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› TagoBee Fitness Tracker TB06 Smart Watch User Manual

TagoBee TB06

TagoBee Fitness Tracker TB06 User Manual

Model: TB06

INTRODUCTION

This manual provides comprehensive instructions for the TagoBee Fitness Tracker TB06. It covers setup, operation, maintenance, and troubleshooting to ensure optimal use of your device. The TB06 is a waterproof smart watch designed for fitness tracking, featuring heart rate monitoring, pedometer, activity tracking, blood pressure measurement, calorie counting, and sleep monitoring.



Image: Front view of the TagoBee TB06 Fitness Tracker, displaying time, heart rate, steps, and calorie count on its screen. The watch features a black body with a blue and black two-tone strap.

SETUP GUIDE

1. Charging the Device

Before first use, ensure the TagoBee TB06 is fully charged. Connect the charging cable to the designated port on the device and a USB power source. A full charge typically takes 1-2 hours. The device has a 180mAh large-capacity battery, providing 5-7 days of working time and up to 25 days of standby time.

Large-Capacity Battery Long Standby Time

180mAh large-capacity built-in battery matching with low-consumption chip further improves standby efficiency. Working time reaches 5-7 days and standby time reaches 25 days



Image: An illustration showing the battery capacity of the TagoBee TB06, indicating 25 days of standby time and 7 days of working time from its 180mAh built-in battery.

2. App Installation and Pairing

To unlock the full features of your fitness tracker, download and install the "WearHealth" app on your smartphone. You can find the app by scanning the QR code provided in the product packaging or by searching for "WearHealth" in your device's app store.

- **Compatibility:** The WearHealth app is compatible with iOS 9.0 or higher and Android 4.0 or higher.
- **Bluetooth Requirement:** Ensure your smartphone has Bluetooth 4.0 or higher enabled.

Once installed, open the WearHealth app and follow the on-screen instructions to pair your TagoBee TB06 with your smartphone via Bluetooth. This connection is essential for data synchronization and receiving notifications.

