

Everlywell B07T75XDD2

Everlywell At-Home Testosterone Test for Men

Model: B07T75XDD2

1. INTRODUCTION

This instruction manual provides detailed guidance for using the Everlywell At-Home Testosterone Test. This test is designed to measure your total testosterone level from a collected sample, which is then analyzed by a CLIA-certified laboratory. The results can offer insights into your hormone levels, which may be relevant to understanding various aspects of men's health, including energy, muscle mass, and vitality.

The kit facilitates convenient at-home sample collection, eliminating the need for clinic visits. Results are provided digitally within days of the lab receiving your sample.

2. IMPORTANT SAFETY INFORMATION AND DISCLAIMERS

- This test is intended for individuals aged 18 years and older.
- The Everlywell At-Home Testosterone Test is not available for purchase or use in New York state.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- This test provides information about your total testosterone levels. It is not a substitute for professional medical advice, diagnosis, or treatment. Always consult with a qualified healthcare provider for any health concerns or before making any decisions about your health.

3. KIT CONTENTS

Before beginning, please verify that all components listed below are present in your Everlywell At-Home Testosterone Test kit:

- Collection Card
- Lancets (for blood sample collection)
- Alcohol Prep Pad
- Gauze
- Bandage
- Biohazard Bag
- Prepaid Return Shipping Label

- Instruction Manual (this document)



Image 3.1: Overview of the Everlywell At-Home Testosterone Test kit components. This image displays all items included in the kit, neatly arranged for identification.

4. KIT REGISTRATION

It is essential to register your kit online before collecting your sample. Registration links your unique kit ID to your personal account, ensuring your results are correctly attributed to you. Failure to register may result in delays or inability to process your sample.

1. Locate the unique Kit ID on your collection card.
2. Visit the Everlywell website (refer to the packaging for the specific URL) or download the Everlywell app.
3. Follow the on-screen prompts to create an account or log in.
4. Enter your Kit ID when prompted to register your test.



Image 4.1: A smartphone screen showing a 'Registered' notification, confirming that the test kit has been successfully linked to a user account.

5. SAMPLE COLLECTION INSTRUCTIONS

Follow these steps carefully to ensure a valid sample collection. It is recommended to collect your sample in the morning, around 8 AM, before eating, as suggested by some users for optimal results.

1. **Prepare Your Collection Area:** Choose a clean, well-lit surface. Wash your hands thoroughly with warm water and soap.
2. **Prepare Your Finger:** Select a finger, preferably the middle or ring finger of your non-dominant hand. Use the alcohol prep pad to clean the fingertip. Allow it to air dry completely.

3. **Increase Blood Flow:** To encourage blood flow, you can gently massage your hand from the wrist towards the fingertip, or hold your hand below your waist for a minute.
4. **Use the Lancet:** Twist off the cap of a lancet. Place the lancet firmly against the side of your fingertip and press the button to activate. You will hear a click.
5. **Collect Blood Sample:** Gently squeeze your finger from the base towards the tip to form a large drop of blood. Touch the blood drop to the designated circles on the collection card. **Important:** You will need to fill multiple circles (typically five) on the collection card. If one finger does not yield enough blood, use another lancet on a different finger. Ensure each circle is completely saturated with blood. Avoid smearing the blood.
6. **Stop Bleeding:** Once all circles are filled, use the gauze to apply pressure to the puncture site until bleeding stops. Apply a bandage.
7. **Dry the Sample:** Allow the collection card to air dry completely for at least 4 hours, or as specified in the kit's enclosed instructions. Do not touch the blood spots or place the card near heat or direct sunlight.



Image 5.1: Illustration of the finger prick process. A hand is shown with a lancet positioned on the fingertip, ready for blood sample collection.

6. SENDING YOUR SAMPLE TO THE LAB

After your sample has completely dried, prepare it for shipment:

1. Place the dried collection card into the provided biohazard bag. Seal the bag securely.
2. Insert the sealed biohazard bag into the prepaid return shipping envelope or box.
3. Ensure the prepaid return label is affixed to the package.
4. Mail the package according to the instructions provided in your kit (e.g., drop off at a USPS location). Ship your sample as soon as possible after collection.

7. RECEIVING AND INTERPRETING YOUR RESULTS

Once your sample is received and processed by the CLIA-certified lab, your digital results will typically be available within a few days. You will receive a notification (via email or app) when your results are ready.

1. Access your results through your Everlywell online account or mobile app.
2. Your results dashboard will display your total testosterone level, often accompanied by a reference range (e.g., 240-950 ng/dL) to indicate whether your level falls within a typical range.
3. The dashboard may also provide educational materials and insights related to testosterone and its impact on health.

