

Humanscale M10

Humanscale M10 Monitor Arm Instruction Manual

Model: M10 Adjustable Heavy Duty Monitor Arm

1. INTRODUCTION

The Humanscale M10 Adjustable Heavy Duty Monitor Arm is engineered to enhance workspace comfort and productivity by providing flexible and ergonomic monitor positioning. This monitor arm supports a healthier working posture, maximizes usable desktop space, and contributes to a clutter-free environment. It features patented Weight-Compensating Spring Technology and Smart Stop functionality for precise control and adaptability. The M10 is designed for durability and ease of use, capable of supporting up to three monitors or a total weight of 48 pounds. Its modular design with Quick Release joints ensures quick and simple installation.

2. SETUP AND INSTALLATION

Follow these steps to correctly install your Humanscale M10 Monitor Arm. Ensure all components are present before beginning.

2.1 Unpacking and Component Check

Carefully remove all parts from the packaging. Verify that you have the clamp mount, arm links, and VESA plate. Refer to the packing list for a complete inventory.

2.2 Attaching the Clamp Mount

The M10 monitor arm utilizes a two-piece clamp mount for secure attachment to your desk.

1. Position the clamp mount base on your desk edge.
2. Secure the clamp to the desk using the tightening screw. Ensure it is firmly attached to prevent movement.



Image: The two-piece clamp mount securely attached to a desk edge. This shows the base and the tightening mechanism.

2.3 Assembling the Monitor Arm

The M10 features Quick Release joints for easy assembly.

1. Align the first arm link with the clamp mount post and push down until it clicks securely into place.
2. Repeat for additional arm links if using a multi-monitor configuration.



Image: The assembled monitor arm, showing the links connected to the clamp mount. This illustrates the modular nature of the arm.

2.4 Attaching the Monitor

The M10 arm is compatible with VESA-compliant monitors.

1. Attach the VESA plate to the back of your monitor using the provided screws. Ensure a snug fit.
2. Carefully lift the monitor and slide the VESA plate onto the monitor arm's mounting head until it locks into place.

Specifications

Weight Capacity	Standard Single or Dual Monitors 5 -15.5 lbs  M2.1
	Heavy Single or Dual Monitors 6 - 28 lbs  M8.1
	Up to Three Monitors and Large TV Formats 20 - 48lbs  M10
Height Adjustment	Up to 12"
Color Options	Polished Aluminum with White Trim Silver with Gray Trim Black with Black Trim
Warranty	M2.1 and M8.1: 15 year, 24/7 M10: 10 year, 24/7

Environmental Story

Humanscale's line of expertly engineered monitor arms ship unassembled to dramatically reduce packaging size – while still being quickest to install. Modular links allow users to design the most productive space without additional parts, which saves resources. This means that Humanscale monitor arms require far less energy, resources and processes to get from factory to office. We consider the impact of our products on people both during manufacturing and when they are in use. Humanscale monitor arms are built with sustainable, non-toxic materials, and their durable design ensures that they won't need to be replaced for many years.



Image: Rear view of a monitor attached to the M10 arm, showing the VESA mounting interface. This highlights the connection point.

2.5 Counterbalance Adjustment

The M10 features a built-in counterbalance indicator to simplify adjustment.

1. Once the monitor is attached, use the adjustment tool to turn the counterbalance screw.
2. Adjust until the monitor remains stable at any desired height without drifting up or down. The indicator will help confirm proper balance.

Specification Sheet

Humanscale®

M10

Model Number: M10C

List Price (As of 09/11/19): \$679.00

FEATURES

- Allows user to view their monitor(s) at an optimal position
- Rubberized Cable Management makes it simple to run cords through a modular system for a clean, sleek and organized aesthetic
- A patented, weight-compensating spring technology enables smooth and uniform height adjustment
- Built-in Counterbalance Indicator provides the ability to counterbalance the monitor weight before monitor installation to reduce expensive computer setup costs
- Patent-pending Smart Stop allows the user to customize the rotation of the arm, preventing overhang and protecting surrounding equipment
- Patent-pending Quick Release Joints instantly snap together for a secure and robust fit, simplifying installation. Only one tool is required, and it's neatly concealed inside the arm base
- Can be configured to hold up to three monitors
- Compatible with M/Connect 2 and M/Power, the first-ever integrated monitor arm bases and docking stations of their kind

SPECIFICATIONS

Weight Capacity:

Up to Three Monitors and Large
TV Formats 20-48 lbs

Height Adjustment: Up to 12"

Color Options:

- Polished Aluminum with White Trim
- Silver with Gray Trim
- Black with Black Trim

Warranty

10 year, 24/7

CONFIGURATION DETAILS

CODE DESCRIPTION

M10 M10 Monitor Arm
CM - Two-Piece Clamp Mount with Base

B - Angled Link/Dynamic Link
T - Standard Monitor Tilt (one per monitor)
- Standard 100mm x 100mm,
- Not Applicable

SUSTAINABILITY

Humanscale's line of expertly engineered monitor arms ship unassembled to dramatically reduce packaging size – while still being quickest to install. Modular links allow users to design the most productive space without additional parts, which saves resources. This means that Humanscale monitor arms require far less energy, resources and processes to get from factory to office. We consider the impact of our products on people both during manufacturing and when they are in use. Humanscale monitor arms are built with sustainable, non-toxic materials, and their durable design ensures that they won't need to be replaced for many years.



