

## Yihou 3133

# Yihou Men's Military Watch - Instruction Manual

Model: 3133\_black

## 1. INTRODUCTION

This instruction manual provides comprehensive guidance for operating and maintaining your Yihou Men's Military Watch. Designed for durability and functionality, this watch features both digital and analog time displays, along with multiple functions suitable for various activities.



YIHOU



Image: Overview of Yihou Military Watches.

## 2. PRODUCT FEATURES

- Military Tactical Design:** Features a large 53mm face with both digital and analog time displays, designed for clear readability and a robust appearance.
- Multi-functionality:** Includes stopwatch, alarm, LED backlight, calendar (date, week display), 12/24 hour time format, dual time, and shockproof construction.
- Durable Construction:** Equipped with a comfortable and soft PU band, ABS body, and scratch-resistant glass for enhanced durability during sports and daily wear.
- Waterproof:** Water resistant up to 30 meters (98 feet), suitable for swimming and hand washing.

- **Long-life Battery:** Utilizes imported quartz movement and a long-life battery for precise timekeeping.



Image: Key Utilitarian Functions of the Watch.

### 3. SPECIFICATIONS

<b>Case Diameter:</b>	53mm (2 inches)
<b>Case Thickness:</b>	16mm (0.6 inches)
<b>Band Width:</b>	22mm
<b>Max Wrist Circumference:</b>	223mm (8.8 inches)
<b>Min Wrist Circumference:</b>	165mm (6.5 inches)
<b>Weight:</b>	76g (2.7oz)
<b>Movement:</b>	Quartz
<b>Band Material:</b>	PU (Polyurethane)
<b>Body Material:</b>	ABS (Acrylonitrile Butadiene Styrene)
<b>Water Resistance Depth:</b>	30M (98FT)
<b>Clasp Type:</b>	Buckle
<b>Batteries:</b>	1 Unknown battery (included)

# PRODUCT INFORMATION



Image: Product Dimensions.

## 4. SETUP

### 4.1 Initial Setup and Time Adjustment

Upon first use, or after a battery replacement, you may need to set the time and date. The watch features both analog hands and a digital display. Refer to the buttons on the watch for navigation and setting:

- **MODE Button (Left-Bottom):** Cycles through different modes (Time, Alarm, Stopwatch).
- **LIGHT Button (Left-Top):** Activates the LED backlight.
- **START Button (Right-Top):** Used to start/stop functions in certain modes (e.g., stopwatch) or adjust settings.
- **RESET Button (Right-Bottom):** Used to reset functions or confirm settings.

To set the digital time and date:

1. Press the **MODE** button repeatedly until the time setting mode is displayed (usually indicated by flashing digits).
2. Use the **START** button to adjust the flashing digit (hours, minutes, date, month, day of week).
3. Use the **RESET** button to move to the next setting item.

4. Once all settings are adjusted, press the **MODE** button to exit the setting mode.

To synchronize analog hands with digital time, pull out the crown (usually on the right side, between **START** and **RESET** buttons) and rotate to set the analog time. Push the crown back in to resume timekeeping.

Your browser does not support the video tag.

Video: An overview of the Yihou Military Watch, demonstrating its features and initial unboxing.

## 5. OPERATING MODES

### 5.1 Time Mode

This is the default display mode, showing the current time, day of the week, and date. You can switch between 12-hour and 24-hour (military) time formats by pressing the **START** button in time mode.

### 5.2 Alarm Mode

From Time Mode, press the **MODE** button once to enter Alarm Mode. Use the **START** and **RESET** buttons to set the alarm time. Press **MODE** again to return to Time Mode. The alarm will sound at the set time daily until deactivated.

### 5.3 Stopwatch Mode

From Alarm Mode, press the **MODE** button again to enter Stopwatch Mode. Press **START** to begin timing, press **START** again to pause, and **RESET** to clear the stopwatch. Press **MODE** to exit.

### 5.4 LED Backlight

Press the **LIGHT** button (top-left) to illuminate the digital display for easy viewing in low-light conditions. The analog hands also feature a luminous coating for visibility.



Image: Night Vision Cold Light Feature.

## 6. MAINTENANCE

### 6.1 Water Resistance

The watch is water resistant up to 30 meters (98 feet). This means it can withstand splashes, rain, and brief immersion in water, such as during hand washing or swimming. **IMPORTANT:** Do not press any buttons while the watch is submerged in water. Avoid exposure to hot water, as this can compromise the water seals.

# 50 METERS WATERPROOF

Wash

Wash the face

Cold bath



Image: Water Resistance Demonstration.

## 6.2 Cleaning

To maintain the appearance and longevity of your watch, regularly clean the strap and case with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the watch's finish or components.

## 6.3 Temperature Exposure

Avoid exposing the watch to extreme hot or cold temperatures, as this can affect its performance and battery life.

## 7. TROUBLESHOOTING

### 7.1 Mist or Droplets Inside Watch

If you observe mist or water droplets inside the watch surface, this indicates a potential breach in the water resistance. Contact the manufacturer immediately for maintenance to prevent moisture corrosion of the internal components.

## 7.2 Time Inaccuracy

If the watch is not keeping accurate time, ensure the battery is not depleted. If the issue persists after checking the battery, contact customer support for assistance.

## 8. WARRANTY AND SUPPORT

Your Yihou Men's Military Watch comes with a **12-month warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. For any questions, concerns, or warranty claims, please contact the manufacturer directly through the contact information provided at the point of purchase or on the official Yihou website.