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Bluefin Fitness Blade 2.0

Bluefin Fitness Blade 2.0 Magnetic Rower Instruction Manual

Model: Blade 2.0

1. INTRODUCTION

The Bluefin Fitness Blade 2.0 Magnetic Rower is designed to provide a realistic and effective rowing experience for your home gym. This advanced performance rowing machine offers a full-body workout, combining abdominal exercise with endurance training, while being low impact and high intensity. It features a smooth belt drive, 8 levels of magnetic resistance, an LCD digital fitness console, and integrated smartphone app compatibility.

2. SETUP

Your Bluefin Fitness Blade 2.0 Magnetic Rower arrives part assembled. A tool kit for set up and maintenance is included in the box. Please follow the detailed assembly instructions provided in the physical manual for step-by-step guidance.

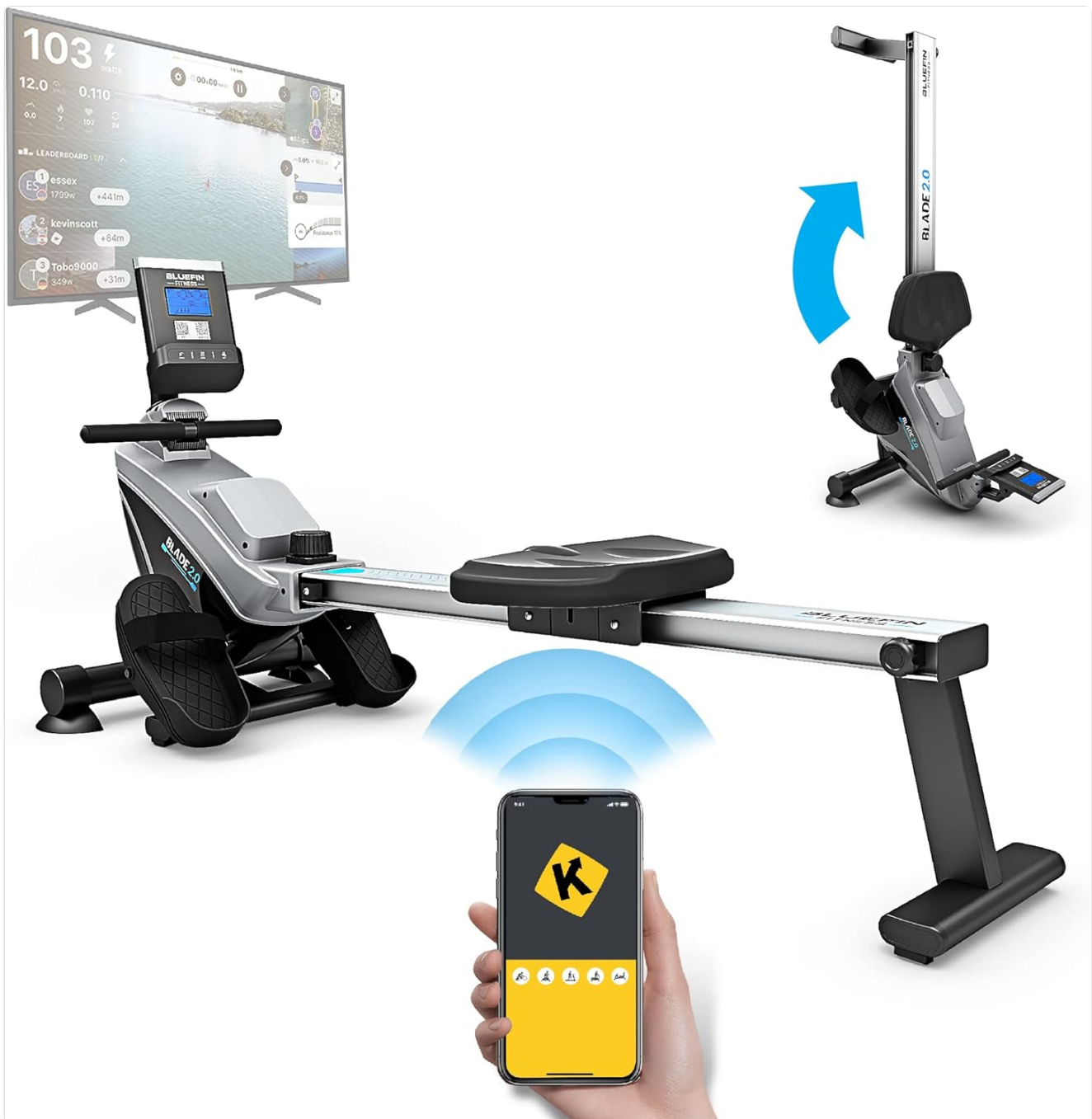


Image: The Bluefin Fitness Blade 2.0 Rower shown in its operational state with a smartphone connected, and also in its upright, folded storage position.

