

Tunturi 14TUSCF049

Tunturi Protein Shaker 600ml Instruction Manual

Model: 14TUSCF049

INTRODUCTION

The Tunturi Protein Shaker is designed for convenient preparation of protein shakes and other nutritional beverages. It features a 600ml capacity, an integrated sieve for smooth mixing, and a special storage compartment for supplements or pills. This manual provides instructions for proper use and maintenance to ensure optimal performance and longevity of your shaker.

Key Features:

- 600ml capacity for various beverage needs.
- Integrated sieve for lump-free mixing.
- Special storage compartment at the base for powders or pills.
- Transparent design with clear measurement markings (ml and ounces).
- Secure, lockable cap to prevent leaks during transport.
- Dishwasher and microwave safe for easy cleaning and convenience.
- Constructed from durable, food-grade plastic (PP), free from BPA and DHEP.

PRODUCT COMPONENTS

The Tunturi Protein Shaker consists of several parts designed for easy assembly and use.



Image 1: All components of the Tunturi Protein Shaker, including the main cup, the screw-on lid with flip-top spout, the internal mixing sieve, and the detachable storage compartment at the base.

1. **Main Cup:** The primary container for liquids, with measurement markings.
2. **Lid:** Features a secure screw-on design and a flip-top spout for drinking.
3. **Sieve:** An internal honeycomb-patterned screen that breaks up powder clumps during shaking.
4. **Storage Compartment:** A detachable container at the base for storing dry powder or pills.

SETUP AND FIRST USE

Before using your Tunturi Protein Shaker for the first time, please follow these steps:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Wash:** Disassemble all parts (cup, lid, sieve, storage compartment) and wash them thoroughly with warm soapy water. Rinse completely. Alternatively, all parts are dishwasher safe (top rack).

recommended).

3. **Dry:** Ensure all components are completely dry before reassembly.





Image 2: The Tunturi Protein Shaker fully assembled with the lid closed, ready for use or transport.

OPERATING INSTRUCTIONS

Follow these steps to prepare your shake:

1. **Fill with Liquid:** Unscrew the lid from the main cup. Pour your desired liquid (water, milk, juice) into the cup. Use the measurement markings on the side for accuracy.
2. **Add Powder:** Add your protein powder or other supplements to the liquid in the cup.
3. **Insert Sieve:** Place the sieve into the top of the cup, ensuring it rests securely.
4. **Secure Lid:** Screw the lid firmly onto the cup until it is tight. Close the flip-top spout securely.
5. **Shake:** Hold the shaker firmly and shake vigorously for 10-20 seconds, or until the powder is fully mixed and lump-free.
6. **Drink:** Open the flip-top spout and enjoy your shake.

Using the Storage Compartment:

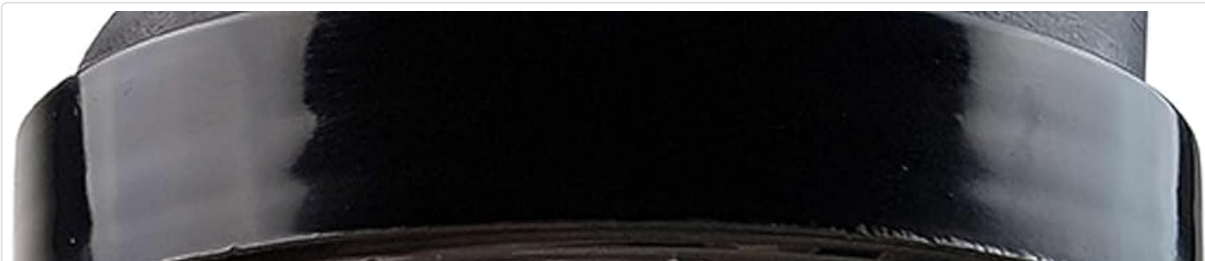
The detachable storage compartment is located at the base of the shaker.

1. **Detach:** Unscrew the storage compartment from the bottom of the main cup.
2. **Fill:** Place your desired amount of protein powder, supplements, or pills into the compartment.
3. **Reattach:** Screw the storage compartment back onto the base of the main cup securely.





Image 3: The Tunturi Protein Shaker with its flip-top spout open, illustrating its readiness for drinking after mixing.