Image: A Humanscale M10 monitor arm with a monitor attached, set up on a desk. This provides a complete view of the installed product.

2.6 Cable Management

Utilize the integrated rubber cable management system to route cables neatly along the arm.

1. Open the cable channels along the underside of the arm links.
2. Place your monitor and power cables inside the channels.
3. Close the channels to secure the cables, maintaining a clean workspace.



Image: Close-up view of the M10 arm showing cables routed through its integrated management system. This demonstrates how to keep cables organized.

3. OPERATING THE MONITOR ARM

The M10 arm offers dynamic adjustability for optimal viewing comfort.

3.1 Height Adjustment

Gently raise or lower your monitor to the desired height. The Weight-Compensating Spring Technology ensures smooth and effortless movement.

3.2 Tilt, Swivel, and Rotation

Adjust the monitor's tilt (up/down), swivel (left/right), and rotate it from landscape to portrait orientation as needed. The arm's joints allow for fluid movement.



Image: A monitor mounted on the M10 arm, positioned for ergonomic use at a desk. This illustrates the arm's flexibility in a real-world setting.

3.3 Smart Stop Functionality

The Smart Stop feature allows you to limit the rotation of each arm joint. This prevents the monitor or arm from overhanging desk edges or colliding with walls or other equipment.

1. Locate the Smart Stop mechanism on each joint.
2. Adjust the stops to define the desired range of motion for the arm.

4. MAINTENANCE

The Humanscale M10 Monitor Arm is designed for longevity with minimal maintenance.

4.1 Cleaning

Wipe the arm surfaces with a soft, damp cloth. Avoid abrasive cleaners or solvents that could damage the finish.

4.2 Periodic Checks

Periodically check all connections, especially the clamp mount and VESA plate screws, to ensure they remain tight and secure. The self-lubricating precision bearings ensure smooth operation without the need for additional lubrication.

5. TROUBLESHOOTING

If you encounter issues with your M10 monitor arm, refer to the following common solutions.

5.1 Monitor Drifts Up or Down

Issue: The monitor does not stay in its set vertical position and drifts upwards or downwards.

Solution: This indicates the counterbalance is not correctly adjusted for your monitor's weight. Re-adjust the counterbalance screw (refer to Section 2.5) until the monitor remains stable at any height. Ensure the monitor arm is not overloaded beyond its 48-pound capacity.

5.2 Arm Joints Are Stiff or Stuck

Issue: The arm joints are difficult to move or appear stuck, preventing smooth adjustment.

Solution: While the M10 features self-lubricating bearings, extreme stiffness might indicate an issue with the Smart Stop settings or an internal mechanism. First, check if the Smart Stop feature (Section 3.3) is engaged and limiting movement. If the issue persists, ensure no cables are caught in the joints. If the arm remains stuck after these checks, contact Humanscale support for assistance. Do not force the arm, as this may cause damage.

5.3 Monitor Wobbles

Issue: The monitor or arm wobbles excessively.

Solution: Verify that the clamp mount is securely tightened to the desk (Section 2.2) and that the VESA plate is firmly attached to both the monitor and the arm (Section 2.4). Ensure your desk surface is stable.

6. SPECIFICATIONS

Brand	Humanscale
Model Number	HS-M10-Clamp-Alum
Weight Capacity	Up to 48 pounds (supports up to three monitors)
Height Adjustment	Up to 12 inches
Product Dimensions	6.5 x 8.2 x 12 inches
Item Weight	20 pounds
Material	Metal
Color	Aluminum
Mounting Type	Tabletop Clamp Mount
Movement Type	Rotate, Tilt, Swivel, Height Adjustment
UPC	663185749111

7. WARRANTY INFORMATION

The Humanscale M10 Monitor Arm comes with a comprehensive **10-year, 24/7 warranty**. This warranty covers defects in materials and workmanship under normal use. For specific terms and conditions, please refer to the official Humanscale warranty documentation or contact customer support.

8. SUPPORT AND ADDITIONAL RESOURCES

For further assistance, detailed product information, or to purchase replacement parts, please visit the official Humanscale website or contact their customer support department.

Official Product Videos:

Your browser does not support the video tag.

Video: General overview or installation guide for the M10 monitor arm. This video demonstrates key features and assembly steps.

Your browser does not support the video tag.

Video: Detailed instructions on adjusting the M10 monitor arm for optimal ergonomic positioning. This video covers height, tilt, and swivel adjustments.