

YOUHA B07XCLQ1C9

YOUHA Wearable Breast Pump User Manual

Model: B07XCLQ1C9

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1. INTRODUCTION

Thank you for choosing the YOUHA Wearable Breast Pump. This innovative, hands-free breast pump is designed to provide comfort and convenience for breastfeeding mothers, allowing for discreet and efficient milk expression anytime, anywhere. Please read this manual thoroughly before first use to ensure proper operation, maintenance, and safety.



Image 1.1: The YOUHA Wearable Breast Pump, fully assembled and ready for use.

2. IMPORTANT SAFETY INFORMATION

Always adhere to the following safety guidelines to prevent injury or damage to the product:

- Do not immerse the motor unit in water or other liquids.
- Keep out of reach of children. This is not a toy.
- Use only the provided charging cable and adapter.
- Inspect all components before each use for any signs of damage or wear. Discontinue use if damaged.
- Ensure all parts are clean and dry before assembly and use.

- This product is for personal use only and should not be shared to prevent cross-contamination.
- All milk contact parts are made from food-grade, BPA-free materials.
- Consult a healthcare professional if you experience pain or discomfort during pumping.

3. PRODUCT OVERVIEW

3.1 Key Features

- **Built-in 1100mAh Lithium battery:** Provides portable and wireless operation.
- **3 Modes & 10 Levels:** Offers customizable pumping experience with various suction strengths and patterns.
- **Closed System:** Designed to prevent milk backflow into the motor unit, ensuring hygiene.
- **All-in-one design:** Fits discreetly inside your bra for hands-free convenience.
- **240ml/8oz capacity:** Sufficient volume for milk collection during pumping sessions.
- **Food-grade material, BPA free:** Ensures safety for milk contact.
- **Low Noise Operation:** Operates quietly, ideal for use in various environments.

3.2 Components

The YOUHA Wearable Breast Pump consists of several key components:

- Motor Unit
- Milk Collector Cup (240ml/8oz)
- Silicone Flange
- Diaphragm
- Valve
- Connector
- USB Charging Cable



Image 3.1: Exploded view of the YOUHA Wearable Breast Pump components, including the motor unit, milk collector, flange, diaphragm, and valve.

4. SETUP AND ASSEMBLY

4.1 Charging the Pump

Before first use, fully charge the pump's motor unit. Connect the USB charging cable to the motor unit and plug the other end into a compatible USB power adapter (not included) or a USB port. The indicator light will show charging status and turn off when fully charged. A full charge typically takes approximately 2-3 hours.

4.2 Assembly Instructions

Ensure all parts are clean and dry before assembly. Refer to Image 3.1 for visual guidance.

1. Insert the valve firmly into the bottom of the connector.
2. Place the diaphragm securely onto the top of the connector, ensuring a tight seal.
3. Attach the assembled connector and diaphragm unit to the milk collector cup.
4. Press the silicone flange firmly onto the milk collector cup, ensuring it is flush and sealed.
5. Finally, align the motor unit with the top of the assembled milk collector cup and press down until it clicks into place.



Image 4.1: A user demonstrating the compact size of the YOUHA Wearable Breast Pump and its separate milk collection cup.

5. OPERATING INSTRUCTIONS

5.1 Getting Started

1. Ensure the pump is fully assembled and charged.
2. Position the assembled pump against your breast, ensuring your nipple is centered in the silicone flange.
3. Place the pump discreetly inside your bra.



Image 5.1: The YOUHA Wearable Breast Pump worn discreetly inside a bra, demonstrating its hands-free capability.

4. Press the power button on the motor unit to turn on the pump. It will typically start in a stimulation mode.

5.2 Modes and Levels

The pump features 3 distinct modes and 10 adjustable suction levels within each mode:

- **Stimulation Mode:** A faster, lighter suction pattern designed to stimulate milk let-down.
- **Expression Mode:** A slower, stronger suction pattern for efficient milk expression once let-down occurs.
- **Massage Mode:** A gentle, rhythmic pattern to help relieve engorgement or prepare breasts for pumping.