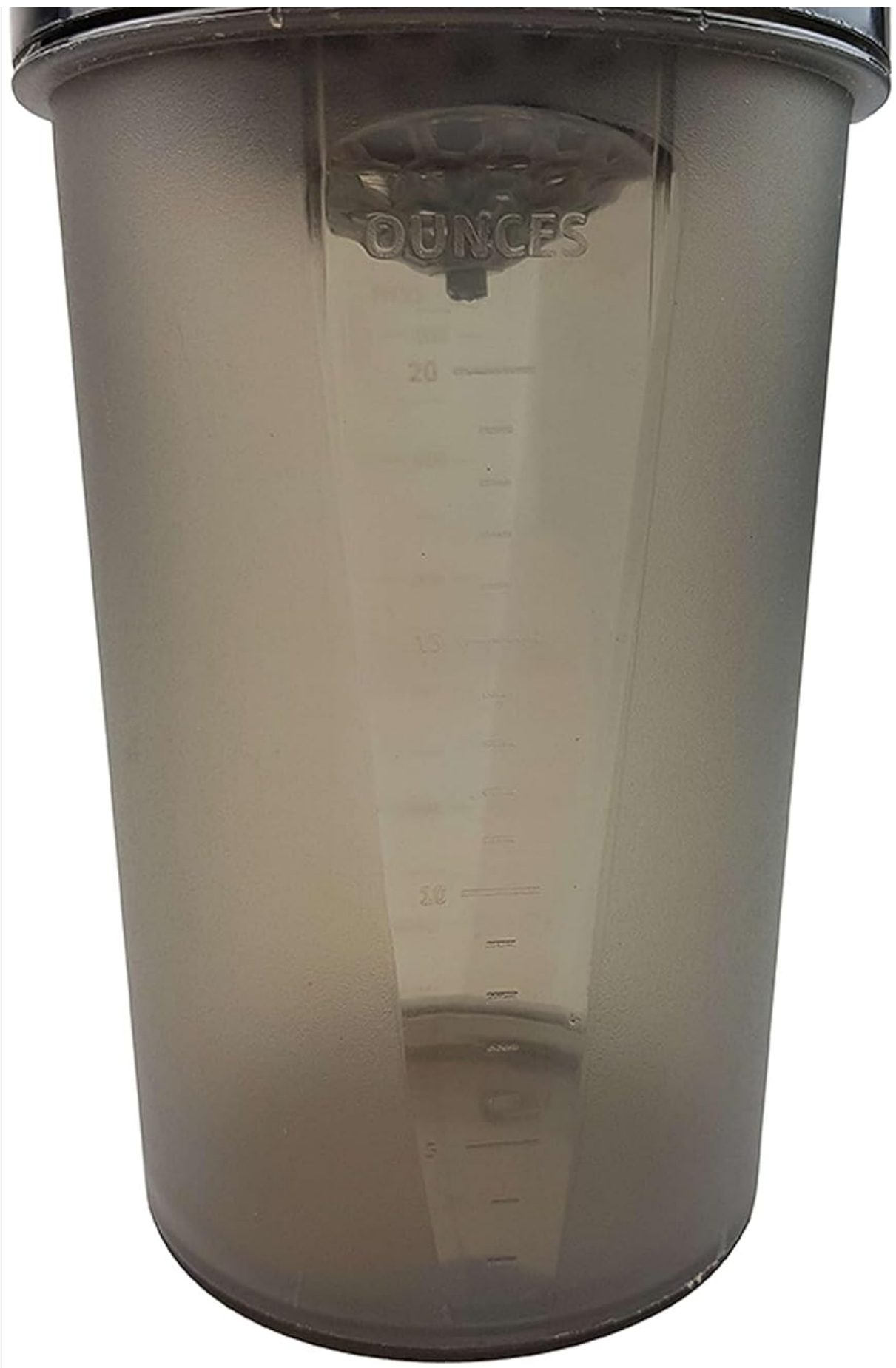


Image 4: A detailed view of the shaker's side, highlighting the clear ounce measurement markings for precise liquid volume.



Image 5: A detailed view of the shaker's side, highlighting the clear milliliter measurement markings for precise liquid volume.

MAINTENANCE AND CARE

Proper care will extend the life of your Tunturi Protein Shaker:

- **Cleaning:** After each use, disassemble all parts and wash them. The shaker is dishwasher safe (top rack recommended) or can be hand-washed with warm soapy water.
- **Drying:** Allow all components to air dry completely before reassembling or storing to prevent odors and bacterial growth.
- **Storage:** Store the shaker with the lid and storage compartment detached or loosely attached to allow air circulation.
- **Microwave Use:** The shaker is microwave safe. However, ensure the lid and sieve are removed before microwaving liquids. Do not microwave for extended periods or with contents that may expand rapidly.
- **Avoid Abrasives:** Do not use abrasive cleaners or scouring pads, as these can scratch the plastic.
- **Temperature:** Avoid exposing the shaker to extreme temperatures for prolonged periods, which could deform the plastic.

TROUBLESHOOTING

If you encounter any issues with your Tunturi Protein Shaker, refer to the following common problems and solutions:

- **Leaking:**
 - Ensure the lid is screwed on tightly and correctly aligned with the cup threads.
 - Check that the flip-top spout is securely closed.
 - Inspect the lid and cup for any cracks or damage.
- **Lumps in Shake:**
 - Verify that the sieve is properly inserted before shaking.
 - Shake the contents more vigorously and for a longer duration.
 - Add liquid first, then powder, to help prevent clumping.
- **Odor Retention:**
 - Wash the shaker immediately after use.
 - For persistent odors, soak disassembled parts in a mixture of water and baking soda, then wash thoroughly.
 - Ensure parts are completely dry before storage.

SPECIFICATIONS

Feature	Detail
Brand	Tunturi

Model Number	14TUSCF049
Capacity	600 ml
Material	Plastic (PP)
Color	Black
Length	25 cm
Diameter	10 cm
Weight	126 g
Dishwasher Safe	Yes
Microwave Safe	Yes (without lid/sieve)
BPA/DHEP Free	Yes



WARRANTY AND SUPPORT





Tunturi products are manufactured to high-quality standards. For any questions, concerns, or support regarding your Tunturi Protein Shaker, please refer to the retailer where you purchased the product or visit the official Tunturi website for customer service contact information.

Please retain your proof of purchase for any warranty claims.

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Related Documents - 14TUSCF049

	<p>Tunturi Fitrow 50 Rower: User Manual and Assembly Guide</p> <p>Comprehensive user manual for the Tunturi Fitrow 50 Rower, detailing assembly, operation, maintenance, safety guidelines, and technical specifications for home fitness.</p>
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	<p>Tunturi Fitness Trampoline 14TUSFU272 - Návod k použití a sestavení</p> <p>Komplexní návod k použití a sestavení pro trampolínu Tunturi Fitness model 14TUSFU272. Obsahuje informace o částech, bezpečnostní pokyny, postup montáže, skládání a výhody cvičení.</p>
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