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JBL JBLREFFLOWTELAM

JBL REFLECT FLOW - True Wireless Earbuds User Manual

Model: JBLREFFLOWTELAM

PRODUCT OVERVIEW

The JBL REFLECT FLOW are true wireless earbuds designed to complement an active lifestyle. They offer freedom from wires, hands-free calling, voice assistant access, and are built to withstand water and sweat. With features like Ambient Aware and TalkThru, they provide both immersive sound and situational awareness. The earbuds deliver powerful JBL Signature Sound and are designed for comfort and a secure fit during movement.



Figure 1: JBL Reflect Flow Teal True Wireless Earbuds.

WHAT'S IN THE BOX

Your JBL REFLECT FLOW package includes the following items:

- JBL REFLECT FLOW Headphones (Teal)
- Charging Case
- USB Charging Cable
- 3 Sets of Ear Tips (S, M, L)
- 3 Sets of Enhancers (S, M, L)

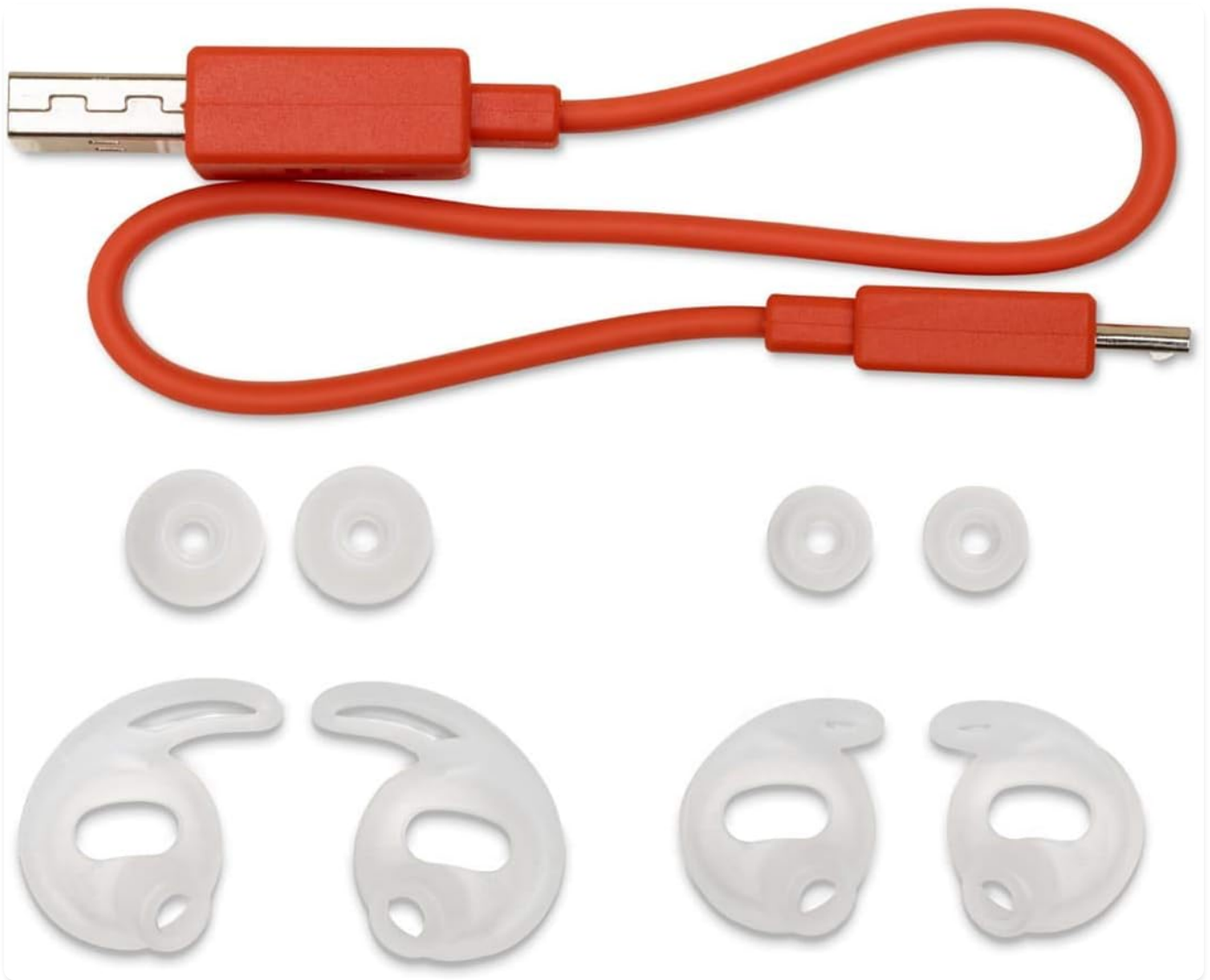


Figure 2: Included accessories: USB charging cable, various sizes of ear tips, and enhancers for a secure fit.

