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## Soundcore A3032

# Soundcore Anker Life Q10 Wireless Bluetooth Headphones

Model: A3032

## 1. INTRODUCTION

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The Soundcore Anker Life Q10 are over-ear wireless Bluetooth headphones designed for an immersive audio experience. Featuring Hi-Res Certified Sound, extended 60-hour playtime, and fast USB-C charging, these headphones deliver powerful deep bass and comfortable wear for various uses, including online classes and home office environments.



Image: Soundcore Anker Life Q10 Wireless Bluetooth Headphones, showcasing their black and red design.

## 2. WHAT'S IN THE BOX

Please ensure all items are present upon unboxing:

- Soundcore Life Q10 Wireless Headphones
- USB-C Charging Cable
- 3.5mm AUX Cable
- Travel Pouch / Headband (as part of the headphones)
- Quick Start Guide
- Safety Card



Image: The Soundcore Life Q10 headphones folded and stored within their included light grey carrying case, highlighting portability.

### 3. PRODUCT OVERVIEW

The Soundcore Life Q10 headphones are engineered for superior sound quality and user comfort.

### Key Features:

- **Hi-Res Certified Sound:** Ensures playback of superior audio quality with an expanded frequency range and incredible detail.

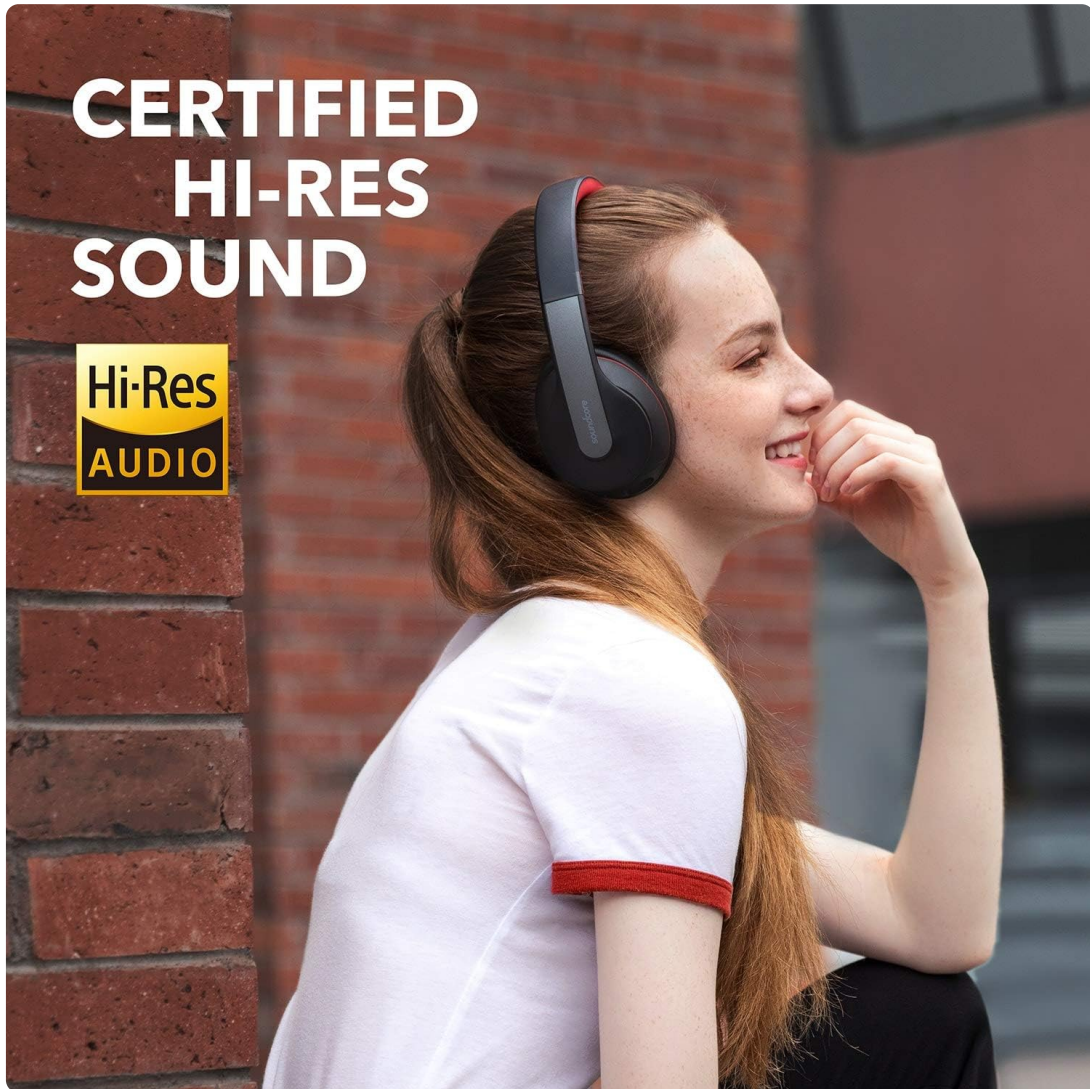


Image: A person wearing the Soundcore Life Q10 headphones, with a graphic overlay indicating 'Certified Hi-Res Sound', emphasizing audio fidelity.