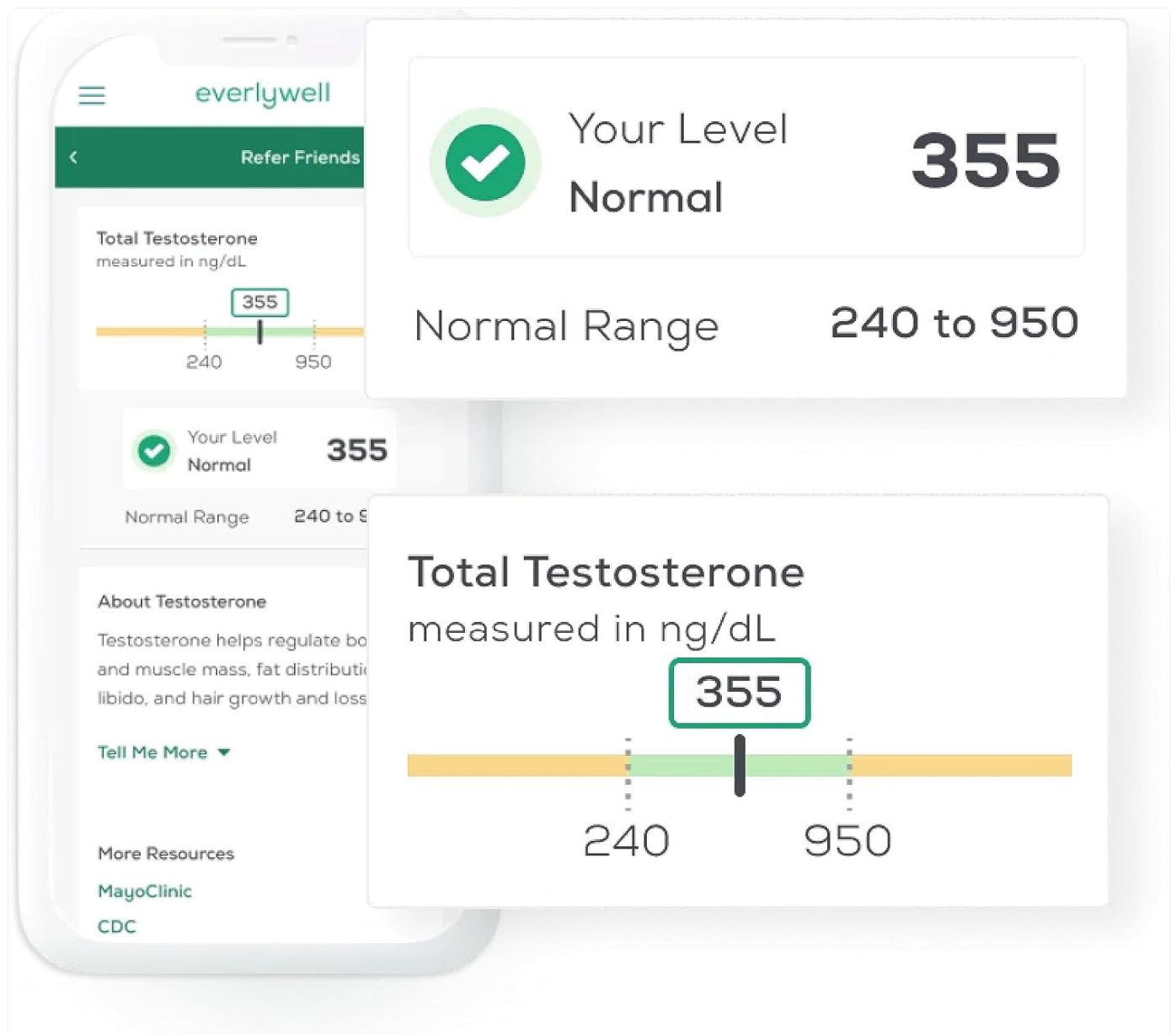


Image 7.1: Example of digital test results. The image shows a mobile interface with a total testosterone reading of 355 ng/dL, marked as 'Normal' within the specified range.

Consult Your Doctor: While the results provide valuable information, they should always be discussed with a healthcare professional. Your doctor can help you understand your results in the context of your overall health, symptoms, and medical history, and recommend appropriate next steps if necessary.

8. TROUBLESHOOTING

- **Insufficient Blood Sample:** If you struggle to collect enough blood to fill all circles on the collection card, try warming your hands, massaging your finger more vigorously, or using a different finger with a new lancet. Ensure each circle is fully saturated.
- **Results Delay:** If you have not received your results within the expected timeframe, first check your Everlywell account or app for updates. Ensure your kit was properly registered and shipped. Contact Everlywell customer support if the delay persists.
- **Discrepancy with Other Lab Results:** Variations can occur between different testing methods (e.g., finger prick vs. venous blood draw) or labs. If you have concerns about your results or notice significant differences compared to other tests, consult your healthcare provider for clarification and further evaluation.

9. PRODUCT SPECIFICATIONS

Specification	Detail
Brand	Everlywell
Model Number (ASIN)	B07T75XDD2
Test Type	Total Testosterone Test Kit
Sample Type	Blood (finger prick)
Lab Certification	CLIA-Certified Lab Analysis
Age Range	Adult (18+)
Package Dimensions	8.15 x 4.65 x 1.93 inches
Item Weight	0.31 Pounds (4.97 ounces)
Manufacturer	EverlyWell
First Available Date	June 25, 2019

10. SUPPORT AND CONTACT INFORMATION

For further assistance, questions about your test, or technical support, please visit the official Everlywell website or contact their customer service department. Contact details are typically available on the product packaging or the Everlywell website.

You can also refer to the [Everlywell Store on Amazon](#) for additional product information and resources.

11. LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. The information provided in this manual is for informational purposes only and does not constitute medical advice. Always consult with a qualified healthcare professional for any health concerns or before making any decisions related to your health or medical care.

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question