SETUP

1. Charging the Earbuds and Case

Before first use, fully charge the earbuds and the charging case. The charging case provides additional battery life for your earbuds on the go.

1. Place the earbuds into the charging case. Ensure they are properly seated to make contact with the charging pins.
2. Connect the USB charging cable to the charging port on the back of the case and to a power source.
3. The LED indicators on the case will show the charging status. A full charge provides up to 10 hours of playtime for the earbuds, with an additional 20 hours from the charging case, totaling up to 30 hours. A 10-minute rapid charge provides 1 hour of playtime.



Figure 3: The charging case with its USB-C port and LED battery indicator.



Figure 4: Earbuds correctly placed inside the charging case for charging.

2. Pairing with Your Device

The JBL REFLECT FLOW earbuds use Bluetooth 5.0 for a stable wireless connection.

1. Open the charging case. The earbuds will automatically enter pairing mode.
2. On your device (smartphone, tablet, etc.), go to Bluetooth settings and enable Bluetooth.
3. Select "JBL REFLECT FLOW" from the list of available devices.
4. Once connected, you will hear an audible confirmation, and the LED on the earbuds will indicate a successful connection.

OPERATING THE EARBUDS

Controls

The JBL REFLECT FLOW earbuds feature touch controls for easy management of music, calls, and voice assistants.

Action	Control
Play/Pause Music	Single tap on either earbud
Next Track	Double tap on the right earbud
Previous Track	Triple tap on the left earbud
Answer/End Call	Single tap on either earbud
Reject Call	Press and hold on either earbud
Activate Voice Assistant	Press and hold on the right earbud

Ambient Aware and TalkThru

These features enhance your awareness of your surroundings or allow for quick conversations without removing your earbuds.

- **Ambient Aware:** Allows you to hear ambient sounds around you while still enjoying your music. This is useful for safety in outdoor environments.
- **TalkThru:** Lowers music volume and amplifies speech, enabling you to have conversations without taking off your headphones.

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Video 1: Official JBL video demonstrating the features of the Reflect Flow earbuds, including hands-free calls, Ambient Aware, TalkThru, and battery life.

MAINTENANCE

Cleaning and Care

To ensure the longevity and optimal performance of your JBL REFLECT FLOW earbuds, follow these care instructions:

- Regularly clean the ear tips and charging contacts with a dry, soft cloth.
- Avoid using abrasive cleaners or solvents.
- Ensure earbuds are completely dry before placing them back into the charging case to prevent damage to the charging contacts.

Water Resistance (IPX7)

The JBL REFLECT FLOW earbuds are IPX7 waterproof, meaning they can be submerged in up to 1 meter of water for up to 30 minutes. This makes them suitable for workouts and use in rainy conditions.

- Do not intentionally submerge the charging case, as it is not waterproof.
- Always ensure the earbuds are dry before placing them in the charging case.



Figure 5: The earbuds are designed for active use, including during exercise.

TROUBLESHOOTING

If you encounter issues with your JBL REFLECT FLOW earbuds, try the following solutions:

Problem	Possible Solution
Earbuds not charging	Ensure earbuds are correctly seated in the case. Clean charging contacts on both earbuds and case. Check if the charging cable is securely connected and the power source is active.
Cannot pair with device	Make sure Bluetooth is enabled on your device. Ensure earbuds are in pairing mode (open case). Forget the device in your Bluetooth settings and try pairing again. Move closer to your device.
No sound or low volume	Check volume levels on both earbuds and your connected device. Ensure earbuds are properly fitted in your ears. Re-pair the earbuds with your device.
Intermittent connection	Reduce distance between earbuds and device. Avoid obstacles between them. Ensure no other strong wireless signals are interfering.

For more detailed troubleshooting, refer to the official JBL support resources.

SPECIFICATIONS

Feature	Detail
Model Name	JBL Reflect Flow - Teal
Connectivity Technology	Bluetooth
Bluetooth Version	5.0
Battery Life (Earbuds)	Up to 10 Hours
Battery Life (with Case)	Up to 30 Hours (10 + 20 from case)
Charging Time	2 Hours (for full charge)
Quick Charge	10 minutes charge for 1 hour playtime
Water Resistance Level	IPX7 (Earbuds only)
Frequency Range	20Hz - 20kHz
Impedance	14 Ohm
Control Type	Touch, Voice Assistant
Item Weight	1.28 ounces
Product Dimensions	3.74 x 1.97 x 6.3 inches

WARRANTY AND SUPPORT

For warranty information, product registration, and additional support, please visit the official JBL website or contact their customer service.

You can also find the official User Manual and User Guide PDFs for this product:

- [User Manual \(PDF\)](#)
- [User Guide \(PDF\)](#)
- [Troubleshooting Guide \(PDF\)](#)

For further assistance, please visit the [JBL Store on Amazon](#).