- **BassUp Technology:** Exclusive technology conducts real-time analysis and enhancement of your audio's bass frequencies to add powerful sonic punch. Features oversized 40mm drivers.

# THUMPING BASS

BassUp technology  
paired with oversized  
40mm drivers.



Image: A close-up view of a Soundcore Life Q10 earcup, illustrating the 'Thumping Bass' feature with a visual representation of sound waves.

- **60-Hour Playtime:** Extended battery life for wireless listening. Listen for up to a month on a single charge with 2 hours of daily use.



Image: The Soundcore Life Q10 headphones with a prominent '60 HRS Playtime' graphic, highlighting their long battery life.

- **Fast USB-C Charging:** Charge for 5 minutes via the USB-C port and listen for 5 hours.

# USB-C FAST CHARGING

CHARGE FOR  
**5** MINS

LISTEN FOR  
**5** HRS



Image: A close-up of the USB-C charging port on the Soundcore Life Q10 headphones, detailing the 'USB-C Fast Charging' capability.

- **Extra Comfort:** Memory foam ear cups with enhanced maneuverability for a gentle yet secure fit. Features an adjustable headband and flexible earcups.

# EXTRA COMFORT



Memory foam



Adjustable  
headband



Flexible earcups

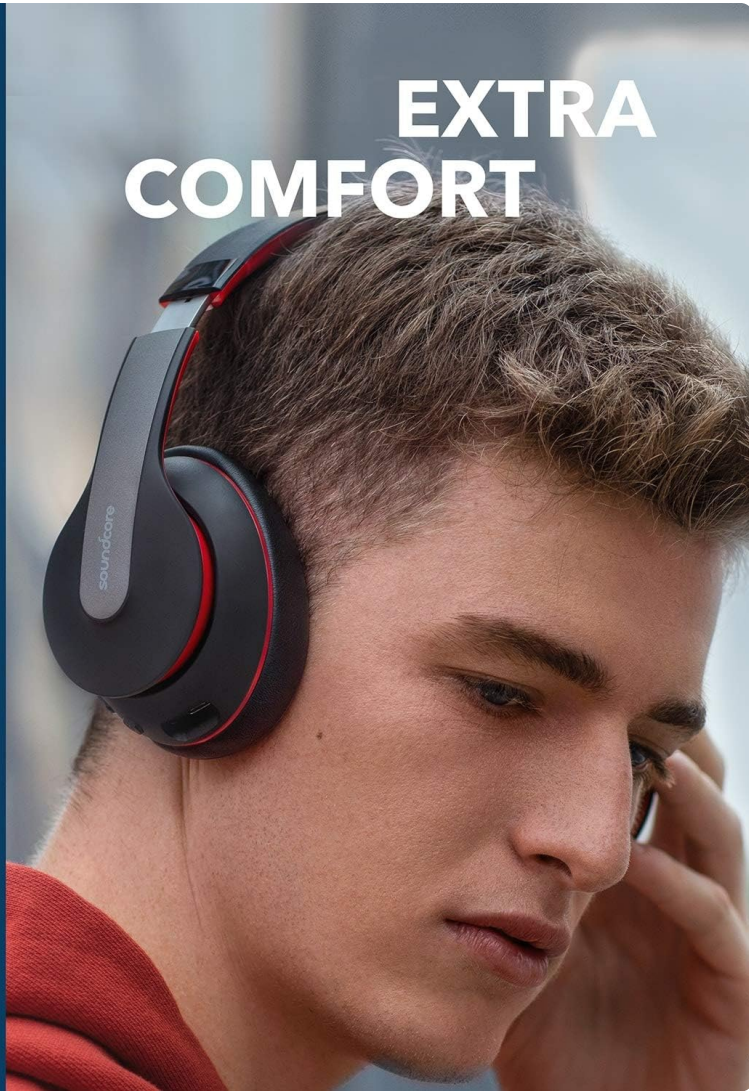


Image: A visual breakdown of the 'Extra Comfort' features of the Soundcore Life Q10, including memory foam earcups, an adjustable headband, and flexible earcups.

- **Foldable Design:** Wireless over-ear headphones that fit easily into your bag for effortless transport.
- **AUX Input:** Provides infinite playtime via a 3.5mm AUX cable if the battery is low.
- **Hands-Free Calls:** Take and make calls without hassle via the built-in microphone.
- **Bluetooth 5:** Offers a strong and stable wireless connection with a range of up to 50 ft.
- **Multi-Point Connection:** Connect two different devices simultaneously and effortlessly switch between them.
- **Active Noise Cancellation:** Reduces ambient noise for a more focused listening experience.

# NOISE CANCELLING ADAPTS TO ENVIRONMENTS

Reduce noise by up to 98%<sup>4</sup>.



Image: A person wearing light blue headphones on an airplane, illustrating the noise-cancelling feature in a travel environment.

