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## UPLIFTDESK E7

# UPLIFTDESK E7 Electric Standing Desk Converter User Manual

MODEL: E7 (DUAL MONITOR, NATURAL RUBBERWOOD WORKSURFACE / WHITE BASE)

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## 1. Introduction

This manual provides essential instructions for the assembly, operation, and maintenance of your UPLIFTDESK E7 Electric Standing Desk Converter. Designed to transform your existing desk into a dynamic sit-stand workstation, the E7 offers electric height adjustment and robust support for multiple monitors.

The UPLIFTDESK E7 is engineered for durability and ease of use, utilizing high-quality components to ensure stable and smooth transitions between sitting and standing heights. Please read this manual thoroughly before beginning assembly or operation to ensure safe and correct usage.



Image 1: The UPLIFTDESK E7 Electric Standing Desk Converter in a typical office setup, showcasing its dual monitor support and natural rubberwood worksurface.

## 2. Setup

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The UPLIFTDESK E7 requires some assembly. All necessary tools and hardware are typically included. Follow the step-by-step instructions provided in the separate assembly guide for detailed visual instructions.

### 2.1 Unpacking and Component Check

- Carefully remove all components from the packaging.
- Verify that all parts listed in the assembly guide are present and undamaged.
- Place the main converter unit on a stable, flat surface where it will be used.

### 2.2 Assembly Overview

The primary assembly involves attaching the monitor mount to the main column and securing the keyboard tray. Ensure all connections are tight and secure before placing equipment on the converter.



Image 2: An overhead view of the UPLIFTDESK E7 components, including the main worksurface, keyboard tray, and the monitor mounting system, ready for assembly.

### **2.3 Monitor Installation**

The E7 supports dual monitors. Attach your VESA-compatible monitors to the provided monitor arms. Adjust the monitor positions for optimal viewing angles and ergonomic comfort.



Image 3: A detailed rear view of the UPLIFTDESK E7, highlighting the robust monitor mounting system and cable management features.

### 3. Operating Instructions

The UPLIFTDESK E7 features an intuitive control panel for electric height adjustment and memory settings.

#### 3.1 Control Panel Overview

The control panel is integrated into the worksurface and includes up/down arrows for manual adjustment, and memory buttons (M1, M2) for saving preferred heights.



Image 4: The integrated control panel on the UPLIFTDESK E7 worksurface, displaying the digital height readout and control buttons.

### 3.2 Manual Height Adjustment

- To raise the converter, press and hold the **Up Arrow** button.
- To lower the converter, press and hold the **Down Arrow** button.
- Release the button when the desired height is reached. The current height will be displayed on the digital readout.



Image 5: A user's hand operating the control panel to adjust the height of the UPLIFTDESK E7.

### 3.3 Memory Presets

The E7 allows you to save two preferred height settings for quick adjustments.

- **To Save a Height:** Adjust the converter to your desired height using the manual up/down buttons. Press the **M** button, then press either **1** or **2** within 3 seconds. The display will confirm the setting.
- **To Use a Saved Height:** Simply press the **1** or **2** button. The converter will automatically move to the saved position.

## 4. Maintenance

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Regular maintenance ensures the longevity and optimal performance of your UPLIFTDESK E7.

### 4.1 Cleaning

- Wipe surfaces with a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals that may damage the finish.
- For the natural rubberwood surface, use wood-safe cleaning products if necessary.

### 4.2 Regular Checks

- Periodically check all screws and bolts to ensure they are tight. Retighten if necessary.
- Inspect power cords for any signs of damage. Discontinue use and contact support if damage is found.
- Ensure the area around the converter is clear of obstructions during height adjustments.

## 5. Troubleshooting

If you encounter issues with your UPLIFTDESK E7, refer to the following common solutions:

### 5.1 Converter Not Responding

- Check that the power cord is securely plugged into both the converter and a working wall outlet.
- Ensure no cables are pinched or obstructing the movement of the converter.
- Try resetting the power by unplugging the unit for 30 seconds and then plugging it back in.

### 5.2 Uneven Movement

- Verify that the weight on the worksurface is evenly distributed.
- Ensure all assembly bolts are tightened correctly.

If these steps do not resolve the issue, please contact UPLIFTDESK customer support for further assistance.

## 6. Specifications

Key technical specifications for the UPLIFTDESK E7 Electric Standing Desk Converter:

Feature	Detail
Brand	UPLIFTDESK
Model	E7
Product Dimensions (D x W x H)	35"D x 28"W x 23"H
Worksurface Material	Natural Rubberwood
Base Color	White
Base Material	Alloy Steel
Item Weight	40 Pounds
Maximum Weight Recommendation	110 Pounds
Mounting Type	Tabletop
Included Components	Desk Mount
Required Assembly	Yes

## 7. Warranty and Support

UPLIFTDESK stands behind the quality of its products. The E7 Electric Standing Desk Converter comes with a limited warranty. For specific warranty terms and conditions, please refer to the documentation

included with your product or visit the official UPLIFTDESK website.

## 7.1 Customer Support

For any questions, technical assistance, or warranty claims, please contact UPLIFTDESK customer support. Contact information can typically be found on the UPLIFTDESK website or in your product packaging.

You can also visit the [UPLIFTDESK Store on Amazon](#) for more information and product resources.

Consider purchasing an extended protection plan for additional coverage beyond the standard warranty. Options such as a 3-Year Protection Plan or Complete Protect are available.