External Dimension

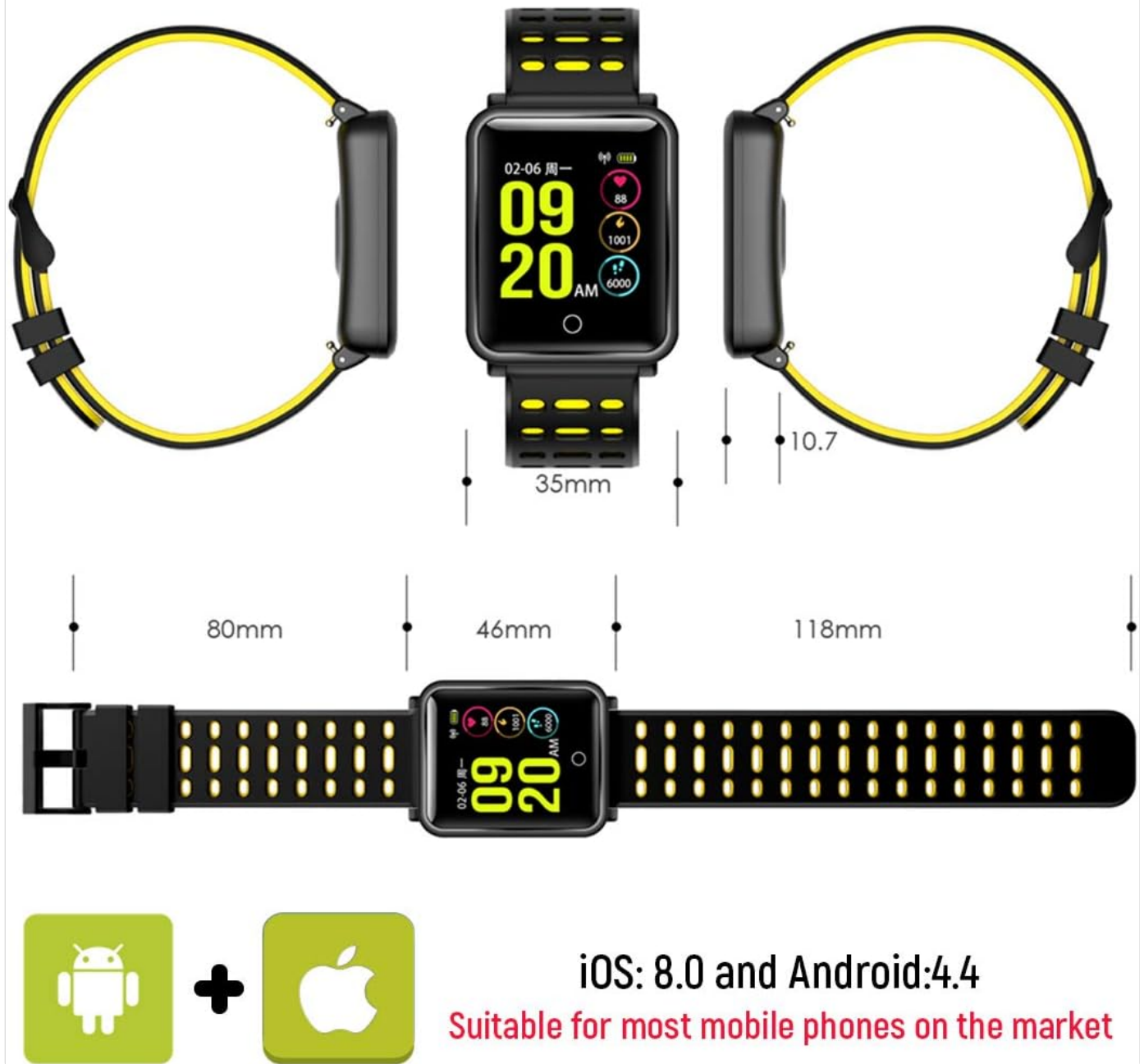


Image: An illustration showing the TagoBee TB06 is compatible with both Android (version 4.4 and above) and iOS (version 8.0 and above) mobile phones, along with external dimensions.

OPERATING INSTRUCTIONS

1. Activity Tracking

The TagoBee TB06 accurately tracks your daily activities, including steps taken, calories burned, and distance traveled. This data is synchronized with the WearHealth app for detailed analysis.

Multi-Sport Modes

The device supports 8 different sports modes to provide more accurate data for specific activities. These modes include:

- Walk
- Run
- Climbing

- Bike
- Pingpong
- Basketball
- Football
- Badminton

Select the appropriate mode before starting your workout for optimized tracking. When connected to your smartphone's GPS, the app will record your workout route, duration, distance, steps, and calories.

