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› [wolezek Red Light Therapy Bulb \(Model nacot-123\) Instruction Manual](#)

**wolezek nacot-123**

# wolezek Red Light Therapy Bulb Instruction Manual

Model: nacot-123

## 1. INTRODUCTION

The wolezek Red Light Therapy Bulb is designed to provide targeted red light and near-infrared light therapy. It features 18 high-power LEDs, combining 9 LEDs emitting 660nm deep red light and 9 LEDs emitting 850nm near-infrared light. This combination is optimized for various applications including skin care and pain relief. The bulb is designed for easy home use, fitting standard E26 or E27 sockets.



*Figure 1: The wolezek Red Light Therapy Bulb.*

## 2. SAFETY INFORMATION

- **Eye Protection:** Always use appropriate eye protection (such as sunglasses or a sleeping mask) when using the red light therapy bulb, especially when treating areas near the face.
- **Heat:** While the bulb is designed for efficient heat dissipation, avoid prolonged direct contact with skin to prevent discomfort.
- **Placement:** Due to the bulb's weight, it is recommended to use it with a sturdy floor lamp or a robust clamp lamp, not a clamp lamp with a gooseneck arm, to ensure stability and prevent accidental falls.
- **Voltage:** Ensure the bulb is used with a 100-240V AC power supply.
- **Medical Advice:** This device is for general wellness and pain relief. Consult a healthcare professional for specific medical conditions or before starting any new therapy.

## 3. SETUP

1. **Unpack:** Carefully remove the red light therapy bulb from its packaging.
2. **Choose a Lamp:** Select a lamp with a standard E26 or E27 socket. A sturdy floor lamp is recommended due to the bulb's weight. Avoid gooseneck clamp lamps that may not support the bulb securely.
3. **Install Bulb:** Screw the wolezek Red Light Therapy Bulb into the lamp socket until it is firmly seated.
4. **Position Lamp:** Place the lamp in a stable position where it can safely direct light to the desired treatment area.
5. **Connect Power:** Plug the lamp into a suitable 100-240V AC power outlet.

## NEW VERSION

Old



New

Smooth Edge  
Skin-friendly



**New and Old Versions are Shipped at Random**

Figure 2: Product features and dimensions. The bulb measures 4.7 inches in diameter and height, featuring an E27 base.

# Best Wavelength for Light Therapy



9pcs 850nm NIR LEDs  
Looking dim



## 9pcs Deep Red 660nm LEDs

- Effectively absorbed by skin, repair skin problem.



## 9pcs Near Infrared 850nm LEDs(looking dim, it's normal)

- Deeper into skin, more effectively relieving pain.

Figure 3: Wavelengths for light therapy. The bulb combines 660nm deep red LEDs (effectively absorbed by skin) and 850nm near-infrared LEDs (looking dim, normal, for deeper penetration and pain relief).

## 4. OPERATING INSTRUCTIONS

1. **Turn On:** Activate the lamp using its power switch.
2. **Positioning:** Position the bulb 6 to 12 inches away from the target treatment area.
3. **Treatment Duration:** Use for 10-20 minutes per session. The frequency can be 2-14 times per week, depending on individual needs and comfort.
4. **Eye Protection:** Always wear eye protection during use, especially when treating facial areas.
5. **Target Areas:** The bulb is suitable for targeting areas such as the face, shoulders, knees, and waist for skin care and pain relief.



# INFRARED LIGHT THERAPY LAMP

*Deep Penetrating Pain Relief*

- **Increased Blood Circulation**  
Increases oxygen flow and speeds up the metabolic processes
- **Effective Pain Relief**  
Reduced pain consistently and promotes muscle relaxation
- **Drug Free, No Side-effects**  
Best target put on back, near to face, shoulders, abdomen and leg.
- **How to Use**  
10-20 minutes every time and do 2-14 times every week according your body require.
- **Enjoy Light Therapy at Home**  
Perfect use at home. You can enjoy your light therapy salon quality at any time and anywhere



Provides temporary pain relief for multiple areas of the body by infrared heat



NECK



BACK



JOINTS



SHOULDERS

Figure 4: Benefits and application areas of the infrared light therapy lamp.

# Product Features



Figure 5: Mechanism of pain relief through infrared light.

Video 1: An overview of the Wolezek Red Light Therapy Bulb, demonstrating its features and benefits.

## 5. MAINTENANCE

- **Cleaning:** Ensure the bulb is unplugged and cool before cleaning. Gently wipe the surface with a soft, dry cloth. Do not use abrasive cleaners or immerse the bulb in water.
- **Storage:** Store the bulb in a cool, dry place away from direct sunlight and extreme temperatures when not in use.
- **Inspection:** Periodically inspect the bulb and its connections for any signs of damage. Discontinue use if any damage is observed.

## 6. TROUBLESHOOTING

- **Bulb Not Lighting Up:**
  - Ensure the lamp is securely plugged into a working power outlet.
  - Check if the lamp's power switch is in the 'on' position.
  - Verify the bulb is screwed in tightly into the socket.

- **Some LEDs Appear Dim/Off:**

- The 850nm near-infrared LEDs are invisible to the naked eye. It is normal for only half of the LEDs (the 660nm red ones) to appear illuminated. This does not indicate a malfunction.

- **Bulb Feels Heavy/Unstable:**

- The bulb has a solid aluminum body for better heat dissipation, making it heavier than standard bulbs.
- Always use with a sturdy lamp base or clamp that can safely support its weight. Avoid gooseneck clamp lamps.

## 7. SPECIFICATIONS

Feature	Detail
Product Dimensions	4.7 x 4.7 x 4.7 inches
Weight	11.68 ounces
Model Number	nacot-123
Light Type	LED
LED Count	18 high power LEDs (9x 660nm Deep Red, 9x 850nm Near-Infrared)
Wavelengths	660nm (Red), 850nm (Near-Infrared)
Wattage	36 watts
Bulb Base	E27 (compatible with E26)
Voltage	100-240 Volts
Frequency	50-60 Hertz
Brightness	3000 lumens
Beam Angle	60 Degrees
Material Type	Aluminum
Light Source Operating Life	50,000 Hours
Included Components	36W LED Light Therapy Bulb, User Manual

## 8. WARRANTY AND SUPPORT

wolezek offers 7x24 customer service. If you have any questions about your product or encounter any issues, please contact wolezek customer support via Amazon for prompt assistance. Your satisfaction is important, and the manufacturer is committed to resolving any concerns.