## Important Notes:

- Life Q10's volume maxes out at 95dB for hearing protection.
- Life Q10's buttons will not function when connected via AUX cable; use the controls on your device.
- Playtime varies according to volume and audio content.

## 4. SETUP

### Charging the Headphones:

1. Connect the provided USB-C charging cable to the charging port on the headphones.
2. Connect the other end of the USB-C cable to a compatible USB power adapter (not included) or a computer's USB port.
3. The LED indicator will show charging status. A full charge takes approximately 2 hours.

### Power On/Off:

- To power on, press and hold the Power button for 1 second. The LED indicator will light up.
- To power off, press and hold the Power button for 3 seconds. The LED indicator will turn off.

### Bluetooth Pairing:

1. Ensure the headphones are powered off.
2. Press and hold the Power button for 5 seconds until the LED indicator flashes blue rapidly. This indicates pairing mode.
3. On your device (smartphone, tablet, computer), enable Bluetooth and search for available devices.
4. Select "Soundcore Life Q10" from the list of devices.
5. Once connected, the LED indicator will turn solid blue.

### AUX Connection:

- Connect one end of the 3.5mm AUX cable to the AUX input port on the headphones.
- Connect the other end to the audio output jack of your device.
- Note that headphone controls (volume, track skip) will not function in AUX mode; use your device's controls.

## 5. OPERATING THE HEADPHONES

### Controls:

Button/Action	Function
Power Button (Press & Hold 1s)	Power On
Power Button (Press & Hold 3s)	Power Off
Power Button (Press & Hold 5s, from off)	Enter Bluetooth Pairing Mode
Play/Pause Button (Single Press)	Play/Pause Music
Volume Up/Down Buttons (Single Press)	Adjust Volume
Next Track Button (Press & Hold)	Skip to Next Track
Previous Track Button (Press & Hold)	Skip to Previous Track
Call Button (Single Press)	Answer/End Call
Call Button (Press & Hold)	Reject Call
BassUp Button (Single Press)	Activate/Deactivate BassUp Mode

### Multi-Point Connection:

To connect to two devices simultaneously:

1. Pair the headphones with the first device as described in the Bluetooth Pairing section.
2. Disconnect the headphones from the first device's Bluetooth settings.
3. Put the headphones back into pairing mode.
4. Pair the headphones with the second device.
5. Reconnect the headphones to the first device from its Bluetooth settings.
6. The headphones are now connected to both devices. Audio will play from the device that is actively transmitting sound.

## 6. MAINTENANCE

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To ensure the longevity and optimal performance of your Soundcore Life Q10 headphones, follow these maintenance guidelines:

- **Cleaning:** Use a soft, dry cloth to clean the headphones. Do not use any abrasive cleaners or solvents.
- **Storage:** When not in use, store the headphones in the provided carrying case to protect them from dust, scratches, and impacts. Store in a cool, dry place away from extreme temperatures.
- **Avoid Moisture:** Do not expose the headphones to water or excessive moisture. If they get wet, dry them thoroughly before use or storage.
- **Handle with Care:** Avoid dropping the headphones or subjecting them to strong impacts.

## 7. TROUBLESHOOTING

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If you encounter issues with your Soundcore Life Q10 headphones, try the following solutions:

### No Power:

- Ensure the headphones are fully charged.
- Press and hold the Power button for at least 1 second to turn them on.

### Cannot Pair with Device:

- Make sure the headphones are in pairing mode (rapidly flashing blue LED).
- Ensure Bluetooth is enabled on your device and it is within 1 meter (3 feet) of the headphones during pairing.
- Forget or remove "Soundcore Life Q10" from your device's Bluetooth list and try pairing again.
- Restart both your headphones and your device.

### No Sound or Intermittent Sound:

- Check the volume levels on both the headphones and your connected device.
- Ensure the headphones are within the Bluetooth operating range (up to 50 ft).
- If using the AUX cable, ensure it is securely connected to both the headphones and your device. Remember that headphone controls are inactive in AUX mode.

- Try playing audio from a different application or device.

### Poor Call Quality:

- Ensure you are in an area with good network signal.
- Move closer to your connected device to avoid interference.

## 8. SPECIFICATIONS

Feature	Detail
Model Name	A3032
Input	DC 5V = 0.65A
Recharge Time	2 Hours
Playtime	60 Hours
Impedance	16Ω
Driver (Full Range)	2 × 40 mm
Frequency Response	16 Hz - 40 kHz
Wireless Range	15 m / 49.21 ft
Bluetooth Version	5.0
Item Weight	9.1 ounces
Product Dimensions	7.2 x 6.85 x 3.07 inches
Battery Type	1 Lithium Polymer (included)
Headphones Jack	3.5 mm Jack
Noise Control	Active Noise Cancellation

## 9. WARRANTY AND SUPPORT

Soundcore products are backed by a limited warranty. For detailed warranty information, please refer to the warranty card included in your product packaging or visit the official Soundcore website. If you experience any issues or have questions regarding your Soundcore Life Q10 headphones, please contact Soundcore customer support through their website or the contact information provided in your product documentation.

For further assistance, you may also visit the [Soundcore Store on Amazon](#).