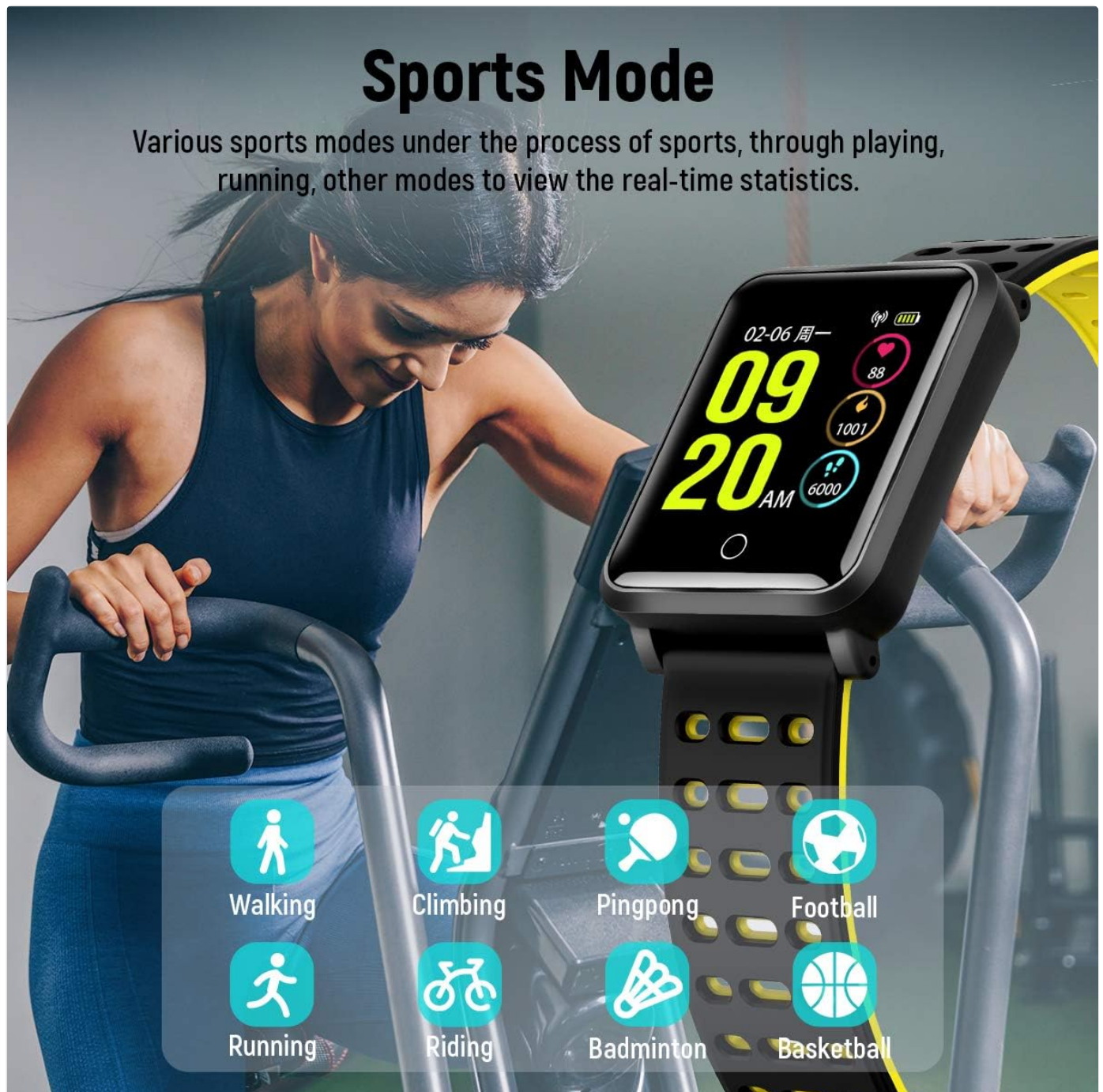
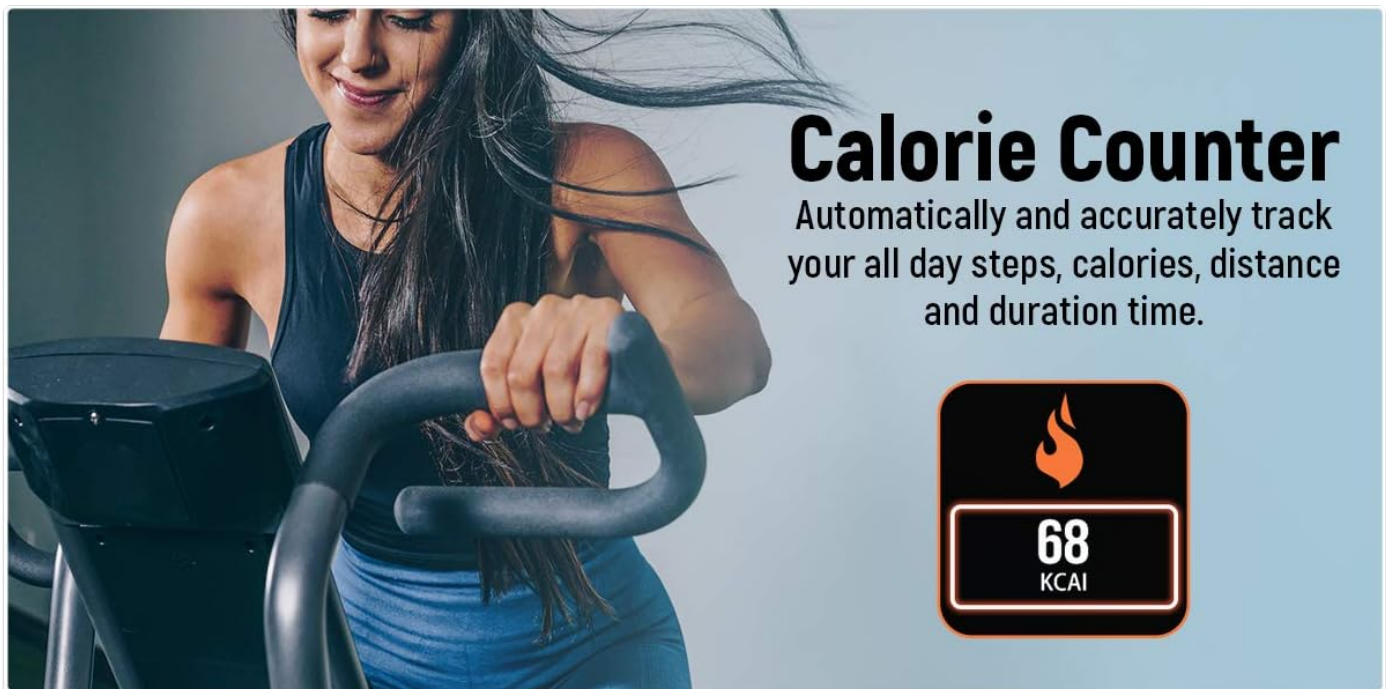


Image: A visual demonstrating the "Sports Mode" feature of the TagoBee TB06, showing icons for various activities like walking, running, climbing, biking, pingpong, football, badminton, and basketball, with the watch displaying real-time statistics.