2.1 Folding Mechanism for Storage

The Blade 2.0 features an innovative folding design for easy storage. To stow the magnetic rower away when not in use, gently lift the base. The machine rotates on its axis and stands fully upright, allowing for compact storage. The folded dimensions are approximately 29 inches (width) x 65 inches (height) x 20 inches (depth).

Video: This video demonstrates the key features of the Bluefin Fitness Blade 2.0 Rower, including its magnetic resistance, smooth belt drive, digital console, ergonomic design, and the convenient lift-and-tilt folding mechanism for easy storage.

3. OPERATING INSTRUCTIONS

3.1 Magnetic Resistance and Braking System

The rower features 8 levels of magnetic powered resistance. Use the tension control knob located on the machine to adjust the resistance from low to high, suiting all levels of fitness and stamina. Increase the tension over time as

your rowing fitness improves.



Image: Close-up view highlighting the ergonomic grip handlebars, padded cushioned seat, anti-slip secure foot pedals, and the 8-level tension control knob on the Bluefin Fitness Blade 2.0 Rower.

3.2 LCD Digital Fitness Console

The backlit multifunctional LCD display allows you to measure time, distance, calories burned, and strokes per minute. Use the console to track your progress and work towards your workout goals. The console also features a tablet shelf for convenience.



Image: The LCD digital fitness console of the Bluefin Fitness Blade 2.0 Rower, showing its integration with a smartphone fitness app

and a tablet shelf.

3.3 Kinomap App Integration

The rower is compatible with the Kinomap App. Connect your mobile or tablet via Bluetooth to track and analyze your workout data on your personal fitness dashboard. The app offers video training, races, challenges, and structured workouts to enhance your exercise routine.

3.4 Ergonomics and Comfort

The Bluefin Fitness Blade 2.0 is designed for comfort during your workout. It features ergonomic grip handlebars, anti-slip secure foot pedals with adjustable straps, and a padded cushioned seat to ensure a comfortable and stable rowing experience.



Image: The Bluefin Fitness Blade 2.0 Rower illustrating its smooth belt drive for natural rowing motion and the 10% optimum incline for added resistance.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Bluefin Fitness Blade 2.0 Rower. A tool kit is provided for basic setup and maintenance tasks.

4.1 Cleaning

Wipe down the machine with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the finish or electronic components.

4.2 Checking Connections

Periodically check all bolts, nuts, and moving parts to ensure they are securely fastened. Tighten any loose connections to prevent wear and tear and ensure safe operation.

4.3 Belt and Seat Rail

Inspect the drive belt for any signs of fraying or damage. Keep the seat rail clean and free of debris to ensure smooth movement of the padded seat. You may apply a small amount of silicone-based lubricant to the seat rollers if movement becomes stiff.

5. TROUBLESHOOTING

If you encounter any issues with your Bluefin Fitness Blade 2.0 Rower, please refer to the following common troubleshooting tips:

- **LCD Display Not Working:** Ensure batteries are correctly installed and not depleted. Check all cable connections to the console.
- **Resistance Issues:** Verify the tension control knob is properly engaged and rotating smoothly. If magnetic resistance feels inconsistent, check for any obstructions or damage to the magnetic system.
- **Unusual Noises:** Inspect all moving parts for loose connections or foreign objects. Lubricate the seat rail if squeaking occurs.
- **Bluetooth Connectivity Problems:** Ensure Bluetooth is enabled on your mobile device and the Kinomap app is updated. Restart both the rower console and your device.

For persistent issues not covered here, please contact customer support.

6. SPECIFICATIONS

Feature	Detail
Brand	Bluefin Fitness
Model Name	Blade 2.0
Special Feature	Compact, Foldable
Color	Black
Resistance Mechanism	Magnetic
Tension Level	8
Product Dimensions (LxWxH)	65.35"D x 20.08"W x 29.33"H
Maximum Weight Recommendation	100 Kilograms
Metrics Measured	Calories Burned, Distance, Time
Frame Material	Alloy Steel
Item Weight	21 Kilograms
Material	Alloy Steel, Plastic
Power Source	Corded Electric
Number of Batteries	Product Specific batteries required.
Display Type	LCD, backlit, digital
UPC	016027095714

Manufacturer	Bluefin Trading
Included Components	Bluefin Fitness Blade 2.0 Rowing Machine



Image: The Bluefin Fitness Blade 2.0 Rower displaying its key dimensions: 166cm length, 51cm width at the base, and 74.5cm height to the top of the console.

7. WARRANTY

The Bluefin Fitness Blade 2.0 Magnetic Rower comes with a 12-month warranty. Please retain your proof of purchase for any warranty claims.

8. SUPPORT

For any questions, assistance, or further support regarding your Bluefin Fitness Blade 2.0 Rower, please contact Blue Sky Distribution customer support. Details can be found on the product's purchase page or within the included documentation.