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Fossil FTW7008

Fossil Men's Collider Hybrid Smartwatch HR User Manual

Model: FTW7008

Fossil

1. Introduction

Welcome to the user manual for your new Fossil Men's Collider Hybrid Smartwatch HR. This innovative timepiece seamlessly blends classic watch aesthetics with modern smartwatch functionality. Featuring an always-on readout display, heart rate monitoring, activity tracking, and smartphone notifications, it keeps you connected and informed without compromising on style. This manual provides essential information to help you set up, operate, and maintain your smartwatch.

Figure 1: Front view of the Fossil Collider Hybrid Smartwatch HR.

2. Product Features

- **Hybrid Design:** Combines traditional mechanical hands with an always-on readout display.
- **Heart Rate Tracking:** In-depth wellness tracking with an integrated heart rate sensor.
- **Activity Tracking:** Monitors steps, active minutes, and calories burned.
- **Extended Battery Life:** Enjoy 2+ weeks of battery life on a single charge, varying with usage.
- **Smart Notifications:** Receive and view smartphone notifications and alerts directly on your wrist.
- **Music Control:** Manage your music playback from the watch.
- **Water Resistance:** Water resistant up to 50 meters (165 feet), suitable for swimming.
- **Interchangeable Bands:** Compatible with all Fossil 22mm bands for personalized style.

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Video 1: Overview of Fossil Men's Collider Hybrid Smartwatch HR features.

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Video 2: Official Fossil Hybrid HR Smartwatch promotional video.

3. Setup

3.1 Initial Charging

Before first use, fully charge your smartwatch. Connect the included magnetic USB charger to a USB port (preferably a computer USB port to avoid over-powering). Align the charger with the back of the watch until it magnetically snaps into place. The watch display will indicate charging progress.

3.2 App Installation & Pairing

To unlock the full potential of your Fossil Hybrid Smartwatch, download the **Fossil Smartwatches App** from your device's app store (compatible with Android OS 5.0+ and iOS 9.0+). Follow the on-screen instructions within the app to pair your watch with your smartphone. Ensure Bluetooth is enabled on your phone during the pairing process.

Figure 2: Full view of the watch and strap.

4. Operating Instructions

4.1 Navigating the Watch

The Fossil Collider Hybrid Smartwatch HR is navigated using its physical buttons, as it does not feature a touchscreen. The watch typically has three buttons on the side:

- **Top Button:** Often customizable for quick access to a preferred function (e.g., workout, weather).
- **Middle Button (Crown):** Press to access the main menu. Rotate to scroll through options. Long-press to return to the watch face or for specific actions.
- **Bottom Button:** Often customizable for quick access to another preferred function (e.g., music control, ring phone).

Figure 3: Side view showing watch buttons.

4.2 Customizing Watch Faces

Personalize your watch face through the Fossil Smartwatches App. You can select from various pre-set designs or create your own custom layouts, choosing which information (complications) to display, such as heart rate, steps, date, or weather.

4.3 Activity Tracking

Your smartwatch continuously tracks your activity and wellness data:

- **Heart Rate:** Monitors your heart rate throughout the day.
- **Steps & Calories:** Automatically counts your steps and estimates calories burned.
- **Sleep Tracking:** Tracks your sleep patterns, including light, deep, and REM sleep.
- **Workouts:** Initiate specific workout tracking sessions (e.g., walking, running) via the watch or app to get

detailed metrics.

4.4 Smartphone Notifications

The watch displays previews of incoming calls, texts, and app alerts. The mechanical hands will temporarily move to clear the display for readability. You can dismiss notifications from the watch, but responding typically requires your smartphone.

4.5 Music Control

Control music playback on your connected smartphone directly from your watch. Functions typically include play/pause, skip track, and volume adjustment.

4.6 Other Functions

- **Ring Phone:** Use your watch to make your misplaced phone ring.
- **Weather:** View current weather conditions and forecasts.
- **Timer/Stopwatch:** Utilize built-in timer and stopwatch functions.

Figure 4: Watch on wrist.

5. Maintenance

5.1 Cleaning

Wipe the watch case and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. For leather straps, use a leather cleaner and conditioner as needed.

5.2 Strap Replacement

The Fossil Collider Hybrid Smartwatch HR uses standard 22mm interchangeable bands. To replace, locate the quick-release pins on the underside of the strap near the watch lugs. Slide the pin to detach the strap, then attach the new strap by aligning the pins and releasing them into the lug holes.

5.3 Water Resistance

The watch is water resistant up to 50 meters (165 feet). This means it is suitable for short periods of recreational swimming, but not for diving or high-velocity water sports. Avoid pressing buttons underwater to prevent water ingress.

6. Troubleshooting

- **Watch Not Connecting:** Ensure Bluetooth is on, the watch is charged, and the Fossil Smartwatches App is open. Try restarting both your phone and watch.
- **Inaccurate Activity Data:** Ensure the watch is worn snugly on your wrist. Calibrate activity tracking through the app if available.
- **Display Issues:** If the display is unresponsive or frozen, try restarting the watch by holding down the middle

button for an extended period (refer to app for specific instructions).

- **Battery Draining Quickly:** Reduce the number of active notifications or features. Ensure you are using the recommended charging method (computer USB port).

7. Specifications

Feature	Specification
Product Dimensions	4.5 x 4.3 x 3.4 inches; 2.54 ounces
Item Model Number	FTW7008
Case Size	42mm
Band Size	22mm
Water Resistance	50m (165ft)
Battery Type	1 CR2 batteries required (included)
Material	Stainless Steel
Manufacturer	Fossil

Figure 5: Watch dimensions.

8. Warranty and Support

For detailed warranty information and additional support, please refer to the official documents provided by Fossil:

- User Guide (PDF)
- Warranty (PDF)

You can also visit the official Fossil website or contact their customer support for further assistance.