watch has a power reserve of approximately 40 hours. If the watch is not worn for an extended period, it will stop. Simply re-wind it manually or wear it to restart the movement.

Water Resistance

This watch has a water resistance rating of 50 meters (5 ATM). This means it is suitable for short periods of recreational swimming, but not for diving or prolonged water immersion. Ensure the crown is always pushed in and, if applicable, screwed down tightly before any contact with water.

- **Do NOT** operate the crown or pushers while the watch is wet or submerged.

- Avoid exposing the watch to hot water, steam, or sudden temperature changes, as this can compromise seals.

MAINTENANCE

Cleaning

To maintain the appearance of your watch, wipe the case and crystal with a soft, dry cloth regularly. For the leather strap, avoid excessive moisture and harsh chemicals. If the watch is exposed to saltwater, rinse it gently with fresh water and dry thoroughly with a soft cloth.

Storage

When not wearing your watch, store it in a cool, dry place away from direct sunlight and strong magnetic fields. The original watch box is ideal for storage.



Image: The black presentation box for the Orient watch, featuring the brand logo. This box is suitable for safe storage.

Service

For optimal performance, it is recommended to have your automatic watch serviced by an authorized service center every 3-5 years. This includes cleaning, lubrication, and checking the movement's accuracy and water resistance seals.

TROUBLESHOOTING

- **Watch Not Running:**

If the watch has stopped, it likely needs to be wound. Manually wind the watch by turning the crown clockwise 30-40 times. If it still does not start, ensure the crown is pushed in fully. If the issue persists, seek professional service.

- **Time Inaccuracy:**

Automatic watches can have slight variations in accuracy. If your watch is consistently running significantly fast or slow (e.g., more than +/- 30 seconds per day), it may require regulation by a professional watchmaker. Exposure to strong magnetic fields can also affect accuracy; demagnetization may be necessary.

- **Date/Day Not Changing:**

Ensure the time is set correctly, differentiating between AM and PM. The date and day typically change around midnight. Avoid setting the date manually between 9:00 PM and 3:00 AM, as this can damage the movement.

- **Condensation Under Crystal:**

If you notice condensation inside the watch, this indicates a breach in water resistance. Immediately take the watch to an authorized service center to prevent further damage to the movement.

SPECIFICATIONS

Model Number	RA-AA0C05L19A
Movement	Orient Caliber F6922 Automatic / Hand-Winding / Hacking
Case Diameter	41.9 mm (without crown)
Water Resistance	50 meters (5 ATM)
Crystal	Mineral Crystal
Strap Material	Leather (Blue Leather Strap for this variant)
Functions	Hours, Minutes, Seconds, Day, Date
Manufacturer	Epson (Orient Watch Co., Ltd. is a subsidiary of Epson)

WARRANTY AND SUPPORT

Orient watches typically come with an international warranty covering manufacturing defects. Please refer to the warranty card included with your watch for specific terms, conditions, and duration.

For service, repairs, or further assistance, please contact an authorized Orient service center. You can often find a list of service centers on the official Orient Watch website or through your point of purchase.

For more information about Orient products, visit the official Orient Store: [Orient Store on Amazon](#).

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This manual is for informational purposes only. Specifications are subject to change without notice.

