

[Manuals.plus](#) /

› [DonJoy Performance](#) /

› DonJoy Trizone Ankle Brace User Manual

DonJoy Performance DP151AB02

DonJoy Trizone Ankle Brace User Manual

Model: DP151AB02

INTRODUCTION

The DonJoy Performance Trizone Ankle Brace is designed to provide targeted compression and support for the ankle. Its unique hybrid design combines the benefits of compression with the stability of a brace, making it suitable for various activities and recovery needs. This manual provides essential information for the proper use, care, and maintenance of your Trizone Ankle Brace.



Image: Front view of the DonJoy Trizone Ankle Brace, showcasing its grey fabric and integrated support structure.

PRODUCT FEATURES

-
- **Three Zones of Compression:** Strategically placed around the ankle for targeted support and performance.
 - **Silicone Banding:** Injected directly onto the sleeve to provide medial/lateral support for ligaments and tendons.
 - **Carbonized Bamboo Construction:** Offers thermal regulating and anti-bacterial properties, helping to manage odor.
 - **Low Profile Design:** Comfortably fits within most shoe types without compromising fit or function.
 - **Reflectivity:** Enhances visibility in low light conditions.

SETUP AND SIZING

Proper sizing is crucial for the effectiveness and comfort of your DonJoy Trizone Ankle Brace. Refer to the sizing chart provided by DonJoy Performance to select the correct size based on your ankle circumference.

Application Instructions:

1. Ensure your foot and ankle are clean and dry before application.
2. Slide the ankle brace over your foot, similar to putting on a sock.
3. Position the brace so that the silicone banding aligns with the sides of your ankle, providing support to the medial and lateral ligaments.
4. Adjust the brace to ensure a snug, comfortable fit without restricting circulation. The three compression zones should feel supportive but not overly tight.
5. Wear the brace inside your shoe as needed.



Image: The DonJoy Trizone Ankle Brace correctly positioned on a foot, demonstrating its low-profile fit.

OPERATING GUIDELINES

The DonJoy Trizone Ankle Brace is designed for continuous wear during activities where ankle support is desired, or as recommended by a healthcare professional. It is suitable for sports, walking, and daily activities.

- Wear the brace for the duration of your activity or as advised for recovery.
- If you experience any discomfort, numbness, tingling, or increased pain, remove the brace immediately and consult a healthcare professional.
- Do not overtighten the brace. It should provide support without causing excessive pressure or restricting blood flow.

MAINTENANCE AND CARE

Proper care will extend the life of your DonJoy Trizone Ankle Brace and maintain its effectiveness.

Cleaning Instructions:

- **Hand Wash Only:** Wash the brace by hand in cold water with mild soap.
- Rinse thoroughly to remove all soap residue.
- Air dry completely before re-using or storing. Do not machine wash, tumble dry, iron, or bleach.
- Avoid exposing the brace to direct heat or sunlight for prolonged periods, as this may damage the materials.

Storage:

Store the brace in a cool, dry place away from direct sunlight when not in use.

TROUBLESHOOTING

Issue	Possible Cause	Solution
Discomfort or chafing	Incorrect sizing, improper positioning, or prolonged wear without breaks.	Verify correct size using the sizing chart. Adjust the brace's position on your ankle. Ensure skin is clean and dry. Limit wear time if discomfort persists.
Brace slips or bunches	Incorrect sizing or worn-out material.	Ensure you have the correct size. If material is stretched or damaged, consider replacement.
Odor development	Accumulation of sweat and bacteria.	Follow "Hand Wash Only" instructions regularly. Ensure brace is fully dry before storage or re-use.

If issues persist or you experience severe pain, discontinue use and consult a healthcare professional.

SPECIFICATIONS

Model Number:	DP151AB02
Brand:	DonJoy Performance
Manufacturer:	DonJoy
Item Weight:	16 ounces
Product Care:	Hand Wash Only
Sport Type:	Walking
ASIN:	B07VQ9D62S
First Available:	June 7, 2019

WARRANTY AND SUPPORT

For information regarding warranty coverage, product support, or to contact customer service, please refer to the official DonJoy Performance website or the documentation included with your purchase. Keep your proof of purchase for warranty claims.

Manufacturer Contact: For specific inquiries, please contact DonJoy directly through their official channels.

Disclaimer: This product is intended for general support and compression. It is not a substitute for professional medical advice, diagnosis, or treatment. Always consult with a qualified healthcare professional for any medical conditions or before starting any new treatment.

© 2024 DonJoy Performance. All rights reserved.
This manual is for informational purposes only.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question