Use the '+' and '-' buttons to adjust the suction intensity within the selected mode. Press the mode button to cycle through the different modes.

5.3 Pumping Session

Pump for approximately 15-20 minutes per breast, or until milk flow significantly slows. The pump's low noise operation allows for discreet use in various settings.



Image 5.2: Illustration of the YOUHA Wearable Breast Pump's low noise level (20dB(A)) compared to common sounds, highlighting its quiet operation.

5.4 After Pumping

Once finished, turn off the pump and carefully remove it from your bra. Detach the motor unit and pour the collected milk into a storage bottle or bag. Proceed with cleaning all milk-contact parts as described in the Maintenance section.

6. CLEANING AND MAINTENANCE

Proper cleaning is essential for hygiene and longevity of your breast pump. Clean all milk-contact parts after each use.

6.1 Disassembly for Cleaning

Carefully disassemble all milk-contact parts: the milk collector cup, silicone flange, diaphragm, and valve. The motor unit should never be washed or immersed in water.

6.2 Cleaning Instructions

- **Washing:** Rinse all disassembled parts under cold running water to remove milk residue. Then, wash

thoroughly in warm, soapy water using a dedicated brush.

- **Rinsing:** Rinse all parts thoroughly under clean running water.
- **Sanitizing:** All milk-contact parts are dishwasher-safe (top rack recommended) or can be sterilized by boiling for 3-5 minutes. Ensure parts do not touch the bottom or sides of the pot.
- **Drying:** Air dry all parts on a clean drying rack. Do not use a cloth to dry, as this can transfer germs. Ensure all parts are completely dry before reassembly or storage.

Wipe the motor unit with a clean, damp cloth. Do not use abrasive cleaners or immerse it in water.



Image 6.1: A hand demonstrating the flexibility and soft texture of the silicone flange, which is easy to clean and comfortable for use.

7. TROUBLESHOOTING

If you encounter issues with your YOUHA Wearable Breast Pump, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
No suction or weak suction	• Improper assembly • Damaged or worn valve/diaphragm • Motor unit not fully charged • Flange not sealed properly on breast	• Reassemble all parts, ensuring tight seals. • Inspect valve and diaphragm for tears or damage; replace if necessary. • Charge the motor unit fully. • Adjust pump position to ensure a good seal.
Pump not turning on	• Battery depleted • Motor unit malfunction	• Charge the pump for at least 2-3 hours. • If still not turning on after charging, contact customer support.
Milk leaking from pump	• Improper assembly • Milk collector cup overfilled • Damaged silicone flange	• Ensure all parts are correctly assembled and sealed. • Do not exceed the 240ml/8oz capacity. • Inspect flange for tears; replace if damaged.

8. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	YOUHA
Model Number (ASIN)	B07XCLQ1C9
Operation Mode	Battery
Special Features	Hands Free Usage, Low Noise, Wearable
Material	Silicone (milk contact parts)
Power Source	Battery Powered (Built-in 1100mAh Lithium battery)
Included Components	Battery (motor unit), Milk Collector Cup, Silicone Flange, Diaphragm, Valve, Connector, USB Charging Cable
Color	White
Dishwasher-Safe	Yes (milk-contact parts, top rack)
Capacity	240ml / 8oz
Package Dimensions	16.99 x 14.91 x 12.8 cm
Item Weight	630 g

9. WARRANTY AND CUSTOMER SUPPORT

For warranty information, please refer to the documentation included with your purchase or visit the official YOUHA website. If you have any questions, require technical assistance, or need to report an issue, please contact YOUHA customer support through the retailer where you purchased the product or directly via the manufacturer's contact channels.

Manufacturer: Ningbo Youhe Electrical Appliance Technology Co., Ltd