Calorie Counter

The TB06 automatically and accurately tracks your calories burned throughout the day, providing insights into your energy expenditure.



Calorie Counter

Automatically and accurately track your all day steps, calories, distance and duration time.



Sleep Monitoring

Automatically tracks your sleep time and deep, guide you to improve your sleep quality.



Image: A split image showing the calorie counter feature with a burning flame icon and "68 Kcal" displayed, and the sleep monitoring feature with a moon and stars icon and "08:00 SLEEP" displayed, illustrating how the watch tracks these metrics.

2. Health Monitoring

Heart Rate Monitoring

The device continuously monitors your real-time heart rate. The green light sensor on the back of the watch detects changes under your skin to calculate and record heart rate data. This data is available for comprehensive analysis within the WearHealth app, helping you maintain a healthier lifestyle.

Heart Rate Monitoring

By induction of movement changes under skin, the green light can automatically record and calculate heart rate/blood pressure/blood oxygen monitoring data and record the data in APP.



Image: A close-up of the TagoBee TB06's back, showing the green light sensor for heart rate monitoring, with a graphic overlay illustrating heart rate data being tracked during a run.

Sleep Monitoring

The TagoBee TB06 automatically monitors your sleep duration and quality. It provides detailed analysis of your sleep patterns in the WearHealth app, guiding you to improve your sleep habits.

Blood Pressure Monitoring

The device also tracks blood pressure, providing additional health insights. Consult the WearHealth app for your blood pressure data.

3. Smart Notifications and Reminders

When paired with your smartphone, the TagoBee TB06 will vibrate and display alerts for incoming calls, SMS texts, and messages from various social media applications such as Facebook, Twitter, WhatsApp, LinkedIn, Messenger, and Skype. This ensures you do not miss important communications during workouts or when your phone is not immediately accessible.

Additionally, you can set various reminders through the WearHealth app, including:

- Alarm clock
- Medicine reminders
- Meeting reminders
- Sedentary reminders
- Drink reminders



Image: A user wearing the TagoBee TB06 while working on a laptop, with icons for WhatsApp, Facebook, Twitter, and a phone call, illustrating how the watch provides information reminders for various notifications.

MAINTENANCE

1. Waterproofing

The TagoBee TB06 features international deep waterproofing. This means you do not need to remove the device when washing hands, sweating, or swimming. However, it is not recommended for hot water activities like showering or sauna, as steam can damage the seals.

2. Cleaning

To maintain the device's appearance and functionality, regularly clean the watch and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the surface.

3. Battery Care

To prolong battery life, avoid fully discharging the device frequently. Charge it when the battery level is low. Store the device in a cool, dry place when not in use for extended periods.

TROUBLESHOOTING

If you encounter issues with your TagoBee TB06, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with smartphone:**
 - a. Ensure Bluetooth is enabled on your smartphone.
 - b. Make sure the WearHealth app is installed and open.
 - c. Restart both the fitness tracker and your smartphone.
 - d. Ensure the device is within Bluetooth range (typically 10 meters).
- **Inaccurate readings (heart rate, steps):**
 - a. Ensure the watch is worn snugly on your wrist, not too loose or too tight.
 - b. Clean the sensor on the back of the watch.
 - c. Ensure your profile settings (height, weight) in the WearHealth app are accurate.
- **Notifications not appearing:**
 - a. Check notification settings within the WearHealth app to ensure they are enabled.
 - b. Verify that your smartphone's notification permissions allow the WearHealth app to display alerts.
 - c. Ensure the device is connected via Bluetooth.

For further assistance, please contact TagoBee customer support.

SPECIFICATIONS

Feature	Detail
Brand	TagoBee
Model	TB06
Screen Size	1.3 Inches
Battery Capacity	180mAh
Working Time	5-7 days
Standby Time	Up to 25 days
Wireless Type	Bluetooth 4.0
Connectivity	Bluetooth, GPS (via smartphone)
Water Resistance Level	Waterproof (International Deep Waterproof)

Product Dimensions	19.81 x 3.51 x 1.07 cm
Weight	136 g
App Compatibility	iOS 9.0+ / Android 4.0+

External Dimension



Image: A diagram illustrating the external dimensions of the TagoBee TB06 Fitness Tracker, showing measurements such as 35mm width, 10.7mm thickness, and strap lengths.

WARRANTY AND SUPPORT

For information regarding product warranty, please refer to the warranty card included with your purchase or visit the official TagoBee website. For technical support or further inquiries, please contact TagoBee customer service through the contact information provided on their official website or within the WearHealth application.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question